

AdventureRun : Smuts Irene River

Irene River Trail Run Walk on 12th May 2019



21km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2149	Gawie	Pretorius	21km	Male	68	Grand-Master (60+)	01:13:02
2	2	1	TA3539	Adriaan	Cronje	21km	Male	33	Sub-Veteran (30-39)	01:27:57
3	3	2	TA2962	Nyuwani	Ngobeni	21km	Male	31	Sub-Veteran (30-39)	01:35:16
4	4	3	TA3497	Sandeep	Singh	21km	Male	33	Sub-Veteran (30-39)	01:38:58
5	5	1	TA2489	Nicholas	Mbatha	21km	Male	41	Veteran (40-49)	01:41:44
6	6	2	TA2956	Nicholas	Mulder	21km	Male	40	Veteran (40-49)	01:44:01
7	7	3	TRAIL20780	Gregory	Mufema	21km	Male	43	Veteran (40-49)	01:49:22
8	9	4	TA2929	Sj	Nortje	21km	Male	30	Sub-Veteran (30-39)	02:14:06
9	11	4	TA3440	Pieter Benjamin	Van Der Westhuizen	21km	Male	47	Veteran (40-49)	02:15:49
10	13	5	TA2944	Mark	Hardy	21km	Male	32	Sub-Veteran (30-39)	02:22:07
11	14	5	TA3025	Tobie	Reyneke	21km	Male	47	Veteran (40-49)	02:29:44
12	16	6	TA2680	Grant	Findlay	21km	Male	42	Veteran (40-49)	02:37:18
13	17	6	TA2661	Andrius	Tubelevicius	21km	Male	37	Sub-Veteran (30-39)	02:37:30
14	18	7	TA2979	Justin	Du Preez	21km	Male	38	Sub-Veteran (30-39)	02:40:54
15	23	7	TA2663	Jurgens	Potgieter	21km	Male	41	Veteran (40-49)	02:56:42
16	25	1	TRAIL10011	Graham	Hutchins	21km	Male	55	Master (50-59)	03:35:18

21km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA2497	Hesi	Wolhuter	21km	Female	26	Senior (19-29)	01:53:24
2	10	1	TA2925	Desiree	Malan	21km	Female	39	Sub-Veteran (30-39)	02:15:48
3	12	1	TA2994	Masego	Makuke	21km	Female	42	Veteran (40-49)	02:16:35
4	15	2	TA3055	Noxolo	Mfeka	21km	Female	36	Sub-Veteran (30-39)	02:34:04
5	19	1	TA2429	Elize	Van Der Merwe	21km	Female	55	Master (50-59)	02:45:21
6	20	2	TA3489	Roelien	Geyser	21km	Female	49	Veteran (40-49)	02:55:49
7	21	3	TRAIL11590	Berdene	Terry	21km	Female	42	Veteran (40-49)	02:55:58
8	22	3	TRAIL20271	Inge	Potgieter	21km	Female	39	Sub-Veteran (30-39)	02:56:40
9	24	4	TRAIL11798	Antoinette	Hartslief	21km	Female	48	Veteran (40-49)	03:34:39
10	26	5	TRAIL10053	Adele	Sutherland	21km	Female	41	Veteran (40-49)	03:35:18

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	15km	Male	21	Senior (19-29)	01:02:51
2	3	1	TA2936	Jason	Weyers	15km	Male	33	Sub-Veteran (30-39)	01:14:21
3	4	2	TRAIL12522	Jacques	Du Preez	15km	Male	31	Sub-Veteran (30-39)	01:19:36
4	5	3	TA3493	Ruan	Schroder	15km	Male	34	Sub-Veteran (30-39)	01:20:48
5	6	1	TA2674	Kevin	Black Adam	15km	Male	49	Veteran (40-49)	01:22:54
6	7	4	TA2436	Dion	Botha	15km	Male	37	Sub-Veteran (30-39)	01:22:56
7	9	2	TA3062	Phillip	Van Heerden	15km	Male	47	Veteran (40-49)	01:24:10
8	10	3	TA3033	Pierre	Van Lelyveld	15km	Male	42	Veteran (40-49)	01:29:32
9	12	1	TRAIL12500	Hein	De Wet	15km	Male	51	Master (50-59)	01:30:15
10	13	2	TA3060	Gawie	Jansen Van Vuuren	15km	Male	55	Master (50-59)	01:30:24
11	14	2	TA2678	Ben	Halton	15km	Male	23	Senior (19-29)	01:30:56
12	18	3	TA2619	Chris	Powels	15km	Male	22	Senior (19-29)	01:33:45
13	21	5	TA2672	Anthony	Esmeraldo	15km	Male	33	Sub-Veteran (30-39)	01:35:25
14	22	4	TA2975	Cobus	Behrens	15km	Male	45	Veteran (40-49)	01:35:27
15	23	1	TRAIL20628	Geoff	Lupton-smith	15km	Male	61	Grand-Master (60+)	01:36:18
16	25	6	TA3504	David	He	15km	Male	31	Sub-Veteran (30-39)	01:37:13
17	26	3	TRAIL12643	Bryan	Mccourt	15km	Male	52	Master (50-59)	01:39:58
18	27	7	TRAIL20119	Keith	Chihaba	15km	Male	38	Sub-Veteran (30-39)	01:40:21
19	29	4	TA2483	Victor	Wright	15km	Male	29	Senior (19-29)	01:41:51
20	31	2	TA2616	Francois	Steyl	15km	Male	69	Grand-Master (60+)	01:42:00
21	33	8	TA2982	Jeremy	Pitman	15km	Male	30	Sub-Veteran (30-39)	01:44:04
22	35	9	TA2908	Eric	Olivier	15km	Male	34	Sub-Veteran (30-39)	01:44:25
23	38	10	TA2651	Wynand	Vivier	15km	Male	38	Sub-Veteran (30-39)	01:44:38
24	43	4	TA3056	Deon	Lerm	15km	Male	52	Master (50-59)	01:48:24
25	45	5	TA1824	Abrie	Bonthuys	15km	Male	47	Veteran (40-49)	01:49:56
26	48	3	TA3536	Colin	Walter	15km	Male	69	Grand-Master (60+)	01:51:56
27	51	4	TRAIL10171	Hennie	Prinsloo	15km	Male	64	Grand-Master (60+)	01:54:31
28	52	11	TA2941	Matome	Rammutla	15km	Male	34	Sub-Veteran (30-39)	01:54:56
29	60	12	TA2969	Thomas	Kyokolo	15km	Male	35	Sub-Veteran (30-39)	02:09:41
30	69	5	TRAIL12109	Neville	Muir	15km	Male	80	Grand-Master (60+)	03:18:49

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2905	Elanza	Van Zyl	15km	Female	42	Veteran (40-49)	01:12:18
2	8	2	TA2537	Samantha	Morard	15km	Female	47	Veteran (40-49)	01:23:08
3	11	1	TA2611	Julie	Van Lelyveld	15km	Female	39	Sub-Veteran (30-39)	01:29:36
4	15	1	TA3533	Emily	Asbury	15km	Female	24	Senior (19-29)	01:30:57
5	16	2	TA2541	Delmari	Van Zyl	15km	Female	28	Senior (19-29)	01:33:27
6	17	3	TA2538	Chantelle	Gouws	15km	Female	24	Senior (19-29)	01:33:30
7	19	4	TA2939	Melissa	Thompson	15km	Female	24	Senior (19-29)	01:33:48
8	20	5	TA2550	Tatum	Treloar	15km	Female	23	Senior (19-29)	01:33:56
9	24	6	TA2584	Corneli	Jooste	15km	Female	27	Senior (19-29)	01:36:59
10	28	2	TA2519	Stephanie	Mulder	15km	Female	35	Sub-Veteran (30-39)	01:40:52
11	30	1	TA2564	Zena	Kennerley	15km	Female	57	Master (50-59)	01:41:58
12	32	3	TA2924	Ting	Hu	15km	Female	38	Sub-Veteran (30-39)	01:42:59
13	34	4	TA2676	Anrich	Daseman	15km	Female	38	Sub-Veteran (30-39)	01:44:23
14	36	5	TA2523	Abbey	Smith	15km	Female	32	Sub-Veteran (30-39)	01:44:29
15	37	6	TA2484	Carla	Smith	15km	Female	38	Sub-Veteran (30-39)	01:44:32
16	39	7	TA2420	Shannon	Maclean	15km	Female	32	Sub-Veteran (30-39)	01:44:57
17	40	8	TA2417	Alexa	Voster	15km	Female	36	Sub-Veteran (30-39)	01:47:02
18	41	3	TA2973	Rene	Cockrell	15km	Female	49	Veteran (40-49)	01:48:10
19	42	4	TA2912	Riana	Lerm	15km	Female	49	Veteran (40-49)	01:48:22
20	44	9	TA2996	Bongiwe	Ngcobo	15km	Female	37	Sub-Veteran (30-39)	01:49:32
21	46	5	TA2471	Jenny	Potgieter	15km	Female	43	Veteran (40-49)	01:51:15
22	47	10	TA3541	Rannenyeni	Ndivhaleni	15km	Female	39	Sub-Veteran (30-39)	01:51:20
23	49	2	TA3495	Luzzanne	Grace	15km	Female	51	Master (50-59)	01:52:41
24	50	3	TA3015	Maria	Paschalides	15km	Female	53	Master (50-59)	01:52:45
25	53	4	TA000	Grace	Pereira	15km	Female	53	Master (50-59)	01:54:58
26	54	5	TA2447	Georgina	Bester	15km	Female	54	Master (50-59)	01:56:20
27	55	11	TA3001	Adri	Slabbert	15km	Female	39	Sub-Veteran (30-39)	01:56:25
28	56	6	TRAIL12116	Marion	Klennert	15km	Female	57	Master (50-59)	01:56:50
29	57	6	TA3016	Itumeleng	Msutwana	15km	Female	40	Veteran (40-49)	02:06:18
30	58	1	TA2992	Brigitte	Madlener	15km	Female	60	Grand-Master (60+)	02:07:33
31	59	12	TA2656	Gontse	Kgokolo	15km	Female	31	Sub-Veteran (30-39)	02:09:35
32	61	13	TA2598	Renee	Campbell	15km	Female	36	Sub-Veteran (30-39)	02:10:24
33	62	2	TA2602	Marilyn	Kamp	15km	Female	65	Grand-Master (60+)	02:10:29
34	63	7	TRAIL20644	Susan	De Bruin	15km	Female	46	Veteran (40-49)	02:13:34
35	64	7	TRAIL10836	Ina	Beamish	15km	Female	57	Master (50-59)	02:14:13
36	65	8	TA3005	Amanda	Fairley	15km	Female	43	Veteran (40-49)	02:17:56
37	66	9	TA3534	Nongumiso	Mzizana	15km	Female	47	Veteran (40-49)	02:30:29
38	67	14	TA2660	Zena	Richmond	15km	Female	37	Sub-Veteran (30-39)	02:31:38
39	68	10	TA2959	Andreshka	Naidoo	15km	Female	42	Veteran (40-49)	02:31:49

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1889	Soobramoney	Padayachee	10km	Male	38	Sub-Veteran (30-39)	00:48:41
2	4	1	TRAIL12428	Geldenhuys	Combrinck	10km	Male	45	Veteran (40-49)	00:48:49
3	5	1	TA1850	Dylan	Hayes	10km	Male	25	Senior (19-29)	00:49:03
4	8	2	TA2249	Dshorne	Human	10km	Male	39	Sub-Veteran (30-39)	00:50:31
5	9	2	TA1817	Gert	Boshoff	10km	Male	28	Senior (19-29)	00:50:44
6	10	1	TRAIL20525	Jacques	Vally	10km	Male	50	Master (50-59)	00:51:07
7	11	3	TA2143	Vincent	De Andrade	10km	Male	25	Senior (19-29)	00:51:09
8	12	4	TA2180	Ian	Fourie	10km	Male	26	Senior (19-29)	00:51:24
9	13	5	TRAIL12769	Willie	Kompagnie	10km	Male	28	Senior (19-29)	00:51:29
10	14	2	TA2157	Kees	Goedhart	10km	Male	50	Master (50-59)	00:52:02
11	15	3	TA2161	Martiens	De Jager	10km	Male	33	Sub-Veteran (30-39)	00:52:06
12	18	1	TA2124	Johan	Strydom	10km	Male	64	Grand-Master (60+)	00:53:17
13	19	2	TA1825	Johan	Grobler	10km	Male	46	Veteran (40-49)	00:53:22
14	20	6	TA2168	Takura	Wekwete	10km	Male	28	Senior (19-29)	00:55:01
15	22	4	TA2221	Ernst	Hattingh	10km	Male	31	Sub-Veteran (30-39)	00:55:13
16	25	2	TRAIL11780	Johann	Cloete	10km	Male	60	Grand-Master (60+)	00:56:17
17	26	5	TA0311	Clarence	Nyundu	10km	Male	38	Sub-Veteran (30-39)	00:56:21
18	28	3	TA2219	Jacques	Smith	10km	Male	42	Veteran (40-49)	00:57:20
19	30	4	TA2125	Conrad	Langerman	10km	Male	44	Veteran (40-49)	00:57:57
20	31	3	TRAIL20725	Gerald	Steyn	10km	Male	67	Grand-Master (60+)	00:58:42
21	34	5	TA2159	Jacques	Van Zyl	10km	Male	42	Veteran (40-49)	01:01:34
22	36	6	TA2232	Louis	Visser	10km	Male	44	Veteran (40-49)	01:01:45
23	39	7	TA1804	Corban	Thompson	10km	Male	24	Senior (19-29)	01:03:09
24	40	6	TA2109	Alvin	Liao	10km	Male	30	Sub-Veteran (30-39)	01:03:57
25	43	7	TA1830	Stephan	Gous	10km	Male	42	Veteran (40-49)	01:05:23
26	45	4	TRAIL10759	Allen	West	10km	Male	64	Grand-Master (60+)	01:05:57
27	48	8	TA2318	Steven	Carlin	10km	Male	48	Veteran (40-49)	01:06:07
28	49	8	TA1173	Braston	Duthie	10km	Male	29	Senior (19-29)	01:06:14
29	50	7	TA2156	Christiaan Albertus	Strauss	10km	Male	30	Sub-Veteran (30-39)	01:06:27
30	52	8	TA2205	Donny	Zhang	10km	Male	35	Sub-Veteran (30-39)	01:06:46
31	56	9	TA2160	Tom	Mascher	10km	Male	21	Senior (19-29)	01:07:15
32	58	9	TA2255	Elmo	Erasmus	10km	Male	41	Veteran (40-49)	01:08:27
33	59	3	TA2278	Pieter	Knoesen	10km	Male	53	Master (50-59)	01:08:32
34	63	9	TA2286	Yin	Chen	10km	Male	36	Sub-Veteran (30-39)	01:10:05
35	65	10	TA2137	Roberto	Jousten	10km	Male	49	Veteran (40-49)	01:11:51
36	66	10	TA1881	Jianchun	Han	10km	Male	36	Sub-Veteran (30-39)	01:12:36
37	69	5	TA1836	Alf	Wallis	10km	Male	61	Grand-Master (60+)	01:14:38
38	71	11	TA1174	Willem	Bernard	10km	Male	47	Veteran (40-49)	01:14:47
39	78	11	TA1900	Ian	Corbett	10km	Male	34	Sub-Veteran (30-39)	01:16:38
40	79	6	TRAIL10533	Frik	Du Preez	10km	Male	60	Grand-Master (60+)	01:17:54

41	82	12	TA2331	Richard	Liu	10km	Male	44	Veteran (40-49)	01:20:51
42	83	1	TA2214	Verno	Van Der Westhuizen	10km	Male	12	12 to 15	01:20:59
43	84	13	TA1837	Donald	Yates	10km	Male	47	Veteran (40-49)	01:21:46
44	87	14	TA2169	Hendrik	Le Roux	10km	Male	46	Veteran (40-49)	01:22:39
45	89	12	TA2170	Fredrick	Mavhunduse	10km	Male	38	Sub-Veteran (30-39)	01:24:15
46	92	7	TRAIL11058	John	Rollason	10km	Male	70	Grand-Master (60+)	01:24:55
47	93	8	TA2247	Wibertus	Bosma	10km	Male	61	Grand-Master (60+)	01:27:47
48	94	9	TA2163	Charles	Skinner	10km	Male	64	Grand-Master (60+)	01:27:53
49	97	15	TA2158	Paul	Mitchell	10km	Male	46	Veteran (40-49)	01:44:10
50	98	16	TA1808	Rhyn	Potgieter	10km	Male	46	Veteran (40-49)	01:44:17

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2213	Danielle	Jordaan	10km	Female	21	Senior (19-29)	00:43:30
2	2	1	TA2296	Louise	Briers	10km	Female	40	Veteran (40-49)	00:46:47
3	6	1	TA2132	Julia	Munn	10km	Female	34	Sub-Veteran (30-39)	00:49:14
4	7	1	TRAIL12842	Jeanne'	De Beer	10km	Female	17	16 to 18	00:49:47
5	16	1	TA1811	Ronel	Fourie	10km	Female	56	Master (50-59)	00:53:04
6	17	2	TA2242	Marilie	Hugo	10km	Female	38	Sub-Veteran (30-39)	00:53:15
7	21	3	TA1852	Maria	Hattingh	10km	Female	31	Sub-Veteran (30-39)	00:55:10
8	23	4	TA2243	Emma	Strydom	10km	Female	37	Sub-Veteran (30-39)	00:55:25
9	24	5	TRAIL12787	Mariette	Eksteen	10km	Female	38	Sub-Veteran (30-39)	00:56:15
10	27	6	TRAIL12299	Janeane	Watt	10km	Female	37	Sub-Veteran (30-39)	00:56:23
11	29	2	TA1846	Monica	Shanley	10km	Female	42	Veteran (40-49)	00:57:51
12	32	7	TA2345	Nicola	Helwick	10km	Female	39	Sub-Veteran (30-39)	01:00:15
13	33	3	TRAIL13015	Nadia	Bosch	10km	Female	47	Veteran (40-49)	01:00:49
14	35	8	TA2985	Linzi	Slabbert	10km	Female	32	Sub-Veteran (30-39)	01:01:38
15	37	9	TA2166	Liezl	Nel	10km	Female	39	Sub-Veteran (30-39)	01:01:59
16	38	4	TA2312	Rosalind	Roy	10km	Female	47	Veteran (40-49)	01:02:54
17	41	2	TA1169	Dirk	Fourie	10km	Female	56	Master (50-59)	01:04:22
18	42	5	TRAIL10430	Celia	Van Niekerk	10km	Female	48	Veteran (40-49)	01:04:25
19	44	10	TA1880	Kris	Tay	10km	Female	30	Sub-Veteran (30-39)	01:05:37
20	46	11	TRAIL11074	Larissa	West	10km	Female	35	Sub-Veteran (30-39)	01:06:01
21	47	6	TA2339	Hannake	Jordaan	10km	Female	42	Veteran (40-49)	01:06:04
22	51	12	TA2130	Wendy	Corbett	10km	Female	34	Sub-Veteran (30-39)	01:06:36
23	53	2	TA1807	Lize-mari	Mitchell	10km	Female	27	Senior (19-29)	01:06:57
24	54	3	TA2290	Nadine	Boshoff	10km	Female	25	Senior (19-29)	01:07:00
25	55	3	TA2285	Stienie	Kompagnie	10km	Female	52	Master (50-59)	01:07:04
26	57	13	TA2252	Jermaine	Daseman	10km	Female	32	Sub-Veteran (30-39)	01:07:51
27	60	4	TA1887	Zina	Knoesen	10km	Female	25	Senior (19-29)	01:08:35
28	61	4	TA2182	Rene	Jansen	10km	Female	50	Master (50-59)	01:09:14
29	62	5	TA2246	Annette	Boshoff	10km	Female	52	Master (50-59)	01:09:57
30	64	5	TRAIL20120	Vuyolwethu	Matiwane	10km	Female	29	Senior (19-29)	01:10:52
31	67	1	TA2141	Rina	Pretorius	10km	Female	66	Grand-Master (60+)	01:13:05
32	68	6	TA1816	Nicola	Wicks	10km	Female	55	Master (50-59)	01:14:19
33	70	7	TA1838	Lazya	Bernard	10km	Female	47	Veteran (40-49)	01:14:44
34	72	6	TA1874	Helen	Bosma	10km	Female	25	Senior (19-29)	01:15:01
35	73	7	TA1879	Hilary	Bosma	10km	Female	57	Master (50-59)	01:15:40
36	74	8	TA2111	Anzett	Viljoen	10km	Female	44	Veteran (40-49)	01:16:27
37	75	9	TA2222	Melinda	Gous	10km	Female	41	Veteran (40-49)	01:16:29
38	76	10	TA2307	Elmarie	Coetzee	10km	Female	48	Veteran (40-49)	01:16:32
39	77	2	TA1868	Thea	Corbett	10km	Female	61	Grand-Master (60+)	01:16:34
40	80	11	TA1899	Marissa	Smit	10km	Female	41	Veteran (40-49)	01:19:30

41	81	7	TA2303	Mulalo	Madula	10km	Female	28	Senior (19-29)	01:20:19
42	85	12	TA2121	Juanita	Yates	10km	Female	43	Veteran (40-49)	01:21:50
43	86	13	TA2152	Thabisa	Mange	10km	Female	44	Veteran (40-49)	01:22:25
44	88	8	TA2146	Thambo	Sehlule	10km	Female	23	Senior (19-29)	01:24:06
45	90	8	TA2311	Marilyn	Jousten	10km	Female	56	Master (50-59)	01:24:34
46	91	14	TRAIL11111	Fiona	Lindsey-renton	10km	Female	46	Veteran (40-49)	01:24:52
47	95	9	TA2227	Primrose	Mkhwanazi	10km	Female	24	Senior (19-29)	01:32:21
48	96	14	TA2217	Motsoka	Mudau	10km	Female	35	Sub-Veteran (30-39)	01:39:07
49	99	9	TA1877	Mapula	Mokagane	10km	Female	56	Master (50-59)	01:59:08

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0320	Thys	Schmidt	5km	Male	47	Veteran (40-49)	00:26:49
2	2	1	TA0328	Danie	Malan	5km	Male	13	12 to 15	00:29:41
3	3	2	TA1768	Hanno	Havenga	5km	Male	45	Veteran (40-49)	00:33:20
4	4	1	TA0312	Rikard	Havenga	5km	Male	16	16 to 18	00:33:26
5	5	1	TA0488	Darius	Oberholzer	5km	Male	11	Under 11	00:34:28
6	7	3	TA0268	Lance	Van Der Merwe	5km	Male	47	Veteran (40-49)	00:34:33
7	9	2	TRAIL20175	Joshua	Mufema	5km	Male	11	Under 11	00:35:06
8	10	3	TA0565	Nhlosenhle	Nxumalo	5km	Male	9	Under 11	00:35:10
9	11	2	TA0296	Chulumanco	Sito	5km	Male	13	12 to 15	00:35:14
10	13	1	TA1571	Mauro	Busato	5km	Male	52	Master (50-59)	00:35:19
11	14	1	TA1625	Jacobus	Jonker	5km	Male	29	Senior (19-29)	00:36:06
12	15	1	TA0487	Daan	Labuschagne	5km	Male	65	Grand-Master (60+)	00:36:18
13	16	1	TA0527	Henk	Swanepoel	5km	Male	35	Sub-Veteran (30-39)	00:36:29
14	20	3	TA1734	Ethan	Mitchell	5km	Male	12	12 to 15	00:37:10
15	23	2	TA0010	Willie	Kruger	5km	Male	50	Master (50-59)	00:37:59
16	24	4	TA0169	Ivan	Calitz	5km	Male	10	Under 11	00:38:04
17	29	2	TA0369	Bryan	Wallis	5km	Male	34	Sub-Veteran (30-39)	00:40:46
18	30	3	TA1867	Li	Wei	5km	Male	38	Sub-Veteran (30-39)	00:40:57
19	33	2	TA0463	Fritz	Louw	5km	Male	71	Grand-Master (60+)	00:41:53
20	36	2	TA0370	Calvin	Van Rooyen	5km	Male	22	Senior (19-29)	00:42:07
21	39	4	TA0341	Conner	Shanley	5km	Male	14	12 to 15	00:43:35
22	42	4	TA0417	James	Stroud	5km	Male	32	Sub-Veteran (30-39)	00:43:55
23	53	3	TRAIL20767	Steve	Thomas	5km	Male	64	Grand-Master (60+)	00:48:24
24	54	4	TRAIL20636	Malcolm	Mackenzie	5km	Male	66	Grand-Master (60+)	00:48:30
25	56	5	TA1566	Greg	Saar	5km	Male	68	Grand-Master (60+)	00:49:05
26	58	5	TA0297	Albert	Van Der Merwe	5km	Male	39	Sub-Veteran (30-39)	00:49:40
27	60	5	TA0231	Levi	Steyn	5km	Male	8	Under 11	00:50:40
28	70	4	TA0378	Pieter	Rossouw	5km	Male	40	Veteran (40-49)	00:53:57
29	74	3	TA0397	Dawid	Ras	5km	Male	53	Master (50-59)	00:54:42
30	86	6	TA0429	Gerhard	Jooste	5km	Male	62	Grand-Master (60+)	00:58:32
31	88	3	TA0213	Andrew	Walters	5km	Male	24	Senior (19-29)	00:59:58
32	100	4	TA0554	Devon	Kruger	5km	Male	23	Senior (19-29)	01:01:25
33	101	5	TA1657	Gustav	Bentz	5km	Male	43	Veteran (40-49)	01:01:28
34	104	4	TA1519	Martin Mothusi	Mafojane	5km	Male	53	Master (50-59)	01:01:51
35	105	7	TA0356	Franois	Kruger	5km	Male	60	Grand-Master (60+)	01:02:11
36	108	6	TA1767	Yaw	Okyere-boateng	5km	Male	5	Under 11	01:08:51
37	115	5	TA0210	Andisa	Muludzi	5km	Male	12	12 to 15	01:11:41
38	119	7	TA0291	Kwadwo	Okyere-boateng	5km	Male	9	Under 11	01:12:53
39	122	8	TA0404	Johnie	Jonker	5km	Male	61	Grand-Master (60+)	01:16:25

40	124	8	TA0464	Ryan	Henning	5km	Male	5	Under 11	01:18:54
41	126	9	TA0376	Logan	Jacobs	5km	Male	1	Under 11	01:23:23
42	127	6	TA0151	Pj	Jacobs	5km	Male	33	Sub-Veteran (30-39)	01:23:25
43	129	6	TA0250	Kwame	Okyere-boateng	5km	Male	42	Veteran (40-49)	01:29:11
44	131	5	TA1749	Gunther	Schwob	5km	Male	57	Master (50-59)	01:44:43

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA1620	Yolanda	Oberholzer	5km	Female	39	Sub-Veteran (30-39)	00:34:30
2	8	1	TA0302	Sesethu	Makuzeni	5km	Female	11	Under 11	00:34:47
3	12	2	TA1796	Lianne	Casper	5km	Female	35	Sub-Veteran (30-39)	00:35:16
4	17	1	TA0290	Christine	Jonker	5km	Female	28	Senior (19-29)	00:36:39
5	18	1	TA0567	Sanette	Corbett	5km	Female	43	Veteran (40-49)	00:36:47
6	19	2	TA1659	Tanya	Van Den Berg	5km	Female	25	Senior (19-29)	00:37:06
7	21	3	TA0588	Shanley	Marshel	5km	Female	21	Senior (19-29)	00:37:13
8	22	4	TA2153	Devon	Taylor	5km	Female	24	Senior (19-29)	00:37:31
9	25	1	TA1558	Soleil	Van Lelyveld	5km	Female	12	12 to 15	00:38:21
10	26	2	TA0247	Isla	Van Lelyveld	5km	Female	9	Under 11	00:38:23
11	27	1	TRAIL20768	Edda	Dematta	5km	Female	57	Master (50-59)	00:38:40
12	28	2	TA1784	Tania	Havenga	5km	Female	40	Veteran (40-49)	00:38:55
13	31	2	TA0009	Robin	De Bruyn	5km	Female	14	12 to 15	00:41:02
14	32	3	TRAIL20524	Tracy	Vally	5km	Female	48	Veteran (40-49)	00:41:33
15	34	4	TA0005	Karien	Smith	5km	Female	41	Veteran (40-49)	00:41:59
16	35	1	TA0176	Denielle	De Bruyn	5km	Female	18	16 to 18	00:42:04
17	37	3	TA0576	Klesey	Mitchell	5km	Female	14	12 to 15	00:42:26
18	38	5	TRAIL20000	Glizelle	Langerman	5km	Female	42	Veteran (40-49)	00:43:33
19	40	6	TA1666	Zunay	Busato	5km	Female	46	Veteran (40-49)	00:43:46
20	41	5	TA0344	Caitlyn	Sequeira	5km	Female	24	Senior (19-29)	00:43:52
21	43	4	TA0094	Grace	Potgieter	5km	Female	12	12 to 15	00:44:02
22	44	2	TRAIL20527	Tracey	Scanlen	5km	Female	55	Master (50-59)	00:44:53
23	45	3	TA1822	Dawn	Fryer	5km	Female	54	Master (50-59)	00:45:16
24	46	1	TA0215	Anamarie	De Kock	5km	Female	62	Grand-Master (60+)	00:45:30
25	47	2	TA0596	Mariet	Louw	5km	Female	68	Grand-Master (60+)	00:45:44
26	48	4	TRAIL20919	Caron	Mackenzie	5km	Female	55	Master (50-59)	00:46:10
27	49	3	TA1516	Zandile	Mqadi	5km	Female	38	Sub-Veteran (30-39)	00:46:20
28	50	5	TA0515	Charne	Havenga	5km	Female	15	12 to 15	00:46:25
29	51	4	TA0264	Joanita	Dambisya	5km	Female	31	Sub-Veteran (30-39)	00:46:49
30	52	3	TA0345	Danika	Malan	5km	Female	10	Under 11	00:47:08
31	55	6	TA0167	Shannen	De Andrade	5km	Female	26	Senior (19-29)	00:48:33
32	57	5	TA1527	Anthea	Corbett	5km	Female	36	Sub-Veteran (30-39)	00:49:36
33	59	5	TA0254	Veronica	Fink	5km	Female	50	Master (50-59)	00:50:33
34	61	6	TA0205	Lara	Steyn	5km	Female	37	Sub-Veteran (30-39)	00:50:49
35	62	7	TA1536	Siohbian	Nel	5km	Female	27	Senior (19-29)	00:50:51
36	63	7	TA0424	Brittany	Potgieter	5km	Female	34	Sub-Veteran (30-39)	00:51:12
37	64	8	TA0415	Angelique	Steyn	5km	Female	36	Sub-Veteran (30-39)	00:51:15
38	65	4	TA1655	Jamie-lee	Van Der Schyff	5km	Female	10	Under 11	00:51:17
39	66	5	TA0280	Caprice	Steyn	5km	Female	5	Under 11	00:51:19
40	67	6	TA0330	Vera	Calitz	5km	Female	8	Under 11	00:53:11

41	68	7	TA0240	Eftascha	Gerber	5km	Female	43	Veteran (40-49)	00:53:44
42	69	8	TA0425	Trish	Miles	5km	Female	45	Veteran (40-49)	00:53:55
43	71	9	TA0121	Anastasia	Calitz	5km	Female	37	Sub-Veteran (30-39)	00:54:28
44	72	6	TA0384	Lisa	Calitz	5km	Female	14	12 to 15	00:54:34
45	73	9	TA0233	Daleen	Ras	5km	Female	49	Veteran (40-49)	00:54:37
46	75	10	TA1552	Liezel	Mitchell	5km	Female	44	Veteran (40-49)	00:55:22
47	76	8	TA0529	Felicia	Wessels	5km	Female	26	Senior (19-29)	00:55:34
48	77	11	TA0156	Nicky	Wessels	5km	Female	47	Veteran (40-49)	00:55:46
49	78	12	TA0364	Louise	Cronje	5km	Female	49	Veteran (40-49)	00:55:54
50	79	2	TA1799	Rebecca	Mascher	5km	Female	18	16 to 18	00:56:26
51	80	9	TA0203	Zanele	Miya	5km	Female	26	Senior (19-29)	00:56:51
52	81	10	TA0357	Snazo	Miya	5km	Female	19	Senior (19-29)	00:56:54
53	82	13	TA1743	Rejoice	Sithole	5km	Female	44	Veteran (40-49)	00:57:59
54	83	10	TA1595	Ruth	Miya	5km	Female	38	Sub-Veteran (30-39)	00:58:09
55	84	11	TA0414	Liezel	Du Preez	5km	Female	31	Sub-Veteran (30-39)	00:58:22
56	85	6	TA0386	Elizabeth	Welman	5km	Female	57	Master (50-59)	00:58:23
57	87	7	TA0391	Cornelia	Jooste	5km	Female	59	Master (50-59)	00:58:38
58	89	3	TA0158	Gill	Walters	5km	Female	64	Grand-Master (60+)	01:00:00
59	90	7	TA1754	Omphile	Ramatlhware	5km	Female	11	Under 11	01:00:19
60	91	8	TA1747	Katlego	Ramathlware	5km	Female	4	Under 11	01:00:22
61	92	12	TA0252	Tshego	Ramatlhware	5km	Female	34	Sub-Veteran (30-39)	01:00:24
62	93	8	TA0434	Caroline	Malauzat	5km	Female	54	Master (50-59)	01:01:01
63	94	4	TA0219	Caroline	Maslo	5km	Female	61	Grand-Master (60+)	01:01:02
64	95	3	TA0185	Elle	Knoesen	5km	Female	16	16 to 18	01:01:05
65	96	11	TA0332	Mia	Knoesen	5km	Female	21	Senior (19-29)	01:01:08
66	97	9	TA1647	Elzabeth	Knoesen	5km	Female	52	Master (50-59)	01:01:11
67	98	14	TA0227	Trudy	Van Staaden	5km	Female	44	Veteran (40-49)	01:01:18
68	99	12	TA0033	Bronwyn	Lombard	5km	Female	22	Senior (19-29)	01:01:22
69	102	15	TA0409	Lientjie	Bentz	5km	Female	43	Veteran (40-49)	01:01:30
70	103	10	TA1604	Anna Nomalanga	Mafojane	5km	Female	53	Master (50-59)	01:01:49
71	106	11	TA0002	Martha	Kruger	5km	Female	58	Master (50-59)	01:02:19
72	107	9	TA1572	Maame	Ess3el - Mensah	5km	Female	9	Under 11	01:08:45
73	109	13	TA0096	Shanine	Dempsey	5km	Female	26	Senior (19-29)	01:09:17
74	110	14	TA1684	Phia	Smit	5km	Female	28	Senior (19-29)	01:09:20
75	111	10	TA0041	Sean	Mongwe	5km	Female	9	Under 11	01:11:22
76	112	16	TA0403	Khensani	Mongwe	5km	Female	40	Veteran (40-49)	01:11:27
77	113	11	TA0238	Anzani	Muladzi	5km	Female	5	Under 11	01:11:31
78	114	13	TA1735	Jeanette	Hlungwane	5km	Female	37	Sub-Veteran (30-39)	01:11:33
79	116	5	TA0358	Akua	Okyere-boateng	5km	Female	62	Grand-Master (60+)	01:12:25
80	117	14	TA0388	Akua	Okyere-boateng	5km	Female	38	Sub-Veteran (30-39)	01:12:42
81	118	12	TA0508	Xiluva	Sambo	5km	Female	5	Under 11	01:12:51
82	120	15	TA0471	Puleng	Okyere-boateng	5km	Female	36	Sub-Veteran (30-39)	01:12:59

83	121	6	TA1707	Rosemary	Jonker	5km	Female	60	Grand-Master (60+)	01:16:23
84	123	17	TA0578	Verna	Van Der Westhuizen	5km	Female	40	Veteran (40-49)	01:18:49
85	125	16	TA0407	Sarah	Lerch-henning	5km	Female	36	Sub-Veteran (30-39)	01:18:55
86	128	17	TA0443	Charlene	White	5km	Female	36	Sub-Veteran (30-39)	01:23:25
87	130	18	TA0339	Mandy	Mapisa	5km	Female	39	Sub-Veteran (30-39)	01:29:15