

AdventureRun : Virtual Run

AdventureTails Rock Virtual AdventureRun on 18th April 2020



21km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20165	Pc	Meyer	21km	Male	28	Senior (19-29)	02:29:00
2	2	1	TRAIL12341	Charles	Norman	21km	Male	41	Veteran (40-49)	02:45:59

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1137	Robert Dominey	Alexander	15km	Male	53	Master (50-59)	01:12:00
2	2	1	TRAIL10171	Hennie	Prinsloo	15km	Male	65	Grand-Master (60+)	01:24:20
3	6	1	TA1138	Morne	Jansen	15km	Male	35	Sub-Veteran (30-39)	02:06:56
4	8	2	TA1101	Jean	Nepgen	15km	Male	75	Grand-Master (60+)	02:13:00
5	10	3	TA1100	Hennie	Coetzer	15km	Male	61	Grand-Master (60+)	02:33:23

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1129	Paula	Taylor	15km	Female	52	Master (50-59)	01:35:28
2	4	1	TA1105	Liesl	Van Rooyen	15km	Female	33	Sub-Veteran (30-39)	01:48:57
3	5	1	TRAIL20163	Isabel	Nel	15km	Female	47	Veteran (40-49)	02:03:45
4	7	2	TA1131	Isabella	Rademan	15km	Female	37	Sub-Veteran (30-39)	02:08:00
5	9	2	TRAIL10053	Adele	Sutherland	15km	Female	42	Veteran (40-49)	02:28:02

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	10km	Male	22	Senior (19-29)	00:39:45
2	2	2	TRAIL10254	Alex	Maree	10km	Male	29	Senior (19-29)	00:49:25
3	8	1	TRAIL20725	Gerald	Steyn	10km	Male	68	Grand-Master (60+)	01:22:00
4	9	1	TA1108	Christo	Truter	10km	Male	49	Veteran (40-49)	01:33:04

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1132	Karen	Alexander	10km	Female	58	Master (50-59)	00:53:05
2	4	1	TA1107	Syann	Long	10km	Female	40	Veteran (40-49)	00:58:57
3	5	2	TA1120	Tania	Bronstring	10km	Female	45	Veteran (40-49)	01:01:32
4	6	3	TA1103	Nicole	Townsend	10km	Female	43	Veteran (40-49)	01:12:04
5	7	4	TA1130	Cornea	Esterhuizen	10km	Female	44	Veteran (40-49)	01:16:27
6	10	2	TA1106	Sophia	Smit	10km	Female	51	Master (50-59)	01:39:41

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1122	Werner	Schmidt	5km	Male	36	Sub-Veteran (30-39)	00:34:59
2	5	1	TRAIL12779	Keith	Lambert	5km	Male	49	Veteran (40-49)	00:38:00
3	8	1	TA1112	Ndida Samson	Nkosi	5km	Male	63	Grand-Master (60+)	00:48:00

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1127	Helene	Van Der Merwe	5km	Female	37	Sub-Veteran (30-39)	00:30:15
2	2	2	TA1110	Anro	Schmidt	5km	Female	33	Sub-Veteran (30-39)	00:32:14
3	4	1	TA1135	Barbara	Hoffman	5km	Female	52	Master (50-59)	00:37:33
4	6	1	TA1133	Kayleigh	De Lange	5km	Female	23	Senior (19-29)	00:38:37
5	7	1	TA1128	Samantha	Ntuli	5km	Female	41	Veteran (40-49)	00:38:52
6	9	2	TA1114	Megan	Marais	5km	Female	41	Veteran (40-49)	00:54:20
7	10	3	TRAIL12786	Natasja	Holtzhausen	5km	Female	47	Veteran (40-49)	00:58:00
8	11	4	TA1109	Brenda	Bleiker	5km	Female	44	Veteran (40-49)	01:02:00
9	12	1	TA1118	Gillian	Fowler	5km	Female	74	Grand-Master (60+)	01:16:00
10	13	5	TA1126	Silvana	Carraggi	5km	Female	49	Veteran (40-49)	01:23:16
11	14	2	TA1113	Thea	Corbett	5km	Female	62	Grand-Master (60+)	01:24:00

3km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1121	Hendri	Fourie	3km	Male	63	Grand-Master (60+)	00:41:20

3km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1125	Jolande	Marais	3km	Female	34	Sub-Veteran (30-39)	00:17:43
2	2	1	TRAIL20305	Margriet	Du Plooy	3km	Female	57	Master (50-59)	00:20:08

2km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1104	Suretha	Snyman	2km	Female	50	Master (50-59)	00:20:11
2	2	1	TA1102	Judith	Rix	2km	Female	35	Sub-Veteran (30-39)	00:20:25
3	3	2	TA1124	Fiona	Smith	2km	Female	52	Master (50-59)	00:25:00
4	4	1	TA1123	Heidi	Smith	2km	Female	25	Senior (19-29)	00:26:30
5	5	2	TA1234	Ilona	Smith	2km	Female	23	Senior (19-29)	00:28:00