



AdventureRun : The Big Red Barn

Adventure Sunset on 11th January 2020



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10531	Tarquin	Meszaros	21km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:25:06
2	2	1	TA2439	Ruan	Mathee	21km Trail Run/Walk	Male	24	Senior (19-29)	01:43:18
3	3	1	TA3531	Fernando	Santos	21km Trail Run/Walk	Male	57	Master (50-59)	01:44:53
4	5	2	TA2652	Stephen	Taylor	21km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:50:13
5	7	3	TA3044	Christopher	Ferguson	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:52:04
6	8	1	TRAIL11806	Grant	Williams	21km Trail Run/Walk	Male	45	Veteran (40-49)	01:55:33
7	9	2	TA2928	Richard	Delisle	21km Trail Run/Walk	Male	43	Veteran (40-49)	02:00:17
8	10	2	TRAIL12799	Andrew	Noakes	21km Trail Run/Walk	Male	25	Senior (19-29)	02:01:56
9	13	1	TRAIL12270	Ric	Marini	21km Trail Run/Walk	Male	65	Grand-Master (60+)	03:16:29

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2656	Sune	Mathee	21km Trail Run/Walk	Female	24	Senior (19-29)	01:46:16
2	6	1	TRAIL10062	Nicky	Booyens	21km Trail Run/Walk	Female	41	Veteran (40-49)	01:51:04
3	11	2	TA3040	Suyen	Thornhill	21km Trail Run/Walk	Female	45	Veteran (40-49)	02:06:14
4	12	3	TA3406	Lynette	Biddulph	21km Trail Run/Walk	Female	42	Veteran (40-49)	02:39:58

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2432	Gerhard Jason	Odendaal	15km Trail Run/Walk	Male	25	Senior (19-29)	01:25:03
2	2	2	TA2459	Sanele	Ngema	15km Trail Run/Walk	Male	29	Senior (19-29)	01:30:02
3	3	1	TA3039	Thabiso	Ndebele	15km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:30:35
4	5	3	TRAIL12928	Saki	Marais	15km Trail Run/Walk	Male	29	Senior (19-29)	01:36:24
5	6	1	TRAIL20603	Kosie	Van Vuuren	15km Trail Run/Walk	Male	65	Grand-Master (60+)	01:49:37
6	7	4	TA2647	Sean	Webber	15km Trail Run/Walk	Male	26	Senior (19-29)	01:54:58
7	12	2	TRAIL20034	Elbert	Loubser	15km Trail Run/Walk	Male	62	Grand-Master (60+)	03:03:03

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2695	Felicity	Marks	15km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:35:32
2	8	1	TA2536	Noeleen	White	15km Trail Run/Walk	Female	46	Veteran (40-49)	02:12:56
3	9	1	TRAIL20775	June	Bates	15km Trail Run/Walk	Female	62	Grand-Master (60+)	02:45:06
4	10	2	TRAIL20732	Gerna	Horak	15km Trail Run/Walk	Female	61	Grand-Master (60+)	02:45:26
5	11	2	TRAIL10053	Adele	Sutherland	15km Trail Run/Walk	Female	41	Veteran (40-49)	02:48:45
6	13	3	TRAIL20269	Marie	Van Dyk	15km Trail Run/Walk	Female	71	Grand-Master (60+)	03:03:03

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1829	Leon	Claassen	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:43:51
2	2	1	TA1852	Wilem Rogan	Van Ryswyck	10km Trail Run/Walk	Male	17	16 to 18	00:44:31
3	3	1	TA2205	Brendan	Van Zyl	10km Trail Run/Walk	Male	29	Senior (19-29)	00:49:59
4	4	1	TRAIL20039	Anton	Van Der Bijl	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:52:14
5	5	2	TA0707	Andre	Dippenaar	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:53:36
6	6	2	TA1038	Nick	Emmett	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:54:33
7	7	3	TA1090	Sejin	Kim	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:54:47
8	10	1	TA1832	Kiana	Van Ryswyck	10km Trail Run/Walk	Male	14	12 to 15	00:56:27
9	11	1	TA0703	Willem	Van Ryswyck	10km Trail Run/Walk	Male	51	Master (50-59)	00:56:30
10	13	3	TA0775	Clinton	Fox	10km Trail Run/Walk	Male	42	Veteran (40-49)	00:56:36
11	16	4	TA1332	Carl	Munnik	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:00:23
12	18	4	TA0603	Leon	Shand	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:00:37
13	19	5	TA0828	Rigardt	Scholtz	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:00:42
14	21	2	TA1003	Gunther	Schwob	10km Trail Run/Walk	Male	58	Master (50-59)	01:04:08
15	27	1	TA2143	Johan	Du Toit	10km Trail Run/Walk	Male	68	Grand-Master (60+)	01:05:05
16	28	5	TA0606	Brian	Beyleveldt	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:05:12
17	29	6	TA2219	Riaan	Rossouw	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:05:52
18	32	2	TA1167	Van Rooyen	Marno	10km Trail Run/Walk	Male	28	Senior (19-29)	01:06:20
19	37	3	TRAIL12119	Achim	Klennert	10km Trail Run/Walk	Male	56	Master (50-59)	01:08:21
20	38	3	TA0823	Zondi	Nduli	10km Trail Run/Walk	Male	28	Senior (19-29)	01:08:34
21	41	6	TRAIL20190	Abraham	Motana	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:13:16
22	43	7	TA2116	David	Noakes	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:14:49
23	44	4	TRAIL20045	Gary	Noakes	10km Trail Run/Walk	Male	59	Master (50-59)	01:14:51
24	45	8	TA0709	Christian	Olivier	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:15:13
25	46	4	TA2303	Allan	Venter	10km Trail Run/Walk	Male	27	Senior (19-29)	01:16:08
26	51	7	TA0812	Jonathan	Russell	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:18:29
27	53	5	TA0612	Morne	Van Straaten	10km Trail Run/Walk	Male	26	Senior (19-29)	01:20:00
28	54	8	TA1134	Peter	Mokgotho	10km Trail Run/Walk	Male	42	Veteran (40-49)	01:22:05
29	61	9	TA1076	James	Grey	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:26:53
30	62	2	TRAIL11476	Charles	Marais	10km Trail Run/Walk	Male	60	Grand-Master (60+)	01:27:25
31	65	3	TA0926	Henry	Marais	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:29:15
32	69	9	TA2227	Dan Charl	Kleynhans	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:40:41
33	70	4	TRAIL20193	Hein	Lange	10km Trail Run/Walk	Male	62	Grand-Master (60+)	01:42:56

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA1876	Liesel	Van Olst	10km Trail Run/Walk	Female	51	Master (50-59)	00:54:48
2	9	1	TRAIL10114	Michelle	Meyer	10km Trail Run/Walk	Female	26	Senior (19-29)	00:55:08
3	12	1	TA0809	Kirsty	Fox	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:56:32
4	14	2	TA1137	Arlene	Pinheiro	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:59:05
5	15	2	TA2158	Triana	Van Ryswyck	10km Trail Run/Walk	Female	50	Master (50-59)	01:00:13
6	17	2	TA1120	Juanita	Krog	10km Trail Run/Walk	Female	29	Senior (19-29)	01:00:36
7	20	3	TA0754	Marinda	Dippenaar	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:01:19
8	22	3	TA0719	Rochelle	Boon	10km Trail Run/Walk	Female	25	Senior (19-29)	01:04:12
9	23	1	TA0932	Marlé	Meyer	10km Trail Run/Walk	Female	16	16 to 18	01:04:39
10	24	1	TA1043	Louise	Short	10km Trail Run/Walk	Female	61	Grand-Master (60+)	01:04:42
11	25	4	TA1877	Este	Nagel	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:04:51
12	26	5	TA2132	Landa	Du Preez	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:04:53
13	30	6	TA1818	Eusebia	Moolman	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:06:14
14	31	1	TRAIL10430	Celia	Van Niekerk	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:06:16
15	33	4	TA1880	Annaliese	Van Rooyen	10km Trail Run/Walk	Female	28	Senior (19-29)	01:06:24
16	34	7	TA0714	Jacqi	Beyleveldt	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:06:34
17	35	5	TA2247	Rize-mari	Van Niekerk	10km Trail Run/Walk	Female	28	Senior (19-29)	01:06:49
18	36	3	TA2156	Patrick	Gems	10km Trail Run/Walk	Female	51	Master (50-59)	01:08:19
19	39	8	TA2240	Carilette	Van Der Walt	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:09:01
20	40	6	TA0745	Chrizaan	Pretorius	10km Trail Run/Walk	Female	20	Senior (19-29)	01:11:44
21	42	4	TRAIL12116	Marion	Klennert	10km Trail Run/Walk	Female	58	Master (50-59)	01:13:24
22	47	9	TA0752	Morwa	Malapile	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:16:29
23	48	10	TA2290	Juanita	Botha	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:17:02
24	49	11	TA2309	Anisha	Panchia	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:17:14
25	50	12	TA2157	Hannetjie	Rossouw	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:17:45
26	52	2	TA2215	Mignon	Russell	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:18:31
27	55	13	TA2125	Jamaica	Mokgotho	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:22:08
28	56	14	TRAIL20170	Puseletso	Sedibana	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:23:31
29	57	15	TA2161	Winrie	Kruger	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:23:50
30	58	5	TA1173	Marlene	Gems	10km Trail Run/Walk	Female	51	Master (50-59)	01:24:59
31	59	3	TA1144	Michelle	Massyn	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:25:00
32	60	16	TA0999	Linde	Grey	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:26:52
33	63	17	TRAIL11018	Carla	Van Coller	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:27:48
34	64	6	TA0968	Sue	Pretorius	10km Trail Run/Walk	Female	53	Master (50-59)	01:29:01
35	66	4	TA2218	Amanda	Fairley	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:29:32
36	67	2	TA0871	Magdalena	Barnard	10km Trail Run/Walk	Female	62	Grand-Master (60+)	01:33:49
37	68	7	TA1803	Naomi	Kleynhans	10km Trail Run/Walk	Female	51	Master (50-59)	01:40:39
38	71	18	TRAIL20131	Mariet	Lange	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:43:01
39	72	19	TA2222	Babalwa	Mphikwa	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:49:31
40	73	8	TRAIL10214	Elsa	Erasmus	10km Trail Run/Walk	Female	57	Master (50-59)	01:53:43

41	74	7	TA0611	Nkateko	Ndebele	10km Trail Run/Walk	Female	27	Senior (19-29)	01:59:59
42	75	20	TA1111	Lydia	Mareas	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	02:01:08

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10690	Dian	Marais	5km Trail Run/Walk	Male	12	12 to 15	00:22:32
2	2	1	TRAIL10277	Alain	Le Roux	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:23:00
3	3	1	TA1659	Wesley	Rolfe	5km Trail Run/Walk	Male	28	Senior (19-29)	00:24:56
4	6	1	TA1401	Reghard	Bosman	5km Trail Run/Walk	Male	11	Under 11	00:28:30
5	7	2	TA1435	Nathan	Moolman	5km Trail Run/Walk	Male	10	Under 11	00:28:41
6	9	2	TA1216	Fritz	Van Eeden	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:28:53
7	11	3	TA1430	Theo	Jordaan	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:29:27
8	12	1	TA1752	Eduan	Van Rooyen	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:29:51
9	13	2	TA0251	Werner	Nel	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:29:56
10	19	3	TA1470	Christiaan	Bosman	5km Trail Run/Walk	Male	8	Under 11	00:31:18
11	20	1	TA1380	Sean	O'donovan	5km Trail Run/Walk	Male	55	Master (50-59)	00:31:32
12	21	2	TA1214	William	Munnik	5km Trail Run/Walk	Male	21	Senior (19-29)	00:32:05
13	25	3	TA1352	Wesley	Jarvis	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:33:50
14	26	4	TA1481	Henry	Varges	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:33:52
15	27	2	TA1449	Paul	Treleven	5km Trail Run/Walk	Male	56	Master (50-59)	00:33:54
16	28	3	TA1357	Johannes Erick	Roodt	5km Trail Run/Walk	Male	25	Senior (19-29)	00:34:06
17	29	4	TA1249	Athenkosi	Biko	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:34:13
18	30	5	TA0409	Johan	Schoeman	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:34:23
19	34	6	TA1335	Johan	Moolman	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:35:03
20	35	5	TA1385	Regardt	Van Vuuren	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:35:10
21	36	6	TA0404	Retief	Heydenrych	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:35:41
22	38	3	TA1324	Sean	Ebersohn	5km Trail Run/Walk	Male	55	Master (50-59)	00:35:59
23	41	7	TA1272	Marius	Bosman	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:36:21
24	44	7	TA1508	David	Fisher	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:37:08
25	47	4	TA1507	Jason	Smith	5km Trail Run/Walk	Male	25	Senior (19-29)	00:37:29
26	49	4	TA1252	Samuel	Delisle	5km Trail Run/Walk	Male	6	Under 11	00:37:45
27	52	1	TA1345	Fritz	Van Olst	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:38:23
28	53	8	TA1299	Victor	Ferreira	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:38:46
29	58	9	TA0479	Keith	Green	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:40:12
30	60	8	TA0570	Daniel	Venter	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:40:31
31	61	10	TA1327	Danie	Blom	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:40:34
32	69	4	TA1406	Terence	Kelly	5km Trail Run/Walk	Male	51	Master (50-59)	00:40:51
33	73	9	TA1245	Demetrius	Symeonides	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:40:59
34	77	10	TA0440	Roelie	Potgieter	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:41:46
35	78	5	TA1424	Aldo	Potgieter	5km Trail Run/Walk	Male	7	Under 11	00:41:48
36	80	11	TA1526	Hendri	Venter	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:43:28
37	83	5	TA1459	Christo	Economou	5km Trail Run/Walk	Male	53	Master (50-59)	00:43:35
38	86	6	TA1201	Mark	Adamstein	5km Trail Run/Walk	Male	8	Under 11	00:44:11
39	88	7	TA1222	Jake	Adamstein	5km Trail Run/Walk	Male	11	Under 11	00:44:15
40	90	6	TA0486	Nico	Van Straten	5km Trail Run/Walk	Male	50	Master (50-59)	00:44:29

41	91	12	TA1230	Bryan	Noakes	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:44:35
42	97	2	TRAIL20083	Ben	Pieterse	5km Trail Run/Walk	Male	63	Grand-Master (60+)	00:47:15
43	104	5	TA1294	Stephan	Schoeman	5km Trail Run/Walk	Male	29	Senior (19-29)	00:47:56
44	106	13	TA1237	Edward	Harris	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:48:01
45	108	8	TA1306	Justin	Fairley	5km Trail Run/Walk	Male	10	Under 11	00:48:18
46	109	7	TA1211	Dean	Fairley	5km Trail Run/Walk	Male	50	Master (50-59)	00:48:19
47	111	14	TA0515	Steyn	Wolmarans	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:49:09
48	113	8	TA1474	Willem	Piek	5km Trail Run/Walk	Male	53	Master (50-59)	00:49:13
49	116	15	TA1480	Gavin	Kuik	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:49:53
50	119	9	TA1447	Riku	Potgieter	5km Trail Run/Walk	Male	5	Under 11	00:53:02
51	122	10	TA1255	Aiden	Cloete	5km Trail Run/Walk	Male	7	Under 11	00:53:55
52	123	11	TA1467	Josh	Raffanti	5km Trail Run/Walk	Male	6	Under 11	00:53:59
53	124	12	TA0575	Liam	De Waal	5km Trail Run/Walk	Male	7	Under 11	00:54:01
54	128	16	TA1509	Jared	Raffanti	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:54:24
55	130	17	TA1278	Jacques	Cloete	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:55:43
56	138	6	TA1300	Deon	Van Loggerenberg	5km Trail Run/Walk	Male	28	Senior (19-29)	00:57:04
57	148	18	TA1540	Paul Stefanus	Germishuys	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:57:56
58	151	7	TA1286	Storm	Vireson	5km Trail Run/Walk	Male	23	Senior (19-29)	00:59:11
59	152	19	TA1372	Michael	Sykes	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:59:14
60	153	11	TA1267	Dirk	Blom	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:59:22
61	154	13	TA1469	Conrad	Blom	5km Trail Run/Walk	Male	8	Under 11	00:59:27
62	157	14	TA1382	Ricard	Hanekom	5km Trail Run/Walk	Male	6	Under 11	01:00:34
63	161	3	TA1329	Fred	Poggenpoel	5km Trail Run/Walk	Male	74	Grand-Master (60+)	01:01:10
64	163	12	TA1205	Nico	Hanekom	5km Trail Run/Walk	Male	47	Veteran (40-49)	01:01:18
65	165	20	TA0245	Richard	Young	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:01:23
66	167	21	TA1377	Steyn	Van Zyl	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:02:11
67	169	8	TA1500	Francois	Noome	5km Trail Run/Walk	Male	22	Senior (19-29)	01:02:37
68	172	22	TA1530	Harnu	Koen	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:02:57
69	176	13	TA1724	Phillip	De Waal	5km Trail Run/Walk	Male	43	Veteran (40-49)	01:03:23
70	177	15	TA0045	Marnu	Claassens	5km Trail Run/Walk	Male	2	Under 11	01:03:38
71	178	23	TA0288	Steyn	Du Plessis	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:03:47
72	180	24	TA1253	Pg	Claassens	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:04:03
73	181	16	TA1364	Luan	Claassens	5km Trail Run/Walk	Male	4	Under 11	01:04:06
74	182	17	TA0036	Aiden	Van Zyl	5km Trail Run/Walk	Male	3	Under 11	01:04:21
75	183	14	TA1489	Oliver	Ioannou	5km Trail Run/Walk	Male	44	Veteran (40-49)	01:04:27
76	184	18	TA1394	Liam	Ioannou	5km Trail Run/Walk	Male	8	Under 11	01:04:29
77	186	19	TA1510	Merwe	Brink	5km Trail Run/Walk	Male	10	Under 11	01:05:25
78	188	15	TA1360	Allan	Barratt	5km Trail Run/Walk	Male	45	Veteran (40-49)	01:07:01
79	193	16	TA0167	Arthur	Webber	5km Trail Run/Walk	Male	48	Veteran (40-49)	01:08:45
80	198	25	TA1409	Corne	Bergakker	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:10:52
81	199	20	TA1374	Darius	Bergakker	5km Trail Run/Walk	Male	7	Under 11	01:11:08
82	204	2	TA0429	Reece	Jordaan	5km Trail Run/Walk	Male	15	12 to 15	01:14:53

83	205	21	TA1344	Owen	Van Straten	5km Trail Run/Walk	Male	6	Under 11	01:14:59
84	206	3	TA1319	Teagan	Jordaan	5km Trail Run/Walk	Male	12	12 to 15	01:15:01
85	207	22	TA1247	Ethan	Van Straten	5km Trail Run/Walk	Male	9	Under 11	01:15:02
86	210	23	TA1291	Daniel	Williams	5km Trail Run/Walk	Male	4	Under 11	01:19:25
87	211	26	TA1271	Raymond	Williams	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:19:27
88	212	24	TA1302	James	Williams	5km Trail Run/Walk	Male	5	Under 11	01:19:32
89	215	27	TA1431	Antonius	Mamehiswana	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:20:53
90	219	28	TA1356	Mark	Zimmer	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:24:14
91	223	29	TA0449	Teboho	Mareas	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:59:46

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1503	Kate	White	5km Trail Run/Walk	Female	11	Under 11	00:27:25
2	5	1	TA1242	Cara	Sykes	5km Trail Run/Walk	Female	27	Senior (19-29)	00:27:42
3	8	1	TA1323	Lynette	Hechter	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:28:49
4	10	1	TA1452	Louise	Jordaan	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:29:17
5	14	2	TA1359	Lornay	Nel	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:29:58
6	15	3	TA1887	Catherine	Aucamp	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:30:06
7	16	2	TRAIL10328	Kim	Le Roux	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:30:15
8	17	2	TA1229	Emilie	Nolet	5km Trail Run/Walk	Female	9	Under 11	00:30:48
9	18	4	TA1209	Louise	Fourie	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:30:54
10	22	1	TA1297	Debra Joy	Baron	5km Trail Run/Walk	Female	56	Master (50-59)	00:33:02
11	23	2	TA1487	Candice	Leonnox	5km Trail Run/Walk	Female	27	Senior (19-29)	00:33:04
12	24	3	TA1378	Alexia	Fernihough	5km Trail Run/Walk	Female	24	Senior (19-29)	00:33:41
13	31	3	TA1486	Este	Bosman	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:34:42
14	32	5	TA1376	Denise	Nelson	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:34:53
15	33	4	TA1358	Elizma	Schoeman	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:34:59
16	37	6	TA1468	Nosiseko	Biko	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:35:46
17	39	5	TA1537	Rachelle Benita	Van Zyl	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:36:10
18	40	7	TA1497	Lydia	Emmett	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:36:13
19	42	4	TA1266	Tina	Terblanche	5km Trail Run/Walk	Female	29	Senior (19-29)	00:36:49
20	43	5	TA1233	Micaela	Groenewald	5km Trail Run/Walk	Female	23	Senior (19-29)	00:36:53
21	45	3	TA1226	Rubin	Blom	5km Trail Run/Walk	Female	11	Under 11	00:37:14
22	46	8	TA1265	Rize	Blom	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:37:18
23	48	6	TA1389	Robyn	Bester	5km Trail Run/Walk	Female	25	Senior (19-29)	00:37:32
24	50	4	TA1362	Annabelle	Nolet	5km Trail Run/Walk	Female	7	Under 11	00:38:03
25	51	1	TA1472	Isabel	Nolet	5km Trail Run/Walk	Female	61	Grand-Master (60+)	00:38:04
26	54	9	TRAIL20082	Stacy	Poggenpoel	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:39:16
27	55	10	TA1295	Victoria	Bossert	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:39:56
28	56	2	TRAIL11315	Angela	Conway	5km Trail Run/Walk	Female	56	Master (50-59)	00:39:59
29	57	11	TA1493	Linette	Cowley	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:40:01
30	59	7	TA1749	Callyn	Bowler	5km Trail Run/Walk	Female	27	Senior (19-29)	00:40:13
31	62	6	TA0002	Madelein	Blom	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:40:35
32	63	7	TA1461	Tanya	Paine	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:40:37
33	64	8	TA0358	Christien	Engelbrecht	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:40:40
34	65	12	TRAIL12920	Veronica	Rowswell	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:40:43
35	66	8	TA1661	Anuschca	Vonvrandis	5km Trail Run/Walk	Female	29	Senior (19-29)	00:40:45
36	67	13	TA1224	Claire	Van Vreden	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:40:47
37	68	9	TA1432	Pippa	Kelly	5km Trail Run/Walk	Female	25	Senior (19-29)	00:40:49
38	70	14	TA1725	Cherise	Meadows	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:40:52
39	71	10	TA0490	Rene	Mocke	5km Trail Run/Walk	Female	23	Senior (19-29)	00:40:55
40	72	9	TA1284	Madelein	Mocke	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:40:57

41	74	5	TA1343	Else	Moolman	5km Trail Run/Walk	Female	9	Under 11	00:41:09
42	75	11	TA0313	Aliciacia	Koen	5km Trail Run/Walk	Female	24	Senior (19-29)	00:41:13
43	76	10	TA1390	Maureen	Grosvenor	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:41:25
44	79	15	TA1491	Liezel	Janse Van Rensburg	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:43:12
45	81	16	TA1386	Chantel	Van Tubbergh	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:43:30
46	82	11	TA1785	Inge	Economou	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:43:34
47	84	17	TA1276	Sipelele	Ngcwabe	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:43:42
48	85	18	TA1534	Bertha	Billings	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:43:57
49	87	12	TA0227	Adele	Adamstein	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:44:13
50	89	13	TA1429	Rene	Van Straten	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:44:26
51	92	14	TA1395	Regan	Demos	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:44:46
52	93	12	TA1261	Christil	Loubser-hattingh	5km Trail Run/Walk	Female	27	Senior (19-29)	00:45:12
53	94	13	TA1325	Tamryn	Jonker	5km Trail Run/Walk	Female	29	Senior (19-29)	00:45:16
54	95	3	TA0332	Alet	Van Staden	5km Trail Run/Walk	Female	51	Master (50-59)	00:45:52
55	96	15	TA1496	Elizabeth	Prinsloo	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:45:56
56	98	19	TA1210	Claudia	Tijssen	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:47:20
57	99	20	TA0223	Lorette	Van Wyk	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:47:21
58	100	16	TRAIL12765	Jeannette	Van Der Merwe	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:47:28
59	101	4	TA0436	Annalize	Fick	5km Trail Run/Walk	Female	55	Master (50-59)	00:47:30
60	102	17	TA1275	Melissa	Kelly	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:47:33
61	103	14	TA1436	Thokozani	Vilakazi	5km Trail Run/Walk	Female	20	Senior (19-29)	00:47:52
62	105	15	TA0394	Candace	Schoeman	5km Trail Run/Walk	Female	29	Senior (19-29)	00:47:58
63	107	21	TA1511	Selmie	Van Rensburg	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:48:02
64	110	2	TA1285	Wilna	Van Schoor	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:48:37
65	112	5	TA1482	Monica	Piek	5km Trail Run/Walk	Female	54	Master (50-59)	00:49:11
66	114	16	TA1622	Chris-mari	Prinsloo	5km Trail Run/Walk	Female	23	Senior (19-29)	00:49:27
67	115	3	TA1259	Aileen	Mollentze	5km Trail Run/Walk	Female	62	Grand-Master (60+)	00:49:30
68	117	18	TRAIL20000	Glizelle	Langerman	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:52:05
69	118	19	TA0401	Maryke	Kilian	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:52:36
70	120	20	TA1307	Ciska	Potgieter	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:53:03
71	121	21	TA1341	Janine	Claassens	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:53:29
72	125	22	TRAIL11232	Patricia	Minihold	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:54:02
73	126	22	TA1290	Celeste	Pretorius	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:54:11
74	127	6	TA1277	Sienna	Raffanti	5km Trail Run/Walk	Female	4	Under 11	00:54:21
75	129	23	TA1520	Christine	Heydenrych	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:54:56
76	131	7	TA1451	Josslyn	Cloete	5km Trail Run/Walk	Female	5	Under 11	00:55:45
77	132	24	TA1220	Nicolette	Cloete	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:55:46
78	133	8	TA0286	Lily	Sykes	5km Trail Run/Walk	Female	6	Under 11	00:55:49
79	134	1	TA0031	Kayla	Odendaal	5km Trail Run/Walk	Female	17	16 to 18	00:55:53
80	135	25	TA1471	Nadia	Ehlers	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:56:46
81	136	6	TA1768	Stella	Aldred	5km Trail Run/Walk	Female	50	Master (50-59)	00:56:48
82	137	17	TA0099	Coreen	Van Loggerenberg	5km Trail Run/Walk	Female	27	Senior (19-29)	00:57:02

83	139	1	TA1423	Michaela	Adamstein	5km Trail Run/Walk	Female	15	12 to 15	00:57:12
84	140	2	TA0537	Jaidyn	Gray	5km Trail Run/Walk	Female	16	16 to 18	00:57:17
85	141	18	TA1425	Gizelle	Stobrawe	5km Trail Run/Walk	Female	26	Senior (19-29)	00:57:27
86	142	3	TA1318	Jessica	Lin Deque	5km Trail Run/Walk	Female	18	16 to 18	00:57:29
87	143	4	TA1672	Rebecca	Lindeque	5km Trail Run/Walk	Female	17	16 to 18	00:57:30
88	144	9	TA1665	Elzabe	Blom	5km Trail Run/Walk	Female	10	Under 11	00:57:41
89	145	4	TA0368	Susan	Hall	5km Trail Run/Walk	Female	71	Grand-Master (60+)	00:57:46
90	146	7	TA1240	Maggie	Vermaak	5km Trail Run/Walk	Female	58	Master (50-59)	00:57:48
91	147	26	TA1558	Anneleen	Barnard	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:57:50
92	149	19	TA1544	Celia	Van Wyk	5km Trail Run/Walk	Female	28	Senior (19-29)	00:57:57
93	150	10	TA1251	Bailey	Sykes	5km Trail Run/Walk	Female	2	Under 11	00:58:54
94	155	11	TA0183	Ivanke	Hanekom	5km Trail Run/Walk	Female	8	Under 11	01:00:27
95	156	12	TA1317	Anika	Mahne	5km Trail Run/Walk	Female	10	Under 11	01:00:31
96	158	23	TA1521	Mmaditsienyane	Komako	5km Trail Run/Walk	Female	47	Veteran (40-49)	01:00:41
97	159	13	TA1349	Morne	De Bruin	5km Trail Run/Walk	Female	11	Under 11	01:00:48
98	160	5	TA0163	Karien	Van Deventer	5km Trail Run/Walk	Female	60	Grand-Master (60+)	01:01:08
99	162	24	TA1477	Marizan	Hanekom	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:01:15
100	164	27	TA1212	Rolanda	Young	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:01:22
101	166	8	TA1393	Michelle	Heuer	5km Trail Run/Walk	Female	54	Master (50-59)	01:01:57
102	168	20	TA0414	Ilze	Koen	5km Trail Run/Walk	Female	22	Senior (19-29)	01:02:35
103	170	14	TA0299	Saige	Daniels	5km Trail Run/Walk	Female	11	Under 11	01:02:51
104	171	25	TA1256	Tanya	Baird	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:02:52
105	173	26	TA0001	Antoinette	De Waal	5km Trail Run/Walk	Female	41	Veteran (40-49)	01:02:59
106	174	27	TA1535	Nadia	De Bruin	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:03:06
107	175	28	TA1415	Morne	De Bruin	5km Trail Run/Walk	Female	45	Veteran (40-49)	01:03:07
108	179	21	TA1292	Mariska	Du Plessis	5km Trail Run/Walk	Female	29	Senior (19-29)	01:03:49
109	185	29	TA0397	Liezel	Brink	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:05:24
110	187	15	TA1281	Lone	Brink	5km Trail Run/Walk	Female	8	Under 11	01:06:31
111	189	9	TA0508	Juanita	Duffield	5km Trail Run/Walk	Female	52	Master (50-59)	01:07:02
112	190	30	TA1445	Carla	Ferreira	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:07:07
113	191	16	TA1400	Lisa_marie	Biddulph	5km Trail Run/Walk	Female	9	Under 11	01:07:10
114	192	31	TA1387	Estelle	Webber	5km Trail Run/Walk	Female	46	Veteran (40-49)	01:08:43
115	194	17	TA1517	Arno	De Bruin	5km Trail Run/Walk	Female	10	Under 11	01:08:47
116	195	32	TA1260	Andriette	Keyser Bergakker	5km Trail Run/Walk	Female	40	Veteran (40-49)	01:09:04
117	196	28	TA1371	Laura	Mcharg	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:10:46
118	197	29	TA1370	Hayley	Cairns	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:10:49
119	200	33	TA1337	Anita	Van Wyk	5km Trail Run/Walk	Female	40	Veteran (40-49)	01:11:27
120	201	22	TA1484	Tannith	Heuer	5km Trail Run/Walk	Female	21	Senior (19-29)	01:11:30
121	202	30	TA1515	Antonia	Bezuidenhout	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:14:35
122	203	23	TA1270	Andriza	Liebenberg	5km Trail Run/Walk	Female	29	Senior (19-29)	01:14:41
123	208	10	TA0276	Christina	Marais	5km Trail Run/Walk	Female	57	Master (50-59)	01:16:54
124	209	6	TRAIL20357	Elise	Loubser	5km Trail Run/Walk	Female	67	Grand-Master (60+)	01:17:30

125	213	31	TA1258	Candice	Williams	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:19:34
126	214	24	TA0462	Dorcas	Molise	5km Trail Run/Walk	Female	28	Senior (19-29)	01:20:51
127	216	25	TA1347	Natalie	Barathan	5km Trail Run/Walk	Female	29	Senior (19-29)	01:20:59
128	217	26	TA1280	Carla	Van Dyk	5km Trail Run/Walk	Female	28	Senior (19-29)	01:21:08
129	218	27	TA1367	Melani	Zimmer	5km Trail Run/Walk	Female	28	Senior (19-29)	01:21:34
130	220	32	TA0094	Sibongile	Ndebele	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:59:19
131	221	18	TA1279	Buhlebemvelo	Mareas	5km Trail Run/Walk	Female	7	Under 11	01:59:24
132	222	19	TA1512	Amohelang	Mareas	5km Trail Run/Walk	Female	5	Under 11	01:59:43
133	224	20	TA0567	Minenhle	Ndebele	5km Trail Run/Walk	Female	2	Under 11	01:59:50