



AdventureRun : Virtual Run

July Virtual AdventureRun or Ride #1 on 29th June 2020



42km Multi-Day Run / Walks:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	08:51:48

40km Multi-Day Ride:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20999	Shane	Gouldie	40km Multi-Day Ride	Male	60	Grand-Master (60+)	03:41:06

21km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA007	Sydwell	Nkosi	21km Single Day Run / Walk	Male	30	Sub-Veteran (30-39)	02:01:00
2	2	2	TA008	Manuel	Ngobeni	21km Single Day Run / Walk	Male	32	Sub-Veteran (30-39)	02:35:00
3	3	1	TA013	Mohale	Moahloli	21km Single Day Run / Walk	Male	63	Grand-Master (60+)	02:53:44

20km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA014	Carmen	Scheepers	20km Multi-Day Run / Walks	Female	34	Sub-Veteran (30-39)	02:45:10
2	3	1	TA001	Thea	Corbett	20km Multi-Day Run / Walks	Female	62	Grand-Master (60+)	04:47:00

15km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA012	Elisca	Pistorius	15km Single Day Run / Walk	Female	29	Senior (19-29)	01:26:49
2	2	1	TA003	Ansonet	Barnard	15km Single Day Run / Walk	Female	49	Veteran (40-49)	01:27:07
3	3	2	TRAIL10062	Nicky	Booyens	15km Single Day Run / Walk	Female	41	Veteran (40-49)	01:32:56
4	4	1	TA011	Charmaine	Stuart-steer	15km Single Day Run / Walk	Female	36	Sub-Veteran (30-39)	01:45:55

10km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20725	Gerald	Steyn	10km Single Day Run / Walk	Male	68	Grand-Master (60+)	00:58:58

10km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA006	Mellissa	Janse Van Rensburg	10km Single Day Run / Walk	Female	22	Senior (19-29)	01:01:00
2	3	1	TA004	Charlene	Crous	10km Single Day Run / Walk	Female	48	Veteran (40-49)	01:12:54

5km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA009	Liesl	Van Rooyen	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	00:32:39
2	2	2	TRAIL20082	Stacy	Poggenpoel	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	00:37:04
3	3	1	TA002	Silvana	Carraggi	5km Single Day Run / Walk	Female	49	Veteran (40-49)	00:44:33
4	4	3	TA010	Salome	Rheeder	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	00:55:00
5	5	4	TA005	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:15:00