



# AdventureRun : Virtual Run

## Virtual Run : July Virtual AdventureRun or Ride #2 on 6th July 2020



### 90km Multi-Day Ride:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	06:00:59

42km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:10:00

30km Multi-Day Run / Walks:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA013	Jean	Nepgen	30km Multi-Day Run / Walks	Male	75	Grand-Master (60+)	04:44:31

30km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA005	Valerie	Geldenhuys	30km Multi-Day Run / Walks	Female	61	Grand-Master (60+)	04:06:00
2	3	2	TA0017	Carol	Nepgen	30km Multi-Day Run / Walks	Female	69	Grand-Master (60+)	05:00:00

21km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA002	Sydwell	Nkosi	21km Single Day Run / Walk	Male	30	Sub-Veteran (30-39)	02:00:00
2	2	2	TA011	Manuel	Ngobeni	21km Single Day Run / Walk	Male	32	Sub-Veteran (30-39)	02:10:00

21km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA020	Thandeka	Makunga	21km Single Day Run / Walk	Female	44	Veteran (40-49)	03:29:49

20km Multi-Day Run / Walks:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12695	Gert	Pelser	20km Multi-Day Run / Walks	Male	35	Sub-Veteran (30-39)	01:54:00

20km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA001	Thea	Corbett	20km Multi-Day Run / Walks	Female	62	Grand-Master (60+)	03:51:00



15km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0018	Elisca	Pistorius	15km Single Day Run / Walk	Female	29	Senior (19-29)	01:25:03
2	2	1	TA019	Ansonet	Barnard	15km Single Day Run / Walk	Female	49	Veteran (40-49)	01:25:27
3	3	1	TA015	Charmaine	Stuart-steer	15km Single Day Run / Walk	Female	36	Sub-Veteran (30-39)	01:55:12

10km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA014	Gert	Rabie	10km Single Day Run / Walk	Male	69	Grand-Master (60+)	01:00:03

10km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA016	Mellissa	Janse Van Rensburg	10km Single Day Run / Walk	Female	22	Senior (19-29)	00:56:55
2	3	1	TRAIL10062	Nicky	Booyens	10km Single Day Run / Walk	Female	41	Veteran (40-49)	01:07:40
3	4	1	TA021	Isabella	Rademan	10km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:09:25
4	5	2	TA010	Charlene	Crous	10km Single Day Run / Walk	Female	48	Veteran (40-49)	01:10:12

10km Single Day Ride:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA012	Salome	Rheeder	10km Single Day Ride	Female	35	Sub-Veteran (30-39)	00:35:00
2	2	2	TA004	Liesl	Van Rooyen	10km Single Day Ride	Female	34	Sub-Veteran (30-39)	00:39:53

5km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20082	Stacy	Poggenpoel	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	00:34:32