



AdventureRun : Virtual Run

Simparica Tshwane SPCA Charity Virtual AdventureRun or Cycle on 27th June 2020



40km Cycle:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA008	Johan	Orton	40km Cycle	Male	43	Veteran (40-49)	02:27:16

21km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA006	Sydwell	Nkosi	21km Run/Walk	Male	30	Sub-Veteran (30-39)	01:59:17

21km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA009	Mellissa	Janse Van Rensburg	21km Run/Walk	Female	22	Senior (19-29)	02:01:20

15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA003	Francois	Combrinck	15km Run/Walk	Male	37	Sub-Veteran (30-39)	01:27:38

15km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA004	Febe	Combrinck	15km Run/Walk	Female	29	Senior (19-29)	01:27:38

15km Cycle:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA005	Liesl	Van Rooyen	15km Cycle	Female	34	Sub-Veteran (30-39)	00:47:58

10km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20725	Gerald	Steyn	10km Run/Walk	Male	68	Grand-Master (60+)	00:58:58

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA007	Monique	Orton	10km Run/Walk	Female	26	Senior (19-29)	01:08:00
2	3	1	TA0012	Rebecca	Fulbeck	10km Run/Walk	Female	34	Sub-Veteran (30-39)	01:08:52

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0011	Jacques	De Villiers	5km Run/Walk	Male	46	Veteran (40-49)	00:34:39

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0013	Melissa	Nel	5km Run/Walk	Female	22	Senior (19-29)	00:29:38
2	3	1	TA001	Megan	Marais	5km Run/Walk	Female	41	Veteran (40-49)	00:49:58
3	4	2	TRAIL10053	Adele	Sutherland	5km Run/Walk	Female	42	Veteran (40-49)	01:01:09
4	5	3	TA0010	Adri	Greyling	5km Run/Walk	Female	41	Veteran (40-49)	01:07:00
5	6	1	TA002	Gillian	Fowler	5km Run/Walk	Female	74	Grand-Master (60+)	01:10:27