



AdventureRun : Virtual Run

Simparica Tshwane SPCA Charity Virtual AdventureRun on 20th June 2020



40km Cycle:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0005	Werner	Mack	40km Cycle	Male	48	Veteran (40-49)	01:41:03

21km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0014	Quintus	Nel	21km Run/Walk	Male	39	Sub-Veteran (30-39)	02:13:14

15km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0021	Brittany	Hall	15km Run/Walk	Female	31	Sub-Veteran (30-39)	00:00:00
2	2	1	TA0024	Mellissa	Janse Van Rensburg	15km Run/Walk	Female	22	Senior (19-29)	01:12:58
3	3	1	TA0003	Karen	Schrenk	15km Run/Walk	Female	54	Master (50-59)	01:13:57
4	4	1	TA0007	Hermien	Lamprecht	15km Run/Walk	Female	46	Veteran (40-49)	02:04:30
5	5	2	TA0006	Marina	Pelser	15km Run/Walk	Female	46	Veteran (40-49)	02:04:31

15km Cycle:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0017	Liesl	Van Rooyen	15km Cycle	Female	34	Sub-Veteran (30-39)	00:51:04

10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0010	Fred	Botha	10km Run/Walk	Male	43	Veteran (40-49)	00:00:00
2	9	1	TRAIL20725	Gerald	Steyn	10km Run/Walk	Male	68	Grand-Master (60+)	01:00:57

10km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL11155	Johandi	Mentz	10km Run/Walk	Female	36	Sub-Veteran (30-39)	00:00:00
2	2	1	TA0012	Amanda	Botha	10km Run/Walk	Female	42	Veteran (40-49)	00:00:00
3	4	1	TA0023	Samantha	Visagie	10km Run/Walk	Female	23	Senior (19-29)	00:00:00
4	5	2	TA0016	Ntando	Dlamini	10km Run/Walk	Female	38	Sub-Veteran (30-39)	00:00:00
5	6	2	TA0009	Erika	Erwee	10km Run/Walk	Female	43	Veteran (40-49)	00:00:00
6	7	3	TA0011	Yulandi	Van Dyk	10km Run/Walk	Female	43	Veteran (40-49)	00:52:14
7	8	2	TA0022	Gusti	Schuite	10km Run/Walk	Female	28	Senior (19-29)	00:58:54
8	10	4	TRAIL20144	Shauna	Costley	10km Run/Walk	Female	48	Veteran (40-49)	01:38:42
9	11	5	TA0008	Heidi	Barnard	10km Run/Walk	Female	44	Veteran (40-49)	01:41:00

5km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0013	Zaan	Smit	5km Run/Walk	Male	40	Veteran (40-49)	00:22:24

5km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0004	Helena	Hutton	5km Run/Walk	Female	50	Master (50-59)	00:00:00
2	2	1	TA0001	Jemma	Reinecke	5km Run/Walk	Female	16	16 to 18	00:00:00
3	4	1	TRAIL20000	Glizelle	Langerman	5km Run/Walk	Female	43	Veteran (40-49)	00:38:27
4	5	1	TA0002	Penelope	Ellmore	5km Run/Walk	Female	68	Grand-Master (60+)	00:40:13
5	6	2	TRAIL10053	Adele	Sutherland	5km Run/Walk	Female	42	Veteran (40-49)	01:08:55

3km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0019	Reinardt	Cromhout	3km Run/Walk	Male	32	Sub-Veteran (30-39)	00:00:00

3km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0018	Melissa	Cromhout	3km Run/Walk	Female	32	Sub-Veteran (30-39)	00:00:00
2	3	2	TA0015	Adri	Strydom	3km Run/Walk	Female	39	Sub-Veteran (30-39)	00:40:47
3	4	3	TA0020	Cheri	Horn	3km Run/Walk	Female	32	Sub-Veteran (30-39)	00:53:21