



# AdventureRun : Virtual Run

## August Virtual AdventureRun/Ride #3 on 10th August 2020



### 90km Multi-Day Ride:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	06:55:11

90km Multi-Day Ride:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	90km Multi-Day Ride	Female	41	Veteran (40-49)	02:10:34

42km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:44:08
2	2	2	TA020	Lile	Khuluse	42km Multi-Day Run / Walks	Female	41	Veteran (40-49)	08:38:14

30km Multi-Day Run / Walks:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA011	Rynhardt	Van Rooyen	30km Multi-Day Run / Walks	Male	71	Grand-Master (60+)	04:11:30

30km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA012	Lucia	Van Rooyen	30km Multi-Day Run / Walks	Female	46	Veteran (40-49)	04:11:29

21km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA010	Manoko Patrick	Mashala	21km Single Day Run / Walk	Male	40	Veteran (40-49)	01:44:06
2	2	1	TA009	Sydwell	Nkosi	21km Single Day Run / Walk	Male	30	Sub-Veteran (30-39)	02:09:50

21km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA013	Iona	Redelinghuys	21km Single Day Run / Walk	Female	54	Master (50-59)	03:20:31

20km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA007	Thea	Corbett	20km Multi-Day Run / Walks	Female	62	Grand-Master (60+)	03:51:58



15km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0016	Juanita	Barron	15km Single Day Run / Walk	Female	40	Veteran (40-49)	02:00:12

10km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL12109	Neville	Muir	10km Single Day Run / Walk	Male	81	Grand-Master (60+)	01:51:26

10km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA001	Chantell	Potgieter	10km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	01:00:05
2	2	2	TA006	Salome	Rheeder	10km Single Day Run / Walk	Female	35	Sub-Veteran (30-39)	01:10:53

5km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TA005	Michael	Tuck	5km Single Day Run / Walk	Male	42	Veteran (40-49)	00:57:40

5km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA008	Silvana	Carraggi	5km Single Day Run / Walk	Female	50	Master (50-59)	00:40:53
2	2	1	TA002	Megan	Marais	5km Single Day Run / Walk	Female	41	Veteran (40-49)	00:42:02
3	3	1	TA003	Gillian	Fowler	5km Single Day Run / Walk	Female	74	Grand-Master (60+)	00:55:14
4	4	1	TA018	Ronel	Van Staden	5km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	00:56:27
5	5	1	TA016	Jani	Van Staden	5km Single Day Run / Walk	Female	12	12 to 15	00:56:27
6	6	1	TA017	Nina	Van Staden	5km Single Day Run / Walk	Female	8	Under 11	00:56:27
7	8	2	TA021	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:16:08