AdventureRun : Virtual Run
July Virtual AdventureRun or Ride #3 on 13th July 2020

90km Multi-Day Ride:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	06:30:00

42km Multi-Day Run / Walks:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:32:00

30km Multi-Day Run / Walks:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12695	Gert	Pelser	30km Multi-Day Run / Walks	Male	35	Sub-Veteran (30-39)	01:45:00

30km Multi-Day Run / Walks:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA006	Charlene	Crous	30km Multi-Day Run / Walks	Female	48	Veteran (40-49)	03:30:00

21km Single Day Run / Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA004	Sydwell	Nkosi	21km Single Day Run / Walk	Male	30	Sub-Veteran (30-39)	02:05:00
2	2	2	TA010	Manuel	Ngobeni	21km Single Day Run / Walk	Male	32	Sub-Veteran (30-39)	02:09:00

21km Single Day Run / Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA012	Thandeka	Makunga	21km Single Day Run / Walk	Female	44	Veteran (40-49)	03:47:56

20km Multi-Day Run / Walks:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA005	Thea	Corbett	20km Multi-Day Run / Walks	Female	62	Grand-Master (60+)	04:39:00

15km Single Day Run / Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA014	Elisca	Pistorius	15km Single Day Run / Walk	Female	29	Senior (19-29)	00:58:50
2	2	1	TA013	Ansonet	Barnard	15km Single Day Run / Walk	Female	49	Veteran (40-49)	01:27:15

10km Single Day Run / Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	10km Single Day Run / Walk	Female	41	Veteran (40-49)	00:56:38
2	2	1	TA011	Charmaine	Stuart-steer	10km Single Day Run / Walk	Female	36	Sub-Veteran (30-39)	01:07:00
3	3	2	TA007	Leocardia	Kamanga	10km Single Day Run / Walk	Female	38	Sub-Veteran (30-39)	01:08:00
4	4	3	TA003	Salome	Rheeder	10km Single Day Run / Walk	Female	35	Sub-Veteran (30-39)	01:42:00

5km Single Day Run / Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA008	Liesl	Van Rooyen	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	00:30:10
2	2	2	TRAIL20082	Stacy	Poggenpoel	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	00:36:45
3	3	3	TA0013	Charmaine	Van Wyk	5km Single Day Run / Walk	Female	38	Sub-Veteran (30-39)	00:52:36
4	4	4	TA001	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:11:09