

AdventureRun : Smuts Irene River

Smuts Irene River AdventureRun Park Day on 4th July 2020



21km:Male										
Gender	**Overall**	**Category**	**Race Number**	**Name**	**Surname**	**Activity**	**Gender**	**Age**	**Category**	**Duration**
1	1	1	TA1168	Dallas	Fenthum	21km	Male	51	Master (50-59)	02:05:18
2	2	1	TRAIL20367	Danie	Delport	21km	Male	49	Veteran (40-49)	04:03:12

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2972	Frans Rynhardt	De Jager	15km	Male	49	Veteran (40-49)	01:36:48
2	4	2	TA2616	Conrad	Langerman	15km	Male	45	Veteran (40-49)	01:50:00
3	5	1	TA2560	Francois	Labuschagne	15km	Male	35	Sub-Veteran (30-39)	01:58:09
4	8	2	TA2642	Ryan	Sandham	15km	Male	34	Sub-Veteran (30-39)	02:17:28
5	9	3	TA2647	Luca	Altini	15km	Male	32	Sub-Veteran (30-39)	02:21:29
6	10	4	TA2984	Adam	Greve	15km	Male	31	Sub-Veteran (30-39)	02:22:15
7	12	1	TA2969	Sol	Jacobs	15km	Male	75	Grand-Master (60+)	02:34:44

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2661	Kelly	De Jesus	15km	Female	25	Senior (19-29)	01:20:26
2	3	1	TA2508	Kgomotso	Kabkubela	15km	Female	34	Sub-Veteran (30-39)	01:36:53
3	6	2	TA2623	Mariza	Gouws	15km	Female	35	Sub-Veteran (30-39)	01:59:12
4	7	2	TA3536	Jolandi	Labuschange	15km	Female	29	Senior (19-29)	01:59:47
5	11	3	TA2631	Devoney	Crossman	15km	Female	27	Senior (19-29)	02:25:53

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0739	Bradley	Brand	10km	Male	42	Veteran (40-49)	01:01:14
2	4	1	TA0916	Neil	Jolly	10km	Male	57	Master (50-59)	01:15:48
3	5	2	TA0846	Melton	Swarts	10km	Male	43	Veteran (40-49)	01:17:17
4	6	1	TA0699	Alexander	Duys	10km	Male	34	Sub-Veteran (30-39)	01:23:24
5	7	2	TA1154	Leon	Theron	10km	Male	32	Sub-Veteran (30-39)	01:25:02
6	18	3	TA2439	Davon	Du Bruyn	10km	Male	33	Sub-Veteran (30-39)	01:48:35

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10027	Karen	Koch	10km	Female	47	Veteran (40-49)	00:54:25
2	3	2	TA0794	Renate	Swarts	10km	Female	43	Veteran (40-49)	01:12:40
3	8	1	TA0868	Valerie	Van Der Walt	10km	Female	31	Sub-Veteran (30-39)	01:25:04
4	9	2	TA0910	Rona	Verster	10km	Female	37	Sub-Veteran (30-39)	01:26:52
5	10	3	TRAIL10053	Adele	Sutherland	10km	Female	42	Veteran (40-49)	01:36:39
6	11	1	TA0715	Ilona	Chester	10km	Female	55	Master (50-59)	01:36:54
7	12	3	TRAIL10308	Megan	Greyvenstein	10km	Female	33	Sub-Veteran (30-39)	01:37:16
8	13	1	TA0847	Lieve	Geuens	10km	Female	68	Grand-Master (60+)	01:42:14
9	14	4	TA0752	Denico	Brand	10km	Female	41	Veteran (40-49)	01:44:24
10	15	4	TA3063	Shan	Lauryssen	10km	Female	33	Sub-Veteran (30-39)	01:46:20
11	16	5	TA2632	Estelle	De Beer	10km	Female	32	Sub-Veteran (30-39)	01:46:23
12	17	2	TA3499	Catherine	Mclean	10km	Female	52	Master (50-59)	01:46:25

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1531	Anthony	Cousins	5km	Male	42	Veteran (40-49)	00:27:47
2	2	2	TA1691	Francois	Schaap	5km	Male	48	Veteran (40-49)	00:30:03
3	10	1	TA0511	Colin	Williams	5km	Male	60	Grand-Master (60+)	00:39:03
4	11	1	TRAIL12467	Andre	Portelli	5km	Male	50	Master (50-59)	00:41:33
5	15	1	TA1255	Petrus	Meyer	5km	Male	29	Senior (19-29)	00:47:42
6	16	2	TA001	Geoff	Lupton-smith	5km	Male	62	Grand-Master (60+)	00:48:36
7	17	1	TA1446	Regart	Swanepoel	5km	Male	34	Sub-Veteran (30-39)	00:51:11
8	19	2	TA0346	Andrew	Mccabe	5km	Male	37	Sub-Veteran (30-39)	01:07:15

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0233	Jeanine	Schaap	5km	Female	41	Veteran (40-49)	00:30:06
2	4	1	TA1238	Inge	Cousins	5km	Female	38	Sub-Veteran (30-39)	00:31:11
3	5	2	TA0575	Landa	Du Preez	5km	Female	31	Sub-Veteran (30-39)	00:33:42
4	6	1	TA0204	Lucricia	De Wit	5km	Female	25	Senior (19-29)	00:33:54
5	7	2	TA1573	Cindy	Frost	5km	Female	40	Veteran (40-49)	00:35:42
6	8	3	TA0343	Karen	Minnaar	5km	Female	42	Veteran (40-49)	00:36:53
7	9	3	TA0120	Jo-anne	Hobday	5km	Female	35	Sub-Veteran (30-39)	00:38:16
8	12	1	TRAIL12468	Lisa	Portelli	5km	Female	54	Master (50-59)	00:43:13
9	13	4	TA1341	Nicki	Fenthum	5km	Female	49	Veteran (40-49)	00:43:58
10	14	2	TA1684	Kadine	Pretorius	5km	Female	26	Senior (19-29)	00:47:40
11	18	3	TRAIL20254	Monique	Boshoff	5km	Female	28	Senior (19-29)	00:57:16
12	20	4	TA1243	Lynette	Sam	5km	Female	36	Sub-Veteran (30-39)	01:07:16
13	21	4	TA0205	Paige	Bonnin	5km	Female	25	Senior (19-29)	01:20:30
14	22	5	TA0043	Sarah	Lerch-henning	5km	Female	37	Sub-Veteran (30-39)	01:54:57