AdventureRun : Ingaadi Spa and Events

Ingaadi Virtual AdventureRun on 5th April 2020

21km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20165	Pc	Meyer	21km	Male	28	Senior (19-29)	02:35:10

21km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10053	Adele	Sutherland	21km	Female	42	Veteran (40-49)	03:14:03

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1234	Morne	Jansen	15km	Male	35	Sub-Veteran (30-39)	02:16:13

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	15km	Female	41	Veteran (40-49)	01:19:41
2	2	1	TA0099	Isabella	Rademan	15km	Female	37	Sub-Veteran (30-39)	02:02:00

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	10km	Male	22	Senior (19-29)	00:36:00
2	2	1	TA0011	Hennie	Coetzer	10km	Male	61	Grand-Master (60+)	01:02:26
3	6	2	TA1100	Jean	Nepgen	10km	Male	75	Grand-Master (60+)	01:31:00
4	7	3	TRAIL12109	Neville	Muir	10km	Male	81	Grand-Master (60+)	03:32:00

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA7890	Katy	Baillie	10km	Female	42	Veteran (40-49)	01:13:11
2	4	2	TA0044	Cornea	Esterhuizen	10km	Female	44	Veteran (40-49)	01:14:31
3	5	1	TA1300	Judith	Rix	10km	Female	35	Sub-Veteran (30-39)	01:19:00

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10254	Alex	Maree	5km	Male	29	Senior (19-29)	00:23:51
2	2	1	TRAIL10171	Hennie	Prinsloo	5km	Male	65	Grand-Master (60+)	00:27:18
3	3	1	TA9876	Adrian	Goliath	5km	Male	52	Master (50-59)	00:30:07
4	5	1	TA0066	Jonathan	Harflett	5km	Male	48	Veteran (40-49)	00:43:00
5	6	2	TA1700	Ndida Samson	Nkosi	5km	Male	63	Grand-Master (60+)	00:45:27
6	8	3	TRAIL20083	Ben	Pieterse	5km	Male	63	Grand-Master (60+)	00:56:43

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1500	Charmaine	Diamond	5km	Female	49	Veteran (40-49)	00:41:02
2	7	1	TRAIL20024	Vreda	Pieterse	5km	Female	65	Grand-Master (60+)	00:54:50
3	9	2	TA0022	Megan	Marais	5km	Female	41	Veteran (40-49)	00:56:57
4	10	2	TA0012	Thea	Corbett	5km	Female	62	Grand-Master (60+)	01:07:00
5	11	3	TA0033	Gillian	Fowler	5km	Female	74	Grand-Master (60+)	01:14:23

3km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1600	Fiona	Moir	3km	Female	63	Grand-Master (60+)	00:32:53
2	2	1	TRAIL12531	Kathryn	Willis	3km	Female	46	Veteran (40-49)	00:52:03
3	3	1	TA4567	Fiona	Smith	3km	Female	52	Master (50-59)	02:57:46

2km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20017	Kean	Erasmus	2km	Male	7	Under 11	00:09:27

2km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0055	Amanda	Da Silva	2km	Female	48	Veteran (40-49)	00:17:10
2	3	1	TA1200	Suretha	Snyman	2km	Female	50	Master (50-59)	00:20:00
3	4	1	TA1400	Penelope	Stack	2km	Female	61	Grand-Master (60+)	00:20:16
4	5	2	TA1900	Sophia	Smit	2km	Female	51	Master (50-59)	00:20:23
5	6	1	TA1800	Heidi	Smith	2km	Female	24	Senior (19-29)	00:31:00
6	7	2	TA2345	Deborah	Legari	2km	Female	48	Veteran (40-49)	00:33:41
7	8	2	TA3456	Ilona	Smith	2km	Female	23	Senior (19-29)	00:38:07
8	9	2	TA0077	Lorraine	Boyd	2km	Female	64	Grand-Master (60+)	00:46:46

1km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20020	Jw	Erasmus	1km	Male	10	Under 11	00:06:53
2	2	2	TRAIL20015	Stephan	Erasmus	1km	Male	6	Under 11	00:09:04
3	3	1	TRAIL20999	Shane	Gouldie	1km	Male	60	Grand-Master (60+)	00:15:14