



AdventureRun : Virtual Run

Barn Virtual AdventureRun or Cycle on 28th June 2020



21km Run/Walk:Female

| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
|--------|---------|----------|-------------|---------|----------|---------------|--------|-----|--------------------|----------|
| 1 | 1 | 1 | TA002 | Mpogeng | Kgoedi | 21km Run/Walk | Female | 40 | Veteran (40-49) | 02:45:22 |
| 2 | 2 | 1 | TA0101 | Frieda | Blignaut | 21km Run/Walk | Female | 70 | Grand-Master (60+) | 02:55:45 |

| 15km Run/Walk:Male | | | | | | | | | | |
|--------------------|---------|----------|-------------|------|---------|---------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TRAIL12695 | Gert | Pelser | 15km Run/Walk | Male | 35 | Sub-Veteran (30-39) | 01:16:48 |

| 10km Run/Walk:Male | | | | | | | | | | |
|--------------------|---------|----------|-------------|--------|---------------|---------------|--------|-----|-----------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 3 | 1 | TA009 | Albert | Van Der Merwe | 10km Run/Walk | Male | 40 | Veteran (40-49) | 01:49:46 |

| 10km Run/Walk:Female | | | | | | | | | | |
|----------------------|---------|----------|-------------|--------|---------|---------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA007 | Anthea | Corbett | 10km Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:42:00 |
| 2 | 2 | 1 | TA004 | Thea | Corbett | 10km Run/Walk | Female | 62 | Grand-Master (60+) | 01:48:34 |

| 5km Run/Walk:Male | | | | | | | | | | |
|-------------------|---------|----------|-------------|---------|---------|--------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA001 | Quintus | Nel | 5km Run/Walk | Male | 39 | Sub-Veteran (30-39) | 00:26:07 |
| 2 | 2 | 1 | TA006 | Morne | Heyneke | 5km Run/Walk | Male | 29 | Senior (19-29) | 00:30:52 |

| 5km Run/Walk:Female | | | | | | | | | | |
|---------------------|---------|----------|-------------|---------|------------|--------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 3 | 1 | TA003 | Liesl | Van Rooyen | 5km Run/Walk | Female | 34 | Sub-Veteran (30-39) | 00:31:40 |
| 2 | 4 | 1 | TA005 | Silvana | Carraggi | 5km Run/Walk | Female | 49 | Veteran (40-49) | 00:45:30 |
| 3 | 5 | 2 | TRAIL10053 | Adele | Sutherland | 5km Run/Walk | Female | 42 | Veteran (40-49) | 00:47:31 |