

AdventureRun : Smuts Irene River

AdventureRun Walk on 2nd February 2020



21km:Male									
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20780	Gregory	Mufema	21km	Male	44	Veteran (40-49)	01:50:38
2	3	2	TA3025	Mark	Steyn	21km	Male	49	Veteran (40-49)	01:50:50
3	4	1	TA2997	Gary	Calitz	21km	Male	34	Sub-Veteran (30-39)	01:55:10
4	5	2	TRAIL20054	Dewald	Engels	21km	Male	37	Sub-Veteran (30-39)	02:00:18
5	8	1	TA2917	Mabatalale	Ntshehi	21km	Male	55	Master (50-59)	02:31:20
6	10	1	TA3468	Isak	Steyn	21km	Male	68	Grand-Master (60+)	02:33:01
7	11	3	TA3466	Dion	Botha	21km	Male	38	Sub-Veteran (30-39)	02:40:21
8	12	1	TA3018	Victor	Wright	21km	Male	29	Senior (19-29)	02:40:30
9	14	2	TA2546	Jianhong(jonathan)	Xue	21km	Male	56	Master (50-59)	02:53:20
10	15	4	TA2431	Michael	Campher	21km	Male	35	Sub-Veteran (30-39)	02:54:34
11	16	5	TA2991	Wayne	Stone	21km	Male	37	Sub-Veteran (30-39)	03:02:51
12	17	3	TRAIL12287	Phil	Zaayman	21km	Male	49	Veteran (40-49)	03:05:46

21km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2441	Ilze	Stoltz	21km	Female	33	Sub-Veteran (30-39)	01:46:50
2	6	2	TA1944	Nothando	Mfeka	21km	Female	33	Sub-Veteran (30-39)	02:12:54
3	7	3	TRAIL20793	Carla Lea	Farina	21km	Female	30	Sub-Veteran (30-39)	02:26:10
4	9	1	TA2981	Suyen	Thornhill	21km	Female	45	Veteran (40-49)	02:32:35
5	13	1	TA2973	Elizma	Lourens	21km	Female	29	Senior (19-29)	02:46:11
6	18	2	TRAIL20533	Gugu	Zulu	21km	Female	43	Veteran (40-49)	03:12:40

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0866	Altus	Jordaan	15km	Male	43	Veteran (40-49)	01:40:15
2	2	2	TA2613	Willie	Watson	15km	Male	49	Veteran (40-49)	01:42:03
3	3	1	TA3444	Alfred William	Bartosch	15km	Male	35	Sub-Veteran (30-39)	01:43:23
4	5	1	TA2673	Nicholas	Atkins	15km	Male	28	Senior (19-29)	01:48:18
5	6	2	TA0719	Eric	Sindane	15km	Male	37	Sub-Veteran (30-39)	01:52:27
6	7	1	TA2943	Marc	Fourie	15km	Male	58	Master (50-59)	01:56:03
7	9	2	TRAIL20353	Andre	Janse Van Rensburg	15km	Male	51	Master (50-59)	01:56:30
8	10	3	TA2497	Matsedi	Selete	15km	Male	38	Sub-Veteran (30-39)	01:57:15
9	11	3	TA3484	Paul	Nel	15km	Male	45	Veteran (40-49)	01:58:03
10	13	4	TA3409	Carl	Munnik	15km	Male	49	Veteran (40-49)	01:58:57
11	14	2	TA3019	Takura	Wekwete	15km	Male	28	Senior (19-29)	02:00:11
12	15	4	TA2626	Sejin	Kim	15km	Male	30	Sub-Veteran (30-39)	02:02:59
13	19	3	TA2538	Gerhard Jason	Odendaal	15km	Male	25	Senior (19-29)	02:04:19
14	21	5	TA2955	David	Lorge	15km	Male	30	Sub-Veteran (30-39)	02:06:03
15	22	3	TRAIL12643	Bryan	Mccourt	15km	Male	53	Master (50-59)	02:12:17
16	23	6	TRAIL20502	Francois	Labuschagne	15km	Male	34	Sub-Veteran (30-39)	02:12:20
17	24	7	TA2477	Benedict Zolisa	Malimba	15km	Male	37	Sub-Veteran (30-39)	02:14:07
18	25	1	TRAIL20939	John	Kollen	15km	Male	60	Grand-Master (60+)	02:14:36
19	38	4	TA2629	Harry	Kumwenda	15km	Male	56	Master (50-59)	02:54:02
20	42	2	TRAIL12109	Neville	Muir	15km	Male	81	Grand-Master (60+)	03:39:00

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2609	Joan	Van Wyngaard	15km	Female	43	Veteran (40-49)	01:46:08
2	8	2	TA2433	Tillie	Van Der Linde	15km	Female	48	Veteran (40-49)	01:56:05
3	12	3	TA3085	Bernita	Bornmann	15km	Female	44	Veteran (40-49)	01:58:06
4	16	1	TA2975	Tina	Bredenkamp	15km	Female	36	Sub-Veteran (30-39)	02:03:20
5	17	4	TA2519	Marieta	Vorster	15km	Female	44	Veteran (40-49)	02:03:42
6	18	5	TA3031	Elaine	De Wit	15km	Female	47	Veteran (40-49)	02:03:46
7	20	6	TRAIL10522	Elsje	Eloff	15km	Female	46	Veteran (40-49)	02:05:12
8	26	2	TA3041	Bongiwe	Ngcobo	15km	Female	38	Sub-Veteran (30-39)	02:16:25
9	27	7	TRAIL20352	Debbie	Janse Van Rensburg	15km	Female	44	Veteran (40-49)	02:18:44
10	28	1	TRAIL10269	Jolandi	Labuschange	15km	Female	28	Senior (19-29)	02:19:18
11	29	3	TA2683	Lungile	Mthembu	15km	Female	37	Sub-Veteran (30-39)	02:21:10
12	30	8	TA2936	Denico	Brand	15km	Female	41	Veteran (40-49)	02:21:58
13	31	1	TRAIL20269	Marie	Van Dyk	15km	Female	71	Grand-Master (60+)	02:25:53
14	32	9	TA2920	Rebone	Masoeu	15km	Female	40	Veteran (40-49)	02:29:02
15	33	4	TRAIL12665	Adri	Slabbert	15km	Female	39	Sub-Veteran (30-39)	02:30:42
16	34	1	TRAIL20156	Georgina	Bester	15km	Female	55	Master (50-59)	02:30:46
17	35	2	TA2453	Agnes	Kirsch	15km	Female	68	Grand-Master (60+)	02:43:27
18	36	3	TA3029	Suzan	Holden	15km	Female	65	Grand-Master (60+)	02:49:40
19	37	10	TRAIL10053	Adele	Sutherland	15km	Female	41	Veteran (40-49)	02:51:43
20	39	11	TA2599	Jolene	Thwaites	15km	Female	41	Veteran (40-49)	02:54:31
21	40	4	TRAIL20732	Gerna	Horak	15km	Female	61	Grand-Master (60+)	02:55:43
22	41	2	TA2695	Susan	Blignaut	15km	Female	52	Master (50-59)	03:26:38

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0709	Nelson	Camara	10km	Male	39	Sub-Veteran (30-39)	00:59:34
2	3	1	TRAIL20039	Anton	Van Der Bijl	10km	Male	43	Veteran (40-49)	01:07:00
3	4	2	TA2012	Rudi	Brits	10km	Male	44	Veteran (40-49)	01:08:56
4	5	3	TRAIL20263	Prince	Motswenyane	10km	Male	44	Veteran (40-49)	01:09:19
5	6	1	TA0775	Vaughn	Mills	10km	Male	50	Master (50-59)	01:10:03
6	7	2	TA0735	Howard	Tradonsky	10km	Male	57	Master (50-59)	01:10:25
7	8	2	TA1027	Christiaan Phillipus	Fouche	10km	Male	31	Sub-Veteran (30-39)	01:10:36
8	9	3	TRAIL12234	Steven	Joubert	10km	Male	38	Sub-Veteran (30-39)	01:11:06
9	10	4	TA2190	Bryan	Lawrence	10km	Male	37	Sub-Veteran (30-39)	01:11:25
10	13	4	TA0861	Rudi	Nell	10km	Male	48	Veteran (40-49)	01:12:37
11	15	5	TA2098	Shaun	Swanepoel	10km	Male	35	Sub-Veteran (30-39)	01:13:23
12	16	6	TA1037	Nic	Ferreira	10km	Male	35	Sub-Veteran (30-39)	01:15:06
13	19	5	TRAIL12467	Andre	Portelli	10km	Male	49	Veteran (40-49)	01:19:10
14	21	7	TA3460	Christiaan Albertus	Strauss	10km	Male	31	Sub-Veteran (30-39)	01:20:00
15	22	1	TA2330	Craig	Lawrence	10km	Male	60	Grand-Master (60+)	01:20:34
16	23	3	TA1078	Eric	Levenstein	10km	Male	57	Master (50-59)	01:20:38
17	24	6	TRAIL20500	Donovan	Shirley	10km	Male	45	Veteran (40-49)	01:21:46
18	28	4	TA2011	Pierre	Du Bruyn	10km	Male	55	Master (50-59)	01:24:04
19	30	8	TA0740	Dewan	Hamman	10km	Male	37	Sub-Veteran (30-39)	01:26:08
20	31	9	TA0632	Mangaliso	Gwala	10km	Male	31	Sub-Veteran (30-39)	01:26:31
21	32	1	TA0611	Ashraf	Moolla	10km	Male	26	Senior (19-29)	01:27:06
22	33	10	TA0923	Kelvin	Jonck	10km	Male	39	Sub-Veteran (30-39)	01:27:33
23	35	2	TA2136	Tumelo	Ramphalemg	10km	Male	27	Senior (19-29)	01:27:57
24	38	2	TA2505	Hendrik	Barnard	10km	Male	60	Grand-Master (60+)	01:30:04
25	39	3	TA1137	Nick	Essame	10km	Male	63	Grand-Master (60+)	01:30:16
26	41	4	TA2068	Dewald	Van Biljon	10km	Male	60	Grand-Master (60+)	01:30:37
27	42	11	TA1224	Matome	Rammutla	10km	Male	35	Sub-Veteran (30-39)	01:30:51
28	43	3	TA1076	Kusasalethu	Sithole	10km	Male	28	Senior (19-29)	01:31:18
29	45	4	TA1072	Werner	Botha	10km	Male	28	Senior (19-29)	01:32:05
30	47	12	TA2367	Maree	Van Zyl	10km	Male	31	Sub-Veteran (30-39)	01:33:38
31	48	7	TA1314	George	Mothupi	10km	Male	46	Veteran (40-49)	01:34:06
32	49	5	TRAIL20628	Geoff	Lupton-smith	10km	Male	62	Grand-Master (60+)	01:34:08
33	51	8	TA2076	Abdul Hamid	Adam	10km	Male	40	Veteran (40-49)	01:35:05
34	53	6	TA1110	Gawie	Pretorius	10km	Male	69	Grand-Master (60+)	01:35:22
35	58	13	TA2133	Christoff	Pretorius	10km	Male	30	Sub-Veteran (30-39)	01:37:10
36	60	7	TRAIL20304	Hendri	Marais	10km	Male	64	Grand-Master (60+)	01:41:12
37	65	14	TA0990	Christo	Labuschagne	10km	Male	31	Sub-Veteran (30-39)	01:47:15
38	73	15	TA1031	Harshan	Sodha	10km	Male	37	Sub-Veteran (30-39)	01:50:43
39	76	8	TA1003	Henning	Herbst	10km	Male	63	Grand-Master (60+)	01:51:50

40	81	9	TRAIL12520	Charles	Muller	10km	Male	49	Veteran (40-49)	01:54:18
41	83	10	TA2065	Dioka M	Mahwiliri	10km	Male	42	Veteran (40-49)	01:57:04
42	84	16	TA1902	Kenneth	Mahwiliri	10km	Male	38	Sub-Veteran (30-39)	01:57:13
43	93	5	TA2092	Waseem	Carrim	10km	Male	29	Senior (19-29)	02:29:28
44	96	11	TA0714	Ashley	Wilson	10km	Male	46	Veteran (40-49)	02:45:58

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20884	Rinel	Mclaren	10km	Female	27	Senior (19-29)	01:03:35
2	11	1	TA2352	Tania	Van Der Nest	10km	Female	38	Sub-Veteran (30-39)	01:12:17
3	12	2	TA1967	Rozahn	Swanepoel	10km	Female	36	Sub-Veteran (30-39)	01:12:19
4	14	3	TA0705	Margot	Bradfield	10km	Female	32	Sub-Veteran (30-39)	01:12:46
5	17	4	TA1058	Klarissa	Lishman	10km	Female	37	Sub-Veteran (30-39)	01:15:25
6	18	1	TA0857	Nicky	Antunes	10km	Female	41	Veteran (40-49)	01:15:38
7	20	5	TA2075	Lucelle	Van Der Merwe	10km	Female	36	Sub-Veteran (30-39)	01:19:54
8	25	6	TA1129	Stephanie	Cliff	10km	Female	38	Sub-Veteran (30-39)	01:21:48
9	26	2	TA0699	Conita	Van Rensburg	10km	Female	49	Veteran (40-49)	01:21:56
10	27	2	TA1962	Bernice	Mouton	10km	Female	24	Senior (19-29)	01:21:59
11	29	1	TA0844	Tanya	Grantham	10km	Female	52	Master (50-59)	01:24:56
12	34	2	TRAIL12116	Marion	Klennert	10km	Female	58	Master (50-59)	01:27:54
13	36	3	TRAIL20235	Connie	Blom	10km	Female	58	Master (50-59)	01:28:11
14	37	3	TA0959	Naomi	Janse Van Rensburg	10km	Female	42	Veteran (40-49)	01:28:13
15	40	4	TA2921	Jennifer	Atkins	10km	Female	58	Master (50-59)	01:30:18
16	44	3	TA1008	Nevana	Botha	10km	Female	27	Senior (19-29)	01:32:03
17	46	7	TA0964	Theresa	Maree	10km	Female	35	Sub-Veteran (30-39)	01:33:36
18	50	4	TRAIL11060	Sheridan	Neuwerth	10km	Female	43	Veteran (40-49)	01:34:34
19	52	1	TA1073	Rina	Pretorius	10km	Female	67	Grand-Master (60+)	01:35:18
20	54	4	TA3006	Bianca	Prinsloo	10km	Female	26	Senior (19-29)	01:36:42
21	55	5	TA2008	Celia	Pretorius	10km	Female	24	Senior (19-29)	01:36:51
22	56	6	TA2197	Demi	Pretorius	10km	Female	28	Senior (19-29)	01:36:58
23	57	8	TA1983	Tanya	Lorge	10km	Female	31	Sub-Veteran (30-39)	01:37:05
24	59	9	TA1064	Marianna	De Smidt	10km	Female	37	Sub-Veteran (30-39)	01:39:40
25	61	10	TA1948	Farzana	Adam	10km	Female	35	Sub-Veteran (30-39)	01:42:56
26	62	5	TA2080	Ninette	Eckard	10km	Female	45	Veteran (40-49)	01:43:25
27	63	6	TA2030	Anita	Lamprecht	10km	Female	43	Veteran (40-49)	01:43:27
28	64	11	TRAIL10546	Lea-anne	Neuwerth	10km	Female	39	Sub-Veteran (30-39)	01:45:04
29	66	7	TRAIL12648	Sandra	Dalton	10km	Female	47	Veteran (40-49)	01:47:29
30	67	8	TA0868	Elmarie	Verster	10km	Female	47	Veteran (40-49)	01:47:33
31	68	5	TA0845	Mamogotsi Punka	Chirwa	10km	Female	51	Master (50-59)	01:48:26
32	69	12	TA0736	Karron	Mahlase3	10km	Female	30	Sub-Veteran (30-39)	01:49:49
33	70	9	TA2374	Amanda	Fairley	10km	Female	44	Veteran (40-49)	01:50:10
34	71	7	TA0877	Kutlwano	Tsetsewa	10km	Female	26	Senior (19-29)	01:50:19
35	72	13	TA0926	Vibha	Nichha	10km	Female	31	Sub-Veteran (30-39)	01:50:41
36	74	10	TA2381	Silvana	Carraggi	10km	Female	49	Veteran (40-49)	01:50:45
37	75	2	TA1043	Alida	Herbst	10km	Female	61	Grand-Master (60+)	01:51:35
38	77	14	TA0968	Sibongile	Khumalo	10km	Female	37	Sub-Veteran (30-39)	01:51:59
39	78	3	TA0938	Thea	Corbett	10km	Female	62	Grand-Master (60+)	01:52:11

40	79	15	TA0751	Gizelle	Mills	10km	Female	38	Sub-Veteran (30-39)	01:54:14
41	80	8	TA0712	Princess	Gwala	10km	Female	24	Senior (19-29)	01:54:16
42	82	11	TA2591	Priashna	Baboolal	10km	Female	43	Veteran (40-49)	01:55:30
43	85	16	TA0996	Bernice	Booysen	10km	Female	35	Sub-Veteran (30-39)	01:59:18
44	86	4	TA2208	Marie	Bradfield	10km	Female	61	Grand-Master (60+)	02:01:24
45	87	12	TA3063	Gloria	Kumwenda	10km	Female	48	Veteran (40-49)	02:07:04
46	88	5	TA0838	Magdalena	Barnard	10km	Female	62	Grand-Master (60+)	02:10:28
47	89	17	TA1988	Anneleen	Barnard	10km	Female	35	Sub-Veteran (30-39)	02:14:15
48	90	6	TA2022	Sanet	Lombard	10km	Female	55	Master (50-59)	02:22:41
49	91	7	TA2648	Motshabi	Mokgatlha	10km	Female	52	Master (50-59)	02:28:53
50	92	13	TA2055	Khadija	Kadodia	10km	Female	40	Veteran (40-49)	02:29:26
51	94	14	TA1013	Laura	Da Silva	10km	Female	48	Veteran (40-49)	02:44:50
52	95	15	TA1991	Theresa	Bossert	10km	Female	44	Veteran (40-49)	02:44:52
53	97	9	TA2388	Charmaine	Le Roux	10km	Female	29	Senior (19-29)	02:46:04

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20175	Joshua	Mufema	5km	Male	12	12 to 15	00:28:42
2	2	1	TA0449	Abelanang	Molapisi	5km	Male	18	16 to 18	00:28:53
3	3	1	TA0031	Andries	Potgieter	5km	Male	56	Master (50-59)	00:31:11
4	4	2	TA1402	Dawid	Kotze	5km	Male	52	Master (50-59)	00:31:14
5	6	1	TRAIL20017	Kean	Erasmus	5km	Male	7	Under 11	00:32:36
6	8	1	TRAIL20041	Andre	Erasmus	5km	Male	39	Sub-Veteran (30-39)	00:33:45
7	9	1	TA1500	Miguel	Antunes	5km	Male	41	Veteran (40-49)	00:33:51
8	10	2	TA1416	Anthony	Cousins	5km	Male	41	Veteran (40-49)	00:34:10
9	11	2	TA1361	Retief	Heydenrych	5km	Male	37	Sub-Veteran (30-39)	00:34:29
10	12	3	TRAIL20306	Sean	O'donovan	5km	Male	55	Master (50-59)	00:35:43
11	13	2	TA1424	Jayden	Lang	5km	Male	18	16 to 18	00:35:47
12	14	3	TA0234	Xander	De Bruyn	5km	Male	37	Sub-Veteran (30-39)	00:35:50
13	15	3	TA1452	Jacques	Van Der Nest	5km	Male	40	Veteran (40-49)	00:36:46
14	18	4	TA1221	Vernon	Oosthuizen	5km	Male	34	Sub-Veteran (30-39)	00:37:41
15	20	2	TA1481	Tiaan	Terblanche	5km	Male	11	Under 11	00:38:18
16	21	1	TA1245	Morne	Peens	5km	Male	19	Senior (19-29)	00:38:22
17	22	3	TRAIL20224	Nhlosenhle	Nxumalo	5km	Male	10	Under 11	00:38:59
18	24	4	TA1427	Tobie	Combrinck	5km	Male	49	Veteran (40-49)	00:39:25
19	31	4	TA1510	Schalk	Nel	5km	Male	7	Under 11	00:41:13
20	32	5	TA0288	Christo	Nel	5km	Male	40	Veteran (40-49)	00:41:15
21	34	5	TA1540	Luhle	Mavimbela	5km	Male	9	Under 11	00:41:38
22	37	1	TA1407	Frank	Da Silva	5km	Male	69	Grand-Master (60+)	00:43:14
23	39	4	TRAIL20068	Andre	Theron	5km	Male	55	Master (50-59)	00:43:39
24	41	2	TA1429	Johan	Steenkamp	5km	Male	71	Grand-Master (60+)	00:45:15
25	45	5	TA1517	Ross	Saunders	5km	Male	35	Sub-Veteran (30-39)	00:45:46
26	48	6	TA1496	Justin	Fairley	5km	Male	9	Under 11	00:46:38
27	50	3	TRAIL20636	Malcolm	Mackenzie	5km	Male	67	Grand-Master (60+)	00:46:57
28	52	6	TA0570	Maritz	Aldum	5km	Male	48	Veteran (40-49)	00:47:27
29	60	5	TA1410	Modimowabarwa	Kanyane	5km	Male	51	Master (50-59)	00:49:47
30	61	7	TA1493	Boitumelo	Kanyane	5km	Male	5	Under 11	00:49:52
31	62	4	TRAIL20360	Greg	Saar	5km	Male	69	Grand-Master (60+)	00:50:56
32	74	6	TA0286	Jz	Eloff	5km	Male	50	Master (50-59)	00:54:10
33	76	7	TA0429	Dean	Fairley	5km	Male	50	Master (50-59)	00:54:14
34	78	3	TA1291	Travis	Green	5km	Male	16	16 to 18	00:54:49
35	80	2	TA1333	Christian Wouter	Combrinck	5km	Male	15	12 to 15	00:55:51
36	84	7	TA1466	Heinrich	Zimmermann	5km	Male	46	Veteran (40-49)	00:57:47
37	88	5	TA1311	Okkie	Olckers	5km	Male	67	Grand-Master (60+)	00:59:40
38	92	6	TA1363	Ian	Ward	5km	Male	60	Grand-Master (60+)	01:01:40
39	94	7	TA1482	Gregory	Bradfield	5km	Male	62	Grand-Master (60+)	01:03:16
40	97	8	TA0331	Danie	Delport	5km	Male	49	Veteran (40-49)	01:15:19

41	99	2	TA1436	Acwenga	Mzwakali	5km	Male	23	Senior (19-29)	01:31:10
42	100	3	TA1272	Finn	Van Der Walt	5km	Male	15	12 to 15	01:43:49

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA1295	Lorin	Jansen	5km	Female	33	Sub-Veteran (30-39)	00:32:26
2	7	2	TA0252	Stephany	Venter	5km	Female	37	Sub-Veteran (30-39)	00:32:57
3	16	3	TA1285	Inge	Cousins	5km	Female	38	Sub-Veteran (30-39)	00:36:58
4	17	1	TA1489	Ina	Labuschagne	5km	Female	28	Senior (19-29)	00:37:38
5	19	4	TA0099	Jandri	Venter	5km	Female	36	Sub-Veteran (30-39)	00:38:12
6	23	1	TA1329	Zo Barbara	Combrinck	5km	Female	10	Under 11	00:39:21
7	25	1	TA1797	Natalie	De Almeida	5km	Female	42	Veteran (40-49)	00:39:50
8	26	1	TRAIL20777	Janine	Rust	5km	Female	61	Grand-Master (60+)	00:40:03
9	27	2	TA0254	Sarie	Steenkamp	5km	Female	68	Grand-Master (60+)	00:40:07
10	28	5	TA1355	Nadia	Hugo	5km	Female	38	Sub-Veteran (30-39)	00:40:10
11	29	6	TA1700	Cindy	Ings	5km	Female	30	Sub-Veteran (30-39)	00:40:44
12	30	1	TRAIL12359	Linda	Fourie	5km	Female	53	Master (50-59)	00:40:46
13	33	2	TA0223	Rene	Stoltz	5km	Female	46	Veteran (40-49)	00:41:18
14	35	7	TRAIL20082	Stacy	Poggenpoel	5km	Female	37	Sub-Veteran (30-39)	00:42:15
15	36	2	TRAIL13061	Benita	Fisher	5km	Female	57	Master (50-59)	00:42:19
16	38	3	TA1358	Rijkie	Terblanche	5km	Female	46	Veteran (40-49)	00:43:18
17	40	3	TRAIL20069	Zelda	Theron	5km	Female	54	Master (50-59)	00:43:58
18	42	4	TA1290	Engela	Potgieter	5km	Female	51	Master (50-59)	00:45:32
19	43	4	TA1381	Nicolene	Kotze	5km	Female	48	Veteran (40-49)	00:45:33
20	44	8	TA1394	Lize	Coetzer	5km	Female	34	Sub-Veteran (30-39)	00:45:38
21	46	9	TA1352	Bonita	Saunders	5km	Female	36	Sub-Veteran (30-39)	00:45:46
22	47	5	TA1539	Eunice	Kanyane	5km	Female	40	Veteran (40-49)	00:46:35
23	49	5	TRAIL20919	Caron	Mackenzie	5km	Female	55	Master (50-59)	00:46:54
24	51	6	TRAIL13008	Sonja	Petzer	5km	Female	54	Master (50-59)	00:47:06
25	53	6	TA0163	Suzann	Aldum	5km	Female	44	Veteran (40-49)	00:47:29
26	54	2	TA1251	Rosa	Ramonyyatsi	5km	Female	19	Senior (19-29)	00:47:45
27	55	7	TA1275	Olaotse	Matshane	5km	Female	44	Veteran (40-49)	00:47:49
28	56	8	TA1277	Cheredene	Love	5km	Female	40	Veteran (40-49)	00:49:03
29	57	7	TA1490	Rene	Du Bruyn	5km	Female	55	Master (50-59)	00:49:11
30	58	3	TRAIL20223	Makuzeni	Sesethu	5km	Female	11	Under 11	00:49:16
31	59	4	TA1302	Makanaka	Chikochi	5km	Female	10	Under 11	00:49:20
32	63	10	TA1327	Hanneke	Goodchild	5km	Female	33	Sub-Veteran (30-39)	00:52:37
33	64	11	TA1502	Nicolene	Boshoff	5km	Female	36	Sub-Veteran (30-39)	00:52:40
34	65	12	TA1472	Christine	Heydenrych	5km	Female	30	Sub-Veteran (30-39)	00:52:49
35	66	8	TA0197	Rieka	Green	5km	Female	53	Master (50-59)	00:53:40
36	67	9	TA1661	Lana	Du Toit	5km	Female	47	Veteran (40-49)	00:53:44
37	68	1	TA1378	Paige	Carter	5km	Female	14	12 to 15	00:53:49
38	69	3	TRAIL13003	Irma	Steenkamp	5km	Female	62	Grand-Master (60+)	00:53:54
39	70	10	TA1532	Kerry	Nel	5km	Female	49	Veteran (40-49)	00:53:57
40	71	13	TA1326	Lanie	Bannister	5km	Female	37	Sub-Veteran (30-39)	00:53:59

41	72	4	TRAIL20084	Leatitia	Katzke	5km	Female	65	Grand-Master (60+)	00:54:03
42	73	11	TA0600	Eugenie	Eloff	5km	Female	43	Veteran (40-49)	00:54:08
43	75	12	TRAIL11232	Patricia	Minihold	5km	Female	46	Veteran (40-49)	00:54:12
44	77	2	TA1321	Tobias Christian	Combrinck	5km	Female	14	12 to 15	00:54:17
45	79	9	TA1535	Willemien	Combrinck	5km	Female	51	Master (50-59)	00:55:48
46	81	13	TA0299	Celeste	Harmse	5km	Female	42	Veteran (40-49)	00:56:41
47	82	10	TA1495	Frances	Stander	5km	Female	54	Master (50-59)	00:57:24
48	83	14	TA0428	Susan	Carter	5km	Female	47	Veteran (40-49)	00:57:41
49	85	11	TA1657	Helmien	Van Biljon	5km	Female	58	Master (50-59)	00:57:51
50	86	14	TA1396	Colene	Hind	5km	Female	38	Sub-Veteran (30-39)	00:57:56
51	87	12	TA0185	Cilla	Boucher	5km	Female	51	Master (50-59)	00:58:00
52	89	15	TA0515	Makgotso	Maja	5km	Female	30	Sub-Veteran (30-39)	00:59:45
53	90	5	TA0087	Ansie	Booysen	5km	Female	69	Grand-Master (60+)	01:00:41
54	91	13	TA1334	Nobayeni	Molete	5km	Female	56	Master (50-59)	01:00:44
55	93	14	TA0409	Sue	Ward	5km	Female	58	Master (50-59)	01:01:43
56	95	15	TA0320	Shan	Kriel	5km	Female	51	Master (50-59)	01:14:01
57	96	16	TA1503	Maryke	Hanger	5km	Female	53	Master (50-59)	01:14:08
58	98	3	TA1371	Refilwe	Masanabo	5km	Female	26	Senior (19-29)	01:31:04
59	101	16	TA1459	Frane	Van Der Walt	5km	Female	35	Sub-Veteran (30-39)	01:43:59