



# AdventureRun : The Big Red Barn

## Barn Family Trail Run on 28th October 2018



| 21km Trail Run/Walk:Male |         |          |             |              |            |                     |        |     |                     |          |
|--------------------------|---------|----------|-------------|--------------|------------|---------------------|--------|-----|---------------------|----------|
| Gender                   | Overall | Category | Race Number | Name         | Surname    | Activity            | Gender | Age | Category            | Duration |
| 1                        | 1       | 1        | TA2940      | Oliver       | Ruhl       | 21km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 01:38:31 |
| 2                        | 2       | 1        | TA2523      | Henkes       | Badenhorst | 21km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 01:48:10 |
| 3                        | 3       | 2        | TA2473      | Nyaweleni    | Tshifularo | 21km Trail Run/Walk | Male   | 49  | Veteran (40-49)     | 01:57:30 |
| 4                        | 5       | 2        | TA2675      | Johan        | Meyer      | 21km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 02:00:53 |
| 5                        | 6       | 1        | TA3477      | Luke         | Botha      | 21km Trail Run/Walk | Male   | 24  | Senior (19-29)      | 02:06:54 |
| 6                        | 7       | 3        | TA2928      | Marius       | Cilliers   | 21km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 02:06:59 |
| 7                        | 8       | 4        | TRAIL11283  | Michael      | Lenhoff    | 21km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 02:07:16 |
| 8                        | 9       | 5        | TA2491      | Tobias       | Schandler  | 21km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 02:07:20 |
| 9                        | 11      | 6        | TA3053      | Klaus        | Herrmann   | 21km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 02:07:40 |
| 10                       | 13      | 3        | TA2938      | Peter        | Stiff      | 21km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 02:20:41 |
| 11                       | 14      | 4        | TA2563      | Dorian       | Pretorius  | 21km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 02:20:47 |
| 12                       | 15      | 2        | TA2580      | Jacques      | Niemand    | 21km Trail Run/Walk | Male   | 22  | Senior (19-29)      | 02:23:56 |
| 13                       | 16      | 5        | TA2581      | Bonile       | Fandesi    | 21km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 02:26:14 |
| 14                       | 20      | 1        | TRAIL10011  | Graham       | Hutchins   | 21km Trail Run/Walk | Male   | 54  | Master (50-59)      | 03:40:39 |
| 15                       | 21      | 1        | TRAIL12613  | Meyer Albert | Guinsberg  | 21km Trail Run/Walk | Male   | 68  | Grand-Master (60+)  | 03:40:39 |
| 16                       | 22      | 2        | TA3497      | Dean         | Mcclelland | 21km Trail Run/Walk | Male   | 65  | Grand-Master (60+)  | 03:40:39 |

| 21km Trail Run/Walk:Female |         |          |             |           |            |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------|------------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name      | Surname    | Activity            | Gender | Age | Category            | Duration |
| 1                          | 4       | 1        | TA2983      | Suyen     | Thornhill  | 21km Trail Run/Walk | Female | 43  | Veteran (40-49)     | 01:59:37 |
| 2                          | 10      | 1        | TA2955      | Carla Lea | Farina     | 21km Trail Run/Walk | Female | 29  | Senior (19-29)      | 02:07:35 |
| 3                          | 12      | 1        | TA2984      | Anelle    | Le Roux    | 21km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 02:09:06 |
| 4                          | 17      | 2        | TA2604      | Maitele   | Tshifularo | 21km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 02:34:23 |
| 5                          | 18      | 2        | TA3024      | Diana     | Jansen     | 21km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 02:38:28 |
| 6                          | 19      | 3        | TA2686      | Christine | Walsh      | 21km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 02:53:13 |
| 7                          | 23      | 4        | TRAIL10053  | Adele     | Sutherland | 21km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 03:40:39 |

| 15km Trail Run/Walk:Male |         |          |             |           |            |                     |        |     |                     |          |
|--------------------------|---------|----------|-------------|-----------|------------|---------------------|--------|-----|---------------------|----------|
| Gender                   | Overall | Category | Race Number | Name      | Surname    | Activity            | Gender | Age | Category            | Duration |
| 1                        | 1       | 1        | TRAIL12341  | Charles   | Norman     | 15km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 01:18:52 |
| 2                        | 2       | 1        | TA2537      | Niel      | Muller     | 15km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 01:19:11 |
| 3                        | 3       | 1        | TA3068      | Tyron     | Cook       | 15km Trail Run/Walk | Male   | 29  | Senior (19-29)      | 01:20:22 |
| 4                        | 5       | 2        | TA2947      | Dirk      | Coetser    | 15km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 01:31:27 |
| 5                        | 6       | 2        | TA3056      | Vikesh    | Rambaran   | 15km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 01:32:48 |
| 6                        | 7       | 1        | TA2901      | Riaan     | De Klerk   | 15km Trail Run/Walk | Male   | 69  | Grand-Master (60+)  | 01:33:22 |
| 7                        | 8       | 3        | TA3015      | Conrad    | Langerman  | 15km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 01:33:38 |
| 8                        | 9       | 4        | TA3478      | Christoff | Badenhorst | 15km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 01:33:46 |
| 9                        | 10      | 5        | TRAIL12760  | Renato    | Potgieter  | 15km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 01:34:51 |
| 10                       | 12      | 3        | TA3006      | Henri     | Swarts     | 15km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 01:38:25 |
| 11                       | 15      | 2        | TRAIL10171  | Hennie    | Prinsloo   | 15km Trail Run/Walk | Male   | 63  | Grand-Master (60+)  | 01:39:27 |
| 12                       | 16      | 3        | TA2915      | Dirk      | Brink      | 15km Trail Run/Walk | Male   | 60  | Grand-Master (60+)  | 01:39:48 |
| 13                       | 17      | 1        | TA2990      | Hendrik   | Barnard    | 15km Trail Run/Walk | Male   | 58  | Master (50-59)      | 01:40:14 |
| 14                       | 20      | 6        | TA2958      | Adriana   | Romano     | 15km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:46:21 |
| 15                       | 23      | 7        | TA3035      | Ignatius  | Pohl       | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:54:39 |
| 16                       | 25      | 8        | TA2996      | Clinton   | Van Zyl    | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:59:16 |
| 17                       | 30      | 4        | TA3010      | Louis     | Van Eck    | 15km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 02:03:42 |
| 18                       | 34      | 2        | TRAIL10533  | Frik      | Du Preez   | 15km Trail Run/Walk | Male   | 59  | Master (50-59)      | 02:18:27 |

| 15km Trail Run/Walk:Female |         |          |             |           |              |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------|--------------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name      | Surname      | Activity            | Gender | Age | Category            | Duration |
| 1                          | 4       | 1        | TA3009      | Rinel     | Mclaren      | 15km Trail Run/Walk | Female | 26  | Senior (19-29)      | 01:27:08 |
| 2                          | 11      | 2        | TRAIL11652  | Chelsea   | Muller       | 15km Trail Run/Walk | Female | 25  | Senior (19-29)      | 01:38:20 |
| 3                          | 13      | 1        | TA2970      | Michelle  | Snyders      | 15km Trail Run/Walk | Female | 50  | Master (50-59)      | 01:39:06 |
| 4                          | 14      | 1        | TA2558      | Denise    | Price        | 15km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 01:39:17 |
| 5                          | 18      | 2        | TRAIL12249  | Glenda    | Bezuidenhout | 15km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 01:40:17 |
| 6                          | 19      | 1        | TRAIL12954  | Robyn     | Vilakazi     | 15km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:41:29 |
| 7                          | 21      | 2        | TA2673      | Carol     | Colepeper    | 15km Trail Run/Walk | Female | 53  | Master (50-59)      | 01:46:27 |
| 8                          | 22      | 3        | TA3005      | Glazelle  | Pohl         | 15km Trail Run/Walk | Female | 47  | Veteran (40-49)     | 01:54:37 |
| 9                          | 24      | 4        | TA2667      | Sharon    | Pillay       | 15km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 01:56:52 |
| 10                         | 26      | 5        | TA2917      | Christine | Booyens      | 15km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 02:00:17 |
| 11                         | 27      | 6        | TRAIL12742  | Lynelle   | Potgieter    | 15km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 02:00:34 |
| 12                         | 28      | 7        | TA3008      | Monique   | Brits        | 15km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 02:00:46 |
| 13                         | 29      | 2        | TA3459      | Erika     | Davis        | 15km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 02:03:37 |
| 14                         | 31      | 8        | TA3000      | Caren     | Van Vuuren   | 15km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 02:10:12 |
| 15                         | 32      | 9        | TA3462      | Tanya     | Renders      | 15km Trail Run/Walk | Female | 41  | Veteran (40-49)     | 02:10:49 |
| 16                         | 33      | 3        | TA2429      | Ayanda    | Lekopa       | 15km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 02:18:20 |

| 10km Trail Run /walk:Male |         |          |             |              |               |                      |        |     |                     |          |
|---------------------------|---------|----------|-------------|--------------|---------------|----------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name         | Surname       | Activity             | Gender | Age | Category            | Duration |
| 1                         | 2       | 1        | TRAIL12385  | Gerhard      | Beukes        | 10km Trail Run /walk | Male   | 41  | Veteran (40-49)     | 00:45:54 |
| 2                         | 3       | 1        | TA1813      | Matt         | Bridger       | 10km Trail Run /walk | Male   | 26  | Senior (19-29)      | 00:47:01 |
| 3                         | 5       | 2        | TA0728      | Tshepho      | Nchabeleng    | 10km Trail Run /walk | Male   | 20  | Senior (19-29)      | 00:50:50 |
| 4                         | 7       | 1        | TA2227      | Christo      | Nel           | 10km Trail Run /walk | Male   | 39  | Sub-Veteran (30-39) | 00:54:31 |
| 5                         | 8       | 1        | TA0668      | Jared        | Duffield      | 10km Trail Run /walk | Male   | 12  | 12 to 15            | 00:55:18 |
| 6                         | 9       | 1        | TRAIL12759  | Peter        | Perks         | 10km Trail Run /walk | Male   | 59  | Master (50-59)      | 00:55:34 |
| 7                         | 10      | 2        | TA0713      | Delvin       | Buhler        | 10km Trail Run /walk | Male   | 36  | Sub-Veteran (30-39) | 00:55:41 |
| 8                         | 13      | 1        | TRAIL10456  | Tyler        | Hughes        | 10km Trail Run /walk | Male   | 17  | 16 to 18            | 00:58:05 |
| 9                         | 14      | 3        | TA0753      | Mohamed Essa | Suliman       | 10km Trail Run /walk | Male   | 38  | Sub-Veteran (30-39) | 00:58:10 |
| 10                        | 17      | 2        | TA0839      | Eugene       | Du Toit       | 10km Trail Run /walk | Male   | 43  | Veteran (40-49)     | 00:59:41 |
| 11                        | 20      | 3        | TRAIL12236  | Clive        | Hutchinson    | 10km Trail Run /walk | Male   | 47  | Veteran (40-49)     | 01:02:58 |
| 12                        | 23      | 4        | TA0789      | Francois     | Labuschagne   | 10km Trail Run /walk | Male   | 33  | Sub-Veteran (30-39) | 01:04:18 |
| 13                        | 25      | 2        | TA2249      | Anrich       | Van Der Merwe | 10km Trail Run /walk | Male   | 16  | 16 to 18            | 01:06:10 |
| 14                        | 26      | 2        | TA0666      | Ross         | Hughes        | 10km Trail Run /walk | Male   | 50  | Master (50-59)      | 01:06:14 |
| 15                        | 31      | 1        | TA2252      | Stan         | Sussman       | 10km Trail Run /walk | Male   | 63  | Grand-Master (60+)  | 01:11:56 |
| 16                        | 32      | 2        | TA1822      | Tony         | Taljaard      | 10km Trail Run /walk | Male   | 63  | Grand-Master (60+)  | 01:12:05 |
| 17                        | 34      | 3        | TA2246      | Johann       | Van Zyl       | 10km Trail Run /walk | Male   | 65  | Grand-Master (60+)  | 01:12:30 |
| 18                        | 39      | 5        | TA3054      | Justin       | Behrendt      | 10km Trail Run /walk | Male   | 34  | Sub-Veteran (30-39) | 01:14:27 |
| 19                        | 44      | 4        | TA0719      | Stanley      | Capazorio     | 10km Trail Run /walk | Male   | 43  | Veteran (40-49)     | 01:16:45 |
| 20                        | 48      | 3        | TA1128      | Marius       | Van Rensburg  | 10km Trail Run /walk | Male   | 52  | Master (50-59)      | 01:23:43 |
| 21                        | 53      | 6        | TA2137      | Dirk         | Burger        | 10km Trail Run /walk | Male   | 33  | Sub-Veteran (30-39) | 01:28:21 |
| 22                        | 56      | 4        | TA2254      | Jacques      | Botha         | 10km Trail Run /walk | Male   | 57  | Master (50-59)      | 01:29:21 |
| 23                        | 57      | 5        | TA2278      | Hans         | Havenga       | 10km Trail Run /walk | Male   | 50  | Master (50-59)      | 01:30:22 |
| 24                        | 61      | 6        | TRAIL10317  | Geoff        | Botes         | 10km Trail Run /walk | Male   | 58  | Master (50-59)      | 01:32:13 |
| 25                        | 63      | 7        | TA1824      | Stoffel      | Bosch         | 10km Trail Run /walk | Male   | 39  | Sub-Veteran (30-39) | 01:37:46 |
| 26                        | 65      | 4        | TRAIL11058  | John         | Rollason      | 10km Trail Run /walk | Male   | 70  | Grand-Master (60+)  | 01:38:44 |
| 27                        | 67      | 5        | TA2224      | Gustav       | Bentz         | 10km Trail Run /walk | Male   | 43  | Veteran (40-49)     | 01:41:36 |

| 10km Trail Run /walk:Female |         |          |             |            |                |                      |        |     |                     |          |
|-----------------------------|---------|----------|-------------|------------|----------------|----------------------|--------|-----|---------------------|----------|
| Gender                      | Overall | Category | Race Number | Name       | Surname        | Activity             | Gender | Age | Category            | Duration |
| 1                           | 1       | 1        | TRAIL10004  | Nerissa    | Van Der Walt   | 10km Trail Run /walk | Female | 29  | Senior (19-29)      | 00:45:40 |
| 2                           | 4       | 1        | TA2143      | Louise     | Briers         | 10km Trail Run /walk | Female | 40  | Veteran (40-49)     | 00:50:01 |
| 3                           | 6       | 1        | TA0861      | Janelle    | Verster        | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 00:52:20 |
| 4                           | 11      | 2        | TA0782      | Claire     | Duffield       | 10km Trail Run /walk | Female | 40  | Veteran (40-49)     | 00:56:13 |
| 5                           | 12      | 3        | TRAIL10140  | Julie      | Hughes         | 10km Trail Run /walk | Female | 44  | Veteran (40-49)     | 00:56:43 |
| 6                           | 15      | 2        | TA1071      | Ina        | Labuschagne    | 10km Trail Run /walk | Female | 27  | Senior (19-29)      | 00:59:15 |
| 7                           | 16      | 2        | TRAIL12299  | Janeane    | Watt           | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 00:59:34 |
| 8                           | 18      | 3        | TA0655      | Nicola     | Coetser        | 10km Trail Run /walk | Female | 31  | Sub-Veteran (30-39) | 01:00:15 |
| 9                           | 19      | 1        | TRAIL11537  | Joey       | Cloete         | 10km Trail Run /walk | Female | 61  | Grand-Master (60+)  | 01:02:05 |
| 10                          | 21      | 4        | TA1814      | Nicole     | Badenhorst     | 10km Trail Run /walk | Female | 41  | Veteran (40-49)     | 01:03:48 |
| 11                          | 22      | 3        | TRAIL10269  | Jolandi    | Labuschange    | 10km Trail Run /walk | Female | 27  | Senior (19-29)      | 01:04:15 |
| 12                          | 24      | 4        | TRAIL12170  | Cornelia   | Hutchinson     | 10km Trail Run /walk | Female | 37  | Sub-Veteran (30-39) | 01:05:55 |
| 13                          | 27      | 5        | TA0866      | Helga      | Van Tonder     | 10km Trail Run /walk | Female | 44  | Veteran (40-49)     | 01:09:26 |
| 14                          | 28      | 6        | TA1803      | Tania      | Van Peer       | 10km Trail Run /walk | Female | 45  | Veteran (40-49)     | 01:09:37 |
| 15                          | 29      | 2        | TA2146      | Jeanne     | De Klerk       | 10km Trail Run /walk | Female | 68  | Grand-Master (60+)  | 01:10:10 |
| 16                          | 30      | 5        | TA1033      | Rannenyeni | Nndivhaleni    | 10km Trail Run /walk | Female | 39  | Sub-Veteran (30-39) | 01:10:40 |
| 17                          | 33      | 6        | TA1812      | Heidi      | Botha          | 10km Trail Run /walk | Female | 39  | Sub-Veteran (30-39) | 01:12:13 |
| 18                          | 35      | 7        | TA0693      | Karin      | La Grange-nel  | 10km Trail Run /walk | Female | 46  | Veteran (40-49)     | 01:12:46 |
| 19                          | 36      | 7        | TA1104      | Helen      | Buhler         | 10km Trail Run /walk | Female | 33  | Sub-Veteran (30-39) | 01:13:01 |
| 20                          | 37      | 1        | TRAIL12116  | Marion     | Klennert       | 10km Trail Run /walk | Female | 57  | Master (50-59)      | 01:13:29 |
| 21                          | 38      | 8        | TA2132      | Conita     | Van Rensburg   | 10km Trail Run /walk | Female | 47  | Veteran (40-49)     | 01:13:37 |
| 22                          | 40      | 8        | TRAIL10546  | Lea-anne   | Neuwerth       | 10km Trail Run /walk | Female | 38  | Sub-Veteran (30-39) | 01:15:27 |
| 23                          | 41      | 9        | TA3488      | Thelma     | Joubert        | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:15:34 |
| 24                          | 42      | 10       | TRAIL11060  | Sheridan   | Neuwerth       | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:16:16 |
| 25                          | 43      | 9        | TA0843      | Irma       | Dreyer         | 10km Trail Run /walk | Female | 37  | Sub-Veteran (30-39) | 01:16:41 |
| 26                          | 45      | 11       | TA2109      | Hayley     | Van Zyl        | 10km Trail Run /walk | Female | 45  | Veteran (40-49)     | 01:17:44 |
| 27                          | 46      | 10       | TA1055      | Stacy      | Poggenpoel     | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 01:20:16 |
| 28                          | 47      | 11       | TA3464      | Martilie   | Bakker         | 10km Trail Run /walk | Female | 37  | Sub-Veteran (30-39) | 01:22:15 |
| 29                          | 49      | 12       | TA0848      | Marcelle   | Mcdonald       | 10km Trail Run /walk | Female | 38  | Sub-Veteran (30-39) | 01:23:57 |
| 30                          | 50      | 12       | TA0477      | Amina      | Mohamed        | 10km Trail Run /walk | Female | 48  | Veteran (40-49)     | 01:26:21 |
| 31                          | 51      | 13       | TRAIL11091  | Helena     | Silver         | 10km Trail Run /walk | Female | 43  | Veteran (40-49)     | 01:26:28 |
| 32                          | 52      | 2        | TA2141      | Tertia     | Havenga        | 10km Trail Run /walk | Female | 53  | Master (50-59)      | 01:26:31 |
| 33                          | 54      | 13       | TA2319      | Angelique  | Kriel          | 10km Trail Run /walk | Female | 35  | Sub-Veteran (30-39) | 01:28:31 |
| 34                          | 55      | 14       | TA1846      | Jolene     | Thwaites       | 10km Trail Run /walk | Female | 40  | Veteran (40-49)     | 01:28:49 |
| 35                          | 58      | 14       | TA0735      | Zelmia     | Botha          | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 01:30:52 |
| 36                          | 59      | 15       | TA1199      | Lisa       | Rabe           | 10km Trail Run /walk | Female | 32  | Sub-Veteran (30-39) | 01:30:57 |
| 37                          | 60      | 3        | TRAIL10675  | Elize      | Botes          | 10km Trail Run /walk | Female | 55  | Master (50-59)      | 01:32:10 |
| 38                          | 62      | 15       | TA0654      | Priashna   | Baboolal       | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:34:48 |
| 39                          | 64      | 16       | TRAIL11111  | Fiona      | Lindsey-renton | 10km Trail Run /walk | Female | 45  | Veteran (40-49)     | 01:38:40 |
| 40                          | 66      | 16       | TA2342      | Belinda    | Cawood         | 10km Trail Run /walk | Female | 37  | Sub-Veteran (30-39) | 01:38:56 |

|    |    |    |            |           |             |                      |        |    |                     |          |
|----|----|----|------------|-----------|-------------|----------------------|--------|----|---------------------|----------|
| 41 | 68 | 17 | TA2343     | Lientjie  | Bentz       | 10km Trail Run /walk | Female | 43 | Veteran (40-49)     | 01:41:41 |
| 42 | 69 | 18 | TA0517     | Patricia  | Minihold    | 10km Trail Run /walk | Female | 44 | Veteran (40-49)     | 01:43:57 |
| 43 | 70 | 17 | TA1850     | Benita    | Bosch       | 10km Trail Run /walk | Female | 37 | Sub-Veteran (30-39) | 01:44:54 |
| 44 | 71 | 3  | TRAIL12414 | Gerna     | Horak       | 10km Trail Run /walk | Female | 60 | Grand-Master (60+)  | 01:53:24 |
| 45 | 72 | 4  | TA1021     | June      | Bates       | 10km Trail Run /walk | Female | 61 | Grand-Master (60+)  | 01:53:24 |
| 46 | 73 | 5  | TA1168     | Irma      | Steenkamp   | 10km Trail Run /walk | Female | 61 | Grand-Master (60+)  | 01:55:52 |
| 47 | 74 | 6  | TA2160     | Joy       | Madden      | 10km Trail Run /walk | Female | 68 | Grand-Master (60+)  | 01:56:15 |
| 48 | 75 | 18 | TA2296     | Veronique | Joubert     | 10km Trail Run /walk | Female | 38 | Sub-Veteran (30-39) | 01:56:29 |
| 49 | 76 | 7  | TA1111     | Rina      | Bekker      | 10km Trail Run /walk | Female | 73 | Grand-Master (60+)  | 02:09:00 |
| 50 | 77 | 8  | TRAIL12324 | Frances   | Steel       | 10km Trail Run /walk | Female | 74 | Grand-Master (60+)  | 02:09:00 |
| 51 | 78 | 9  | TRAIL12321 | Dorothy   | Van Heerden | 10km Trail Run /walk | Female | 75 | Grand-Master (60+)  | 02:09:00 |

| 5km Trail Run/Walk:Male |         |          |             |          |              |                    |        |     |                     |          |
|-------------------------|---------|----------|-------------|----------|--------------|--------------------|--------|-----|---------------------|----------|
| Gender                  | Overall | Category | Race Number | Name     | Surname      | Activity           | Gender | Age | Category            | Duration |
| 1                       | 2       | 1        | TA0490      | Jabez    | Steenkamp    | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:30:05 |
| 2                       | 3       | 1        | TA0238      | Kevin    | Le Roux      | 5km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:30:22 |
| 3                       | 4       | 1        | TA1725      | Sean     | Jones        | 5km Trail Run/Walk | Male   | 12  | 12 to 15            | 00:32:01 |
| 4                       | 5       | 2        | TA1546      | Hans     | Van Zyl      | 5km Trail Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 00:34:33 |
| 5                       | 6       | 3        | TA0266      | Johan    | Botha        | 5km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 00:36:31 |
| 6                       | 9       | 2        | TA1767      | Jurie    | Prinsloo     | 5km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 00:41:10 |
| 7                       | 11      | 4        | TRAIL11552  | Scott    | Jurgens      | 5km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 00:41:22 |
| 8                       | 14      | 5        | TA1718      | Nardu    | Malherbe     | 5km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 00:41:42 |
| 9                       | 15      | 6        | TA0171      | Gustav   | Joubert      | 5km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:41:48 |
| 10                      | 17      | 7        | TA0297      | Petrie   | Van Eeden    | 5km Trail Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 00:44:19 |
| 11                      | 18      | 3        | TA0850      | Brian    | Jones        | 5km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 00:48:36 |
| 12                      | 21      | 1        | TA0047      | Brandon  | Sussman      | 5km Trail Run/Walk | Male   | 18  | 16 to 18            | 00:49:12 |
| 13                      | 23      | 1        | TA0245      | Andre    | Botha        | 5km Trail Run/Walk | Male   | 55  | Master (50-59)      | 00:49:24 |
| 14                      | 24      | 8        | TA0155      | Barend   | Barnard      | 5km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:50:06 |
| 15                      | 26      | 4        | TA0576      | Eben     | Visser       | 5km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 00:53:31 |
| 16                      | 34      | 5        | TA0377      | Chris    | Mccreapy     | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:54:58 |
| 17                      | 37      | 1        | TA0240      | Botha    | Boshoff      | 5km Trail Run/Walk | Male   | 29  | Senior (19-29)      | 00:57:24 |
| 18                      | 40      | 1        | TA1596      | Willem   | Labuschagne  | 5km Trail Run/Walk | Male   | 63  | Grand-Master (60+)  | 00:59:11 |
| 19                      | 46      | 9        | TA0529      | Dane     | Poggenpoel   | 5km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 01:01:21 |
| 20                      | 49      | 10       | TA0231      | Gerit    | Bouwer       | 5km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 01:01:29 |
| 21                      | 51      | 1        | TA0352      | Tyler    | Poggenpoel   | 5km Trail Run/Walk | Male   | 7   | Under 11            | 01:01:38 |
| 22                      | 52      | 11       | TA1529      | Chris    | Williams     | 5km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:01:41 |
| 23                      | 53      | 2        | TA0358      | Ethan    | Poggenpoel   | 5km Trail Run/Walk | Male   | 10  | Under 11            | 01:02:38 |
| 24                      | 54      | 3        | TA0429      | Micah    | Williams     | 5km Trail Run/Walk | Male   | 8   | Under 11            | 01:02:42 |
| 25                      | 56      | 4        | TA1636      | Meschack | Williams     | 5km Trail Run/Walk | Male   | 11  | Under 11            | 01:03:17 |
| 26                      | 58      | 12       | TRAIL12895  | Robbie   | Van Der Walt | 5km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:03:27 |
| 27                      | 62      | 2        | TA0217      | Gunther  | Schwob       | 5km Trail Run/Walk | Male   | 56  | Master (50-59)      | 01:08:01 |



| 5km Trail Run/Walk:Female |         |          |             |                   |                |                    |        |     |                     |          |
|---------------------------|---------|----------|-------------|-------------------|----------------|--------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name              | Surname        | Activity           | Gender | Age | Category            | Duration |
| 1                         | 1       | 1        | TRAIL12931  | Dieneke           | Beukes         | 5km Trail Run/Walk | Female | 10  | Under 11            | 00:25:50 |
| 2                         | 7       | 1        | TRAIL13015  | Nadia             | Bosch          | 5km Trail Run/Walk | Female | 47  | Veteran (40-49)     | 00:37:10 |
| 3                         | 8       | 1        | TA1728      | Carmen            | Boshoff        | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 00:39:29 |
| 4                         | 10      | 2        | TRAIL11728  | Tamarin           | Jurgens        | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 00:41:20 |
| 5                         | 12      | 2        | TA1700      | Rijkie            | Terblanche     | 5km Trail Run/Walk | Female | 45  | Veteran (40-49)     | 00:41:31 |
| 6                         | 13      | 1        | TA0204      | Lydelle           | Botha          | 5km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 00:41:38 |
| 7                         | 16      | 3        | TA1797      | Melissa           | Nel            | 5km Trail Run/Walk | Female | 28  | Senior (19-29)      | 00:43:27 |
| 8                         | 19      | 4        | TA0463      | Jessica           | Stein          | 5km Trail Run/Walk | Female | 27  | Senior (19-29)      | 00:49:02 |
| 9                         | 20      | 2        | TA0391      | Jolene            | Groenewald     | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:49:03 |
| 10                        | 22      | 3        | TA0198      | Glizelle          | Langerman      | 5km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 00:49:15 |
| 11                        | 25      | 3        | TA1741      | Liezl             | Barnard        | 5km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 00:50:08 |
| 12                        | 27      | 4        | TA0310      | Ilonka            | Visser         | 5km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 00:53:33 |
| 13                        | 28      | 4        | TA1680      | Megan             | Van Gesselleen | 5km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 00:53:45 |
| 14                        | 29      | 1        | TA0296      | Barbara           | Bringer        | 5km Trail Run/Walk | Female | 51  | Master (50-59)      | 00:53:56 |
| 15                        | 30      | 5        | TA0009      | Diane Dhanasagree | Naidoo         | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:54:04 |
| 16                        | 31      | 1        | TA0145      | Shona             | Williams       | 5km Trail Run/Walk | Female | 62  | Grand-Master (60+)  | 00:54:08 |
| 17                        | 32      | 5        | TA0286      | Steanza           | Mccready       | 5km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:54:51 |
| 18                        | 33      | 6        | TA0417      | Nicolette         | Muller         | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:54:54 |
| 19                        | 35      | 7        | TA1749      | Lisa              | Le Roux        | 5km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 00:56:18 |
| 20                        | 36      | 2        | TA1558      | Haley             | Jones          | 5km Trail Run/Walk | Female | 9   | Under 11            | 00:56:48 |
| 21                        | 38      | 2        | TA0397      | Grazyna           | Kijko          | 5km Trail Run/Walk | Female | 68  | Grand-Master (60+)  | 00:59:03 |
| 22                        | 39      | 3        | TRAIL10089  | Karen             | Herselman      | 5km Trail Run/Walk | Female | 62  | Grand-Master (60+)  | 00:59:08 |
| 23                        | 41      | 4        | TA0291      | Elizabeth         | Labuschagne    | 5km Trail Run/Walk | Female | 61  | Grand-Master (60+)  | 00:59:14 |
| 24                        | 42      | 6        | TA0444      | Naadira           | Sheik Omar     | 5km Trail Run/Walk | Female | 39  | Sub-Veteran (30-39) | 01:00:33 |
| 25                        | 43      | 7        | TA0588      | Adilla            | Hoosen         | 5km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 01:00:38 |
| 26                        | 44      | 5        | TA1527      | Singobile         | Ntsibande      | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 01:01:14 |
| 27                        | 45      | 6        | TA0215      | Mamorwa           | Mosimane       | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 01:01:16 |
| 28                        | 47      | 8        | TA0384      | Carina            | Joubert        | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:01:22 |
| 29                        | 48      | 9        | TA0356      | Rozelda           | Bezuidenhout   | 5km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 01:01:25 |
| 30                        | 50      | 10       | TA0379      | Irien             | Bouwer         | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:01:34 |
| 31                        | 55      | 11       | TA1467      | Samantha          | Williams       | 5km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 01:03:14 |
| 32                        | 57      | 7        | TRAIL10019  | Jacqueline        | Van Der Walt   | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 01:03:24 |
| 33                        | 59      | 8        | TA0488      | Jessica           | Vercueil       | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 01:06:29 |
| 34                        | 60      | 12       | TA0209      | Karen             | Van Zyl        | 5km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 01:06:31 |
| 35                        | 61      | 13       | TA0156      | Salomey           | Van Zyl        | 5km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 01:06:34 |
| 36                        | 63      | 5        | TA0167      | Caroline          | Maslo          | 5km Trail Run/Walk | Female | 61  | Grand-Master (60+)  | 01:34:39 |
| 37                        | 64      | 2        | TA0388      | Caroline          | Malauzat       | 5km Trail Run/Walk | Female | 53  | Master (50-59)      | 01:35:20 |