



# AdventureRun : Virtual Run

## River Virtual AdventureRun or Cycle on 24th June 2020



### 21km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0030	Travis	Cox	21km Run/Walk	Male	25	Senior (19-29)	02:06:38

## 21km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0026	Marcia	Van Wyk	21km Run/Walk	Female	24	Senior (19-29)	02:09:10

## 15km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0020	Sydwell	Nkosi	15km Run/Walk	Male	30	Sub-Veteran (30-39)	01:22:00
2	2	2	TRAIL12695	Gert	Pelser	15km Run/Walk	Male	35	Sub-Veteran (30-39)	01:34:00
3	3	1	TA0001	Jean	Nepgen	15km Run/Walk	Male	75	Grand-Master (60+)	02:23:25

## 10km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0010	Gabriella	Nel	10km Run/Walk	Female	22	Senior (19-29)	01:00:00
2	2	1	TA0040	Nicky	Booyens	10km Run/Walk	Female	41	Veteran (40-49)	01:04:04
3	3	1	TA00070	Megan	Greyvenstein	10km Run/Walk	Female	33	Sub-Veteran (30-39)	01:11:01
4	4	2	TA0004	Elmari	Van Vuren	10km Run/Walk	Female	47	Veteran (40-49)	01:18:19
5	5	1	TA0002	Carol	Nepgen	10km Run/Walk	Female	69	Grand-Master (60+)	01:33:14
6	6	2	TA0006	Angelique	Venter	10km Run/Walk	Female	25	Senior (19-29)	01:49:00
7	7	2	TA0007	Linda	Goosen	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:49:00
8	8	1	TA0005	Marie	Grobler	10km Run/Walk	Female	52	Master (50-59)	01:49:00
9	9	2	TA0008	Doreen	Morrison	10km Run/Walk	Female	58	Master (50-59)	01:49:00
10	10	3	TRAIL10053	Adele	Sutherland	10km Run/Walk	Female	42	Veteran (40-49)	02:18:51

## 5km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL080808	Shane	Gouldie	5km Run/Walk	Male	60	Grand-Master (60+)	00:29:44
2	7	1	TA00001	Albert	Van Der Merwe	5km Run/Walk	Male	40	Veteran (40-49)	00:51:26

## 5km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0009	Monique	Orton	5km Run/Walk	Female	26	Senior (19-29)	00:25:30
2	3	1	TA0003	Silvana	Carraggi	5km Run/Walk	Female	49	Veteran (40-49)	00:46:18
3	4	1	TA0070	Anthea	Corbett	5km Run/Walk	Female	37	Sub-Veteran (30-39)	00:47:07
4	5	1	TA00300	Thea	Corbett	5km Run/Walk	Female	62	Grand-Master (60+)	00:48:01
5	6	2	TA00027	Brenda	Bleiker	5km Run/Walk	Female	45	Veteran (40-49)	00:49:17
6	8	3	TA0050	Megan	Marais	5km Run/Walk	Female	41	Veteran (40-49)	00:54:55
7	9	2	TA0060	Gillian	Fowler	5km Run/Walk	Female	74	Grand-Master (60+)	01:22:11