



AdventureRun : The Big Red Barn

Spring Night Run on 12th September 2018



10km Trail Run /walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	10km Trail Run /walk	Male	40	Veteran (40-49)	00:32:09
2	2	1	TA1130	Reatlegile	Mosweu	10km Trail Run /walk	Male	13	12 to 15	00:32:11
3	3	2	TA2309	Selo	Ramaloko	10km Trail Run /walk	Male	41	Veteran (40-49)	00:37:12
4	5	3	TA2319	Paul	Cordes	10km Trail Run /walk	Male	41	Veteran (40-49)	00:40:56
5	7	4	TA1132	Dieter	Zimmerman	10km Trail Run /walk	Male	47	Veteran (40-49)	00:42:14
6	8	1	TA1814	Grant	Zietsman	10km Trail Run /walk	Male	24	Senior (19-29)	00:44:03
7	9	5	TRAIL11806	Grant	Williams	10km Trail Run /walk	Male	44	Veteran (40-49)	00:44:23
8	10	1	TA0660	Mc	Du Toit	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	00:45:53
9	11	6	TA0608	Prince	Motswenyane	10km Trail Run /walk	Male	43	Veteran (40-49)	00:47:02
10	14	2	TRAIL10133	Sheldon	Du Trevou	10km Trail Run /walk	Male	39	Sub-Veteran (30-39)	00:47:19
11	15	3	TA2291	De Wet	Coetzee	10km Trail Run /walk	Male	37	Sub-Veteran (30-39)	00:49:43
12	16	1	TRAIL12759	Peter	Perks	10km Trail Run /walk	Male	58	Master (50-59)	00:50:13
13	18	4	TRAIL12057	Gideon	Hugo	10km Trail Run /walk	Male	31	Sub-Veteran (30-39)	00:50:28
14	20	2	TRAIL12158	Renier	Rossouw	10km Trail Run /walk	Male	28	Senior (19-29)	00:50:40
15	23	7	TA1813	Mashele Amos	Makua	10km Trail Run /walk	Male	48	Veteran (40-49)	00:54:42
16	25	3	TA0714	Ian	Cameron	10km Trail Run /walk	Male	28	Senior (19-29)	00:55:26
17	26	4	TA2209	Johandre	Van Zyl	10km Trail Run /walk	Male	28	Senior (19-29)	00:55:28
18	28	8	TA0753	Tebogo	Fafudi	10km Trail Run /walk	Male	44	Veteran (40-49)	00:55:44
19	30	5	TA2315	Wilchres	Maree	10km Trail Run /walk	Male	27	Senior (19-29)	00:56:04
20	32	6	TA1068	Jaques	Els	10km Trail Run /walk	Male	29	Senior (19-29)	00:56:16
21	34	5	TRAIL12740	Johan	Riekert	10km Trail Run /walk	Male	31	Sub-Veteran (30-39)	00:56:46
22	35	9	TA0680	Corne	Vermaak	10km Trail Run /walk	Male	41	Veteran (40-49)	00:56:55
23	38	6	TA1811	Hennie	Nel	10km Trail Run /walk	Male	37	Sub-Veteran (30-39)	01:00:04
24	41	10	TA1163	Eugene	Nel	10km Trail Run /walk	Male	40	Veteran (40-49)	01:00:16
25	42	2	TA1812	Johan	Celliers	10km Trail Run /walk	Male	51	Master (50-59)	01:00:21
26	43	11	TA1876	Duncan	James	10km Trail Run /walk	Male	44	Veteran (40-49)	01:01:25
27	47	7	TA1034	Gerhard	Van Der Merwe	10km Trail Run /walk	Male	29	Senior (19-29)	01:05:31
28	48	12	TA1118	Roy	Grunewald	10km Trail Run /walk	Male	45	Veteran (40-49)	01:05:59
29	50	7	TA2128	Gavin	Cronje	10km Trail Run /walk	Male	39	Sub-Veteran (30-39)	01:06:34
30	52	13	TA0632	Daryl	Viljoen	10km Trail Run /walk	Male	45	Veteran (40-49)	01:06:46
31	55	8	TA2311	Shawn	Bekker	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	01:08:18
32	58	9	TA2278	Kieth Pfluxani	Mabasa	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	01:11:00
33	62	3	TA1047	Martin	West	10km Trail Run /walk	Male	53	Master (50-59)	01:19:46

34	66	10	TA0711	Marius	Nolte	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	01:21:42
35	70	4	TRAIL10533	Frik	Du Preez	10km Trail Run /walk	Male	59	Master (50-59)	01:31:16
36	72	11	TA2303	Thembinkosi	Nzuza	10km Trail Run /walk	Male	32	Sub-Veteran (30-39)	01:35:27
37	77	1	TA1154	Ric	Marini	10km Trail Run /walk	Male	63	Grand-Master (60+)	01:55:43

10km Trail Run /walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TRAIL10062	Nicky	Booyens	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	00:39:10
2	6	1	TA2137	Liezl	Kerling	10km Trail Run /walk	Female	26	Senior (19-29)	00:42:11
3	12	2	TA1899	Rinel	Mclaren	10km Trail Run /walk	Female	26	Senior (19-29)	00:47:06
4	13	2	TRAIL10041	Desiree	Du Trevou	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	00:47:18
5	17	3	TA0755	Hermien	Pienaar	10km Trail Run /walk	Female	26	Senior (19-29)	00:50:17
6	19	3	TA2320	Cherie	Siebert	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	00:50:38
7	21	1	TA1043	Yolande	Speedy	10km Trail Run /walk	Female	41	Veteran (40-49)	00:51:00
8	22	4	TA0795	Kimberley	Beyl	10km Trail Run /walk	Female	24	Senior (19-29)	00:54:36
9	24	4	TA0692	Emilia	Du Preez	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	00:55:24
10	27	5	TA0861	Bianca	Breytenbach	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	00:55:36
11	29	5	TA1062	Mercy	Moloto	10km Trail Run /walk	Female	26	Senior (19-29)	00:56:00
12	31	6	TA1021	Bonique	Maree	10km Trail Run /walk	Female	25	Senior (19-29)	00:56:06
13	33	7	TA1867	Eldene	Els	10km Trail Run /walk	Female	29	Senior (19-29)	00:56:18
14	36	6	TRAIL12299	Janeane	Watt	10km Trail Run /walk	Female	36	Sub-Veteran (30-39)	00:57:58
15	37	1	TA1665	Petrea	Steytler	10km Trail Run /walk	Female	56	Master (50-59)	00:58:06
16	39	8	TA2125	Jarita	Kemp	10km Trail Run /walk	Female	23	Senior (19-29)	01:00:10
17	40	7	TA0789	Jeanine	De Beer	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:00:12
18	44	8	TA0713	Alicia	Willemse	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:02:21
19	45	9	TA1878	Alicha	Van Heerder	10km Trail Run /walk	Female	22	Senior (19-29)	01:04:28
20	46	10	TA1824	Anike	Van Der Merwe	10km Trail Run /walk	Female	26	Senior (19-29)	01:05:21
21	49	2	TA1114	Hanlie	Miller	10km Trail Run /walk	Female	44	Veteran (40-49)	01:06:01
22	51	9	TA1166	Bronwen	Cronje	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	01:06:37
23	53	10	TA2252	8302260039088	Maartens	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:06:49
24	54	3	TA1169	Lara	Bayliss	10km Trail Run /walk	Female	45	Veteran (40-49)	01:08:15
25	56	11	TA2250	Bernadine	Malan	10km Trail Run /walk	Female	28	Senior (19-29)	01:10:48
26	57	12	TA1807	Elza	Hollenbach	10km Trail Run /walk	Female	25	Senior (19-29)	01:10:49
27	59	11	TA2150	Danelle	Strydom	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:11:39
28	60	4	TA2249	Pauline	Knoetze	10km Trail Run /walk	Female	42	Veteran (40-49)	01:11:41
29	61	2	TA2159	Jorna	Miriam	10km Trail Run /walk	Female	55	Master (50-59)	01:15:43
30	63	5	TA0839	Elmarie	Verster	10km Trail Run /walk	Female	46	Veteran (40-49)	01:21:34
31	64	6	TRAIL12648	Sandra	Dalton	10km Trail Run /walk	Female	45	Veteran (40-49)	01:21:38
32	65	13	TA1161	Christili	Muller	10km Trail Run /walk	Female	27	Senior (19-29)	01:21:40
33	67	12	TA1886	Leandi	Barnadt	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:21:49
34	68	3	TRAIL10052	Lesley	Hutchins	10km Trail Run /walk	Female	56	Master (50-59)	01:31:16
35	69	7	TRAIL10053	Adele	Sutherland	10km Trail Run /walk	Female	40	Veteran (40-49)	01:31:16
36	71	14	TA2164	Sine	Themba	10km Trail Run /walk	Female	25	Senior (19-29)	01:35:21
37	73	1	TRAIL12324	Frances	Steel	10km Trail Run /walk	Female	73	Grand-Master (60+)	01:45:00
38	74	2	TRAIL12321	Dorothy	Van Heerden	10km Trail Run /walk	Female	74	Grand-Master (60+)	01:45:00
39	75	3	TA1017	Carol	Nepgen	10km Trail Run /walk	Female	67	Grand-Master (60+)	01:55:43
40	76	4	TA0668	Martie	Boesenberg	10km Trail Run /walk	Female	61	Grand-Master (60+)	01:55:43

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12341	Charles	Norman	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:28:16
2	5	1	TA0267	Conrad	Langerman	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:31:58
3	6	1	TA0463	James	Stewart	5km Trail Run/Walk	Male	15	12 to 15	00:32:03
4	7	1	TA0205	Coenie	Niemand	5km Trail Run/Walk	Male	18	16 to 18	00:32:05
5	10	1	TA0170	Stephen	Erasmus	5km Trail Run/Walk	Male	52	Master (50-59)	00:32:33
6	11	2	TRAIL13028	Albie	Bosch	5km Trail Run/Walk	Male	53	Master (50-59)	00:33:02
7	12	2	TRAIL11847	James	Wood	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:33:08
8	15	2	TA1467	Jaco	De Bruin	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:34:41
9	18	1	TA1725	Keanan	Goodway	5km Trail Run/Walk	Male	20	Senior (19-29)	00:35:07
10	19	3	TA1796	Sw	Engelbrecht	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:35:44
11	20	2	TA0356	Regardt	Van Vuuren	5km Trail Run/Walk	Male	29	Senior (19-29)	00:36:01
12	21	3	TA0210	Jacques	Theron	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:36:34
13	22	4	TA1735	Nicki	De Bruyn	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:36:37
14	26	5	TA0401	Simon	Harteringer	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:37:56
15	30	6	TA0574	Christiaan	Coetzee	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:39:13
16	32	7	TA0345	Cedric	Van Nieuwenhuizen	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:39:45
17	33	8	TA0433	Clayton-lee	Peens	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:39:49
18	38	3	TA0197	Henri	Van Lil	5km Trail Run/Walk	Male	24	Senior (19-29)	00:40:21
19	41	9	TA0440	Werner	Van Zyl	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:41:06
20	44	10	TA1774	Johann	Wolmarans	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:41:38
21	46	4	TA0457	Werner	Botha	5km Trail Run/Walk	Male	27	Senior (19-29)	00:42:06
22	50	4	TA0434	Douglas	Morris	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:42:48
23	53	11	TA1610	Luan	Jacobs	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:44:06
24	56	12	TA1604	Thys	Roodt	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:44:13
25	57	13	TA0390	Johannes	Prinsloo	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:44:14
26	59	5	TA0086	Hermann	Post	5km Trail Run/Walk	Male	28	Senior (19-29)	00:44:40
27	60	5	TA0252	Lex	Steyn	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:44:42
28	64	3	TA1622	Abraham	Van Ghent	5km Trail Run/Walk	Male	52	Master (50-59)	00:44:58
29	69	14	TA0362	Stanley	Vermeulen	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:45:37
30	73	15	TA0377	Deon	Willemse	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:45:56
31	76	4	TRAIL12985	Gary	Noakes	5km Trail Run/Walk	Male	58	Master (50-59)	00:46:09
32	79	16	TA1715	Abraham	Hoffman	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:49:40
33	83	17	TA1752	Mpho	Sethole	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:50:45
34	91	6	TA0448	Roland	Van Der Walt	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:53:50
35	92	1	TA0374	Neo	Van Der Walt	5km Trail Run/Walk	Male	10	Under 11	00:53:53
36	93	2	TA1546	Figo	Van Der Walt	5km Trail Run/Walk	Male	5	Under 11	00:54:00
37	94	18	TA0429	Martin	Joubert	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:54:46
38	95	19	TA1572	Creston	Greenberg	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:55:00
39	98	3	TA0394	Rudolph	Genis	5km Trail Run/Walk	Male	6	Under 11	00:55:16
40	99	7	TA1529	Jocr	Allison	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:57:03

41	102	1	TA1567	Derrick	Greenberg	5km Trail Run/Walk	Male	60	Grand-Master (60+)	00:57:13
42	104	2	TA0227	Jean	Nepgen	5km Trail Run/Walk	Male	73	Grand-Master (60+)	00:57:40
43	105	20	TA0567	Heinrich	Van Zanten	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:57:55
44	111	3	TA1829	Malcolm	Mackenzie	5km Trail Run/Walk	Male	65	Grand-Master (60+)	01:00:33
45	112	8	TRAIL12921	Zanorashe	Bwakura	5km Trail Run/Walk	Male	44	Veteran (40-49)	01:00:37
46	113	6	TA1784	Marius	Hollenbach	5km Trail Run/Walk	Male	26	Senior (19-29)	01:00:40
47	123	21	TA0508	Hersheal	Tait	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:01:44
48	129	22	TA1671	Jacques	Oberholzer	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:02:30
49	133	9	TA0402	Karl	Siegel	5km Trail Run/Walk	Male	43	Veteran (40-49)	01:03:06
50	134	4	TA0260	Ingo	Siegel	5km Trail Run/Walk	Male	7	Under 11	01:03:10
51	135	23	TA1583	Thavi	Ellary	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:03:41
52	137	24	TA0344	Quentin	Van Wyngaardt	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:04:37
53	144	7	TA0424	Duncun	Putter	5km Trail Run/Walk	Male	29	Senior (19-29)	01:07:05
54	147	5	TA0384	Hannes	Kruger	5km Trail Run/Walk	Male	58	Master (50-59)	01:07:12
55	148	4	TA1536	Stephen	Van Rooyen	5km Trail Run/Walk	Male	60	Grand-Master (60+)	01:07:16
56	150	6	TA0500	Bertus	Verster	5km Trail Run/Walk	Male	50	Master (50-59)	01:09:18
57	153	25	TA0233	Thinus	Viljoen	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:12:02
58	157	26	TA0576	Lance	Eder	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:22:12

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1799	Basetsana	Maphosa	5km Trail Run/Walk	Female	13	12 to 15	00:28:27
2	3	2	TA1737	Sesi	Molapo	5km Trail Run/Walk	Female	12	12 to 15	00:28:29
3	4	3	TA2333	Amohelang	Tladi	5km Trail Run/Walk	Female	14	12 to 15	00:28:34
4	8	1	TA1647	Karisma	Erasmus	5km Trail Run/Walk	Female	24	Senior (19-29)	00:32:20
5	9	2	TA0351	Izaldi-lee	Van Zyl	5km Trail Run/Walk	Female	19	Senior (19-29)	00:32:23
6	13	3	TA0417	Stacy	Jeannes	5km Trail Run/Walk	Female	27	Senior (19-29)	00:34:36
7	14	1	TA0119	Martie	De Bruin	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:34:38
8	16	2	TA0284	Lisinda	Van Zyl	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:34:50
9	17	4	TA1547	Denise	Nelson	5km Trail Run/Walk	Female	29	Senior (19-29)	00:34:52
10	23	3	TA0286	Mari	De Bruyn	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:36:39
11	24	1	TRAIL13015	Nadia	Bosch	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:36:41
12	25	4	TA0087	Annemarie	Vermaak	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:37:41
13	27	5	TA1787	Ineke	Kerling	5km Trail Run/Walk	Female	24	Senior (19-29)	00:37:59
14	28	5	TA0428	Tanya	Harteringer	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:38:01
15	29	6	TA0486	Waldeen	Fouche	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:38:08
16	31	2	TA0445	Nina	Swanepoel	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:39:22
17	34	6	TA0229	Katie	Rainbow	5km Trail Run/Walk	Female	26	Senior (19-29)	00:39:51
18	35	1	TA1734	Surina	Pienaar	5km Trail Run/Walk	Female	53	Master (50-59)	00:40:14
19	36	7	TA0455	Simoné	Lourens	5km Trail Run/Walk	Female	26	Senior (19-29)	00:40:17
20	37	8	TA0188	Luane	Van Zyl	5km Trail Run/Walk	Female	19	Senior (19-29)	00:40:18
21	39	9	TA0295	Tishanya	Naidoo	5km Trail Run/Walk	Female	29	Senior (19-29)	00:40:32
22	40	7	TA0517	Stephany	Venter	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:40:54
23	42	8	TA0600	Madelein	Van Zyl	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:41:09
24	43	10	TA0353	Lounett	Heymans	5km Trail Run/Walk	Female	28	Senior (19-29)	00:41:14
25	45	9	TA0348	Anzel	Van Der Schyff	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:42:01
26	47	11	TA0096	Nevana	Botha	5km Trail Run/Walk	Female	26	Senior (19-29)	00:42:08
27	48	10	TA0010	Desiree	Erasmus	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:42:16
28	49	12	TRAIL11728	Tamarin	Jurgens	5km Trail Run/Walk	Female	29	Senior (19-29)	00:42:32
29	51	11	TRAIL11464	Tracy Lee	Goncalves	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:43:15
30	52	12	TA0234	Alta (bettie)	Roodt	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:43:59
31	54	13	TA0245	Hermarie	Prozesky	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:44:08
32	55	14	TA0217	Inge	Cousins	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:44:09
33	58	3	TA0183	Charmaine	Morris	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:44:32
34	61	15	TA0176	Lydia	Steyn	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:44:44
35	62	16	TA0296	Bronwyn	Engelbrecht	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:44:46
36	63	4	TA0436	Gertbrecht	Van Ghent	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:44:57
37	65	17	TA1673	Salome	Barkhuizen	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:45:23
38	66	13	TA1620	Carrlia	Swanepoel	5km Trail Run/Walk	Female	26	Senior (19-29)	00:45:26
39	67	2	TRAIL12290	Georgina	Bester	5km Trail Run/Walk	Female	54	Master (50-59)	00:45:30
40	68	1	TA0545	Natalie	Vermeulen	5km Trail Run/Walk	Female	6	Under 11	00:45:35

41	70	18	TRAIL12665	Adri	Slabbert	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:45:39
42	71	5	TRAIL12646	Heidi	Dalton	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:45:42
43	72	19	TA0155	Elbe	Pieterse	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:45:44
44	74	14	TA0398	Daleen	Fourie	5km Trail Run/Walk	Female	29	Senior (19-29)	00:45:59
45	75	20	TA0529	Carize	Lanser	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:46:02
46	77	6	TA0218	Liezil	Pienaar	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:48:59
47	78	21	TA0495	Cherise	Meadows	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:49:34
48	80	3	TRAIL11880	Luitha	Dafel	5km Trail Run/Walk	Female	58	Master (50-59)	00:49:53
49	81	15	TA0416	Hanani	Vermeulen	5km Trail Run/Walk	Female	27	Senior (19-29)	00:49:55
50	82	4	TA2115	Ancin	Botes	5km Trail Run/Walk	Female	50	Master (50-59)	00:50:42
51	84	22	TA1700	Megan	Marais	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:50:47
52	85	23	TA0179	Elsabe	Siegel	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:51:37
53	86	2	TA1755	Ava	Siegel	5km Trail Run/Walk	Female	4	Under 11	00:52:05
54	87	16	TA0357	Nicolet	Bekker	5km Trail Run/Walk	Female	27	Senior (19-29)	00:52:16
55	88	5	TA0306	Erika	Bester	5km Trail Run/Walk	Female	53	Master (50-59)	00:52:21
56	89	24	TA0247	Heleen	Le Roux	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:53:37
57	90	25	TA0272	Tammy	Wiggett	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:53:40
58	96	26	TA0244	Riana	Genis	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:55:11
59	97	3	TA0215	Elizabeth	Genis	5km Trail Run/Walk	Female	5	Under 11	00:55:13
60	100	27	TA0240	Yolandi	Van Der Schyff	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:57:04
61	101	6	TA0220	Jacqui	Greenberg	5km Trail Run/Walk	Female	55	Master (50-59)	00:57:11
62	103	28	TA1516	Cherylene	Hogan	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:57:21
63	106	17	TA0446	Coreen	Strydom	5km Trail Run/Walk	Female	27	Senior (19-29)	00:57:57
64	107	18	TA0280	Mandie	Van Zanten	5km Trail Run/Walk	Female	27	Senior (19-29)	00:57:59
65	108	1	TA0192	Rachael	Bitzan	5km Trail Run/Walk	Female	18	16 to 18	00:58:10
66	109	19	TA0337	Katrielle	Marvanl	5km Trail Run/Walk	Female	20	Senior (19-29)	00:58:13
67	110	7	TA0999	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	01:00:28
68	114	7	TA1757	Kelly	Robinson	5km Trail Run/Walk	Female	47	Veteran (40-49)	01:00:44
69	115	8	TA0554	Michelle	Marx	5km Trail Run/Walk	Female	52	Master (50-59)	01:00:45
70	116	9	TA1595	Elmarie	Human	5km Trail Run/Walk	Female	51	Master (50-59)	01:00:49
71	117	8	TA0375	Tonya	Van Schalkwyk	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:00:52
72	118	9	TA0511	Lerina	Prinsloo	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:01:14
73	119	10	TA2140	Esther	Niemandt	5km Trail Run/Walk	Female	47	Veteran (40-49)	01:01:30
74	120	11	TA2143	Chandra	Booyesen	5km Trail Run/Walk	Female	47	Veteran (40-49)	01:01:32
75	121	29	TA1728	Sulize	Van Rooy	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:01:35
76	122	30	TA0294	Chantel	Rademan	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:01:40
77	124	10	TA0120	Cornel	Venter	5km Trail Run/Walk	Female	50	Master (50-59)	01:01:46
78	125	31	TA1657	Hendrien	Martins	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:01:48
79	126	32	TA0042	Alicia	Tait	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:01:51
80	127	12	TA1697	Annelize	Wait	5km Trail Run/Walk	Female	45	Veteran (40-49)	01:01:55
81	128	11	TA1767	Rochelle	Pauer	5km Trail Run/Walk	Female	53	Master (50-59)	01:02:00
82	130	4	TA1596	Lalita	Oberholzer	5km Trail Run/Walk	Female	7	Under 11	01:02:31

83	131	5	TA0414	Kaira	Oberholzer	5km Trail Run/Walk	Female	6	Under 11	01:02:33
84	132	33	TA0391	Andrea	Oberholzer	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:02:35
85	136	20	TA0005	Nikita	Zietsman	5km Trail Run/Walk	Female	28	Senior (19-29)	01:03:46
86	138	13	TA1727	Sharon	Kritzinger	5km Trail Run/Walk	Female	46	Veteran (40-49)	01:04:40
87	139	1	TA1582	Elise	Jones	5km Trail Run/Walk	Female	62	Grand-Master (60+)	01:04:45
88	140	12	TA0339	Ria	Kloppers	5km Trail Run/Walk	Female	58	Master (50-59)	01:04:47
89	141	14	TA1661	Analie	Ferreira	5km Trail Run/Walk	Female	42	Veteran (40-49)	01:05:37
90	142	34	TA0303	Ronel	Dames	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:05:40
91	143	15	TRAIL11923	Mathilda	Williams	5km Trail Run/Walk	Female	49	Veteran (40-49)	01:06:57
92	145	21	TA0472	Lindie	Putter	5km Trail Run/Walk	Female	29	Senior (19-29)	01:07:07
93	146	13	TA0407	Bellie	Kruger	5km Trail Run/Walk	Female	59	Master (50-59)	01:07:09
94	149	14	TA0341	Marie	Van Rooyen	5km Trail Run/Walk	Female	56	Master (50-59)	01:07:22
95	151	35	TA1571	Elso	Viljoen	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:11:29
96	152	6	TA0343	Elne	Viljoen	5km Trail Run/Walk	Female	5	Under 11	01:12:00
97	154	16	TA0122	Deborah	James	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:12:07
98	155	7	TA0299	Pamela	James	5km Trail Run/Walk	Female	8	Under 11	01:12:15
99	156	36	TA1573	Cheryl	Eder	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:22:08