



# AdventureRun : Copperleaf Golf Course

## Copperleaf Night AdventureRun on 21st October 2020



| 10km Trail Run/Walk:Male |         |          |             |              |             |                     |        |     |                     |          |
|--------------------------|---------|----------|-------------|--------------|-------------|---------------------|--------|-----|---------------------|----------|
| Gender                   | Overall | Category | Race Number | Name         | Surname     | Activity            | Gender | Age | Category            | Duration |
| 1                        | 1       | 1        | TA1165      | Katlego      | Koto        | 10km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 00:41:24 |
| 2                        | 3       | 1        | TA0713      | Riaan        | Smit        | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:47:07 |
| 3                        | 4       | 2        | TA0669      | Grant        | Du Plessis  | 10km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 00:47:18 |
| 4                        | 5       | 2        | TA1164      | Paul         | Neethling   | 10km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:49:17 |
| 5                        | 6       | 3        | TA0627      | Jan          | De Fouw     | 10km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 00:51:44 |
| 6                        | 8       | 3        | TA0740      | Rinus        | Gobie       | 10km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 00:52:38 |
| 7                        | 9       | 4        | TA1116      | Lucas        | Motshabi    | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:52:47 |
| 8                        | 10      | 4        | TA0746      | Mc           | Du Toit     | 10km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 00:53:46 |
| 9                        | 11      | 5        | TA0688      | Mohamed Essa | Suliman     | 10km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 00:54:23 |
| 10                       | 12      | 5        | TA1148      | Francois     | Labuschagne | 10km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 00:55:17 |
| 11                       | 14      | 6        | TA1036      | Andrew       | Crowley     | 10km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:57:08 |
| 12                       | 15      | 6        | TA0873      | Marc         | Baxter      | 10km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:57:28 |
| 13                       | 18      | 7        | TA0694      | Frikkie      | Coetzer     | 10km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 00:58:05 |
| 14                       | 19      | 8        | TA0962      | Martin       | Poggiolini  | 10km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 00:58:42 |
| 15                       | 22      | 7        | TA0956      | Wesley       | Jarvis      | 10km Trail Run/Walk | Male   | 32  | Sub-Veteran (30-39) | 00:59:44 |
| 16                       | 23      | 9        | TA1064      | David        | Mathebula   | 10km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:00:05 |
| 17                       | 24      | 8        | TRAIL12057  | Gideon       | Hugo        | 10km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:00:12 |
| 18                       | 25      | 10       | TA0761      | Rudi         | Buirski     | 10km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:00:21 |
| 19                       | 26      | 1        | TA1144      | Quinton      | Kidson      | 10km Trail Run/Walk | Male   | 27  | Senior (19-29)      | 01:00:35 |
| 20                       | 29      | 9        | TA0775      | Rueben       | Rikhotso    | 10km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 01:02:15 |
| 21                       | 30      | 10       | TA1090      | Neo          | Molefe      | 10km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 01:02:19 |
| 22                       | 31      | 11       | TA1034      | Itumeleng    | Lesofe      | 10km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 01:02:21 |
| 23                       | 33      | 12       | TA0681      | Lee          | Mitchell    | 10km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 01:02:45 |
| 24                       | 34      | 1        | TRAIL20939  | John         | Kollen      | 10km Trail Run/Walk | Male   | 61  | Grand-Master (60+)  | 01:03:58 |
| 25                       | 35      | 11       | TRAIL10831  | Fanie        | Robbertse   | 10km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:04:19 |
| 26                       | 36      | 13       | TA1141      | Mvuseleli    | Titus       | 10km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 01:04:32 |
| 27                       | 39      | 12       | TA2379      | Sikhumbuzo   | Maphumulo   | 10km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 01:07:29 |
| 28                       | 40      | 13       | TA0739      | Tando        | Ngeno       | 10km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 01:09:09 |
| 29                       | 41      | 2        | TA0754      | Matthew      | Webb        | 10km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 01:09:24 |
| 30                       | 42      | 3        | TA099336.4  | Jp           | Labuschagne | 10km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 01:09:56 |
| 31                       | 44      | 14       | TA1023      | Corne        | Vermaak     | 10km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 01:15:36 |
| 32                       | 45      | 1        | TRAIL10011  | Graham       | Hutchins    | 10km Trail Run/Walk | Male   | 56  | Master (50-59)      | 01:17:45 |
| 33                       | 47      | 2        | TA0892      | Jacobus      | Loots       | 10km Trail Run/Walk | Male   | 70  | Grand-Master (60+)  | 01:19:13 |

|    |    |   |        |          |          |                     |      |    |                |          |
|----|----|---|--------|----------|----------|---------------------|------|----|----------------|----------|
| 34 | 48 | 2 | TA0774 | Nevlon   | Chinsamy | 10km Trail Run/Walk | Male | 52 | Master (50-59) | 01:21:19 |
| 35 | 50 | 3 | TA0637 | Geoffrey | Francis  | 10km Trail Run/Walk | Male | 51 | Master (50-59) | 01:47:37 |

| 10km Trail Run/Walk:Female |         |          |             |                 |                |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------------|----------------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name            | Surname        | Activity            | Gender | Age | Category            | Duration |
| 1                          | 2       | 1        | TA2359      | Gopolang        | Masege         | 10km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:46:08 |
| 2                          | 7       | 2        | TA1159      | Cecile          | Masuret        | 10km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 00:52:02 |
| 3                          | 13      | 1        | TA0614      | Jolandi         | Labuschange    | 10km Trail Run/Walk | Female | 29  | Senior (19-29)      | 00:55:37 |
| 4                          | 16      | 3        | TA1137      | Tammy           | Wolhuter       | 10km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:57:43 |
| 5                          | 17      | 1        | TA0732      | Marie-louise    | Geyser         | 10km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 00:57:57 |
| 6                          | 20      | 4        | TA0511      | Neli            | Nkala          | 10km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:59:06 |
| 7                          | 21      | 5        | TA1049      | Melany          | Lotter         | 10km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:59:35 |
| 8                          | 27      | 2        | TA1043      | Laetitia        | Van Wyk        | 10km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 01:00:56 |
| 9                          | 28      | 3        | TA0781      | Jeanine         | Poggiolini     | 10km Trail Run/Walk | Female | 41  | Veteran (40-49)     | 01:01:06 |
| 10                         | 32      | 6        | TA0847      | Rozanne         | Mitchel        | 10km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:02:41 |
| 11                         | 37      | 7        | TA1158      | Mmakgomo Esther | Rikhotso       | 10km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 01:04:45 |
| 12                         | 38      | 8        | TA0388      | Kathryn         | Van Der Mescht | 10km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:05:00 |
| 13                         | 43      | 9        | TA0995      | Mmakgoshi       | Sebata         | 10km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 01:10:56 |
| 14                         | 46      | 1        | TRAIL10052  | Lesley          | Hutchins       | 10km Trail Run/Walk | Female | 58  | Master (50-59)      | 01:17:46 |
| 15                         | 49      | 4        | TRAIL10053  | Adele           | Sutherland     | 10km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 01:30:47 |
| 16                         | 51      | 2        | TA1028      | Gwen            | Francis        | 10km Trail Run/Walk | Female | 52  | Master (50-59)      | 01:47:48 |
| 17                         | 52      | 1        | TA2377      | Leonie          | Loots          | 10km Trail Run/Walk | Female | 68  | Grand-Master (60+)  | 02:54:12 |

| 5km Trail Run/Walk:Male |         |          |             |           |             |                    |        |     |                     |          |
|-------------------------|---------|----------|-------------|-----------|-------------|--------------------|--------|-----|---------------------|----------|
| Gender                  | Overall | Category | Race Number | Name      | Surname     | Activity           | Gender | Age | Category            | Duration |
| 1                       | 1       | 1        | TA1243      | Rayden    | Woolls      | 5km Trail Run/Walk | Male   | 7   | Under 11            | 00:25:39 |
| 2                       | 2       | 1        | TA0288      | Werner    | Van Brakel  | 5km Trail Run/Walk | Male   | 49  | Veteran (40-49)     | 00:26:27 |
| 3                       | 3       | 1        | TA1540      | Bryan     | Boughey     | 5km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 00:27:26 |
| 4                       | 7       | 2        | TA1404      | Rhynhardt | De Ridder   | 5km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 00:30:31 |
| 5                       | 8       | 1        | TA1349      | Hanru     | Le Roux     | 5km Trail Run/Walk | Male   | 19  | Senior (19-29)      | 00:30:49 |
| 6                       | 10      | 2        | TA1537      | Modiri    | Litheko     | 5km Trail Run/Walk | Male   | 20  | Senior (19-29)      | 00:31:36 |
| 7                       | 13      | 3        | TA1526      | Maree     | Van Zyl     | 5km Trail Run/Walk | Male   | 32  | Sub-Veteran (30-39) | 00:32:51 |
| 8                       | 16      | 1        | TRAIL12254  | Hendrik   | Barnard     | 5km Trail Run/Walk | Male   | 60  | Grand-Master (60+)  | 00:33:17 |
| 9                       | 19      | 2        | TA1221      | Makgabo   | Lamola      | 5km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 00:34:28 |
| 10                      | 23      | 2        | TA1446      | Hein      | Markotter   | 5km Trail Run/Walk | Male   | 74  | Grand-Master (60+)  | 00:38:06 |
| 11                      | 24      | 4        | TA1290      | Ferdi     | Pretorius   | 5km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:38:08 |
| 12                      | 28      | 3        | TA1278      | Colin     | Williams    | 5km Trail Run/Walk | Male   | 61  | Grand-Master (60+)  | 00:38:39 |
| 13                      | 30      | 3        | TA1423      | Manie     | Le Roux     | 5km Trail Run/Walk | Male   | 19  | Senior (19-29)      | 00:39:07 |
| 14                      | 31      | 4        | TA1321      | Kevin     | Marais      | 5km Trail Run/Walk | Male   | 19  | Senior (19-29)      | 00:39:14 |
| 15                      | 32      | 5        | TA1449      | Jameel    | Ismail      | 5km Trail Run/Walk | Male   | 29  | Senior (19-29)      | 00:39:18 |
| 16                      | 35      | 5        | TA1291      | Khuliso   | Muthivhi    | 5km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:40:14 |
| 17                      | 37      | 6        | TA0204      | Stefan    | Aucamp      | 5km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:41:07 |
| 18                      | 40      | 7        | TA1229      | Devin     | Jansen      | 5km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 00:43:57 |
| 19                      | 45      | 6        | TA0223      | Adriaan   | Briel       | 5km Trail Run/Walk | Male   | 26  | Senior (19-29)      | 00:44:55 |
| 20                      | 47      | 4        | TA1314      | Ja        | Marias      | 5km Trail Run/Walk | Male   | 61  | Grand-Master (60+)  | 00:45:00 |
| 21                      | 49      | 2        | TA1375      | Alex      | Engelbrecht | 5km Trail Run/Walk | Male   | 8   | Under 11            | 00:45:09 |
| 22                      | 52      | 3        | TA0227      | Triston   | Engelbrecht | 5km Trail Run/Walk | Male   | 8   | Under 11            | 00:45:15 |
| 23                      | 53      | 4        | TA1661      | Zayn      | Booyens     | 5km Trail Run/Walk | Male   | 7   | Under 11            | 00:45:17 |
| 24                      | 54      | 5        | TA0197      | Malcolm   | Mackenzie   | 5km Trail Run/Walk | Male   | 67  | Grand-Master (60+)  | 00:45:18 |
| 25                      | 58      | 1        | TRAIL10525  | Anton     | Munro       | 5km Trail Run/Walk | Male   | 57  | Master (50-59)      | 00:47:48 |
| 26                      | 62      | 6        | TA1500      | Pieter    | Morkel      | 5km Trail Run/Walk | Male   | 73  | Grand-Master (60+)  | 00:48:17 |
| 27                      | 63      | 3        | TA1249      | Sw        | Engelbrecht | 5km Trail Run/Walk | Male   | 42  | Veteran (40-49)     | 00:48:18 |
| 28                      | 66      | 7        | TA1410      | Matt      | Brozio      | 5km Trail Run/Walk | Male   | 73  | Grand-Master (60+)  | 00:48:40 |
| 29                      | 70      | 4        | TRAIL20057  | Lloyd     | Moodley     | 5km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 00:52:00 |
| 30                      | 71      | 2        | TA1484      | Roberto   | Pasteris    | 5km Trail Run/Walk | Male   | 57  | Master (50-59)      | 00:53:55 |
| 31                      | 75      | 8        | TA0386      | Willie    | Kidson      | 5km Trail Run/Walk | Male   | 63  | Grand-Master (60+)  | 00:54:29 |
| 32                      | 77      | 9        | TRAIL20045  | Gary      | Noakes      | 5km Trail Run/Walk | Male   | 60  | Grand-Master (60+)  | 00:56:25 |

| 5km Trail Run/Walk:Female |         |          |             |               |               |                    |        |     |                     |          |
|---------------------------|---------|----------|-------------|---------------|---------------|--------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name          | Surname       | Activity           | Gender | Age | Category            | Duration |
| 1                         | 4       | 1        | TA0251      | Sarah         | Bouhey        | 5km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 00:27:43 |
| 2                         | 5       | 2        | TA1356      | Natasha       | Badenhorst    | 5km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 00:30:25 |
| 3                         | 6       | 1        | TA1459      | Carleigh      | Palmer        | 5km Trail Run/Walk | Female | 13  | 12 to 15            | 00:30:29 |
| 4                         | 9       | 1        | TA0120      | Thoriso       | Lamola        | 5km Trail Run/Walk | Female | 18  | 16 to 18            | 00:31:34 |
| 5                         | 11      | 1        | TA1386      | Gerda         | Van Brakel    | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:31:38 |
| 6                         | 12      | 3        | TA1361      | Theresa       | Maree         | 5km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 00:32:50 |
| 7                         | 14      | 1        | TA1380      | Stephanie     | Robbertse     | 5km Trail Run/Walk | Female | 21  | Senior (19-29)      | 00:32:55 |
| 8                         | 15      | 1        | TRAIL12249  | Glenda        | Bezuidenhout  | 5km Trail Run/Walk | Female | 51  | Master (50-59)      | 00:33:14 |
| 9                         | 17      | 2        | TA0297      | Christa       | Van Niekerk   | 5km Trail Run/Walk | Female | 52  | Master (50-59)      | 00:33:43 |
| 10                        | 18      | 2        | TRAIL20061  | Tanja         | Van Splunter  | 5km Trail Run/Walk | Female | 41  | Veteran (40-49)     | 00:34:01 |
| 11                        | 20      | 3        | TA1272      | Jana          | Le Roux       | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:34:36 |
| 12                        | 21      | 3        | TRAIL11315  | Angela        | Conway        | 5km Trail Run/Walk | Female | 57  | Master (50-59)      | 00:34:48 |
| 13                        | 22      | 4        | TA1622      | Wika          | Esterhuizen   | 5km Trail Run/Walk | Female | 47  | Veteran (40-49)     | 00:37:42 |
| 14                        | 25      | 5        | TA1326      | Wendy         | Mathebula     | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:38:13 |
| 15                        | 26      | 4        | TA0486      | Anell         | De Beer       | 5km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:38:14 |
| 16                        | 27      | 6        | TA1260      | Zanele        | Maseko        | 5km Trail Run/Walk | Female | 46  | Veteran (40-49)     | 00:38:14 |
| 17                        | 29      | 7        | TA1496      | Brenda        | Ratzeburg     | 5km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 00:39:06 |
| 18                        | 33      | 2        | TA1657      | Sumaiyah      | Seedat        | 5km Trail Run/Walk | Female | 28  | Senior (19-29)      | 00:39:26 |
| 19                        | 34      | 1        | TA1285      | Nurah         | Ismail        | 5km Trail Run/Walk | Female | 2   | Under 11            | 00:39:28 |
| 20                        | 36      | 5        | TA0286      | Adele         | Van Staden    | 5km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:41:02 |
| 21                        | 38      | 8        | TA1089      | Ngwanamothiba | Koto          | 5km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 00:41:18 |
| 22                        | 39      | 9        | TRAIL11798  | Antoinette    | Hartsliet     | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:42:47 |
| 23                        | 41      | 6        | TA1371      | Lorin         | Jansen        | 5km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 00:43:57 |
| 24                        | 42      | 7        | TA0508      | Eyethu Inathi | Bikitsha      | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:44:23 |
| 25                        | 43      | 1        | TA1452      | Louise        | Williams      | 5km Trail Run/Walk | Female | 67  | Grand-Master (60+)  | 00:44:46 |
| 26                        | 44      | 3        | TA1505      | Lisa          | Le Roux       | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:44:53 |
| 27                        | 46      | 2        | TA1787      | Megan         | Enslin        | 5km Trail Run/Walk | Female | 18  | 16 to 18            | 00:44:57 |
| 28                        | 48      | 8        | TA1392      | Celeste       | Engelbrecht   | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:45:07 |
| 29                        | 50      | 9        | TA1289      | Chrisna       | Kock          | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:45:11 |
| 30                        | 51      | 4        | TA0428      | Caron         | Mackenzie     | 5km Trail Run/Walk | Female | 56  | Master (50-59)      | 00:45:14 |
| 31                        | 55      | 2        | TA1240      | Liz           | Marias        | 5km Trail Run/Walk | Female | 65  | Grand-Master (60+)  | 00:45:24 |
| 32                        | 56      | 10       | TA1539      | Rozanne       | Kilian        | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:47:38 |
| 33                        | 57      | 3        | TA1797      | Thandi        | Zililo        | 5km Trail Run/Walk | Female | 66  | Grand-Master (60+)  | 00:47:47 |
| 34                        | 59      | 4        | TA0401      | Joanne        | Brozio        | 5km Trail Run/Walk | Female | 62  | Grand-Master (60+)  | 00:48:05 |
| 35                        | 60      | 11       | TA1308      | Sanet         | Pohl          | 5km Trail Run/Walk | Female | 48  | Veteran (40-49)     | 00:48:15 |
| 36                        | 61      | 5        | TA0293      | Ellen         | Morkel        | 5km Trail Run/Walk | Female | 71  | Grand-Master (60+)  | 00:48:16 |
| 37                        | 64      | 2        | TA1544      | Kaycee        | Engelbrecht   | 5km Trail Run/Walk | Female | 8   | Under 11            | 00:48:24 |
| 38                        | 65      | 6        | TA1502      | Lida          | Van Der Merwe | 5km Trail Run/Walk | Female | 61  | Grand-Master (60+)  | 00:48:27 |
| 39                        | 67      | 7        | TA1280      | Maria         | Snyman        | 5km Trail Run/Walk | Female | 66  | Grand-Master (60+)  | 00:48:56 |
| 40                        | 68      | 5        | TRAIL20305  | Margriet      | Du Plooy      | 5km Trail Run/Walk | Female | 57  | Master (50-59)      | 00:49:00 |

|    |    |    |        |          |             |                    |        |    |                    |          |
|----|----|----|--------|----------|-------------|--------------------|--------|----|--------------------|----------|
| 41 | 69 | 12 | TA1251 | Chantal  | Viljoen     | 5km Trail Run/Walk | Female | 40 | Veteran (40-49)    | 00:49:03 |
| 42 | 72 | 6  | TA0087 | Paolo    | Pasteris    | 5km Trail Run/Walk | Female | 53 | Master (50-59)     | 00:53:56 |
| 43 | 73 | 8  | TA0254 | Sannie   | Nel         | 5km Trail Run/Walk | Female | 61 | Grand-Master (60+) | 00:54:25 |
| 44 | 74 | 7  | TA0306 | Elize    | Kidson      | 5km Trail Run/Walk | Female | 54 | Master (50-59)     | 00:54:26 |
| 45 | 76 | 9  | TA1532 | Laura    | Noakes      | 5km Trail Run/Walk | Female | 60 | Grand-Master (60+) | 00:56:21 |
| 46 | 78 | 13 | TA1510 | Sumashni | Padayachee  | 5km Trail Run/Walk | Female | 42 | Veteran (40-49)    | 00:57:23 |
| 47 | 79 | 14 | TA1348 | Samantha | Ponnen      | 5km Trail Run/Walk | Female | 45 | Veteran (40-49)    | 00:57:29 |
| 48 | 80 | 15 | TA1297 | Faith    | Bokaba      | 5km Trail Run/Walk | Female | 48 | Veteran (40-49)    | 01:06:46 |
| 49 | 81 | 10 | TA1388 | Beryl    | Huntingford | 5km Trail Run/Walk | Female | 66 | Grand-Master (60+) | 02:29:41 |