



AdventureRun : Virtual Run

Simparica Tshwane SPCA Charity Virtual AdventureRun on 23rd May 2020



21km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0025	Zoe	Papadakis	21km Run/Walk	Female	35	Sub-Veteran (30-39)	01:51:13
2	2	1	TA0019	Magriet	Hattingh	21km Run/Walk	Female	51	Master (50-59)	02:30:13

20km Cycle:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20999	Shane	Gouldie	20km Cycle	Male	60	Grand-Master (60+)	00:57:44

15km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0011	Ellie & Missy	Olivier	15km Run/Walk	Female	50	Master (50-59)	01:32:18
2	2	1	TRAIL10053	Adele	Sutherland	15km Run/Walk	Female	42	Veteran (40-49)	02:17:29
3	3	2	TA0004	Heidi	Barnard	15km Run/Walk	Female	44	Veteran (40-49)	02:30:00

10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0015	Jaco	Botha	10km Run/Walk	Male	46	Veteran (40-49)	00:46:59
2	2	1	TRAIL10171	Hennie	Prinsloo	10km Run/Walk	Male	65	Grand-Master (60+)	00:53:17
3	3	2	TRAIL20725	Gerald	Steyn	10km Run/Walk	Male	68	Grand-Master (60+)	01:00:00
4	6	1	TA0013	Gerhard Jason	Odendaal	10km Run/Walk	Male	26	Senior (19-29)	01:10:31
5	9	3	TA0024	John	Ellmore	10km Run/Walk	Male	70	Grand-Master (60+)	01:16:43
6	10	2	TRAIL20354	Gerhard	Van Huyssteen	10km Run/Walk	Male	49	Veteran (40-49)	01:21:00

10km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA0020	Mara	Boshoff	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:05:04
2	5	2	TA0017	Jani	Wiggett	10km Run/Walk	Female	34	Sub-Veteran (30-39)	01:06:00
3	7	1	TA0014	Bianca	Prinsloo	10km Run/Walk	Female	26	Senior (19-29)	01:10:31
4	8	1	TRAIL20163	Isabel	Nel	10km Run/Walk	Female	47	Veteran (40-49)	01:13:30
5	11	2	TRAIL20144	Shauna	Costley	10km Run/Walk	Female	47	Veteran (40-49)	01:34:25

5km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0003	Calvin	Dias	5km Run/Walk	Male	13	12 to 15	00:23:56
2	2	1	TA0028	Pierre	Eksteen	5km Run/Walk	Male	53	Master (50-59)	00:27:14
3	4	1	TA0010	Jacques	Brits	5km Run/Walk	Male	28	Senior (19-29)	00:31:30

5km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0006	Rina	Brits	5km Run/Walk	Female	28	Senior (19-29)	00:31:22
2	5	1	TA0009	Penelope	Ellmore	5km Run/Walk	Female	67	Grand-Master (60+)	00:41:29
3	6	1	TA0007	Yvette	Ellis	5km Run/Walk	Female	47	Veteran (40-49)	00:41:47
4	7	2	TA0026	Silvana	Carraggi	5km Run/Walk	Female	49	Veteran (40-49)	00:44:25
5	8	2	TA0018	Elissa	Butler	5km Run/Walk	Female	26	Senior (19-29)	00:46:57
6	9	1	TRAIL20131	Mariet	Lange	5km Run/Walk	Female	38	Sub-Veteran (30-39)	00:54:10
7	10	3	TRAIL20000	Glizelle	Langerman	5km Run/Walk	Female	43	Veteran (40-49)	00:54:28
8	11	4	TA0022	Megan	Marais	5km Run/Walk	Female	41	Veteran (40-49)	00:57:09
9	12	2	TA0016	Valana	Isted	5km Run/Walk	Female	39	Sub-Veteran (30-39)	01:00:45
10	13	2	TA0023	Gillian	Fowler	5km Run/Walk	Female	74	Grand-Master (60+)	01:12:07