



# AdventureRun : Virtual Run

## Tshwane SPSA Charty Virtual Adventure Run on 6th June 2020



### 40km Cycle:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	40km Cycle	Female	41	Veteran (40-49)	02:23:58



15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10171	Hennie	Prinsloo	15km Run/Walk	Male	65	Grand-Master (60+)	01:19:57
2	2	1	TA0014	Quintus	Nel	15km Run/Walk	Male	39	Sub-Veteran (30-39)	01:27:00

15km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0004	Ellie & Missy	Olivier	15km Run/Walk	Female	50	Master (50-59)	01:31:50



10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0008	Yulandi	Van Dyk	10km Run/Walk	Female	43	Veteran (40-49)	00:55:02
2	2	1	TA0002	Marcel	Erlank	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:08:21
3	4	2	TRAIL20144	Shauna	Costley	10km Run/Walk	Female	47	Veteran (40-49)	01:32:10

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0007	Penelope	Ellmore	5km Run/Walk	Female	67	Grand-Master (60+)	00:41:37
2	2	1	TA0001	Edith	De Beer	5km Run/Walk	Female	36	Sub-Veteran (30-39)	00:43:11
3	3	1	TA0006	Jacqueline	Schmahl	5km Run/Walk	Female	45	Veteran (40-49)	00:50:16
4	4	2	TA0011	Megan	Marais	5km Run/Walk	Female	41	Veteran (40-49)	00:52:52
5	5	3	TRAIL10053	Adele	Sutherland	5km Run/Walk	Female	42	Veteran (40-49)	00:58:02
6	6	2	TA0012	Gillian	Fowler	5km Run/Walk	Female	74	Grand-Master (60+)	01:15:02