AdventureRun : Rietvlei Dam

Rietvlei Trail Run/Walk on 12th August 2018

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2132	Reatlegile	Mosweu	10km Trail Run/Walk	Male	13	12 to 15	00:38:38
2	2	1	TRAIL12471	Adam	Moroko	10km Trail Run/Walk	Male	40	Veteran (40-49)	00:40:28
3	3	1	TA0759	Jan	Moekeletji	10km Trail Run/Walk	Male	16	16 to 18	00:40:56
4	4	2	TA2151	Samuel	Grobler	10km Trail Run/Walk	Male	15	12 to 15	00:43:40
5	5	2	TRAIL12830	Paul	Norris	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:45:54
6	6	1	TA0601	Stephen	Atkinson	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:46:39
7	9	2	TA0643	Mhlengi	Zungu	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:47:44
8	11	1	TA1125	Johnie	Jonker	10km Trail Run/Walk	Male	60	Grand-Master (60+)	00:49:21
9	12	3	TA1896	Etienne	Jordaan	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:49:28
10	14	3	TRAIL10112	Mark	Dold	10km Trail Run/Walk	Male	49	Veteran (40-49)	00:50:35
11	15	4	TA0848	Rob	Reid	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:50:48
12	16	5	TA0755	Dshorne	Human	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:51:27
13	17	6	TA0856	Martiens	De Jager	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:51:30
14	20	1	TA0844	Richard	Fenner	10km Trail Run/Walk	Male	29	Senior (19-29)	00:54:07
15	22	1	TA1816	Kobus	Theron	10km Trail Run/Walk	Male	58	Master (50-59)	00:54:12
16	23	4	TA0662	Lingeraj	Sigamoney	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:54:27
17	24	2	TA1161	Jakobus	Marais	10km Trail Run/Walk	Male	56	Master (50-59)	00:54:38
18	25	3	TRAIL12176	Gawie	Jansen Van Vuuren	10km Trail Run/Walk	Male	54	Master (50-59)	00:55:55
19	26	7	TA2140	Xianwang	Wn	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:56:08
20	27	8	TRAIL12341	Charles	Norman	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:57:00
21	31	5	TA2119	Dyrlan	James	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:58:50
22	33	2	TA0660	Henk	Basson	10km Trail Run/Walk	Male	62	Grand-Master (60+)	00:59:00
23	34	4	TA1018	Jonathan	Morkman	10km Trail Run/Walk	Male	58	Master (50-59)	00:59:35
24	37	2	TA2333	Michael	Terblanche	10km Trail Run/Walk	Male	26	Senior (19-29)	01:00:40
25	39	9	TA2143	Naas	Terblanche	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:01:07
26	42	3	TRAIL10171	Hennie	Prinsloo	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:02:23
27	43	10	TA1037	Christopher	Caalsen	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:02:26
28	44	3	TA0997	Graeme	Andrews	10km Trail Run/Walk	Male	26	Senior (19-29)	01:02:27
29	47	11	TA0654	Tawanda	Mapfumo	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:02:55
30	49	4	TRAIL10759	Allen	West	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:03:07
31	51	4	TA2291	Menzi	Maphumulo	10km Trail Run/Walk	Male	24	Senior (19-29)	01:03:46
32	54	6	TA2170	Riaan	Ferreira	10km Trail Run/Walk	Male	42	Veteran (40-49)	01:06:20
33	55	12	TA2213	Ashley	Hattingh	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:06:24

34	56	5	TA0839	Fanie	Cloete	10km Trail Run/Walk	Male	60	Grand-Master (60+)	01:06:29
35	58	7	TA2164	Stephan	Labuschagne	10km Trail Run/Walk	Male	42	Veteran (40-49)	01:06:51
36	60	8	TA1889	Tim	Hepplestone	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:07:22
37	61	13	TRAIL12326	Rijako	Meintjes	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:07:31
38	62	14	TA2166	Marinus	Lourens	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:07:44
39	65	15	TRAIL10910	Dewan	Hamman	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:08:06
40	69	6	TA2209	Philippe	Castel	10km Trail Run/Walk	Male	69	Grand-Master (60+)	01:09:29
41	81	9	TA2312	Claude	Nish	10km Trail Run/Walk	Male	45	Veteran (40-49)	01:13:49
42	84	7	TRAIL12320	Trevor	Smythe	10km Trail Run/Walk	Male	62	Grand-Master (60+)	01:15:42
43	87	8	TA0812	Stan	Sussman	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:18:05
44	88	5	TA1808	Allan	Venter	10km Trail Run/Walk	Male	26	Senior (19-29)	01:20:00
45	90	5	TA0735	Wimpy	Pretorius	10km Trail Run/Walk	Male	59	Master (50-59)	01:20:43
46	98	16	TA0680	Nico	Erlank	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:23:07
47	101	10	TA2153	Hendrik	Uys	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:27:38
48	104	11	TA0849	Motlhabane	Skade	10km Trail Run/Walk	Male	46	Veteran (40-49)	01:28:47
49	105	12	TA0796	Robert	Latham	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:29:31

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TA0727	Maria	Bendana	10km Trail Run/Walk	Female	51	Master (50-59)	00:47:41
2	8	1	TA2180	Louise	Briers	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:47:42
3	10	2	TA2125	Adel	Terblanche	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:48:13
4	13	1	TA2149	Lynette	Fischer	10km Trail Run/Walk	Female	60	Grand-Master (60+)	00:49:58
5	18	3	TA1900	Marien	Oberholzer	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:51:54
6	19	2	TA0996	Natalie	Sanders	10km Trail Run/Walk	Female	59	Master (50-59)	00:52:29
7	21	4	TA2155	Abbey	Smith	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:54:08
8	28	1	TA0806	Nelia	Grobler	10km Trail Run/Walk	Female	45	Veteran (40-49)	00:57:13
9	29	1	TA1827	Karen	Theron	10km Trail Run/Walk	Female	27	Senior (19-29)	00:57:16
10	30	2	TA0857	Rinel	Mclaren	10km Trail Run/Walk	Female	26	Senior (19-29)	00:58:48
11	32	5	TA0795	Lusi	Tshibangu	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:58:52
12	35	6	TA1129	Monique	Hamman	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:00:05
13	36	2	TA0815	Ilze	Crous	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:00:37
14	38	3	TA0739	Zaza	Grobler	10km Trail Run/Walk	Female	21	Senior (19-29)	01:00:41
15	40	2	TA1879	Tania	Blignaut	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:01:58
16	41	1	TA1176	Naftileen	Grobler	10km Trail Run/Walk	Female	17	16 to 18	01:02:07
17	45	3	TA0675	Adrinette	Maartens	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:02:31
18	46	3	TRAIL11537	Joey	Cloete	10km Trail Run/Walk	Female	61	Grand-Master (60+)	01:02:50
19	48	4	TRAIL10119	Nicky	Dold	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:02:58
20	50	3	TA0709	Estelle	Bothma	10km Trail Run/Walk	Female	54	Master (50-59)	01:03:38
21	52	7	TA1162	Gillian	Van Ryneveld	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:03:48
22	53	8	TA1837	Marilize	Human	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:06:13
23	57	9	TA2159	Saskia	Nortje	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:06:35
24	59	4	TA2233	Sarah	Hanson	10km Trail Run/Walk	Female	65	Grand-Master (60+)	01:07:17
25	63	10	TA2343	Christina	Lourens	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:07:50
26	64	11	TRAIL10891	Tina	Bredenkamp	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:08:04
27	66	5	TA2295	Niki	Maartens	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:08:20
28	67	12	TA0847	Somande	Brown	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:08:50
29	68	13	TA2242	Amanda	Van Heerden	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:09:22
30	70	4	TA0695	Thea	Van Bart	10km Trail Run/Walk	Female	54	Master (50-59)	01:09:35
31	71	6	TA1813	Lara	Bayliss	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:10:01
32	72	5	TA2232	Ronel	Theron	10km Trail Run/Walk	Female	57	Master (50-59)	01:10:07
33	73	7	TRAIL12648	Sandra	Dalton	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:12:47
34	74	8	TA0789	Elmarie	Verster	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:12:48
35	75	6	TA1028	Sue	Pretorius	10km Trail Run/Walk	Female	52	Master (50-59)	01:12:58
36	76	14	TA1878	Heidi	Botha	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:13:07
37	77	15	TA2224	Katherine	Steel	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:13:14
38	78	16	TRAIL12328	Natasha	Botha	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:13:20
39	79	17	TRAIL12330	Candice	Van Dyk	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:13:21
40	80	2	TA1185	Mikaela	Nish	10km Trail Run/Walk	Female	17	16 to 18	01:13:39

41	82	9	TA1105	Marlene	Botha	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:15:08
42	83	18	TA0976	Angelique	Kriel	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:15:38
43	85	7	TA1812	Susan	Kruger	10km Trail Run/Walk	Female	51	Master (50-59)	01:16:10
44	86	10	TA1861	Hester	Van Vuuren	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:16:14
45	89	8	TA2160	Rina	Pretorius	10km Trail Run/Walk	Female	57	Master (50-59)	01:20:39
46	91	19	TA1814	Stephanie	Meintjes	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:21:13
47	92	20	TA2304	Bonita	Steenkamp	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:21:24
48	93	9	TRAIL12290	Georgina	Bester	10km Trail Run/Walk	Female	54	Master (50-59)	01:22:01
49	94	21	TRAIL12665	Adri	Slabbert	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:22:03
50	95	22	TA2174	Gabrielle	Strydom	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:22:07
51	96	23	TA2285	Belinda	Cawood	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:22:09
52	97	24	TA0843	Marcel	Erlank	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:23:04
53	99	11	TA0631	Rumbidzai	Manonge	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:23:48
54	100	4	TA0841	Gizelle	Stobrawe	10km Trail Run/Walk	Female	25	Senior (19-29)	01:25:50
55	102	25	TA1064	Talita	Uys	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:27:39
56	103	12	TA1071	Amogelang	Skade	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:28:46
57	106	10	TA1062	Tillie	Adlam	10km Trail Run/Walk	Female	57	Master (50-59)	01:29:43
58	107	11	TA1118	Sonia	Scheepers	10km Trail Run/Walk	Female	54	Master (50-59)	01:29:46
59	108	26	TA1165	Avashni	Dass	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:32:47
60	109	27	TA0694	Sandy	Uys	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:38:30
61	110	13	TA2172	Monia	Cloete	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:38:34
62	111	14	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:41:46
63	112	28	TA2318	Lizelle	Lindeque	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:45:34
64	113	29	TA0719	Adriaane	Naude	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:45:36

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1759	Thato	Thejane	5km Trail Run/Walk	Male	11	Under 11	00:21:41
2	2	1	TA1684	Melt	Von Molendorff	5km Trail Run/Walk	Male	18	16 to 18	00:22:07
3	5	1	TA0866	Jared	Duffield	5km Trail Run/Walk	Male	12	12 to 15	00:24:30
4	6	1	TA0376	Kyle	Abrahamse	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:24:31
5	8	2	TA1726	Simone	Morelli	5km Trail Run/Walk	Male	16	16 to 18	00:26:28
6	10	2	TA1708	Jeandre	Bouwer	5km Trail Run/Walk	Male	9	Under 11	00:27:48
7	12	1	TA0578	Barend	Marais	5km Trail Run/Walk	Male	24	Senior (19-29)	00:27:54
8	13	2	TA0440	Bryce	Abrahamse	5km Trail Run/Walk	Male	26	Senior (19-29)	00:28:59
9	15	3	TA0292	Roan	Van Rooyen	5km Trail Run/Walk	Male	25	Senior (19-29)	00:29:37
10	16	1	TA0384	Conrad	Marshall	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:30:21
11	17	2	TA0477	Jean	Coetzee	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:31:11
12	18	3	TA1519	Lee	Herrmann	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:31:53
13	20	4	TA0436	Marius	Potgieter	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:32:19
14	21	2	TA1743	Marcel	Van Ryneveld	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:33:03
15	23	5	TRAIL12287	Phil	Zaayman	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:33:51
16	25	4	TA0266	Deon	Wepener	5km Trail Run/Walk	Male	27	Senior (19-29)	00:34:03
17	28	3	TA0732	Lennert	Swart	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:34:24
18	32	5	TA1557	Dale	Roberts	5km Trail Run/Walk	Male	27	Senior (19-29)	00:34:34
19	34	6	TA0119	Dian	Serfontein	5km Trail Run/Walk	Male	25	Senior (19-29)	00:34:44
20	35	3	TA0379	Raphael	Rato	5km Trail Run/Walk	Male	16	16 to 18	00:35:08
21	43	6	TA1707	Johannes	Maartens	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:37:52
22	44	2	TA0349	Janco	Maartens	5km Trail Run/Walk	Male	14	12 to 15	00:37:55
23	46	7	TA0195	Richard	Browne	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:38:44
24	47	7	TA0576	Thys	Beukes	5km Trail Run/Walk	Male	29	Senior (19-29)	00:40:12
25	49	1	TA0391	Cesare	Morelli	5km Trail Run/Walk	Male	55	Master (50-59)	00:40:27
26	51	4	TA0462	Bani	Bester	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:40:47
27	54	3	TA1734	Joshua-alon	Bouwer	5km Trail Run/Walk	Male	6	Under 11	00:41:28
28	65	2	TA0198	Keith	Reynulds	5km Trail Run/Walk	Male	51	Master (50-59)	00:44:08
29	68	1	TA0343	Anton	Botha	5km Trail Run/Walk	Male	60	Grand-Master (60+)	00:44:18
30	69	5	TA0126	Alistair	White	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:44:30
31	71	3	TA2115	Grant	Whitfield	5km Trail Run/Walk	Male	51	Master (50-59)	00:46:05
32	76	6	TA1765	Andrew	Lang	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:46:23
33	77	7	TA0337	Marc	De Chalain	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:47:47
34	79	3	TA0183	Ethan	Viljoen	5km Trail Run/Walk	Male	12	12 to 15	00:47:58
35	80	8	TA0428	Daryl	Viljoen	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:48:00
36	85	8	TA0262	Paul	Stevens	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:50:43
37	90	9	TA0380	Riana	Van Jaarsveld	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:52:43
38	92	10	TA1573	Donovan	Kruger	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:55:24
39	94	4	TA1784	Petrus	Van Breda	5km Trail Run/Walk	Male	54	Master (50-59)	00:55:48
40	95	2	TA0250	Andrzej	Kijko	5km Trail Run/Walk	Male	70	Grand-Master (60+)	00:56:38

41	101	3	TA0298	Walter	Burdzik	5km Trail Run/Walk	Male	70	Grand-Master (60+)	00:57:37
42	104	5	TA0850	David	De Villiers	5km Trail Run/Walk	Male	52	Master (50-59)	01:01:59
43	106	4	TA0417	Brandon	Sussman	5km Trail Run/Walk	Male	18	16 to 18	01:05:44

5km Trail Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0344	Odelia	Kleynhans	5km Trail Run/Walk	Female	10	Under 11	00:22:33
2	4	1	TRAIL12842	Jeanne'	De Beer	5km Trail Run/Walk	Female	17	16 to 18	00:24:13
3	7	1	TRAIL12476	Koketso	Thejane	5km Trail Run/Walk	Female	13	12 to 15	00:24:54
4	9	2	TA1595	Carmien	Smal	5km Trail Run/Walk	Female	13	12 to 15	00:27:46
5	11	1	TA1755	Helena	Strijdom	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:27:50
6	14	3	TA0233	Amberleigh	Jansen Van Vuuren	5km Trail Run/Walk	Female	13	12 to 15	00:29:13
7	19	2	TA1548	Elmarie	Meyer	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:32:18
8	22	3	TA0156	Lee-ann	Pienaar	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:33:44
9	24	1	TA1680	Ulrike	Kohlmeyer	5km Trail Run/Walk	Female	22	Senior (19-29)	00:33:57
10	26	4	TA0375	Maree	Kruger	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:34:19
11	27	1	TA0009	Francina	Beyleveld	5km Trail Run/Walk	Female	56	Master (50-59)	00:34:21
12	29	1	TA0312	Elaine	Hattingh	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:34:26
13	30	2	TA0145	Aimee	Roesstorff	5km Trail Run/Walk	Female	25	Senior (19-29)	00:34:29
14	31	2	TA0476	Morganmorgan	Preston	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:34:30
15	33	3	TA0527	Nika	Claassen	5km Trail Run/Walk	Female	25	Senior (19-29)	00:34:39
16	36	2	TA0077	Bianca	Conchita	5km Trail Run/Walk	Female	16	16 to 18	00:35:11
17	37	5	TA0219	Chenita	Vernon	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:35:27
18	38	3	TA2243	Shan	Lauryssen	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:35:48
19	39	4	TA0310	Agata	Morelli	5km Trail Run/Walk	Female	21	Senior (19-29)	00:36:00
20	40	2	TA0402	Abigail	Van Heerden	5km Trail Run/Walk	Female	11	Under 11	00:36:24
21	41	4	TRAIL11074	Larissa	West	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:36:34
22	42	6	TA1752	Rijkie	Terblanche	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:36:59
23	45	5	TA0204	Tanya	Smal	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:38:05
24	48	2	TA0427	Liz	Morelli	5km Trail Run/Walk	Female	52	Master (50-59)	00:40:25
25	50	3	TA0033	Margriet	Du Plooy	5km Trail Run/Walk	Female	55	Master (50-59)	00:40:33
26	52	6	TA0091	Lenandi	Steynberg	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:40:48
27	53	5	TA1735	Leani	Nortje	5km Trail Run/Walk	Female	29	Senior (19-29)	00:40:53
28	55	7	TRAIL10227	Carien	Hamman	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:41:53
29	56	3	TA1663	Demi	Norman	5km Trail Run/Walk	Female	11	Under 11	00:41:57
30	57	7	TA0229	Julia	Van Heerden	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:41:59
31	58	4	TRAIL13008	Sonja	Petzer	5km Trail Run/Walk	Female	53	Master (50-59)	00:42:02
32	59	5	TRAIL12359	Linda	Fourie	5km Trail Run/Walk	Female	51	Master (50-59)	00:42:03
33	60	6	TRAIL13061	Benita	Fisher	5km Trail Run/Walk	Female	55	Master (50-59)	00:42:11
34	61	7	TA0227	Erika	Bester	5km Trail Run/Walk	Female	53	Master (50-59)	00:43:00
35	62	8	TA1583	Alison Anne	Barker	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:43:31
36	63	8	TA0001	Martelie	Laney	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:43:45
37	64	9	TA0023	Lucinda	Evert	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:44:06
38	66	10	TA0490	Ronell	Van Niekerk	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:44:11
39	67	8	TA0051	Linda	Botha	5km Trail Run/Walk	Female	57	Master (50-59)	00:44:14
40	70	11	TA0339	Kate	Moore	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:44:41

41	72	9	TA2126	Caron	Whitfield	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:46:08
42	73	12	TA0258	Sonel	Lang	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:46:11
43	74	4	TA1715	Simone	Nish	5km Trail Run/Walk	Female	2	Under 11	00:46:13
44	75	10	TA0413	Lauren	Nish	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:46:16
45	78	11	TA1818	Claire	Duffield	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:47:51
46	81	3	TA1674	Debora	James	5km Trail Run/Walk	Female	18	16 to 18	00:48:31
47	82	6	TA1665	Leanne	Fenner	5km Trail Run/Walk	Female	27	Senior (19-29)	00:50:05
48	83	13	TA0464	Courtney	Stevens	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:50:38
49	84	1	TA1749	Jean	Abrahamse	5km Trail Run/Walk	Female	62	Grand-Master (60+)	00:50:40
50	86	12	TA1604	Suzette	Van Heerden	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:51:23
51	87	9	TA1572	Emily	Bekker	5km Trail Run/Walk	Female	56	Master (50-59)	00:51:32
52	88	13	TA0570	Esther	Muller	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:51:43
54	91	5	TA0392	Ashley	Kruger	5km Trail Run/Walk	Female	5	Under 11	00:55:12
55	93	14	TA0294	Adele	Kruger	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:55:25
56	96	2	TA0495	Grazyna	Kijko	5km Trail Run/Walk	Female	68	Grand-Master (60+)	00:56:39
57	97	6	TA0231	Camrynne	Viljoen	5km Trail Run/Walk	Female	10	Under 11	00:56:45
58	98	15	TA0500	Lizle	Loots	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:56:50
59	99	3	TA0238	Wendy	Burdzik	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:56:56
60	100	15	TA1613	Rozanne	Kilian	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:57:36
61	102	16	TA0293	Carmen	Brummer	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:57:50
62	103	17	TA0468	Chynelle	Fortuin	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:00:31
63	105	10	TA0524	Lee	Sussman	5km Trail Run/Walk	Female	59	Master (50-59)	01:05:39
64	107	11	TA0407	Sanet	Van Breda	5km Trail Run/Walk	Female	53	Master (50-59)	01:06:09
65	108	16	TA1718	Leoni	Bann	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:08:12
66	109	17	TA0345	Colette	Taylor	5km Trail Run/Walk	Female	45	Veteran (40-49)	01:08:14