AdventureRun : Virtual Run

Rock Falls Virtual AdventureRun and Cycle on 24th May 2020

21km Run/Walk:Male										
Gender	**Overall**	**Category**	**Race Number**	**Name**	**Surname**	**Activity**	**Gender**	**Age**	**Category**	**Duration**
1	1	1	TRAIL12744	Jonathan	Roberts	21km Run/Walk	Male	32	Sub-Veteran (30-39)	02:09:13

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
						21km Run/Walk:Female				
1	2	1	TA0010	Nicole	Townsend	21km Run/Walk	Female	43	Veteran (40-49)	02:52:40

20km Cycle:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20999	Shane	Gouldie	20km Cycle	Male	60	Grand-Master (60+)	01:46:47

20km Cycle:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	20km Cycle	Female	41	Veteran (40-49)	01:11:06

15km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10171	Hennie	Prinsloo	15km Run/Walk	Male	65	Grand-Master (60+)	01:22:59
2	2	1	TA0011	Henk	Taljaard	15km Run/Walk	Male	55	Master (50-59)	01:36:53
3	3	2	TA0002	Andre	Jacobs	15km Run/Walk	Male	54	Master (50-59)	01:44:31
4	5	2	TA0006	Jean	Nepgen	15km Run/Walk	Male	75	Grand-Master (60+)	02:18:00

15km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA0013	Celia	Human	15km Run/Walk	Female	61	Grand-Master (60+)	02:17:37
2	6	1	TRAIL10053	Adele	Sutherland	15km Run/Walk	Female	42	Veteran (40-49)	02:22:08

10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	10km Run/Walk	Male	22	Senior (19-29)	00:36:02
2	2	1	TRAIL20194	Mbuso	Xaba	10km Run/Walk	Male	50	Master (50-59)	00:57:51
3	3	2	TA0019	Pierre	Eksteen	10km Run/Walk	Male	53	Master (50-59)	00:58:44
4	5	1	TRAIL12109	Neville	Muir	10km Run/Walk	Male	81	Grand-Master (60+)	03:27:53

10km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA0007	Monica	Shanley	10km Run/Walk	Female	43	Veteran (40-49)	01:05:00

5km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0009	Jan	Myburgh	5km Run/Walk	Male	50	Master (50-59)	00:33:55
2	9	1	TA0017	Albert	Van Der Merwe	5km Run/Walk	Male	40	Veteran (40-49)	00:51:35

5km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0004	Judith	Rix	5km Run/Walk	Female	35	Sub-Veteran (30-39)	00:35:29
2	3	1	TRAIL20000	Glizelle	Langerman	5km Run/Walk	Female	43	Veteran (40-49)	00:35:40
3	4	2	TA0008	Ronel	Knoetze	5km Run/Walk	Female	49	Veteran (40-49)	00:39:04
4	5	1	TA0014	Maureen	Brembilla	5km Run/Walk	Female	57	Master (50-59)	00:41:48
5	6	2	TA0018	Anthea	Corbett	5km Run/Walk	Female	37	Sub-Veteran (30-39)	00:42:15
6	7	1	TA0005	Thea	Corbett	5km Run/Walk	Female	62	Grand-Master (60+)	00:44:00
7	8	3	TA0015	Silvana	Carraggi	5km Run/Walk	Female	49	Veteran (40-49)	00:45:24