



# AdventureRun : Smuts Irene River

## Smuts Trail Run/Walk on 5th August 2018



### 21km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2911	Bruce	Turvey	21km	Male	43	Veteran (40-49)	01:38:25
2	2	2	TA2418	Thomas	De Beenhouwer	21km	Male	40	Veteran (40-49)	01:41:14
3	3	3	TRAIL11118	Jurgens	Potgieter	21km	Male	41	Veteran (40-49)	01:44:31
4	4	4	TA2420	Skosh	Dlamini	21km	Male	46	Veteran (40-49)	01:52:15
5	5	1	TA3493	Joe	De Lima	21km	Male	52	Master (50-59)	02:00:06
6	6	1	TA2986	Guillaume	Mitteldorf	21km	Male	28	Senior (19-29)	02:00:25
7	7	2	TA2909	Thomas	Holtz	21km	Male	53	Master (50-59)	02:02:36
8	9	5	TRAIL10112	Mark	Dold	21km	Male	49	Veteran (40-49)	02:09:46
9	10	1	TA2939	Desmond	Klein	21km	Male	63	Grand-Master (60+)	02:12:19
10	11	1	TRAIL12755	Shaun	Pieterse	21km	Male	35	Sub-Veteran (30-39)	02:15:52
11	13	2	TA2541	Craig	Smith	21km	Male	33	Sub-Veteran (30-39)	02:16:53
12	15	3	TA3035	Walter	Smuts	21km	Male	56	Master (50-59)	02:24:34
13	16	4	TA2438	Ken	Halland	21km	Male	54	Master (50-59)	02:24:39
14	19	5	TA3037	Alan	Kerwick	21km	Male	56	Master (50-59)	02:36:11
15	20	6	TA2928	Mduduzi	Khumalo	21km	Male	42	Veteran (40-49)	02:36:15
16	21	3	TA2672	Jean-pierre	Labuschagne	21km	Male	37	Sub-Veteran (30-39)	02:40:17
17	23	7	TA2946	Darrell	Van Zeil	21km	Male	45	Veteran (40-49)	02:42:40
18	25	6	TRAIL12255	Johan	Scheepers	21km	Male	55	Master (50-59)	02:43:21
19	28	2	TRAIL12613	Meyer Albert	Guinsberg	21km	Male	68	Grand-Master (60+)	03:47:49
20	29	3	TA2936	Dean	Mcclelland	21km	Male	65	Grand-Master (60+)	03:47:49

## 21km:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA3029	Britt	Baillie	21km	Female	36	Sub-Veteran (30-39)	02:04:26
2	12	2	TA2439	Nadine	Smith	21km	Female	34	Sub-Veteran (30-39)	02:16:50
3	14	3	TA3033	Rasebeo	Filane	21km	Female	38	Sub-Veteran (30-39)	02:20:39
4	17	1	TRAIL12583	Angelique	Jordaan	21km	Female	22	Senior (19-29)	02:26:21
5	18	1	TA3027	Fiowa	Kernick	21km	Female	55	Master (50-59)	02:36:07
6	22	1	TA2677	Elaine	Schoeman	21km	Female	46	Veteran (40-49)	02:42:36
7	24	2	TA2518	Micheline	Urquhart	21km	Female	23	Senior (19-29)	02:42:54
8	26	3	TA2503	Phetheni	Nkuna	21km	Female	27	Senior (19-29)	02:58:18
9	27	2	TRAIL10053	Adele	Sutherland	21km	Female	40	Veteran (40-49)	03:47:49

## 15km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12792	Ian	Fourie	15km	Male	25	Senior (19-29)	01:11:11
2	2	1	TRAIL12830	Paul	Norris	15km	Male	46	Veteran (40-49)	01:20:58
3	5	2	TA2929	Casper	Erasmus	15km	Male	47	Veteran (40-49)	01:27:30
4	6	1	TA2974	Curwin	Francis	15km	Male	35	Sub-Veteran (30-39)	01:29:41
5	7	3	TA3474	Brian	Holmes	15km	Male	43	Veteran (40-49)	01:32:40
6	9	2	TA2916	Lyle	Timm	15km	Male	33	Sub-Veteran (30-39)	01:35:24
7	11	4	TA2466	Samuel James	Aldum	15km	Male	47	Veteran (40-49)	01:36:54
8	13	5	TRAIL12700	Casparus	Luther	15km	Male	41	Veteran (40-49)	01:38:33
9	15	3	TA3000	Graham	Jones	15km	Male	37	Sub-Veteran (30-39)	01:42:09
10	17	6	TA2655	Piet	Van Wyk	15km	Male	46	Veteran (40-49)	01:42:31
11	18	7	TA2968	Rowan	Crowie	15km	Male	47	Veteran (40-49)	01:43:48
12	21	1	TA2973	Thys	Fourie	15km	Male	51	Master (50-59)	01:44:14
13	23	2	TA2551	Patrick	Golden	15km	Male	56	Master (50-59)	01:46:17
14	25	4	TA1162	Jacobus	Smith	15km	Male	38	Sub-Veteran (30-39)	01:49:48
15	31	5	TA3466	Ernest	Scriven	15km	Male	33	Sub-Veteran (30-39)	02:04:15
16	33	8	TA3003	Stephan	Van Den Berg	15km	Male	45	Veteran (40-49)	02:24:57
17	36	6	TA3473	Thomas	Kyokolo	15km	Male	34	Sub-Veteran (30-39)	02:32:36
18	37	2	TA3012	Gerhard	Scheepers	15km	Male	22	Senior (19-29)	02:43:25

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL10802	Marietha	Stander	15km	Female	41	Veteran (40-49)	01:25:53
2	4	1	TA1900	Lynette	Fischer	15km	Female	60	Grand-Master (60+)	01:26:55
3	8	1	TA3445	Larna-lee	Buffee	15km	Female	32	Sub-Veteran (30-39)	01:33:42
4	10	1	TA2141	Laetitia	Du Plessis	15km	Female	29	Senior (19-29)	01:36:13
5	12	2	TA2402	Rolien	Labuschangne	15km	Female	28	Senior (19-29)	01:37:08
6	14	2	TA0763	Tessa	Hallowes Stobie	15km	Female	41	Veteran (40-49)	01:40:31
7	16	2	TA2965	Magdelie	Wilken	15km	Female	32	Sub-Veteran (30-39)	01:42:22
8	19	1	TA2935	Estelle	Bothma	15km	Female	54	Master (50-59)	01:44:00
9	20	3	TA2990	Diana	Mouton	15km	Female	41	Veteran (40-49)	01:44:08
10	22	3	TA2464	Melissa-joy	Golden	15km	Female	36	Sub-Veteran (30-39)	01:46:13
11	24	4	TA2670	Rannenyeeni	Nndivhaleni	15km	Female	39	Sub-Veteran (30-39)	01:49:26
12	26	5	TA2425	Jana	Smith	15km	Female	39	Sub-Veteran (30-39)	01:57:45
13	27	3	TA3004	Caleyjade	Mpangase	15km	Female	27	Senior (19-29)	01:58:59
14	28	6	TA2461	Amber	Klaas	15km	Female	32	Sub-Veteran (30-39)	02:01:14
15	29	4	TRAIL12648	Sandra	Dalton	15km	Female	45	Veteran (40-49)	02:02:41
16	30	5	TA2693	Elmarie	Verster	15km	Female	46	Veteran (40-49)	02:02:42
17	32	2	TA2417	Wilma	Du Plooy	15km	Female	51	Master (50-59)	02:05:49
18	34	3	TA2918	Molene	Scheepers	15km	Female	52	Master (50-59)	02:26:32
19	35	4	TA2604	Ancin	Botes	15km	Female	50	Master (50-59)	02:26:36
20	38	7	TA3440	Avashni	Dass	15km	Female	35	Sub-Veteran (30-39)	02:52:06
21	39	8	TA2449	Belinda	Cawood	15km	Female	37	Sub-Veteran (30-39)	02:52:10

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2151	Devon	Jardim	10km	Male	20	Senior (19-29)	00:34:54
2	2	1	TA0693	Melt	Von Molendorff	10km	Male	36	Sub-Veteran (30-39)	00:42:10
3	4	2	TA0719	Christo	Nel	10km	Male	39	Sub-Veteran (30-39)	00:50:18
4	7	3	TA2122	Justin	Crawford	10km	Male	33	Sub-Veteran (30-39)	00:54:43
5	9	4	TA1016	Van Zyl	Brink	10km	Male	30	Sub-Veteran (30-39)	00:57:23
6	11	2	TA2180	Dirk	Fourie	10km	Male	27	Senior (19-29)	00:57:41
7	12	1	TA0767	Jakobus	Marais	10km	Male	56	Master (50-59)	00:58:05
8	13	1	TA2232	Zac	Labuschagne	10km	Male	16	16 to 18	00:59:33
9	14	1	TA0643	Monzer	Selim	10km	Male	43	Veteran (40-49)	01:01:34
10	15	3	TA1893	Kiernan	Hogan	10km	Male	29	Senior (19-29)	01:02:12
11	16	5	TRAIL11696	Francois	Labuschagne	10km	Male	33	Sub-Veteran (30-39)	01:02:23
12	18	6	TA0714	Ross	Arde	10km	Male	31	Sub-Veteran (30-39)	01:03:24
13	19	1	TRAIL10171	Hennie	Prinsloo	10km	Male	63	Grand-Master (60+)	01:03:45
14	23	4	TA0752	Michael	Terblanche	10km	Male	26	Senior (19-29)	01:05:30
15	25	2	TA2307	Steven	Carlin	10km	Male	48	Veteran (40-49)	01:05:42
16	26	3	TA1833	Frank	Hayward	10km	Male	41	Veteran (40-49)	01:06:14
17	27	4	TA1185	Duncan	James	10km	Male	44	Veteran (40-49)	01:06:23
18	28	7	TRAIL10655	Kobus	Van Dyk	10km	Male	33	Sub-Veteran (30-39)	01:06:38
19	30	2	TA0847	Jan	Moekeletji	10km	Male	17	16 to 18	01:07:04
20	31	5	TA2221	Jaco	Kilian	10km	Male	28	Senior (19-29)	01:07:17
21	33	8	TA2125	Arno	Lourens	10km	Male	38	Sub-Veteran (30-39)	01:07:55
22	39	2	TRAIL10759	Allen	West	10km	Male	63	Grand-Master (60+)	01:09:39
23	40	2	TA1156	Kobus	Greyling	10km	Male	51	Master (50-59)	01:09:40
24	43	5	TA0755	Steve	Turner	10km	Male	48	Veteran (40-49)	01:09:58
25	47	3	TA2145	Dirk	Fourie	10km	Male	55	Master (50-59)	01:12:29
26	48	9	TA2108	Wihann	Leipoldt	10km	Male	30	Sub-Veteran (30-39)	01:12:52
27	49	6	TA1845	Anthony	Cousins	10km	Male	40	Veteran (40-49)	01:13:02
28	52	6	TA2342	Charl	Human	10km	Male	29	Senior (19-29)	01:13:25
29	53	7	TA1863	Tim	Hepplestone	10km	Male	49	Veteran (40-49)	01:13:28
30	55	1	TA0875	Ferdinand	Smith	10km	Male	10	Under 11	01:15:53
31	56	10	TA0735	Rory	Berger	10km	Male	38	Sub-Veteran (30-39)	01:16:09
32	61	11	TA1159	Helder	Morais	10km	Male	37	Sub-Veteran (30-39)	01:17:45
33	66	12	TA0751	Rijako	Meintjes	10km	Male	37	Sub-Veteran (30-39)	01:20:20
34	68	13	TA2291	Shaun	Fouracres	10km	Male	39	Sub-Veteran (30-39)	01:22:52
35	77	4	TA1062	Neil	Jolly	10km	Male	55	Master (50-59)	01:27:05
36	85	3	TA0796	Malcolm	Mackenzie	10km	Male	65	Grand-Master (60+)	01:53:48
37	87	14	TA0863	Stoffel	Bosch	10km	Male	39	Sub-Veteran (30-39)	02:05:39

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL10349	Tumi	Matlou	10km	Female	28	Senior (19-29)	00:48:17
2	5	1	TA2304	Adel	Terblanche	10km	Female	34	Sub-Veteran (30-39)	00:50:29
3	6	1	TRAIL12842	Jeanne'	De Beer	10km	Female	17	16 to 18	00:52:30
4	8	2	TA1025	Marilie	Hugo	10km	Female	37	Sub-Veteran (30-39)	00:56:23
5	10	1	TA0759	Ronel	Fourie	10km	Female	55	Master (50-59)	00:57:39
6	17	1	TRAIL11537	Joey	Cloete	10km	Female	61	Grand-Master (60+)	01:03:11
7	20	2	TA2147	Siphumelele	Singwane	10km	Female	27	Senior (19-29)	01:04:41
8	21	3	TA2115	Dorette	Steyn	10km	Female	36	Sub-Veteran (30-39)	01:04:56
9	22	4	TA2520	Adri	Van Den Heever	10km	Female	38	Sub-Veteran (30-39)	01:05:01
10	24	3	TA2249	Zaza	Grobler	10km	Female	21	Senior (19-29)	01:05:36
11	29	5	TRAIL10668	Anel	Esterhuizen	10km	Female	34	Sub-Veteran (30-39)	01:06:42
12	32	6	TA0815	Amanda	Van Heerden	10km	Female	35	Sub-Veteran (30-39)	01:07:48
13	34	7	TA1175	Joanna	Barnard	10km	Female	38	Sub-Veteran (30-39)	01:08:22
14	35	2	TA0857	Stienie	Kompagnie	10km	Female	51	Master (50-59)	01:08:33
15	36	8	TRAIL12658	Zamile	Njoko	10km	Female	30	Sub-Veteran (30-39)	01:09:10
16	37	3	TA0654	Susan	Kruger	10km	Female	51	Master (50-59)	01:09:35
17	38	1	TRAIL10430	Celia	Van Niekerk	10km	Female	47	Veteran (40-49)	01:09:37
18	41	2	TRAIL10119	Nicky	Dold	10km	Female	48	Veteran (40-49)	01:09:44
19	42	4	TA2209	Jolandi	Labuschange	10km	Female	27	Senior (19-29)	01:09:54
20	44	3	TA0848	Hester	Van Vuuren	10km	Female	42	Veteran (40-49)	01:10:34
21	45	9	TA2233	Paula	Venzke	10km	Female	38	Sub-Veteran (30-39)	01:11:18
22	46	4	TA2158	Claudia	Fourie	10km	Female	43	Veteran (40-49)	01:11:50
23	50	4	TRAIL12116	Marion	Klennert	10km	Female	57	Master (50-59)	01:13:14
24	51	10	TRAIL12328	Natasha	Botha	10km	Female	33	Sub-Veteran (30-39)	01:13:18
25	54	5	TRAIL12646	Heidi	Dalton	10km	Female	42	Veteran (40-49)	01:15:05
26	57	11	TRAIL12330	Candice	Van Dyk	10km	Female	30	Sub-Veteran (30-39)	01:16:13
27	58	5	TA0773	Jennifer	Antocich	10km	Female	28	Senior (19-29)	01:16:17
28	59	6	TA1828	Karinda	Basson	10km	Female	46	Veteran (40-49)	01:17:35
29	60	7	TA2159	Rijkie	Terblanche	10km	Female	45	Veteran (40-49)	01:17:41
30	62	8	TA2242	Ninette	Eckard	10km	Female	44	Veteran (40-49)	01:17:56
31	63	12	TA2121	Jessica	De Musso	10km	Female	32	Sub-Veteran (30-39)	01:18:14
32	64	9	TA0809	Regan	Demos	10km	Female	47	Veteran (40-49)	01:18:19
33	65	13	TA0658	Heidi	Botha	10km	Female	39	Sub-Veteran (30-39)	01:19:01
34	67	14	TA1812	Kerri	Fouracres	10km	Female	37	Sub-Veteran (30-39)	01:22:49
35	69	15	TA2248	Robyn	Jacobs	10km	Female	39	Sub-Veteran (30-39)	01:23:08
36	70	5	TA0705	Michelle	Oelschig	10km	Female	52	Master (50-59)	01:23:17
37	71	10	TA1125	Yolanda	Smit	10km	Female	44	Veteran (40-49)	01:23:21
38	72	16	TA0728	Hermarie	Prozesky	10km	Female	37	Sub-Veteran (30-39)	01:23:22
39	73	17	TA2126	Inge	Cousins	10km	Female	37	Sub-Veteran (30-39)	01:23:30
40	74	18	TA0836	Angelique	Kriel	10km	Female	35	Sub-Veteran (30-39)	01:23:34

41	75	11	TA2309	Carin	Labuschagne	10km	Female	43	Veteran (40-49)	01:24:31
42	76	2	TA1029	Jolanie	Smith	10km	Female	18	16 to 18	01:24:33
43	78	2	TA0645	Mariet	Louw	10km	Female	67	Grand-Master (60+)	01:27:35
44	79	19	TA0754	Jozann	Germishuys	10km	Female	34	Sub-Veteran (30-39)	01:28:29
45	80	1	TA1064	Suki	Smith	10km	Female	12	12 to 15	01:30:04
46	81	6	TRAIL10695	Elmerine	Van Heerden	10km	Female	56	Master (50-59)	01:42:49
47	82	3	TA0631	Jannie	Du Plessis	10km	Female	75	Grand-Master (60+)	01:51:56
48	83	4	TA0659	Hermien	Velleman	10km	Female	67	Grand-Master (60+)	01:52:01
49	84	12	TA1808	Chandra	Booyesen	10km	Female	47	Veteran (40-49)	01:53:46
50	86	7	TA0745	Caron	Mackenzie	10km	Female	54	Master (50-59)	01:53:52
51	88	20	TA1899	Benita	Bosch	10km	Female	37	Sub-Veteran (30-39)	02:05:43
52	89	21	TA1132	Veronique	Joubert	10km	Female	38	Sub-Veteran (30-39)	02:05:47

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10690	Dian	Marais	5km	Male	10	Under 11	00:24:03
2	2	1	TA1707	Werner	Van Brakel	5km	Male	46	Veteran (40-49)	00:26:45
3	3	1	TA0010	Eroyl	Van Niekerk	5km	Male	14	12 to 15	00:26:55
4	4	1	TA0005	Jandre	Van Peer	5km	Male	16	16 to 18	00:26:58
5	6	1	TA0343	Barend	Marais	5km	Male	24	Senior (19-29)	00:28:27
6	9	2	TA0553	Tiaan	Terblanche	5km	Male	10	Under 11	00:30:03
7	10	2	TA0554	Tiaan	Terblanche	5km	Male	18	16 to 18	00:30:03
8	12	2	TA1787	Julian	Holtz	5km	Male	14	12 to 15	00:31:20
9	14	2	TRAIL12432	Damon	Nell	5km	Male	21	Senior (19-29)	00:32:05
10	15	3	TA0096	Tshiamo	Moeketsi	5km	Male	17	16 to 18	00:32:36
11	16	2	TA0247	Riaan	Barnard	5km	Male	42	Veteran (40-49)	00:32:40
12	17	3	TA1741	Choirul	Anam	5km	Male	45	Veteran (40-49)	00:33:05
13	20	1	TA1595	Stephan	Boshoff	5km	Male	37	Sub-Veteran (30-39)	00:33:33
14	22	4	TA0170	Ben-piet	Terblanche	5km	Male	44	Veteran (40-49)	00:33:53
15	23	5	TA0292	Lee	Herrmann	5km	Male	40	Veteran (40-49)	00:33:55
16	24	2	TA0463	Alexander	Duys	5km	Male	33	Sub-Veteran (30-39)	00:34:38
17	25	6	TA0358	Pieter	Rossouw	5km	Male	40	Veteran (40-49)	00:35:37
18	28	3	TA0380	Jacobus	Buitendach	5km	Male	11	Under 11	00:36:08
19	31	7	TA0318	Gert	Buitendach	5km	Male	44	Veteran (40-49)	00:36:58
20	34	3	TA0121	Naas	Terblanche	5km	Male	35	Sub-Veteran (30-39)	00:37:07
21	36	8	TA0306	Gerhard	Engelbrecht	5km	Male	46	Veteran (40-49)	00:37:11
22	37	1	TA1557	Phillip	Schutte	5km	Male	53	Master (50-59)	00:37:36
23	38	3	TA0476	Dewald	De Jager	5km	Male	22	Senior (19-29)	00:37:46
24	40	2	TRAIL12439	Derek	Nell	5km	Male	54	Master (50-59)	00:38:00
25	46	9	TA0398	Stephen	Van Zyl	5km	Male	41	Veteran (40-49)	00:38:54
26	47	1	TA0231	Fritz	Louw	5km	Male	70	Grand-Master (60+)	00:39:06
27	53	4	TA0539	Daniel	Matthee	5km	Male	37	Sub-Veteran (30-39)	00:41:51
28	70	3	TA0388	Keith	Reynulds	5km	Male	51	Master (50-59)	00:45:56
29	74	5	TA0559	Paul	Stevens	5km	Male	36	Sub-Veteran (30-39)	00:46:07
30	75	10	TA0266	Victor	Ferreira	5km	Male	44	Veteran (40-49)	00:46:09
31	79	4	TA1467	Radja	Anam	5km	Male	16	16 to 18	00:47:57
32	80	6	TA0232	Wessel	Vosser	5km	Male	36	Sub-Veteran (30-39)	00:48:07
33	85	4	TA1045	Brandon	Clifford	5km	Male	23	Senior (19-29)	00:49:05
34	89	4	TA0151	Nathan	Laney	5km	Male	9	Under 11	00:54:00
35	90	7	TA0337	Wayne	Laney	5km	Male	34	Sub-Veteran (30-39)	00:54:01
36	93	5	TA0285	Omphile	Lebuso	5km	Male	10	Under 11	00:55:12
37	94	11	TA0394	Karel	Van Heerden	5km	Male	46	Veteran (40-49)	00:55:31



5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA1655	Izaldi-lee	Van Zyl	5km	Female	19	Senior (19-29)	00:28:24
2	7	1	TA1558	Carmien	Smal	5km	Female	13	12 to 15	00:28:34
3	8	1	TA1596	Laurene	Pretorius	5km	Female	32	Sub-Veteran (30-39)	00:29:45
4	11	1	TA1692	Abigail	Van Heerden	5km	Female	11	Under 11	00:31:04
5	13	1	TRAIL13015	Nadia	Bosch	5km	Female	47	Veteran (40-49)	00:32:01
6	18	2	TA0077	Dylen	Williams	5km	Female	11	Under 11	00:33:10
7	19	2	TA0047	Lisinda	Van Zyl	5km	Female	33	Sub-Veteran (30-39)	00:33:21
8	21	1	TA0576	Karen	Schutte	5km	Female	16	16 to 18	00:33:46
9	26	3	TA0238	Pamela	James	5km	Female	9	Under 11	00:36:05
10	27	4	TA0192	Mila	Van Der Linde	5km	Female	9	Under 11	00:36:07
11	29	2	TA0392	Maree	Kruger	5km	Female	47	Veteran (40-49)	00:36:53
12	30	1	TA0500	Francina	Beyleveld	5km	Female	56	Master (50-59)	00:36:55
13	32	5	TA1622	Anja	Butendach	5km	Female	9	Under 11	00:37:00
14	33	6	TA0312	Talitha	Terblanche	5km	Female	8	Under 11	00:37:03
15	35	3	TA0415	Tania	Van Peer	5km	Female	45	Veteran (40-49)	00:37:09
16	39	2	TA1572	Nikki	Constancon	5km	Female	22	Senior (19-29)	00:37:48
17	41	2	TRAIL10777	Doreen	Nell	5km	Female	51	Master (50-59)	00:38:01
18	42	3	TA1573	Aliché	Muller	5km	Female	26	Senior (19-29)	00:38:04
19	43	3	TA1784	Maggie	Du Plooy	5km	Female	37	Sub-Veteran (30-39)	00:38:07
20	44	4	TA1699	Alicia	Crerar	5km	Female	33	Sub-Veteran (30-39)	00:38:19
21	45	4	TA1550	Jennifer	Cliffe	5km	Female	40	Veteran (40-49)	00:38:50
22	48	2	TA0529	Janika	Burger	5km	Female	13	12 to 15	00:39:11
23	49	5	TA0218	Ruby	Bothma	5km	Female	31	Sub-Veteran (30-39)	00:39:30
24	50	5	TA0455	Jana	Van Aardt	5km	Female	40	Veteran (40-49)	00:40:01
25	51	6	TRAIL11074	Larissa	West	5km	Female	34	Sub-Veteran (30-39)	00:40:07
26	52	3	TA0417	Carma	Van Zyl	5km	Female	15	12 to 15	00:40:39
27	54	2	TA0173	Kate	Hepplestone	5km	Female	17	16 to 18	00:42:14
28	55	6	TA1659	Charlene	Olivier	5km	Female	42	Veteran (40-49)	00:42:17
29	56	7	TA0413	Lynette	Van Jaarsveldt	5km	Female	35	Sub-Veteran (30-39)	00:42:19
30	57	3	TA2320	Dawn	Fryer	5km	Female	53	Master (50-59)	00:42:23
31	58	4	TA0287	Adri	Jacobs	5km	Female	26	Senior (19-29)	00:42:29
32	59	8	TA0217	Martelie	Laney	5km	Female	38	Sub-Veteran (30-39)	00:42:32
33	60	4	TA0150	Tula	Williams	5km	Female	13	12 to 15	00:43:25
34	61	9	TA0379	Megon	Williams	5km	Female	36	Sub-Veteran (30-39)	00:43:29
35	62	7	TA1785	Janel	Van Zyl	5km	Female	41	Veteran (40-49)	00:44:11
36	63	7	TA0293	France	Burger	5km	Female	10	Under 11	00:44:13
37	64	8	TRAIL13068	Ronelle	Van Heerden	5km	Female	44	Veteran (40-49)	00:44:17
38	65	4	TA0179	Emily	Bekker	5km	Female	56	Master (50-59)	00:44:20
39	66	5	TRAIL11337	Sandra	Austin	5km	Female	50	Master (50-59)	00:44:35

40	67	5	TRAIL12545	Nicole	Austin	5km	Female	23	Senior (19-29)	00:44:41
41	68	6	TA0045	Desire	Armstrong	5km	Female	52	Master (50-59)	00:44:42
42	69	10	TA0033	Lucinda	Evert	5km	Female	33	Sub-Veteran (30-39)	00:45:53
43	71	11	TA0304	Ronell	Van Niekerk	5km	Female	34	Sub-Veteran (30-39)	00:45:58
44	72	5	TA0219	Benite	Burger	5km	Female	15	12 to 15	00:46:02
45	73	12	TA1673	Courtney	Stevens	5km	Female	31	Sub-Veteran (30-39)	00:46:06
46	76	6	TA0408	Jodi	Turner	5km	Female	21	Senior (19-29)	00:46:40
47	77	9	TA0311	Deborah	James	5km	Female	44	Veteran (40-49)	00:47:20
48	78	13	TA0483	Melissa	Potgieter	5km	Female	32	Sub-Veteran (30-39)	00:47:44
49	81	10	TA0119	Amkelwa	Lebuso	5km	Female	42	Veteran (40-49)	00:48:12
50	82	11	TA0248	Juanita	Mawer	5km	Female	47	Veteran (40-49)	00:48:54
51	83	7	TA0515	Cassandra	Zipp	5km	Female	22	Senior (19-29)	00:49:00
52	84	14	TA0269	Celeste	Van Den Berg	5km	Female	33	Sub-Veteran (30-39)	00:49:02
53	86	1	TA0487	Ilna	Klein	5km	Female	60	Grand-Master (60+)	00:49:24
54	87	12	TRAIL12226	Anastasja	Du Plessis	5km	Female	49	Veteran (40-49)	00:51:36
55	88	13	TA0511	Kate	Van Den Berg	5km	Female	48	Veteran (40-49)	00:52:19
56	91	15	TA0574	Cecile	Masuret	5km	Female	34	Sub-Veteran (30-39)	00:54:52
57	92	8	TA0425	Oratile A	Lebuso	5km	Female	11	Under 11	00:55:09