



AdventureRun : Rock Falls Ranch

Rock Falls Ranch run/walk on 28th November 2021



15km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0768	Ladwin	Teka	15km Trail Run/Walk	Male	51	Master (50-59)	01:15:20

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0746	Hernene	Du Plessis	15km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:57:58

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1526	Mohamed Iqbal	Azmuth	10km Trail Run/Walk	Male	53	Master (50-59)	00:42:54
2	3	1	TA2379	Alain	Michaels	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:09:36
3	5	2	TRAIL11228	Ian	Halkerd	10km Trail Run/Walk	Male	55	Master (50-59)	01:17:18
4	6	1	TA1237	Mohamed Essa	Suliman	10km Trail Run/Walk	Male	42	Veteran (40-49)	01:25:42

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2446	Melanie	Pieterse	10km Trail Run/Walk	Female	24	Senior (19-29)	01:09:33
2	4	1	TA3240	Lucille	De Morney	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:16:00
3	7	1	TA3255	Seena	Azmuth	10km Trail Run/Walk	Female	51	Master (50-59)	01:26:13
4	8	1	TA1459	Cindy	Frost	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:36:06

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20460	Deandre	Hattingh	5km Trail Run/Walk	Male	22	Senior (19-29)	00:48:59
2	3	1	TA0331	Kobus	Kritzinger	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:02:11
3	5	1	TA2877	Jaden	Goosen	5km Trail Run/Walk	Male	11	Under 11	01:02:18

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL11535	Nicoline	Halkerd	5km Trail Run/Walk	Female	50	Master (50-59)	00:54:22
2	4	1	TA1017	Adel	Pretorius	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:02:13
3	6	1	TA2895	Gerda	Mynhardt	5km Trail Run/Walk	Female	63	Grand-Master (60+)	01:19:03