



# AdventureRun : Virtual Run

## Cow Sunset Virtual AdventureRun on 9th May 2020



### 15km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20165	Pc	Meyer	15km	Male	28	Senior (19-29)	01:25:12

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10254	Alex	Maree	10km	Male	29	Senior (19-29)	00:55:48
2	3	1	TA0003	Hennie	Coetzer	10km	Male	61	Grand-Master (60+)	01:34:08



5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10171	Hennie	Prinsloo	5km	Male	65	Grand-Master (60+)	00:27:32
2	5	2	TRAIL20193	Hein	Lange	5km	Male	62	Grand-Master (60+)	00:50:22

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL0006	Karlien	Van Rooyen	5km	Female	6	Under 11	00:27:40
2	3	2	TA0005	Mieke Lee-anne	Van Rooyen	5km	Female	9	Under 11	00:27:40
3	4	1	TRAIL20082	Stacy	Poggenpoel	5km	Female	37	Sub-Veteran (30-39)	00:37:35
4	6	1	TRAIL10053	Adele	Sutherland	5km	Female	42	Veteran (40-49)	00:53:28
5	7	2	TRAIL20131	Mariet	Lange	5km	Female	38	Sub-Veteran (30-39)	00:55:22
6	8	2	TRAIL20000	Glizelle	Langerman	5km	Female	43	Veteran (40-49)	00:56:10

3km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0012	Priya	Ambaram	3km	Female	40	Veteran (40-49)	00:26:57
2	2	1	TA0010	Thea	Corbett	3km	Female	62	Grand-Master (60+)	00:31:00
3	3	2	TA0009	Brenda	Bleiker	3km	Female	45	Veteran (40-49)	00:43:11