

AdventureRun: Virtual Run Rock Falls Virtual AdventureRun on 14th June 2020





| | 21km Run/Walk:Male | | | | | | | | | | |
|--------|--------------------|----------|-------------|-------------|---------------|---------------|--------|-----|---------------------|----------|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | |
| 1 | 1 | 1 | TA0223 | Christopher | Westray | 21km Run/Walk | Male | 33 | Sub-Veteran (30-39) | 01:39:17 | |
| 2 | 3 | 1 | TA0005 | Albert | Van Der Merwe | 21km Run/Walk | Male | 40 | Veteran (40-49) | 03:58:23 | |

| 21km Run/Walk:Female | | | | | | | | | | |
|----------------------|---------|----------|-------------|--------|---------|---------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 2 | 1 | TA0004 | Anthea | Corbett | 21km Run/Walk | Female | 37 | Sub-Veteran (30-39) | 03:48:52 |

| 15km Run/Walk:Male | | | | | | | | | | |
|--------------------|---------|----------|-------------|------|---------|---------------|--------|-----|---------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TRAIL12695 | Gert | Pelser | 15km Run/Walk | Male | 35 | Sub-Veteran (30-39) | 01:22:26 |

| 10km Run/Walk:Male | | | | | | | | | | |
|--------------------|---------|----------|-------------|--------|----------|---------------|--------|-----|--------------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TRAIL10171 | Hennie | Prinsloo | 10km Run/Walk | Male | 65 | Grand-Master (60+) | 00:56:08 |

| 10km Run/Walk:Female | | | | | | | | | | |
|----------------------|---------|----------|-------------|-------|------------|---------------|--------|-----|-----------------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 2 | 1 | TRAIL10053 | Adele | Sutherland | 10km Run/Walk | Female | 42 | Veteran (40-49) | 01:58:23 |

| 5km Run/Walk:Female | | | | | | | | | | |
|---------------------|---------|----------|-------------|-----------|---------|--------------|--------|-----|----------|----------|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA0002 | Gabriella | Nell | 5km Run/Walk | Female | 13 | 12 to 15 | 00:23:20 |