



AdventureRun : Rock Falls Ranch

TrailAdventure Rockfalls Trail Run/Walk on 18th August 2019



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	21km Trail Run/Walk	Male	41	Veteran (40-49)	01:35:48
2	2	1	TA2904	Werner	Oosthuizen	21km Trail Run/Walk	Male	16	16 to 18	01:38:20
3	3	1	TA2974	Michael	Cuypers	21km Trail Run/Walk	Male	27	Senior (19-29)	01:38:23
4	4	1	TA3045	Lutendo	Ramaano	21km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:53:29
5	5	2	TA2647	Nelson	Ramadhizha	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:55:02
6	7	2	TA2549	Lerato	Tsiane	21km Trail Run/Walk	Male	27	Senior (19-29)	01:55:12
7	8	3	TA2954	Cornelius	Rall	21km Trail Run/Walk	Male	23	Senior (19-29)	01:55:38
8	9	3	TA2544	Tumelo	Mabua	21km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:59:29
9	10	4	TRAIL12799	Andrew	Noakes	21km Trail Run/Walk	Male	25	Senior (19-29)	02:01:46
10	11	2	TA2438	Christiaan	De Vries	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:03:21
11	13	3	TA2477	Paul	Davies	21km Trail Run/Walk	Male	41	Veteran (40-49)	02:09:26
12	14	4	TA3064	Richard	Delisle	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:12:36
13	15	5	TA2943	Leon	Oosthuizen	21km Trail Run/Walk	Male	43	Veteran (40-49)	02:15:42
14	21	6	TA2659	Chris	Du Plessis	21km Trail Run/Walk	Male	45	Veteran (40-49)	02:38:58
15	23	4	TA3497	Leon	Theron	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	02:43:51

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA2552	Thambe	Mugari	21km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:55:07
2	12	2	TA2934	Denise	Davies	21km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	02:09:17
3	16	1	TA2554	Alita	Swanepoel	21km Trail Run/Walk	Female	48	Veteran (40-49)	02:24:49
4	17	2	TA2500	Itumeleng	Msutwana	21km Trail Run/Walk	Female	40	Veteran (40-49)	02:26:15
5	18	3	TA2970	Marlise	Nienaber	21km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	02:27:47
6	19	1	TA3488	Retha	Strydom	21km Trail Run/Walk	Female	51	Master (50-59)	02:37:00
7	20	3	TA2976	Susan	Taljaard	21km Trail Run/Walk	Female	44	Veteran (40-49)	02:37:02
8	22	4	TA2528	Haidee	De Villiers	21km Trail Run/Walk	Female	49	Veteran (40-49)	02:39:03
9	24	1	TA2574	Ewa	Hyra	21km Trail Run/Walk	Female	60	Grand-Master (60+)	02:51:27
10	25	5	TRAIL10053	Adele	Sutherland	21km Trail Run/Walk	Female	41	Veteran (40-49)	03:18:38

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3534	Tshepang	Chauke	15km Trail Run/Walk	Male	15	12 to 15	01:05:09
2	2	1	TA2506	Uriel	Gochin	15km Trail Run/Walk	Male	41	Veteran (40-49)	01:11:39
3	4	2	TA2436	Arthur	Davies	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:20:09
4	5	3	TRAIL20021	Bradley	Brand	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:30:00
5	6	1	TA2576	Takura	Wekwete	15km Trail Run/Walk	Male	28	Senior (19-29)	01:36:26
6	7	1	TA2676	Dion	Botha	15km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:37:12
7	9	2	TA2402	Nigel	Armstrong	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:40:09
8	10	4	TRAIL12341	Charles	Norman	15km Trail Run/Walk	Male	40	Veteran (40-49)	01:40:09
9	11	5	TA0945	Louis Augustus	Gamito	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:46:49
10	15	1	TA2505	Bethuel	Netshiswinzhe	15km Trail Run/Walk	Male	52	Master (50-59)	01:50:20
11	18	3	TRAIL20553	Johan	Grove	15km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:54:11
12	21	6	TA3445	Koenehelo	Thejane	15km Trail Run/Walk	Male	45	Veteran (40-49)	01:59:42
13	22	1	TA3491	Jannie	Ferreira	15km Trail Run/Walk	Male	71	Grand-Master (60+)	02:24:54

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL20508	Casey	Bosman	15km Trail Run/Walk	Female	18	16 to 18	01:19:38
2	8	1	TA3066	Aine	Armstrong	15km Trail Run/Walk	Female	40	Veteran (40-49)	01:40:06
3	12	1	TA3023	Bongiwe	Ngcobo	15km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:47:48
4	13	1	TA2609	Nomvula	Maswanganyi	15km Trail Run/Walk	Female	51	Master (50-59)	01:50:16
5	14	2	TA2489	Thandiwe	Senoamali	15km Trail Run/Walk	Female	40	Veteran (40-49)	01:50:19
6	16	2	TA2949	Jani	Van Rooyen	15km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:51:08
7	17	3	TA2938	Hannake	Jordaan	15km Trail Run/Walk	Female	42	Veteran (40-49)	01:53:56
8	19	1	TA2466	Nadia	Nikolova	15km Trail Run/Walk	Female	27	Senior (19-29)	01:55:55
9	20	4	TA2516	Janine	Cordier	15km Trail Run/Walk	Female	49	Veteran (40-49)	01:56:00
10	23	5	TA3468	Thabisa	Mange	15km Trail Run/Walk	Female	45	Veteran (40-49)	02:27:24
11	24	2	TA3006	Kerry	Beamish	15km Trail Run/Walk	Female	51	Master (50-59)	02:27:50
12	25	6	TA3482	Joanne	Attenborough	15km Trail Run/Walk	Female	48	Veteran (40-49)	02:27:55
13	26	7	TA3436	Helen	Greeff	15km Trail Run/Walk	Female	46	Veteran (40-49)	02:27:59
14	27	3	TA3035	Busisiwe	Mdletshe	15km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	02:29:17
15	28	8	TA2903	Kaajal	Sukeri	15km Trail Run/Walk	Female	41	Veteran (40-49)	02:31:29
16	29	3	TA2510	Sharm	Kesarpersad	15km Trail Run/Walk	Female	53	Master (50-59)	02:33:12
17	30	9	TA2471	Priashna	Baboolal	15km Trail Run/Walk	Female	43	Veteran (40-49)	02:36:01

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1054	Reatlegile	Mosweu	10km Trail Run/Walk	Male	14	12 to 15	00:40:20
2	3	1	TA0627	Dshorne	Human	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:54:19
3	4	2	TA0728	Martiens	De Jager	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:55:01
4	6	1	TA1040	Johan	Strydom	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:02:19
5	7	1	TA0623	Kobus	Bresler	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:04:00
6	8	3	TA1141	Mohamed Essa	Suliman	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:04:21
7	9	2	TA1058	Samuel James	Aldum	10km Trail Run/Walk	Male	48	Veteran (40-49)	01:04:32
8	10	4	TRAIL20502	Francois	Labuschagne	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:04:39
9	13	2	TA0713	Jeffrey	Gochin	10km Trail Run/Walk	Male	68	Grand-Master (60+)	01:08:34
10	14	5	TA0606	Christiaan Albertus	Strauss	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:09:44
11	16	3	TA0714	Richard	Lang	10km Trail Run/Walk	Male	43	Veteran (40-49)	01:10:57
12	20	1	TA0648	Wiehann	Beyl	10km Trail Run/Walk	Male	26	Senior (19-29)	01:16:47
13	23	6	TA1085	Corne	Carstens	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:16:57
14	26	3	TA0775	Gawie	Pretorius	10km Trail Run/Walk	Male	69	Grand-Master (60+)	01:20:04
15	31	4	TA0977	Garren	Fellegi	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:22:21
16	32	1	TA0768	Gary	Noakes	10km Trail Run/Walk	Male	58	Master (50-59)	01:23:15
17	35	2	TA0752	Averal	Malan	10km Trail Run/Walk	Male	57	Master (50-59)	01:28:29
18	36	3	TA0993	Ebrahim	Rahaman	10km Trail Run/Walk	Male	51	Master (50-59)	01:28:43
19	50	4	TA1070	Richard	Collins	10km Trail Run/Walk	Male	59	Master (50-59)	01:53:09
20	53	5	TA0850	Johnny	Lo	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:58:25
21	55	2	TA0688	Yehuda	Rabinowitz	10km Trail Run/Walk	Male	28	Senior (19-29)	01:59:17
22	56	7	TA0926	Leroy	Siebritz	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	02:00:02
23	58	6	TA0704	Stoffel	Bosch	10km Trail Run/Walk	Male	40	Veteran (40-49)	02:05:56

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1039	Basetsana	Maphosa	10km Trail Run/Walk	Female	13	12 to 15	00:49:43
2	5	2	TRAIL20507	Tayla	Bosman	10km Trail Run/Walk	Female	15	12 to 15	01:00:17
3	11	1	TRAIL10269	Jolandi	Labuschange	10km Trail Run/Walk	Female	28	Senior (19-29)	01:04:42
4	12	1	TA0780	Seena	Azmuth	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:07:02
5	15	2	TA2931	Kalene	Lang	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:10:55
6	17	1	TRAIL20023	Elize	Uys	10km Trail Run/Walk	Female	54	Master (50-59)	01:12:52
7	18	1	TA0812	Jacquie	Du Toit	10km Trail Run/Walk	Female	62	Grand-Master (60+)	01:16:12
8	19	2	TA0809	Rene	Bouwer	10km Trail Run/Walk	Female	28	Senior (19-29)	01:16:19
9	21	3	TA0712	Chanelda	Beyl	10km Trail Run/Walk	Female	27	Senior (19-29)	01:16:50
10	22	4	TA1072	Mercia	Du Plessis	10km Trail Run/Walk	Female	29	Senior (19-29)	01:16:55
11	24	2	TA0813	Georgina	Bester	10km Trail Run/Walk	Female	55	Master (50-59)	01:17:03
12	25	2	TA0895	Rina	Pretorius	10km Trail Run/Walk	Female	67	Grand-Master (60+)	01:20:01
13	27	5	TA1158	Reitumetse	Mokgosi	10km Trail Run/Walk	Female	23	Senior (19-29)	01:20:57
14	28	3	TRAIL12646	Heidi	Dalton	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:21:46
15	29	4	TRAIL12648	Sandra	Dalton	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:21:51
16	30	1	TA1162	Lesley	Fellegi	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:22:19
17	33	6	TA0851	Chantall	Grant	10km Trail Run/Walk	Female	29	Senior (19-29)	01:25:47
18	34	3	TA0838	Ina	Malan	10km Trail Run/Walk	Female	56	Master (50-59)	01:28:26
19	37	5	TA0951	Khatoenbi	Rahaman	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:28:46
20	38	7	TA0899	Chavonne	Siebritz	10km Trail Run/Walk	Female	28	Senior (19-29)	01:29:18
21	39	6	TA1000	Denico	Brand	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:29:52
22	40	2	TA1089	Akhona	Ntsele	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:30:21
23	41	8	TA0640	Raeesa	Ganchi	10km Trail Run/Walk	Female	24	Senior (19-29)	01:31:14
24	42	7	TA1088	Louise	Middlemiss	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:35:41
25	43	4	TRAIL11108	Glynis	Ryan	10km Trail Run/Walk	Female	56	Master (50-59)	01:36:30
26	44	8	TA0931	Cecilia	Hayton	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:36:57
27	45	9	TA1119	Primrose	Mkhwanazi	10km Trail Run/Walk	Female	24	Senior (19-29)	01:43:19
28	46	5	TA0913	Lisa	Anderson	10km Trail Run/Walk	Female	52	Master (50-59)	01:48:01
29	47	3	TA0774	Bonita	Steenkamp	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:48:11
30	48	10	TA0778	Hajira	Hoosainmia	10km Trail Run/Walk	Female	29	Senior (19-29)	01:48:43
31	49	6	TA0959	Dina	Bouwer	10km Trail Run/Walk	Female	55	Master (50-59)	01:53:05
32	51	7	TA0620	Shaune	Lee	10km Trail Run/Walk	Female	52	Master (50-59)	01:54:19
33	52	9	TA1154	Lifutsso	Lebaka	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:54:57
34	54	4	TA0967	May	Chan	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:58:28
35	57	5	TA0754	Heidi	Barnard	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	02:05:54
36	59	6	TA0745	Veronique	Joubert	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	02:06:28
37	60	7	TA0689	Benita	Bosch	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	02:06:31
38	61	10	TA0674	Pamela	Xaba	10km Trail Run/Walk	Female	40	Veteran (40-49)	02:37:06

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1724	Andre	Janse Van Rensburg	5km Trail Run/Walk	Male	50	Master (50-59)	00:25:43
2	3	2	TA0344	Mauro	Busato	5km Trail Run/Walk	Male	53	Master (50-59)	00:26:52
3	5	1	TRAIL12287	Phil	Zaayman	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:30:47
4	6	1	TRAIL20486	Bastiaan	Van Der Heever	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:32:46
5	7	1	TA0413	Cornelius Stephanus	Aldum	5km Trail Run/Walk	Male	12	12 to 15	00:32:59
6	16	1	TA0403	Johan Jaco	Aldum	5km Trail Run/Walk	Male	9	Under 11	00:40:13
7	18	2	TA0341	Jacques	Botha	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:40:31
8	19	1	TA1467	David	Owen	5km Trail Run/Walk	Male	70	Grand-Master (60+)	00:41:48
9	23	2	TRAIL20083	Ben	Pieterse	5km Trail Run/Walk	Male	62	Grand-Master (60+)	00:42:38
10	26	3	TRAIL20022	Martin	Uys	5km Trail Run/Walk	Male	58	Master (50-59)	00:45:03
11	29	2	TA0417	Hersheal	Tait	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:03:20
12	30	3	TA0343	Charles	Schoeman	5km Trail Run/Walk	Male	62	Grand-Master (60+)	01:03:27
13	34	3	TA0332	Anton	Schoeman	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:06:10
14	35	2	TA0570	Rynardt	Schoeman	5km Trail Run/Walk	Male	5	Under 11	01:06:13
15	37	4	TA0381	Donovan	Passos	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:07:21
16	38	4	TA0250	Jose	Passos	5km Trail Run/Walk	Male	71	Grand-Master (60+)	01:07:23
17	41	3	TA0517	Scalo	Mamba	5km Trail Run/Walk	Male	5	Under 11	03:04:04
18	44	4	TA1636	Themba lethu	Mamba	5km Trail Run/Walk	Male	8	Under 11	03:06:00

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0163	Sesi	Molapo	5km Trail Run/Walk	Female	13	12 to 15	00:23:17
2	4	1	TA0476	Kyla	Aldum	5km Trail Run/Walk	Female	16	16 to 18	00:30:14
3	8	1	TA1557	Yolanda	Smit	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:33:39
4	9	2	TA0087	Felicia	Terblanche	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:35:07
5	10	1	TRAIL20487	Charline	Jay	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:35:11
6	11	2	TA0425	Julia	Van Heerden	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:35:56
7	12	3	TA0359	Zunay	Busato	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:36:14
8	13	3	TA0187	Belinda	Songayi	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:37:26
9	14	2	TA0391	Charlie	Fellegi	5km Trail Run/Walk	Female	12	12 to 15	00:38:19
10	15	3	TA0349	Lienka	Aldum	5km Trail Run/Walk	Female	14	12 to 15	00:40:04
11	17	4	TA1596	Tania	Botha	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:40:29
12	20	5	TRAIL20667	Megan	Marais	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:41:51
13	21	6	TA0405	Debbie	Janse Van Rensburg	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:42:17
14	22	1	TA1613	Madison	Janse Van Rensburg	5km Trail Run/Walk	Female	7	Under 11	00:42:26
15	24	1	TA0032	Vreda	Pieterse	5km Trail Run/Walk	Female	64	Grand-Master (60+)	00:42:53
16	25	7	TA1767	Lushane	Hine	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:43:15
17	27	1	TA0378	Nqobile	Dludla	5km Trail Run/Walk	Female	23	Senior (19-29)	00:48:59
18	28	4	TA0161	Carmen	Brummer	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:49:24
19	31	1	TA1516	Helene	Schoeman	5km Trail Run/Walk	Female	59	Master (50-59)	01:06:00
20	32	5	TA0240	Alicia	Schoeman	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:06:03
21	33	6	TA1583	Chantelle	Schoeman	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:06:07
22	36	7	TA0169	Ashleigh	Keefer-allan	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:07:18
23	39	8	TRAIL20143	Nonhlanhla	Gwamanda	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:28:15
24	40	2	TA1547	Ebube	Amaeshi	5km Trail Run/Walk	Female	8	Under 11	03:03:55
25	42	8	TA1759	Palesa	Tshabalala	5km Trail Run/Walk	Female	41	Veteran (40-49)	03:05:30
26	43	9	TA1748	Andile	Amaeshi	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	03:05:32