



# AdventureRun : Ingaadi Spa and Events

## Ingaadi AdventureRun on 4th October 2020



### 21km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20337	Samuel	Grobler	21km	Male	17	16 to 18	01:45:49
2	6	1	TRAIL10011	Graham	Hutchins	21km	Male	56	Master (50-59)	03:48:43

## 21km:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA3376	Lardi	Meyer	21km	Female	31	Sub-Veteran (30-39)	02:24:41
2	3	1	TRAIL20338	Nelia	Grobler	21km	Female	47	Veteran (40-49)	02:28:53
3	4	2	TA3567	Angelene	Botha	21km	Female	39	Sub-Veteran (30-39)	02:43:27
4	5	1	TA3379	Iona	Redelinghuys	21km	Female	54	Master (50-59)	03:20:15
5	7	2	TRAIL10052	Lesley	Hutchins	21km	Female	58	Master (50-59)	03:48:45
6	8	3	TA3308	Judy	Sunasky	21km	Female	53	Master (50-59)	03:54:18
7	9	4	TA3344	Tara	Turkington	21km	Female	50	Master (50-59)	03:54:33

## 15km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3338	Collin	Parura Kanyimo	15km	Male	33	Sub-Veteran (30-39)	01:05:13
2	2	2	TA3284	Moshe	Mashita	15km	Male	36	Sub-Veteran (30-39)	01:22:41
3	3	1	TRAIL12471	Adam	Moroko	15km	Male	42	Veteran (40-49)	01:23:02
4	4	2	TA3188	Grant	Du Plessis	15km	Male	43	Veteran (40-49)	01:41:34
5	5	3	TA3205	Coenraad	Pretorius	15km	Male	42	Veteran (40-49)	01:42:31
6	6	1	TRAIL20939	John	Kollen	15km	Male	61	Grand-Master (60+)	02:17:48

**15km:Female**

<b>Gender</b>	<b>Overall</b>	<b>Category</b>	<b>Race Number</b>	<b>Name</b>	<b>Surname</b>	<b>Activity</b>	<b>Gender</b>	<b>Age</b>	<b>Category</b>	<b>Duration</b>
1	7	1	TRAIL20336	Naftileen	Grobler	15km	Female	19	Senior (19-29)	02:23:39
2	8	1	TA3326	Jane	Bloem	15km	Female	40	Veteran (40-49)	03:09:17
3	9	2	TA3368	Naomi	De Kock	15km	Female	45	Veteran (40-49)	03:09:19

## 10km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1309	Reatlegile	Mosweu	10km	Male	15	12 to 15	00:36:53
2	2	2	TA0727	Basimhe	Gavhi	10km	Male	15	12 to 15	00:39:04
3	3	1	TA0864	Johnie	Jonker	10km	Male	62	Grand-Master (60+)	00:51:30
4	4	3	TA1026	Matthew	Pretorius	10km	Male	14	12 to 15	00:54:58
5	6	1	TA0681	Conrad	Langerman	10km	Male	45	Veteran (40-49)	01:00:47
6	7	2	TA1046	Graham	Chalmers	10km	Male	48	Veteran (40-49)	01:02:18
7	11	3	TA0973	Dean	Fraser	10km	Male	41	Veteran (40-49)	01:05:13
8	12	1	TA0614	Kevin	Fraser	10km	Male	10	Under 11	01:05:21
9	14	2	TRAIL20628	Geoff	Lupton-smith	10km	Male	62	Grand-Master (60+)	01:11:47
10	17	1	TA0763	Siphiwo	Manana	10km	Male	37	Sub-Veteran (30-39)	01:19:36
11	18	1	TRAIL20311	Clint	Holing	10km	Male	56	Master (50-59)	01:19:53
12	21	3	TRAIL20152	Tony	Taljaard	10km	Male	65	Grand-Master (60+)	01:28:37
13	22	4	TA0898	Peter	Wilgenbus	10km	Male	63	Grand-Master (60+)	01:28:47
14	23	2	TA0857	Ferdi	Pretorius	10km	Male	39	Sub-Veteran (30-39)	01:29:05
15	24	2	TRAIL20022	Martin	Uys	10km	Male	59	Master (50-59)	01:37:32
16	27	4	TA0892	Albert	Van Der Merwe	10km	Male	40	Veteran (40-49)	01:55:21
17	31	5	TA1028	Harald	Niederbroker	10km	Male	66	Grand-Master (60+)	02:05:14
18	32	5	TA0848	Ralph	Siebenhaar	10km	Male	40	Veteran (40-49)	02:07:41

## 10km:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA1148	Linda	Clough	10km	Female	44	Veteran (40-49)	00:55:03
2	8	1	TA0847	Cin	Fraser	10km	Female	14	12 to 15	01:04:48
3	9	2	TA0736	Kaitlyn	Du Plessis	10km	Female	13	12 to 15	01:04:49
4	10	2	TRAIL10062	Nicky	Booyens	10km	Female	41	Veteran (40-49)	01:05:00
5	13	3	TA0695	Gina	Pretorius	10km	Female	41	Veteran (40-49)	01:05:46
6	15	4	TA1090	Heidi	Botha	10km	Female	41	Veteran (40-49)	01:12:00
7	16	1	TA1072	Mmakgoshi	Sebata	10km	Female	35	Sub-Veteran (30-39)	01:18:26
8	19	1	TA0746	Annemarie	Nieuwenhuizen	10km	Female	59	Master (50-59)	01:25:48
9	20	2	TRAIL20023	Elize	Uys	10km	Female	56	Master (50-59)	01:28:32
10	25	2	TA1120	Anthea	Corbett	10km	Female	38	Sub-Veteran (30-39)	01:54:40
11	26	1	TA1016	Thea	Corbett	10km	Female	62	Grand-Master (60+)	01:55:10
12	28	2	TA0929	Suzan	Holden	10km	Female	66	Grand-Master (60+)	01:56:06
13	29	3	TA0939	Anne	Reynolds	10km	Female	63	Grand-Master (60+)	01:56:12
14	30	4	TA1135	Lotti	Niederbroker	10km	Female	66	Grand-Master (60+)	02:05:09
15	33	5	TA0739	Samantha	Siebenhaar	10km	Female	42	Veteran (40-49)	02:07:41
16	34	3	TA0775	Tamara	Magaga	10km	Female	37	Sub-Veteran (30-39)	02:10:10
17	35	1	TA0909	Nolie	Magaga	10km	Female	23	Senior (19-29)	02:10:14
18	36	3	TRAIL20088	Zandile	Mokgatle	10km	Female	59	Master (50-59)	02:14:22
19	37	5	TA0645	Getty	Simelane	10km	Female	61	Grand-Master (60+)	02:14:32
20	38	6	TA0613	Isabel	Pieterse	10km	Female	63	Grand-Master (60+)	02:18:52
21	39	7	TA1024	Marie	Williams	10km	Female	67	Grand-Master (60+)	02:18:58
22	40	4	TA0844	Adri	Prinsloo	10km	Female	54	Master (50-59)	02:19:04

## 5km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0331	Neil	De Kock	5km	Male	12	12 to 15	00:29:46
2	3	1	TA1386	Hendrik	Barnard	5km	Male	60	Grand-Master (60+)	00:37:01
3	4	1	TA0197	Luan	Van Der Walt	5km	Male	7	Under 11	00:37:05
4	13	1	TA1289	Divan	De Kock	5km	Male	16	16 to 18	00:43:48
5	14	1	TA1573	George	Mothupi	5km	Male	47	Veteran (40-49)	00:43:53
6	17	2	TRAIL12236	Clive	Hutchinson	5km	Male	49	Veteran (40-49)	00:45:31
7	19	1	TA1321	Jacques	Botha	5km	Male	50	Master (50-59)	00:45:50
8	25	3	TA1392	Gerrard	Booyens	5km	Male	47	Veteran (40-49)	00:52:13
9	27	2	TRAIL20083	Ben	Pieterse	5km	Male	63	Grand-Master (60+)	00:57:00
10	29	4	TRAIL20367	Danie	Delpport	5km	Male	49	Veteran (40-49)	00:58:25
11	34	5	TA0428	Johan	Van Der Walt	5km	Male	42	Veteran (40-49)	01:02:13
12	36	6	TA0640	Manie	Bloem	5km	Male	41	Veteran (40-49)	01:05:29

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL12249	Glenda	Bezuidenhout	5km	Female	51	Master (50-59)	00:36:58
2	5	1	TA1388	Charlene	Olivier	5km	Female	44	Veteran (40-49)	00:38:22
3	6	1	TA0386	Aimee	Du Plessis	5km	Female	9	Under 11	00:38:28
4	7	1	TA1449	Lauren	Pretorius	5km	Female	12	12 to 15	00:38:32
5	8	2	TA1622	Jacqui	Du Plessis	5km	Female	43	Veteran (40-49)	00:42:39
6	9	3	TA1531	Driekie	Fraser	5km	Female	41	Veteran (40-49)	00:42:40
7	10	4	TA1348	Aritha	Van Der Walt	5km	Female	40	Veteran (40-49)	00:43:07
8	11	2	TA1500	Megan	Bloem	5km	Female	12	12 to 15	00:43:42
9	12	2	TA0252	Marne	Bloem	5km	Female	10	Under 11	00:43:46
10	15	1	TA1661	Manana	Mothupi	5km	Female	38	Sub-Veteran (30-39)	00:44:35
11	16	1	TA0293	Louisa	Ramonyatsi	5km	Female	28	Senior (19-29)	00:44:53
12	18	2	TRAIL12170	Cornelia	Hutchinson	5km	Female	39	Sub-Veteran (30-39)	00:45:39
13	20	5	TA1251	Tania	Botha	5km	Female	48	Veteran (40-49)	00:45:58
14	21	3	TRAIL20332	Lynette	Van Jaarsveldt	5km	Female	37	Sub-Veteran (30-39)	00:46:12
15	22	2	TA1361	Sandra	Austin	5km	Female	52	Master (50-59)	00:47:24
16	23	3	TA1249	Desire	Armstrong	5km	Female	54	Master (50-59)	00:47:31
17	24	1	TA1517	Heilet	Cloete	5km	Female	69	Grand-Master (60+)	00:47:54
18	26	6	TA0251	Donne	Muller	5km	Female	43	Veteran (40-49)	00:52:26
19	28	2	TRAIL20024	Vreda	Pieterse	5km	Female	65	Grand-Master (60+)	00:57:06
20	30	4	TA0087	Leoni	Deyzel - Van Staden	5km	Female	35	Sub-Veteran (30-39)	01:01:08
21	31	7	TA0487	Chistine	Bartleman	5km	Female	44	Veteran (40-49)	01:01:11
22	32	2	TA1334	Leslee	Bartleman	5km	Female	19	Senior (19-29)	01:01:12
23	33	3	TA1300	Lika	Van Der Walt	5km	Female	4	Under 11	01:02:01
24	35	8	TA0184	Maryke	Kilian	5km	Female	44	Veteran (40-49)	01:04:32
25	37	3	TA1461	Felicia	Wessels	5km	Female	27	Senior (19-29)	01:05:45
26	38	5	TA1346	Amelia	Weinman	5km	Female	34	Sub-Veteran (30-39)	01:05:50
27	39	3	TRAIL20777	Janine	Rust	5km	Female	62	Grand-Master (60+)	01:08:27
28	40	4	TA0871	Agnes	Kirsch	5km	Female	68	Grand-Master (60+)	01:56:20