

# AdventureRun : The Big Red Barn

## The Big Red Barn Run on 24th June 2018



| 21km Trail Run/Walk:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA2958 | Kallie | Burger | 21km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 01:27:18 |
| 2 | 2 | 2 | TA2520 | Terence | Steeneveldt | 21km Trail Run/Walk | Male | 39 | Sub-Veteran (30-39) | 01:34:53 |
| 3 | 3 | 1 | TA2929 | Sipho | Cebekhulu | 21km Trail Run/Walk | Male | 25 | Senior (19-29) | 01:37:24 |
| 4 | 4 | 1 | TA3488 | Simon | Mokoena | 21km Trail Run/Walk | Male | 45 | Veteran (40-49) | 01:46:48 |
| 5 | 6 | 3 | TA2962 | Marco | Buthelezi | 21km Trail Run/Walk | Male | 35 | Sub-Veteran (30-39) | 01:48:59 |
| 6 | 7 | 2 | TA2652 | Ashley | Benatar | 21km Trail Run/Walk | Male | 44 | Veteran (40-49) | 01:49:46 |
| 7 | 10 | 4 | TA2613 | Daryl | Mulder | 21km Trail Run/Walk | Male | 38 | Sub-Veteran (30-39) | 02:02:10 |
| 8 | 13 | 3 | TA2920 | John | Le Roux | 21km Trail Run/Walk | Male | 40 | Veteran (40-49) | 02:03:46 |
| 9 | 14 | 1 | TA3041 | Andre | Jacobs | 21km Trail Run/Walk | Male | 52 | Master (50-59) | 02:03:52 |
| 10 | 15 | 2 | TA2559 | Mark | Humphreys | 21km Trail Run/Walk | Male | 51 | Master (50-59) | 02:04:44 |
| 11 | 16 | 5 | TA3033 | Michiel | Jonker | 21km Trail Run/Walk | Male | 34 | Sub-Veteran (30-39) | 02:06:53 |
| 12 | 20 | 6 | TA2441 | Chris | Blake | 21km Trail Run/Walk | Male | 34 | Sub-Veteran (30-39) | 02:12:47 |
| 13 | 21 | 4 | TA2972 | Brett | Beugrley | 21km Trail Run/Walk | Male | 45 | Veteran (40-49) | 02:16:10 |
| 14 | 22 | 5 | TRAIL10112 | Mark | Dold | 21km Trail Run/Walk | Male | 49 | Veteran (40-49) | 02:17:30 |
| 15 | 23 | 6 | TA2948 | Cedrick | Majoko | 21km Trail Run/Walk | Male | 41 | Veteran (40-49) | 02:19:37 |
| 16 | 24 | 7 | TA2978 | Marco | Alexandre | 21km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 02:22:56 |
| 17 | 25 | 8 | TA2527 | Lejone | Matsela | 21km Trail Run/Walk | Male | 36 | Sub-Veteran (30-39) | 02:25:28 |
| 18 | 26 | 1 | TA2438 | Austin | Kelsey | 21km Trail Run/Walk | Male | 65 | Grand-Master (60+) | 02:34:20 |
| 19 | 28 | 9 | TA3412 | Lars | Kurvers | 21km Trail Run/Walk | Male | 31 | Sub-Veteran (30-39) | 02:41:53 |
| 20 | 30 | 10 | TA2686 | Abraham | Motana | 21km Trail Run/Walk | Male | 39 | Sub-Veteran (30-39) | 02:50:03 |
| 21 | 35 | 2 | TA2970 | Dean | Mccleland | 21km Trail Run/Walk | Male | 65 | Grand-Master (60+) | 03:49:47 |
| 22 | 36 | 3 | TRAIL12613 | Meyer Albert | Guinsberg | 21km Trail Run/Walk | Male | 68 | Grand-Master (60+) | 03:49:47 |
| 23 | 37 | 2 | TA3019 | Szymon | Welgus | 21km Trail Run/Walk | Male | 24 | Senior (19-29) | 03:50:20 |

| 21km Trail Run/Walk:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 5 | 1 | TRAIL10349 | Tumi | Matlou | 21km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:47:38 |
| 2 | 8 | 2 | TA3440 | Sabrina | Daolio | 21km Trail Run/Walk | Female | 26 | Senior (19-29) | 01:56:14 |
| 3 | 9 | 1 | TA2684 | Sam | Ryder | 21km Trail Run/Walk | Female | 44 | Veteran (40-49) | 02:00:38 |
| 4 | 11 | 3 | TA2901 | Nicky | Sankey | 21km Trail Run/Walk | Female | 22 | Senior (19-29) | 02:02:28 |
| 5 | 12 | 2 | TA2658 | Tessa | De Wet | 21km Trail Run/Walk | Female | 42 | Veteran (40-49) | 02:03:36 |
| 6 | 17 | 1 | TA2551 | Jacqueline | Dersley | 21km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 02:07:35 |
| 7 | 18 | 3 | TA3443 | Tobie | Reyneke | 21km Trail Run/Walk | Female | 46 | Veteran (40-49) | 02:09:35 |
| 8 | 19 | 1 | TA3464 | Alicia | Jordan | 21km Trail Run/Walk | Female | 50 | Master (50-59) | 02:12:16 |
| 9 | 27 | 4 | TA3540 | Isabelle | Van Kronenburg | 21km Trail Run/Walk | Female | 28 | Senior (19-29) | 02:41:50 |
| 10 | 29 | 4 | TRAIL10053 | Adele | Sutherland | 21km Trail Run/Walk | Female | 40 | Veteran (40-49) | 02:49:47 |
| 11 | 31 | 2 | TA3475 | Brigitte | Madlener | 21km Trail Run/Walk | Female | 59 | Master (50-59) | 03:03:21 |
| 12 | 32 | 5 | TA3466 | Kerry | O Farrell | 21km Trail Run/Walk | Female | 42 | Veteran (40-49) | 03:03:27 |
| 13 | 33 | 6 | TA2598 | Francis Anne | Rogan | 21km Trail Run/Walk | Female | 41 | Veteran (40-49) | 03:03:30 |
| 14 | 34 | 7 | TRAIL11798 | Antoinette | Hartslief | 21km Trail Run/Walk | Female | 47 | Veteran (40-49) | 03:13:30 |
| 15 | 38 | 5 | TA2554 | Preshentha | Naidoo | 21km Trail Run/Walk | Female | 29 | Senior (19-29) | 03:50:22 |

| 15km Trail Run/Walk:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 2 | 1 | TA2537 | Rethabile | Skhosana | 15km Trail Run/Walk | Male | 26 | Senior (19-29) | 01:26:44 |
| 2 | 3 | 1 | TA2961 | Jaco | Lourens | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:27:44 |
| 3 | 4 | 2 | TA2932 | Matthew | Hume | 15km Trail Run/Walk | Male | 35 | Sub-Veteran (30-39) | 01:27:59 |
| 4 | 5 | 1 | TA2560 | Johan | Jacobs | 15km Trail Run/Walk | Male | 41 | Veteran (40-49) | 01:28:32 |
| 5 | 6 | 2 | TA2955 | Tshepo | Matlala | 15km Trail Run/Walk | Male | 25 | Senior (19-29) | 01:31:36 |
| 6 | 7 | 3 | TRAIL12341 | Charles | Norman | 15km Trail Run/Walk | Male | 39 | Sub-Veteran (30-39) | 01:31:39 |
| 7 | 8 | 2 | TA2494 | Digby | Ryder | 15km Trail Run/Walk | Male | 46 | Veteran (40-49) | 01:31:51 |
| 8 | 9 | 1 | TA2935 | Murray | Paton | 15km Trail Run/Walk | Male | 53 | Master (50-59) | 01:33:44 |
| 9 | 11 | 3 | TA2155 | Tjaart | Coetzee | 15km Trail Run/Walk | Male | 45 | Veteran (40-49) | 01:35:41 |
| 10 | 12 | 4 | TA2434 | Justin | Crawford | 15km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 01:35:51 |
| 11 | 16 | 4 | TA2519 | Frans | Geldenhuys | 15km Trail Run/Walk | Male | 40 | Veteran (40-49) | 01:37:49 |
| 12 | 21 | 5 | TA2909 | Jacob | Mokagane | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:41:36 |
| 13 | 23 | 6 | TA3002 | Andre | Nepgen | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:42:03 |
| 14 | 24 | 1 | TA2942 | Werner | Jakoby | 15km Trail Run/Walk | Male | 62 | Grand-Master (60+) | 01:43:49 |
| 15 | 25 | 5 | TA3444 | Pieter Abraham | Botha | 15km Trail Run/Walk | Male | 49 | Veteran (40-49) | 01:44:37 |
| 16 | 26 | 7 | TA3053 | Thato | Thato | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:45:17 |
| 17 | 29 | 3 | TA2952 | Jacques | Roux | 15km Trail Run/Walk | Male | 29 | Senior (19-29) | 01:45:56 |
| 18 | 30 | 6 | TRAIL11023 | Grant | Hall | 15km Trail Run/Walk | Male | 48 | Veteran (40-49) | 01:46:03 |
| 19 | 31 | 8 | TA2940 | Ryan | Shein | 15km Trail Run/Walk | Male | 34 | Sub-Veteran (30-39) | 01:46:32 |
| 20 | 32 | 9 | TA2624 | Craig | Wetner | 15km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 01:46:35 |
| 21 | 33 | 2 | TA2951 | Peter | Molenaar | 15km Trail Run/Walk | Male | 61 | Grand-Master (60+) | 01:47:20 |
| 22 | 34 | 10 | TA2918 | Joseph | Lethoba | 15km Trail Run/Walk | Male | 31 | Sub-Veteran (30-39) | 01:47:25 |
| 23 | 36 | 7 | TA3480 | Mauro | Belotti | 15km Trail Run/Walk | Male | 41 | Veteran (40-49) | 01:49:01 |
| 24 | 37 | 4 | TA2989 | Tshepo | Mangena | 15km Trail Run/Walk | Male | 26 | Senior (19-29) | 01:49:29 |
| 25 | 38 | 11 | TA3483 | Karl-heinz | Michel | 15km Trail Run/Walk | Male | 31 | Sub-Veteran (30-39) | 01:50:04 |
| 26 | 39 | 3 | TA2497 | John | Vermeulen | 15km Trail Run/Walk | Male | 60 | Grand-Master (60+) | 01:50:47 |
| 27 | 41 | 12 | TA2454 | Sibusiso | Mashinini | 15km Trail Run/Walk | Male | 36 | Sub-Veteran (30-39) | 01:51:32 |
| 28 | 42 | 8 | TA2675 | Jason | Fritz | 15km Trail Run/Walk | Male | 43 | Veteran (40-49) | 01:51:36 |
| 29 | 44 | 9 | TA2914 | David | Berkowitz | 15km Trail Run/Walk | Male | 41 | Veteran (40-49) | 01:52:18 |
| 30 | 46 | 2 | TA2436 | Vince | Boulle | 15km Trail Run/Walk | Male | 53 | Master (50-59) | 01:53:18 |
| 31 | 48 | 13 | TA3049 | Mashudu | Serovha | 15km Trail Run/Walk | Male | 38 | Sub-Veteran (30-39) | 01:53:30 |
| 32 | 49 | 4 | TA2433 | Kosie | Van Vuuren | 15km Trail Run/Walk | Male | 64 | Grand-Master (60+) | 01:53:54 |
| 33 | 50 | 14 | TA3534 | Hannes | Koegelenberg | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:54:01 |
| 34 | 51 | 15 | TA2592 | Ricardo | Da Paixao | 15km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 01:55:57 |
| 35 | 54 | 16 | TA2483 | Henho | Kruger | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:58:13 |
| 36 | 58 | 17 | TA2936 | Tumisho | Maduane | 15km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 02:06:03 |
| 37 | 61 | 3 | TRAIL10533 | Frik | Du Preez | 15km Trail Run/Walk | Male | 59 | Master (50-59) | 02:11:19 |
| 38 | 62 | 18 | TA2650 | Edward | Mello | 15km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 02:12:31 |
| 39 | 63 | 5 | TA2960 | Trevor | Mthombothi | 15km Trail Run/Walk | Male | 29 | Senior (19-29) | 02:12:39 |
| 40 | 68 | 6 | TA3490 | Christopher | Schwagele | 15km Trail Run/Walk | Male | 29 | Senior (19-29) | 02:15:00 |

| 15km Trail Run/Walk:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA1868 | Andi | Van Der Mescht | 15km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:22:15 |
| 2 | 10 | 1 | TRAIL10802 | Marietha | Stander | 15km Trail Run/Walk | Female | 41 | Veteran (40-49) | 01:35:39 |
| 3 | 13 | 1 | TA3401 | Leeanne | Neilson | 15km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:36:00 |
| 4 | 14 | 2 | TA2994 | Tessa | Lefrere | 15km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:36:06 |
| 5 | 15 | 3 | TA3027 | Lauren | Mostert | 15km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:36:07 |
| 6 | 17 | 1 | TA3481 | Kathryn | Paton | 15km Trail Run/Walk | Female | 51 | Master (50-59) | 01:38:02 |
| 7 | 18 | 4 | TA2902 | Belinda | Cawood | 15km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:38:18 |
| 8 | 19 | 5 | TA2691 | Avashni | Dass | 15km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:38:21 |
| 9 | 20 | 6 | TA2655 | Tammy | Wolhuter | 15km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:40:54 |
| 10 | 22 | 2 | TA3539 | Talia | Harrison | 15km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:41:57 |
| 11 | 27 | 7 | TA3406 | Magdelie | Wilken | 15km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 01:45:27 |
| 12 | 28 | 8 | TA2492 | Gerda | Groenewald | 15km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 01:45:47 |
| 13 | 35 | 3 | TA2526 | June | Pieterse | 15km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:47:36 |
| 14 | 40 | 9 | TA3459 | Arlene | Weber | 15km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:51:22 |
| 15 | 43 | 2 | TA3494 | Deborah | Household | 15km Trail Run/Walk | Female | 49 | Veteran (40-49) | 01:52:16 |
| 16 | 45 | 3 | TA2666 | Angela | Boulle | 15km Trail Run/Walk | Female | 47 | Veteran (40-49) | 01:52:48 |
| 17 | 47 | 4 | TA3489 | Jenece | Rowe | 15km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:53:27 |
| 18 | 52 | 5 | TRAIL11652 | Chelsea | Muller | 15km Trail Run/Walk | Female | 25 | Senior (19-29) | 01:57:23 |
| 19 | 53 | 10 | TA1877 | Inge | Wagenaar | 15km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:57:43 |
| 20 | 55 | 2 | TA2567 | Bailey | Blake | 15km Trail Run/Walk | Female | 57 | Master (50-59) | 01:58:33 |
| 21 | 56 | 4 | TA3055 | Linda | Calore | 15km Trail Run/Walk | Female | 49 | Veteran (40-49) | 01:59:23 |
| 22 | 57 | 5 | TA2498 | Karen | Denny | 15km Trail Run/Walk | Female | 41 | Veteran (40-49) | 02:00:44 |
| 23 | 59 | 11 | TA3513 | Lindsey | Lotringer | 15km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 02:06:32 |
| 24 | 60 | 6 | TA2679 | Carmen | Amdur | 15km Trail Run/Walk | Female | 46 | Veteran (40-49) | 02:10:49 |
| 25 | 64 | 12 | TA3537 | Thokozani | Norushe | 15km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 02:13:03 |
| 26 | 65 | 7 | TA2617 | Diane | Teles | 15km Trail Run/Walk | Female | 40 | Veteran (40-49) | 02:14:28 |
| 27 | 66 | 6 | TA3021 | Brittany | De Andrade | 15km Trail Run/Walk | Female | 25 | Senior (19-29) | 02:14:46 |
| 28 | 67 | 13 | TA3407 | Nicky | Schwagele | 15km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 02:14:58 |
| 29 | 69 | 14 | TA2653 | Zodwa | Kgokong | 15km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 02:15:51 |
| 30 | 70 | 15 | TA2464 | Cleopatra | Silaule | 15km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 02:39:04 |
| 31 | 71 | 1 | TA3535 | Sue | Darroll | 15km Trail Run/Walk | Female | 67 | Grand-Master (60+) | 03:20:09 |
| 32 | 72 | 2 | TRAIL12321 | Dorothy | Van Heerden | 15km Trail Run/Walk | Female | 74 | Grand-Master (60+) | 03:20:15 |
| 33 | 73 | 3 | TRAIL12324 | Frances | Steel | 15km Trail Run/Walk | Female | 73 | Grand-Master (60+) | 03:20:18 |

| 10km Trail Run/Walk:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA2114 | Iain | Morshead | 10km Trail Run/Walk | Male | 53 | Master (50-59) | 00:46:15 |
| 2 | 2 | 1 | TA0632 | Bradley | Boulle | 10km Trail Run/Walk | Male | 17 | 16 to 18 | 00:49:59 |
| 3 | 4 | 1 | TRAIL10746 | Hilton | Neuwerth | 10km Trail Run/Walk | Male | 41 | Veteran (40-49) | 00:53:58 |
| 4 | 5 | 2 | TRAIL10126 | William | Harris | 10km Trail Run/Walk | Male | 45 | Veteran (40-49) | 00:55:31 |
| 5 | 7 | 3 | TA1893 | Ratauratau | Van Rensburg | 10km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:58:27 |
| 6 | 9 | 2 | TA2110 | Alexander | Morris | 10km Trail Run/Walk | Male | 18 | 16 to 18 | 00:59:24 |
| 7 | 12 | 4 | TA2242 | John | Workman | 10km Trail Run/Walk | Male | 43 | Veteran (40-49) | 01:01:05 |
| 8 | 14 | 5 | TRAIL12830 | Paul | Norris | 10km Trail Run/Walk | Male | 46 | Veteran (40-49) | 01:01:36 |
| 9 | 16 | 2 | TA1185 | Clive | Whitlow | 10km Trail Run/Walk | Male | 56 | Master (50-59) | 01:02:41 |
| 10 | 17 | 1 | TA2295 | Jaisheel | Mistry | 10km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 01:02:52 |
| 11 | 19 | 2 | TA2278 | Dale | Riches | 10km Trail Run/Walk | Male | 34 | Sub-Veteran (30-39) | 01:03:58 |
| 12 | 21 | 3 | TA0815 | Carel | Van Aardt | 10km Trail Run/Walk | Male | 56 | Master (50-59) | 01:05:29 |
| 13 | 22 | 1 | TRAIL12421 | Herman | Vermaak | 10km Trail Run/Walk | Male | 62 | Grand-Master (60+) | 01:05:53 |
| 14 | 23 | 2 | TRAIL10642 | Johan | Fourie | 10km Trail Run/Walk | Male | 63 | Grand-Master (60+) | 01:05:56 |
| 15 | 32 | 3 | TA1128 | Paulo | Teixeira | 10km Trail Run/Walk | Male | 36 | Sub-Veteran (30-39) | 01:10:32 |
| 16 | 35 | 4 | TA0781 | Theunis | Human | 10km Trail Run/Walk | Male | 34 | Sub-Veteran (30-39) | 01:10:57 |
| 17 | 39 | 1 | TRAIL12036 | Dhiren | Mocktar | 10km Trail Run/Walk | Male | 28 | Senior (19-29) | 01:13:12 |
| 18 | 40 | 4 | TA0751 | Paul | Hammerton | 10km Trail Run/Walk | Male | 55 | Master (50-59) | 01:13:23 |
| 19 | 43 | 3 | TA0666 | Pierre | Joubert | 10km Trail Run/Walk | Male | 60 | Grand-Master (60+) | 01:14:24 |
| 20 | 50 | 6 | TA0773 | Gavin | Kruger | 10km Trail Run/Walk | Male | 43 | Veteran (40-49) | 01:16:52 |
| 21 | 56 | 5 | TA1177 | Ben | Kachelhoffer | 10km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 01:18:29 |
| 22 | 60 | 6 | TA0680 | Shimane | Mogototoane | 10km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 01:20:38 |
| 23 | 69 | 2 | TA2429 | Johan | Pretorius | 10km Trail Run/Walk | Male | 28 | Senior (19-29) | 01:23:15 |
| 24 | 70 | 7 | TA3070 | Sicelo | Masina | 10km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 01:23:23 |
| 25 | 72 | 3 | TA0795 | Louis | De Jager | 10km Trail Run/Walk | Male | 21 | Senior (19-29) | 01:24:31 |
| 26 | 77 | 7 | TA1132 | August | Lekgoathi | 10km Trail Run/Walk | Male | 44 | Veteran (40-49) | 01:31:13 |
| 27 | 79 | 5 | TRAIL10317 | Geoff | Botes | 10km Trail Run/Walk | Male | 58 | Master (50-59) | 01:33:08 |
| 28 | 81 | 4 | TRAIL13030 | Dj | Pieterse | 10km Trail Run/Walk | Male | 29 | Senior (19-29) | 01:33:47 |
| 29 | 82 | 1 | TA2224 | Mthunzi | Ngwenya | 10km Trail Run/Walk | Male | 12 | 12 to 15 | 01:38:58 |
| 30 | 83 | 2 | TA1025 | Cameron | Mansfield | 10km Trail Run/Walk | Male | 12 | 12 to 15 | 01:39:02 |
| 31 | 84 | 6 | TA0717 | Brian | Hobgan | 10km Trail Run/Walk | Male | 52 | Master (50-59) | 01:39:12 |
| 32 | 91 | 3 | TA1852 | Lieve | Geuns | 10km Trail Run/Walk | Male | 18 | 16 to 18 | 01:45:44 |
| 33 | 92 | 4 | TA1899 | Andrew | Moxley | 10km Trail Run/Walk | Male | 64 | Grand-Master (60+) | 01:47:02 |
| 34 | 93 | 5 | TRAIL12320 | Trevor | Smythe | 10km Trail Run/Walk | Male | 62 | Grand-Master (60+) | 01:47:45 |

| 10km Trail Run/Walk:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 3 | 1 | TA0727 | Shelby | Fraser | 10km Trail Run/Walk | Female | 25 | Senior (19-29) | 00:53:38 |
| 2 | 6 | 1 | TA1017 | Debbie | Ward Fritz | 10km Trail Run/Walk | Female | 46 | Veteran (40-49) | 00:57:07 |
| 3 | 8 | 1 | TRAIL12299 | Janeane | Watt | 10km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 00:58:40 |
| 4 | 10 | 1 | TA3036 | Lea | Bettini | 10km Trail Run/Walk | Female | 18 | 16 to 18 | 00:59:52 |
| 5 | 11 | 2 | TA1846 | Luzaan | De Kock | 10km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:00:44 |
| 6 | 13 | 2 | TRAIL12658 | Zamile | Njoko | 10km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 01:01:09 |
| 7 | 15 | 2 | TA1112 | Nadene | Visser | 10km Trail Run/Walk | Female | 49 | Veteran (40-49) | 01:02:21 |
| 8 | 18 | 3 | TRAIL10430 | Celia | Van Niekerk | 10km Trail Run/Walk | Female | 47 | Veteran (40-49) | 01:03:36 |
| 9 | 20 | 4 | TA1130 | Liana | Griesel | 10km Trail Run/Walk | Female | 48 | Veteran (40-49) | 01:05:18 |
| 10 | 24 | 3 | TA0794 | Taryn | Hands | 10km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:06:00 |
| 11 | 25 | 3 | TA0659 | Caitlin | Meyer | 10km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 01:06:02 |
| 12 | 26 | 1 | TA2516 | Karren | Soderholm | 10km Trail Run/Walk | Female | 53 | Master (50-59) | 01:06:17 |
| 13 | 27 | 5 | TA0668 | Dominique | Kruger | 10km Trail Run/Walk | Female | 44 | Veteran (40-49) | 01:08:40 |
| 14 | 28 | 4 | TA2130 | Joanna | Barnard | 10km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 01:08:45 |
| 15 | 29 | 5 | TRAIL11670 | Nicky | Du Preez | 10km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 01:09:01 |
| 16 | 30 | 6 | TA0674 | Mari | Van Der Merwe | 10km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 01:09:17 |
| 17 | 31 | 7 | TA2124 | Nicole | Robb | 10km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 01:09:57 |
| 18 | 33 | 2 | TA1161 | Carol | Molenaar | 10km Trail Run/Walk | Female | 58 | Master (50-59) | 01:10:46 |
| 19 | 34 | 8 | TA2176 | Annemarie | Linde | 10km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:10:54 |
| 20 | 36 | 9 | TA1027 | Kerry | Bok | 10km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:11:30 |
| 21 | 37 | 3 | TA0694 | Fleur | Morris | 10km Trail Run/Walk | Female | 53 | Master (50-59) | 01:12:31 |
| 22 | 38 | 1 | TRAIL10045 | Petro | Vermaak | 10km Trail Run/Walk | Female | 61 | Grand-Master (60+) | 01:13:09 |
| 23 | 41 | 6 | TA0774 | Carla | Mancini | 10km Trail Run/Walk | Female | 43 | Veteran (40-49) | 01:13:56 |
| 24 | 42 | 4 | TA2227 | Hilde | Strauss | 10km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:14:02 |
| 25 | 44 | 7 | TA0850 | Adele | Olevano | 10km Trail Run/Walk | Female | 49 | Veteran (40-49) | 01:14:49 |
| 26 | 45 | 8 | TA0654 | Jo-anne | Mitchell-marais | 10km Trail Run/Walk | Female | 40 | Veteran (40-49) | 01:15:22 |
| 27 | 46 | 5 | TA1065 | Jennifer | Antocich | 10km Trail Run/Walk | Female | 28 | Senior (19-29) | 01:15:25 |
| 28 | 47 | 10 | TA1741 | Julie | Teixeira | 10km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 01:15:33 |
| 29 | 48 | 9 | TA0745 | Claudia | Fourie | 10km Trail Run/Walk | Female | 43 | Veteran (40-49) | 01:15:34 |
| 30 | 49 | 11 | TA0660 | Mari-louise | Bezuidenhout | 10km Trail Run/Walk | Female | 34 | Sub-Veteran (30-39) | 01:16:47 |
| 31 | 51 | 12 | TA1175 | Renee | Van Heerden | 10km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:17:35 |
| 32 | 52 | 13 | TA0645 | Nikki | Kloppers | 10km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:18:00 |
| 33 | 53 | 10 | TRAIL11060 | Sheridan | Neuwerth | 10km Trail Run/Walk | Female | 42 | Veteran (40-49) | 01:18:10 |
| 34 | 54 | 14 | TA2140 | Monique | Boshoff | 10km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 01:18:21 |
| 35 | 55 | 6 | TA2121 | Christine | Strauss | 10km Trail Run/Walk | Female | 25 | Senior (19-29) | 01:18:25 |
| 36 | 57 | 15 | TRAIL10546 | Lea-anne | Neuwerth | 10km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:19:27 |
| 37 | 58 | 16 | TA2296 | Nomfundo | Nhleko | 10km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:20:28 |
| 38 | 59 | 1 | TA2250 | Alexis | Smith | 10km Trail Run/Walk | Female | 13 | 12 to 15 | 01:20:32 |
| 39 | 61 | 17 | TA1867 | Phodiso | Mogototoane | 10km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:20:43 |
| 40 | 62 | 18 | TA2160 | Laraine | Van Rooyen | 10km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 01:21:14 |

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|---|---|---|---|---|---|---|---|---|---|---|
| 41 | 63 | 19 | TA1064 | Jennifer | Hislop | 10km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:21:33 |
| 42 | 64 | 20 | TA0864 | Lize | Coetzer | 10km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 01:21:59 |
| 43 | 65 | 11 | TA2293 | Karinda | Basson | 10km Trail Run/Walk | Female | 46 | Veteran (40-49) | 01:22:24 |
| 44 | 66 | 21 | TA2182 | Zukiswa | Mbilini | 10km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:23:00 |
| 45 | 67 | 12 | TRAIL10696 | Isabel | Vd Walt | 10km Trail Run/Walk | Female | 45 | Veteran (40-49) | 01:23:02 |
| 46 | 68 | 22 | TA2204 | Stacy | Poggenpoel | 10km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:23:06 |
| 47 | 71 | 13 | TA2152 | Silvana | Carraggi | 10km Trail Run/Walk | Female | 47 | Veteran (40-49) | 01:23:31 |
| 48 | 73 | 23 | TA0711 | Puseletso | Sedibana | 10km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 01:28:25 |
| 49 | 74 | 7 | TA1016 | Natasha | Soma | 10km Trail Run/Walk | Female | 27 | Senior (19-29) | 01:28:53 |
| 50 | 75 | 8 | TA1891 | Lene | Johnson | 10km Trail Run/Walk | Female | 28 | Senior (19-29) | 01:28:56 |
| 51 | 76 | 24 | TA2318 | Motheo | Maxes | 10km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:31:08 |
| 52 | 78 | 4 | TRAIL10675 | Elize | Botes | 10km Trail Run/Walk | Female | 55 | Master (50-59) | 01:33:06 |
| 53 | 80 | 9 | TRAIL12098 | Chantelle | Pieterse | 10km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:33:18 |
| 54 | 85 | 14 | TA1039 | Mary-anne | Mansfield | 10km Trail Run/Walk | Female | 43 | Veteran (40-49) | 01:39:17 |
| 55 | 86 | 1 | TA1121 | Akhona | Ndaba | 10km Trail Run/Walk | Female | 11 | Under 11 | 01:39:37 |
| 56 | 87 | 2 | TA2166 | Helen | Halford | 10km Trail Run/Walk | Female | 62 | Grand-Master (60+) | 01:40:45 |
| 57 | 88 | 25 | TA2303 | Leanne | Weiner | 10km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 01:44:03 |
| 58 | 89 | 10 | TA2146 | Zana | Basic | 10km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:44:13 |
| 59 | 90 | 11 | TA2339 | Stevel | Barnes | 10km Trail Run/Walk | Female | 29 | Senior (19-29) | 01:44:21 |

| 5km Trail Run/Walk:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA0392 | Hopewell | Nkosi | 5km Trail Run/Walk | Male | 18 | 16 to 18 | 00:22:07 |
| 2 | 2 | 1 | TA1728 | Machiel | Bezuidenhout | 5km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:27:25 |
| 3 | 5 | 1 | TA0158 | Bruce | Vorster | 5km Trail Run/Walk | Male | 54 | Master (50-59) | 00:31:34 |
| 4 | 7 | 1 | TA0391 | John-hunter | Le Roux | 5km Trail Run/Walk | Male | 12 | 12 to 15 | 00:31:44 |
| 5 | 9 | 1 | TA0574 | Neil | Coetzer | 5km Trail Run/Walk | Male | 32 | Sub-Veteran (30-39) | 00:32:57 |
| 6 | 10 | 2 | TA1467 | Lineshan | Govender | 5km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 00:33:09 |
| 7 | 14 | 2 | TA0487 | Justin | Van Heerden | 5km Trail Run/Walk | Male | 15 | 12 to 15 | 00:35:00 |
| 8 | 16 | 3 | TA0565 | Arno | Lourens | 5km Trail Run/Walk | Male | 38 | Sub-Veteran (30-39) | 00:35:33 |
| 9 | 18 | 1 | TA0349 | Stefan | Oosthuizen | 5km Trail Run/Walk | Male | 26 | Senior (19-29) | 00:35:41 |
| 10 | 19 | 2 | TA0155 | Regardt | Van Vuuren | 5km Trail Run/Walk | Male | 29 | Senior (19-29) | 00:35:52 |
| 11 | 20 | 3 | TA0206 | James | Kiggell | 5km Trail Run/Walk | Male | 23 | Senior (19-29) | 00:36:00 |
| 12 | 22 | 1 | TA0002 | Henri | Otto | 5km Trail Run/Walk | Male | 9 | Under 11 | 00:36:18 |
| 13 | 23 | 2 | TA1765 | Johnny | Van Der Westhuizen | 5km Trail Run/Walk | Male | 44 | Veteran (40-49) | 00:36:25 |
| 14 | 24 | 3 | TA2116 | Riaan | Barnard | 5km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:36:27 |
| 15 | 28 | 4 | TRAIL10426 | Charl | Greyvensteyn | 5km Trail Run/Walk | Male | 48 | Veteran (40-49) | 00:37:34 |
| 16 | 29 | 4 | TA2314 | Helder | Morais | 5km Trail Run/Walk | Male | 37 | Sub-Veteran (30-39) | 00:38:01 |
| 17 | 30 | 5 | TA0575 | Gerhard | Haefele | 5km Trail Run/Walk | Male | 40 | Veteran (40-49) | 00:38:04 |
| 18 | 32 | 6 | TA0285 | Cobus | Van Tonder | 5km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:38:50 |
| 19 | 40 | 7 | TA0193 | Leroy | Rabie | 5km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:41:39 |
| 20 | 44 | 2 | TA0041 | Rowan | Berkowitz | 5km Trail Run/Walk | Male | 51 | Master (50-59) | 00:42:51 |
| 21 | 47 | 2 | TA1546 | Emile | Otto | 5km Trail Run/Walk | Male | 11 | Under 11 | 00:43:45 |
| 22 | 48 | 8 | TA0517 | Theunis | Otto | 5km Trail Run/Walk | Male | 46 | Veteran (40-49) | 00:43:48 |
| 23 | 52 | 2 | TA1617 | Armin | Greyvensteyn | 5km Trail Run/Walk | Male | 18 | 16 to 18 | 00:46:41 |
| 24 | 53 | 9 | TA0337 | Daryl | Viljoen | 5km Trail Run/Walk | Male | 45 | Veteran (40-49) | 00:46:43 |
| 25 | 54 | 1 | TRAIL12982 | Rufan | Palm | 5km Trail Run/Walk | Male | 61 | Grand-Master (60+) | 00:46:51 |
| 26 | 57 | 4 | TA0120 | Jason | Travers | 5km Trail Run/Walk | Male | 22 | Senior (19-29) | 00:47:08 |
| 27 | 58 | 10 | TA0455 | Shawn | Britz | 5km Trail Run/Walk | Male | 42 | Veteran (40-49) | 00:47:10 |
| 28 | 59 | 11 | TA1583 | Carl-hein | Mostert | 5km Trail Run/Walk | Male | 44 | Veteran (40-49) | 00:47:14 |
| 29 | 62 | 3 | TA1725 | Calvin | Botha | 5km Trail Run/Walk | Male | 11 | Under 11 | 00:47:38 |
| 30 | 67 | 12 | TRAIL11066 | Michael | Mourinho | 5km Trail Run/Walk | Male | 41 | Veteran (40-49) | 00:48:39 |
| 31 | 69 | 3 | TA0119 | Francois | Uys | 5km Trail Run/Walk | Male | 53 | Master (50-59) | 00:49:20 |
| 32 | 70 | 5 | TA1759 | Christo | Pretorius | 5km Trail Run/Walk | Male | 35 | Sub-Veteran (30-39) | 00:49:32 |
| 33 | 73 | 6 | TA0425 | Etienne | Terblanche | 5km Trail Run/Walk | Male | 39 | Sub-Veteran (30-39) | 00:49:42 |
| 34 | 74 | 4 | TA0210 | Estienne | Terblanche | 5km Trail Run/Walk | Male | 7 | Under 11 | 00:49:43 |
| 35 | 75 | 5 | TA1699 | Jan-toit | Venter | 5km Trail Run/Walk | Male | 25 | Senior (19-29) | 00:49:47 |
| 36 | 83 | 6 | TA1610 | Kyle | Williams | 5km Trail Run/Walk | Male | 28 | Senior (19-29) | 00:51:07 |
| 37 | 84 | 13 | TA0297 | Wallace | Stiglingh | 5km Trail Run/Walk | Male | 43 | Veteran (40-49) | 00:51:09 |
| 38 | 89 | 14 | TA0362 | Christiaan | Botha | 5km Trail Run/Walk | Male | 45 | Veteran (40-49) | 00:51:44 |
| 39 | 92 | 15 | TA0171 | Petri | Erasmus | 5km Trail Run/Walk | Male | 43 | Veteran (40-49) | 00:52:59 |
| 40 | 94 | 3 | TA0163 | Jayden | Brummer | 5km Trail Run/Walk | Male | 14 | 12 to 15 | 00:53:47 |

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| 41 | 96 | 7 | TA0030 | Chris | Pretorius | 5km Trail Run/Walk | Male | 38 | Sub-Veteran (30-39) | 00:53:50 |
| 42 | 99 | 5 | TA1835 | Keagan | Putter | 5km Trail Run/Walk | Male | 9 | Under 11 | 00:54:46 |
| 43 | 106 | 8 | TA0494 | Bryan | Enslin | 5km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 00:57:17 |
| 44 | 107 | 7 | TA1571 | Jean Claude | Golden | 5km Trail Run/Walk | Male | 26 | Senior (19-29) | 00:57:30 |
| 45 | 111 | 2 | TA0237 | Gordon | Halford | 5km Trail Run/Walk | Male | 73 | Grand-Master (60+) | 00:59:32 |
| 46 | 114 | 16 | TA1845 | Brett | Poulton | 5km Trail Run/Walk | Male | 45 | Veteran (40-49) | 01:01:31 |
| 47 | 118 | 6 | TA0202 | Jayden | Mourinho | 5km Trail Run/Walk | Male | 9 | Under 11 | 01:03:11 |
| 48 | 123 | 17 | TA0287 | Marius | Engelbrecht | 5km Trail Run/Walk | Male | 46 | Veteran (40-49) | 01:05:02 |
| 49 | 130 | 18 | TA0147 | Chris | Mccreapy | 5km Trail Run/Walk | Male | 46 | Veteran (40-49) | 01:06:49 |
| 50 | 131 | 19 | TA0537 | Niel | Muller | 5km Trail Run/Walk | Male | 44 | Veteran (40-49) | 01:06:50 |
| 51 | 137 | 9 | TA0348 | Peter | Johnston | 5km Trail Run/Walk | Male | 38 | Sub-Veteran (30-39) | 01:18:58 |
| 52 | 138 | 3 | TA0515 | Stewart | Coupland | 5km Trail Run/Walk | Male | 62 | Grand-Master (60+) | 01:19:02 |
| 53 | 141 | 7 | TA1726 | Kellen | Niadoo | 5km Trail Run/Walk | Male | 7 | Under 11 | 58:02:10 |

| 5km Trail Run/Walk:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 3 | 1 | TA0252 | Leandri | Botha | 5km Trail Run/Walk | Female | 10 | Under 11 | 00:27:31 |
| 2 | 4 | 1 | TA0176 | Natascha | Hammerton | 5km Trail Run/Walk | Female | 13 | 12 to 15 | 00:28:14 |
| 3 | 6 | 2 | TA0359 | Carene | Le Roux | 5km Trail Run/Walk | Female | 10 | Under 11 | 00:31:43 |
| 4 | 8 | 1 | TA0464 | Lara | Vee | 5km Trail Run/Walk | Female | 41 | Veteran (40-49) | 00:32:35 |
| 5 | 11 | 1 | TA0292 | Zandri | Van Der Westhuizen | 5km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 00:33:57 |
| 6 | 12 | 2 | TRAIL13015 | Nadia | Bosch | 5km Trail Run/Walk | Female | 47 | Veteran (40-49) | 00:34:02 |
| 7 | 13 | 1 | TA0170 | Tanya | Van Den Berg | 5km Trail Run/Walk | Female | 25 | Senior (19-29) | 00:34:51 |
| 8 | 15 | 2 | TA0427 | Edie | Van Zyl | 5km Trail Run/Walk | Female | 12 | 12 to 15 | 00:35:20 |
| 9 | 17 | 2 | TA0377 | Monique | Grundling | 5km Trail Run/Walk | Female | 24 | Senior (19-29) | 00:35:38 |
| 10 | 21 | 3 | TA1665 | Jessica | Vorster | 5km Trail Run/Walk | Female | 24 | Senior (19-29) | 00:36:03 |
| 11 | 25 | 3 | TA1661 | Sonnika | Otto | 5km Trail Run/Walk | Female | 40 | Veteran (40-49) | 00:37:01 |
| 12 | 26 | 4 | TA2304 | Deidre | Jacobs | 5km Trail Run/Walk | Female | 28 | Senior (19-29) | 00:37:13 |
| 13 | 27 | 4 | TA0268 | Cathryn | Vorster | 5km Trail Run/Walk | Female | 49 | Veteran (40-49) | 00:37:22 |
| 14 | 31 | 2 | TA1876 | Heidi | Botha | 5km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 00:38:10 |
| 15 | 33 | 5 | TA0096 | Marli | Van Tonder | 5km Trail Run/Walk | Female | 42 | Veteran (40-49) | 00:38:51 |
| 16 | 34 | 5 | TA0121 | Mia | Niebuhr | 5km Trail Run/Walk | Female | 23 | Senior (19-29) | 00:38:53 |
| 17 | 35 | 6 | TA1129 | Megan | Clarke | 5km Trail Run/Walk | Female | 28 | Senior (19-29) | 00:39:14 |
| 18 | 36 | 6 | TA0433 | Liesl | Connadie | 5km Trail Run/Walk | Female | 42 | Veteran (40-49) | 00:39:54 |
| 19 | 37 | 7 | TA2122 | Carla | Greeff | 5km Trail Run/Walk | Female | 28 | Senior (19-29) | 00:39:58 |
| 20 | 38 | 7 | TA0254 | Rijkie | Terblanche | 5km Trail Run/Walk | Female | 45 | Veteran (40-49) | 00:41:13 |
| 21 | 39 | 3 | TA0023 | Zania | Terblanche | 5km Trail Run/Walk | Female | 11 | Under 11 | 00:41:23 |
| 22 | 41 | 3 | TA1629 | Maggie | Du Plooy | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 00:42:00 |
| 23 | 42 | 8 | TA0514 | Aliché | Muller | 5km Trail Run/Walk | Female | 26 | Senior (19-29) | 00:42:02 |
| 24 | 43 | 4 | TA1575 | Lauren | Berkowitz | 5km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 00:42:47 |
| 25 | 45 | 9 | TA1752 | Zelnari | Lourens | 5km Trail Run/Walk | Female | 28 | Senior (19-29) | 00:42:54 |
| 26 | 46 | 5 | TA0462 | Tanya | Mulligan | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 00:43:12 |
| 27 | 49 | 1 | TA2255 | Caroline | Leppan | 5km Trail Run/Walk | Female | 52 | Master (50-59) | 00:45:56 |
| 28 | 50 | 8 | TA0231 | Lizanne | Jefferies | 5km Trail Run/Walk | Female | 47 | Veteran (40-49) | 00:46:01 |
| 29 | 51 | 9 | TA0126 | Zelda | Le Roux | 5km Trail Run/Walk | Female | 43 | Veteran (40-49) | 00:46:05 |
| 30 | 55 | 2 | TRAIL12853 | Junita | Palm | 5km Trail Run/Walk | Female | 58 | Master (50-59) | 00:46:54 |
| 31 | 56 | 3 | TA0216 | Nudison | Borua | 5km Trail Run/Walk | Female | 13 | 12 to 15 | 00:47:05 |
| 32 | 60 | 6 | TA1672 | Martelie | Laney | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 00:47:19 |
| 33 | 61 | 10 | TA0476 | Ronelle | Van Heerden | 5km Trail Run/Walk | Female | 44 | Veteran (40-49) | 00:47:23 |
| 34 | 63 | 7 | TRAIL10869 | Aretha | Pearson | 5km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 00:47:49 |
| 35 | 64 | 4 | TA1519 | Tanisha | Mourinho | 5km Trail Run/Walk | Female | 12 | 12 to 15 | 00:47:51 |
| 36 | 65 | 8 | TA1666 | Nicole | Alderson | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 00:48:22 |
| 37 | 66 | 9 | TA0511 | Lee-ann | Hallett | 5km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 00:48:24 |
| 38 | 68 | 3 | TA0156 | Riema | Marais | 5km Trail Run/Walk | Female | 53 | Master (50-59) | 00:48:42 |
| 39 | 71 | 10 | TA0422 | Jackie | Pretorius | 5km Trail Run/Walk | Female | 36 | Sub-Veteran (30-39) | 00:49:33 |
| 40 | 72 | 4 | TA0376 | Dehlia | Terblanche | 5km Trail Run/Walk | Female | 7 | Under 11 | 00:49:38 |

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| 41 | 76 | 10 | TA0284 | Frances | Erasmus | 5km Trail Run/Walk | Female | 24 | Senior (19-29) | 00:49:50 |
| 42 | 77 | 11 | TRAIL11050 | Lucy | Mourinho | 5km Trail Run/Walk | Female | 41 | Veteran (40-49) | 00:49:53 |
| 43 | 78 | 11 | TA0398 | Zandile | Ndimande | 5km Trail Run/Walk | Female | 29 | Senior (19-29) | 00:49:57 |
| 44 | 79 | 11 | TA0588 | Odette | Coetzer | 5km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 00:50:30 |
| 45 | 80 | 12 | TA0010 | Lucinda | Evert | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 00:50:58 |
| 46 | 81 | 13 | TA0211 | Ronell | Van Niekerk | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 00:51:00 |
| 47 | 82 | 12 | TA1680 | Simone | Vorster | 5km Trail Run/Walk | Female | 25 | Senior (19-29) | 00:51:02 |
| 48 | 85 | 12 | TA1657 | Heidi | Erasmus | 5km Trail Run/Walk | Female | 41 | Veteran (40-49) | 00:51:17 |
| 49 | 86 | 13 | TA0331 | Casey | Britz | 5km Trail Run/Walk | Female | 19 | Senior (19-29) | 00:51:21 |
| 50 | 87 | 13 | TA0453 | Elaine | Thiele | 5km Trail Run/Walk | Female | 43 | Veteran (40-49) | 00:51:25 |
| 51 | 88 | 14 | TA0293 | Marinda | Botha | 5km Trail Run/Walk | Female | 45 | Veteran (40-49) | 00:51:38 |
| 52 | 90 | 14 | TA1567 | Jaente | Laubscher | 5km Trail Run/Walk | Female | 20 | Senior (19-29) | 00:52:49 |
| 53 | 91 | 14 | TA1796 | Anschen | Stiglingh | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 00:52:58 |
| 54 | 93 | 5 | TA0358 | Amberleigh | Jansen Van Vuuren | 5km Trail Run/Walk | Female | 13 | 12 to 15 | 00:53:44 |
| 55 | 95 | 15 | TA0189 | Lilani | Pretorius | 5km Trail Run/Walk | Female | 23 | Senior (19-29) | 00:53:49 |
| 56 | 97 | 1 | TA0260 | Adri | Meyer | 5km Trail Run/Walk | Female | 62 | Grand-Master (60+) | 00:54:26 |
| 57 | 98 | 2 | TA1774 | Jesme | Fourie | 5km Trail Run/Walk | Female | 64 | Grand-Master (60+) | 00:54:32 |
| 58 | 100 | 1 | TA0404 | Erin | Barnes | 5km Trail Run/Walk | Female | 16 | 16 to 18 | 00:55:43 |
| 59 | 101 | 15 | TA0033 | Carmen | Brummer | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 00:56:12 |
| 60 | 102 | 16 | TA1700 | Julia | Van Heerden | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 00:56:17 |
| 61 | 103 | 15 | TA0570 | Suzette | Van Heerden | 5km Trail Run/Walk | Female | 46 | Veteran (40-49) | 00:56:45 |
| 62 | 104 | 16 | TA0408 | Cathy | Bezuidenhout | 5km Trail Run/Walk | Female | 45 | Veteran (40-49) | 00:57:00 |
| 63 | 105 | 17 | TA0600 | Natalie | Cox | 5km Trail Run/Walk | Female | 45 | Veteran (40-49) | 00:57:14 |
| 64 | 108 | 17 | TA0192 | Charne | Enslin | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 00:57:31 |
| 65 | 109 | 5 | TA0047 | Leah | Rabie | 5km Trail Run/Walk | Female | 7 | Under 11 | 00:59:13 |
| 66 | 110 | 18 | TA0318 | Tracy | Rabie | 5km Trail Run/Walk | Female | 40 | Veteran (40-49) | 00:59:19 |
| 67 | 112 | 4 | TA1861 | Claire | Poole | 5km Trail Run/Walk | Female | 56 | Master (50-59) | 00:59:43 |
| 68 | 113 | 18 | TRAIL10512 | Prevani | Kistan-naidoo | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 01:00:29 |
| 69 | 115 | 5 | TA0291 | Ethan | Poggenpeol | 5km Trail Run/Walk | Female | 59 | Master (50-59) | 01:01:46 |
| 70 | 116 | 6 | TA1754 | Estelle | Poggenpoel | 5km Trail Run/Walk | Female | 57 | Master (50-59) | 01:02:44 |
| 71 | 117 | 7 | TA0167 | Christa | Potgieter | 5km Trail Run/Walk | Female | 56 | Master (50-59) | 01:03:00 |
| 72 | 119 | 19 | TA1653 | Melissa | Potgieter | 5km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 01:03:38 |
| 73 | 120 | 6 | TA0177 | Lee-ann | Smit | 5km Trail Run/Walk | Female | 14 | 12 to 15 | 01:04:23 |
| 74 | 121 | 20 | TRAIL11057 | Natasha | Mourinho | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 01:04:29 |
| 75 | 122 | 3 | TRAIL12217 | Dolores | Mourinho | 5km Trail Run/Walk | Female | 63 | Grand-Master (60+) | 01:04:31 |
| 76 | 124 | 21 | TA0226 | Ann | Smit | 5km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 01:05:04 |
| 77 | 125 | 6 | TA0029 | Amy | Smit | 5km Trail Run/Walk | Female | 11 | Under 11 | 01:05:21 |
| 78 | 126 | 4 | TA0283 | Adri | Van Niekerk | 5km Trail Run/Walk | Female | 72 | Grand-Master (60+) | 01:06:29 |
| 79 | 127 | 5 | TA0124 | Delene | Greyvensteyn | 5km Trail Run/Walk | Female | 73 | Grand-Master (60+) | 01:06:30 |
| 80 | 128 | 19 | TA1797 | Nicolette | Muller | 5km Trail Run/Walk | Female | 44 | Veteran (40-49) | 01:06:40 |
| 81 | 129 | 22 | TA0823 | Steanza | Mccready | 5km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:06:42 |
| 82 | 132 | 23 | TA0272 | Bridget | Jonker | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:06:56 |

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|---|---|---|---|---|---|---|---|---|---|---|
| 83 | 133 | 7 | TA0298 | Megan | Jonker | 5km Trail Run/Walk | Female | 5 | Under 11 | 01:06:58 |
| 84 | 134 | 7 | TA0227 | Alexis | Jonker | 5km Trail Run/Walk | Female | 13 | 12 to 15 | 01:07:39 |
| 85 | 135 | 24 | TA0194 | Tanya | Alberts | 5km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 01:12:34 |
| 86 | 136 | 6 | TA0500 | Jacobs | Ursula | 5km Trail Run/Walk | Female | 60 | Grand-Master (60+) | 01:12:39 |
| 87 | 139 | 25 | TA1705 | Hayley | Johnston | 5km Trail Run/Walk | Female | 35 | Sub-Veteran (30-39) | 01:19:30 |
| 88 | 140 | 16 | TA0559 | Megan | Coupland | 5km Trail Run/Walk | Female | 26 | Senior (19-29) | 01:19:37 |