



AdventureRun : Rietvlei Dam

Rietvlei Trail Run/Walk on 21st April 2019



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1058	Tarquin	Meszaros	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:41:33
2	2	2	TA2159	Paul	Theron	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:42:02
3	3	1	TA0906	Nicholas	Mbatha	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:42:09
4	4	3	TA1894	Nyasha	Chikukwa	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:42:31
5	5	2	TA1049	Gregory	Mufema	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:43:02
6	6	1	TA0951	Conner	Shanley	10km Trail Run/Walk	Male	14	12 to 15	00:45:52
7	7	4	TA1000	Frans	De Vos	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:45:56
8	8	5	TA2203	Jason	Weyers	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:46:43
9	9	1	TA1810	Hanno	Brink	10km Trail Run/Walk	Male	26	Senior (19-29)	00:48:38
10	10	2	TA2160	Tp	Swanepoel	10km Trail Run/Walk	Male	24	Senior (19-29)	00:49:01
11	11	6	TA2125	Etienne	Jordaan	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:49:06
12	12	3	TA2312	Graham	Chalmers	10km Trail Run/Walk	Male	47	Veteran (40-49)	00:50:13
13	13	4	TA2168	Sarel	Van Der Walt	10km Trail Run/Walk	Male	40	Veteran (40-49)	00:52:07
14	14	3	TA2119	Matthew	Wilkinson	10km Trail Run/Walk	Male	26	Senior (19-29)	00:52:12
15	17	7	TA1803	Ayanda	Ndlovu	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:53:20
16	19	4	TA0603	Takura	Wekwete	10km Trail Run/Walk	Male	28	Senior (19-29)	00:53:32
17	20	8	TA0724	Xianwang	Wu	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:53:52
18	21	1	TA0979	Barend	Kruger	10km Trail Run/Walk	Male	51	Master (50-59)	00:54:25
19	23	9	TA2307	Werner	Stucky	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:55:16
20	24	5	TRAIL11023	Grant	Hall	10km Trail Run/Walk	Male	49	Veteran (40-49)	00:55:23
21	26	1	TA1110	Johan	Strydom	10km Trail Run/Walk	Male	64	Grand-Master (60+)	00:55:55
22	29	10	TA0940	Dirk	Van Rooyen	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:57:14
23	30	11	TA1877	Steven	Tucker	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:57:19
24	31	6	TA1041	Morne	Eloff	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:57:30
25	34	7	TA1015	Conrad	Langerman	10km Trail Run/Walk	Male	44	Veteran (40-49)	00:59:16
26	36	8	TA1143	Pieter	De Lange	10km Trail Run/Walk	Male	49	Veteran (40-49)	00:59:52
27	37	2	TA0639	Gerald	Steyn	10km Trail Run/Walk	Male	67	Grand-Master (60+)	01:00:12
28	38	9	TRAIL11181	Pieter	Van Staden	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:00:56
29	39	3	TRAIL20628	Geoff	Lupton-smith	10km Trail Run/Walk	Male	61	Grand-Master (60+)	01:01:04
30	40	10	TA1801	Derek	Lentz	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:01:10
31	41	5	TRAIL20948	Conrad	Mahlangu	10km Trail Run/Walk	Male	28	Senior (19-29)	01:01:20
32	45	11	TA1868	Steve	Turner	10km Trail Run/Walk	Male	48	Veteran (40-49)	01:02:06
33	47	12	TA1852	Alan	Geldenhuis	10km Trail Run/Walk	Male	43	Veteran (40-49)	01:02:27

34	48	6	TA2213	Jc	Viljoen	10km Trail Run/Walk	Male	27	Senior (19-29)	01:02:29
35	50	12	TA1829	Berrange	Nelson	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:03:21
36	52	13	TA2204	Carl	Klingenberg	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:03:24
37	55	2	TA2319	David	Wilkinson	10km Trail Run/Walk	Male	51	Master (50-59)	01:03:31
38	62	13	TA1833	Bheki	Nkosi	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:07:06
39	63	14	TA0892	Renier	Botha	10km Trail Run/Walk	Male	46	Veteran (40-49)	01:07:11
40	64	4	TA1822	Desmond	Bailey	10km Trail Run/Walk	Male	65	Grand-Master (60+)	01:08:27
41	65	5	TA0674	Kosie	Van Vuuren	10km Trail Run/Walk	Male	65	Grand-Master (60+)	01:08:30
42	68	6	TRAIL10759	Allen	West	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:08:51
43	70	3	TA1807	Paul	Hammerton	10km Trail Run/Walk	Male	55	Master (50-59)	01:09:05
44	74	15	TA1873	Johann	Wolmarans	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:10:40
45	84	7	TA2169	Gawie	Pretorius	10km Trail Run/Walk	Male	68	Grand-Master (60+)	01:13:38
46	96	7	TA2163	Divan	Van Niekerk	10km Trail Run/Walk	Male	26	Senior (19-29)	01:22:04
47	100	4	TA1882	Daniel	Khoza	10km Trail Run/Walk	Male	59	Master (50-59)	01:27:08
48	103	16	TA1122	Daryl	Viljoen	10km Trail Run/Walk	Male	46	Veteran (40-49)	01:31:14
49	112	8	TA0719	Peter	Darroll	10km Trail Run/Walk	Male	73	Grand-Master (60+)	01:50:00
50	119	9	TRAIL12613	Meyer Albert	Guinsberg	10km Trail Run/Walk	Male	69	Grand-Master (60+)	02:01:17
51	120	10	TRAIL20585	Dean	Mcclelland	10km Trail Run/Walk	Male	65	Grand-Master (60+)	02:01:17
52	121	11	TA0860	Elbert	Loubser	10km Trail Run/Walk	Male	62	Grand-Master (60+)	02:01:17

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	15	1	TA2152	Jessica	Hemer	10km Trail Run/Walk	Female	27	Senior (19-29)	00:52:44
2	16	2	TA2156	Stephanie	Griffiths	10km Trail Run/Walk	Female	25	Senior (19-29)	00:53:17
3	18	3	TA2242	Kaela	Steyn	10km Trail Run/Walk	Female	19	Senior (19-29)	00:53:23
4	22	1	TA2339	Monica	Shanley	10km Trail Run/Walk	Female	42	Veteran (40-49)	00:54:53
5	25	4	TA0742	Carina	Brink	10km Trail Run/Walk	Female	28	Senior (19-29)	00:55:36
6	27	5	TA0804	Ranien	Swanepoel	10km Trail Run/Walk	Female	29	Senior (19-29)	00:55:59
7	28	1	TRAIL12299	Janeane	Watt	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:56:19
8	32	2	TA2252	Monique	Eloff	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:58:07
9	33	6	TA1899	Mandi	Botha	10km Trail Run/Walk	Female	28	Senior (19-29)	00:58:14
10	35	3	TA1051	Charne	Wiggins	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:59:49
11	42	7	TA0878	Evelyn	Jansen Van Vuren	10km Trail Run/Walk	Female	23	Senior (19-29)	01:01:24
12	43	4	TA2141	Jana	Boshoff	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:01:44
13	44	5	TRAIL11152	Mandie	Van Staden	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:01:48
14	46	6	TA2295	Ingridingrid	Schoeman	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:02:11
15	49	8	TA0911	Janine	Rayner	10km Trail Run/Walk	Female	24	Senior (19-29)	01:03:04
16	51	2	TA1811	Carla	Joubert	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:03:22
17	53	1	TA2286	Elna	Swanepoel	10km Trail Run/Walk	Female	50	Master (50-59)	01:03:28
18	54	9	TA0926	Catherine	Wilkinson	10km Trail Run/Walk	Female	20	Senior (19-29)	01:03:29
19	56	7	TA1828	Annetjie	Lubbe	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:03:37
20	57	8	TRAIL12330	Candice	Van Dyk	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:04:24
21	58	3	TA2109	Minnette	Lentz	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:04:32
22	59	9	TA1812	Madele	Nelson	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:04:43
23	60	2	TA1889	Petri	Nelson	10km Trail Run/Walk	Female	57	Master (50-59)	01:04:45
24	61	4	TA2146	Renea	Jele	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:04:47
25	66	3	TA0184	Paula	Taylor	10km Trail Run/Walk	Female	51	Master (50-59)	01:08:41
26	67	10	TA1830	Lerica	Schoeman	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:08:48
27	69	11	TRAIL11074	Larissa	West	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:08:53
28	71	12	TA1837	Alet-mari	Geldenhuys	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:09:13
29	72	10	TA2214	Hesti	Swanepoel	10km Trail Run/Walk	Female	21	Senior (19-29)	01:09:26
30	73	1	TA1169	Jacquie	Du Toit	10km Trail Run/Walk	Female	62	Grand-Master (60+)	01:09:48
31	75	2	TA0900	Karin	Whitburn	10km Trail Run/Walk	Female	63	Grand-Master (60+)	01:11:02
32	76	4	TRAIL12116	Marion	Klennert	10km Trail Run/Walk	Female	57	Master (50-59)	01:11:04
33	77	3	TA1832	Rina	Pretorius	10km Trail Run/Walk	Female	66	Grand-Master (60+)	01:12:05
34	78	13	TA0973	Anisha	Panchia	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:12:19
35	79	14	TA2180	Sunet	Bruyn	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:12:25
36	80	11	TA0984	Phumla	Zikalala	10km Trail Run/Walk	Female	26	Senior (19-29)	01:12:33
37	81	5	TA2121	Makibelo	Boshomane	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:12:37
38	82	5	TA2290	Michelle	Heath	10km Trail Run/Walk	Female	57	Master (50-59)	01:12:40
39	83	15	TA1185	Daphney	Nchabeleng	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:12:51
40	85	6	TA1835	Jennifer	Dudman	10km Trail Run/Walk	Female	59	Master (50-59)	01:14:22

41	86	16	TA1846	Keabetsoe	Tsubella	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:15:09
42	87	17	TA0947	Janel	Venter	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:15:56
43	88	18	TA0612	Stephanie	Aken	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:16:03
44	89	19	TA0374	Alida	Kotze	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:16:36
45	90	6	TA1173	Candice	Dott	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:18:45
46	91	7	TRAIL11109	Belinda	Carey	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:18:53
47	92	20	TA2318	Kgabo	Tjatji	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:19:51
48	93	7	TRAIL20797	Wilma	Du Plooy	10km Trail Run/Walk	Female	51	Master (50-59)	01:21:12
49	94	12	TA0813	Primrose	Mkhwanazi	10km Trail Run/Walk	Female	24	Senior (19-29)	01:21:41
50	95	13	TA1003	Elizabeth	Venter	10km Trail Run/Walk	Female	22	Senior (19-29)	01:21:59
51	97	8	TA2331	Mary	Botha	10km Trail Run/Walk	Female	50	Master (50-59)	01:23:17
52	98	21	TA2304	Bonita	Steenkamp	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:24:14
53	99	9	TA2174	Charmaine	Hannan	10km Trail Run/Walk	Female	57	Master (50-59)	01:26:43
54	101	8	TA0999	Marna	Van Den Berg	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:27:35
55	102	9	TA1061	Trisha	Wilkinson	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:30:17
56	104	22	TA2116	Lizle	Loots	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:32:29
57	105	10	TA1054	Nosisi	Dlambewu	10km Trail Run/Walk	Female	55	Master (50-59)	01:32:49
58	106	10	TA2247	Inri	Moller	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:36:00
59	107	11	TA0968	Elsa	Slabbert	10km Trail Run/Walk	Female	55	Master (50-59)	01:41:21
60	108	11	TA1177	Jacqui	Jackson	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:41:24
61	109	12	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:42:00
62	110	4	TA2108	Sue	Darroll	10km Trail Run/Walk	Female	68	Grand-Master (60+)	01:50:00
63	111	13	TA0626	Noluntu	Funani	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:50:00
64	113	5	TRAIL20732	Gerna	Horak	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:55:53
65	114	6	TRAIL20775	June	Bates	10km Trail Run/Walk	Female	61	Grand-Master (60+)	01:55:53
66	115	7	TRAIL12321	Dorothy	Van Heerden	10km Trail Run/Walk	Female	75	Grand-Master (60+)	01:59:00
67	116	8	TA1111	Rina	Bekker	10km Trail Run/Walk	Female	73	Grand-Master (60+)	01:59:00
68	117	14	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:59:36
69	118	12	TRAIL10214	Elsa	Erasmus	10km Trail Run/Walk	Female	56	Master (50-59)	01:59:37
70	122	23	TA1813	Margareth	De Roubaix	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	02:33:59

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10690	Dian	Marais	5km Trail Run/Walk	Male	11	Under 11	00:20:53
2	3	1	TA1867	Keith	Chihaba	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:24:32
3	6	2	TA1020	Jan	Kruger	5km Trail Run/Walk	Male	8	Under 11	00:26:03
4	8	1	TA0440	Paul	Holt	5km Trail Run/Walk	Male	53	Master (50-59)	00:29:30
5	9	1	TA0539	Hugo	Bartz	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:30:09
6	10	1	TA0233	Nick	Weinberg	5km Trail Run/Walk	Male	17	16 to 18	00:30:12
7	12	1	TRAIL11178	Zander	Van Staden	5km Trail Run/Walk	Male	13	12 to 15	00:30:39
8	14	1	TA2137	Bernard	Rossouw	5km Trail Run/Walk	Male	27	Senior (19-29)	00:31:42
9	15	1	TA0272	Johann	Van Zyl	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:31:46
10	18	2	TA1660	Yongqing	Liu	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:32:50
11	20	3	TA1787	Joshua	Mufema	5km Trail Run/Walk	Male	11	Under 11	00:33:07
12	22	2	TA1629	Sheldon	Smith	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:33:10
13	23	3	TA1571	Rodney	Norman	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:33:14
14	24	4	TA0444	Cooper	Norman	5km Trail Run/Walk	Male	6	Under 11	00:33:17
15	25	2	TA0322	Chulumanco	Sito	5km Trail Run/Walk	Male	13	12 to 15	00:33:19
16	26	5	TA0458	Hippa	Bruyn	5km Trail Run/Walk	Male	10	Under 11	00:33:22
17	27	4	TA0408	Hubri	Bruynta3338	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:33:25
18	28	6	TA0443	Nhlosenhle	Nxumalo	5km Trail Run/Walk	Male	9	Under 11	00:33:44
19	32	5	TA0198	Jean-corneille	Van Rooy	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:34:24
20	34	2	TA1768	Dion	Rheeder	5km Trail Run/Walk	Male	50	Master (50-59)	00:34:45
21	38	7	TA0345	Kai	Norman	5km Trail Run/Walk	Male	8	Under 11	00:35:32
22	39	3	TA0030	Aymard	Tsiela	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:35:48
23	40	6	TA0487	Frits	Snyman	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:37:48
24	41	3	TA0375	Petri	Bosman	5km Trail Run/Walk	Male	12	12 to 15	00:37:50
25	42	2	TA0331	Etienne	Nortjie	5km Trail Run/Walk	Male	61	Grand-Master (60+)	00:38:08
26	46	4	TA0033	Peter	Jay	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:40:28
27	48	2	TA0223	Andre	Werner	5km Trail Run/Walk	Male	27	Senior (19-29)	00:40:50
28	51	3	TRAIL20636	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:41:44
29	52	4	TA1516	Steve	Thomas	5km Trail Run/Walk	Male	64	Grand-Master (60+)	00:41:46
30	57	7	TA0462	Jonathan	Lewarne	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:42:48
31	63	3	TA0486	Tiago	De Freitas	5km Trail Run/Walk	Male	20	Senior (19-29)	00:43:41
32	65	4	TA0098	Levi	Bartz	5km Trail Run/Walk	Male	14	12 to 15	00:43:46
33	66	5	TA0392	Hannu	Van Der Merwe	5km Trail Run/Walk	Male	14	12 to 15	00:43:47
34	70	3	TA0268	Pieter	Olivier	5km Trail Run/Walk	Male	54	Master (50-59)	00:44:15
35	74	8	TA0358	Rinus	Gobie	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:45:07
36	75	5	TA0087	Richard	Werner	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:45:51
37	78	5	TA0203	Daniel	Nelson	5km Trail Run/Walk	Male	60	Grand-Master (60+)	00:48:03
38	79	6	TA0086	Abrie	Snyman	5km Trail Run/Walk	Male	60	Grand-Master (60+)	00:48:51
39	80	4	TA0346	Stuart	Taylor	5km Trail Run/Walk	Male	50	Master (50-59)	00:49:03

40	81	8	TA0404	Noah	Taylor	5km Trail Run/Walk	Male	8	Under 11	00:49:06
41	84	9	TA1860	Shaun	Schattil	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:49:37
42	88	9	TA0578	Rudloph	Van Rooyen	5km Trail Run/Walk	Male	5	Under 11	00:52:43
43	90	10	TA1767	Renier	Van Rooyen	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:52:56
44	95	10	TA1666	Johan	Bosman	5km Trail Run/Walk	Male	7	Under 11	00:59:11
45	96	6	TA1727	Johan	Bosman	5km Trail Run/Walk	Male	44	Veteran (40-49)	01:00:55
46	98	11	TA0364	Alexander	Van Der Merwe	5km Trail Run/Walk	Male	4	Under 11	01:01:33
47	99	11	TA0220	Johan	Van Der Merwe	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:01:35
48	100	12	TA0398	Jc	Van Der Merwe	5km Trail Run/Walk	Male	2	Under 11	01:01:37
49	102	12	TA1765	Mcdonald	Tsubella	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:02:45
50	105	5	TA1797	Gunther	Schwob	5km Trail Run/Walk	Male	57	Master (50-59)	01:06:54
51	108	7	TA0495	Michiel Josef	Kotze	5km Trail Run/Walk	Male	40	Veteran (40-49)	01:16:34
52	109	8	TA1748	Hennie	Meyer	5km Trail Run/Walk	Male	47	Veteran (40-49)	01:16:57
53	110	13	TA0120	Hanru	Kotze	5km Trail Run/Walk	Male	4	Under 11	02:34:55

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1595	Carmien	Smal	5km Trail Run/Walk	Female	11	Under 11	00:23:45
2	4	1	TA0169	Natasha	Hammerton	5km Trail Run/Walk	Female	14	12 to 15	00:24:47
3	5	2	TA1573	Melandri	Bosman	5km Trail Run/Walk	Female	9	Under 11	00:25:22
4	7	1	TA0290	Emma	Strydom	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:26:37
5	11	1	TA0096	Emma	Bartz	5km Trail Run/Walk	Female	17	16 to 18	00:30:14
6	13	2	TA1546	Tanya	Smal	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:31:37
7	16	1	TRAIL20000	Glizelle	Langerman	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:32:08
8	17	2	TA0126	Alida	Amsenga	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:32:30
9	19	3	TA0405	Nadia	Bell	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:33:02
10	21	3	TA0341	Sesethu	Makuzeni	5km Trail Run/Walk	Female	11	Under 11	00:33:09
11	29	3	TA0429	Lianne	Casper	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:33:50
12	30	4	TA1673	Briget	Peter	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:34:04
13	31	4	TA0417	Janette	Le Grange	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:34:22
14	33	1	TA0436	Sonja	Van Wyk	5km Trail Run/Walk	Female	53	Master (50-59)	00:34:43
15	35	2	TA0010	Edda	Dematta	5km Trail Run/Walk	Female	57	Master (50-59)	00:34:48
16	36	5	TA0195	Bronwen	Smith	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:34:50
17	37	6	TA1647	Erienne	Gugger-norman	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:35:26
18	43	3	TA1566	Clare	Rayner	5km Trail Run/Walk	Female	59	Master (50-59)	00:38:19
19	44	2	TA0453	Taylor	Peel	5km Trail Run/Walk	Female	15	12 to 15	00:38:56
20	45	4	TA0219	Ashlei	Mole	5km Trail Run/Walk	Female	10	Under 11	00:40:01
21	47	5	TA0251	Mandy	Jay	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:40:32
22	49	7	TA1617	Charline	Jay	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:40:56
23	50	4	TRAIL20919	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:41:39
24	53	5	TA0298	Birgit	Holt	5km Trail Run/Walk	Female	55	Master (50-59)	00:41:49
25	54	6	TA1661	Reinette	Bartz	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:42:24
26	55	1	TA1752	Kaira	Bertrand	5km Trail Run/Walk	Female	29	Senior (19-29)	00:42:26
27	56	1	TA1550	Jane	Steyn	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:42:37
28	58	8	TA0433	Paula	Vila-lewarne	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:42:51
29	59	7	TA0238	Janette	Cavannagh	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:42:53
30	60	5	TA0575	Mila	Lewarne	5km Trail Run/Walk	Female	5	Under 11	00:42:57
31	61	2	TA0397	Heather	Coln	5km Trail Run/Walk	Female	22	Senior (19-29)	00:43:00
32	62	6	TA0720	Dawn	Fryer	5km Trail Run/Walk	Female	54	Master (50-59)	00:43:01
33	64	2	TA0402	Jodi	Bartz	5km Trail Run/Walk	Female	18	16 to 18	00:43:45
34	67	7	TA1684	Ronel	Mojet	5km Trail Run/Walk	Female	50	Master (50-59)	00:43:52
35	68	3	TA0445	Louise	Cavanagh	5km Trail Run/Walk	Female	20	Senior (19-29)	00:44:07
36	69	9	TA1636	Samantha	Cavanagh	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:44:08
37	71	8	TA0317	Erika	Le Grange	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:44:19
38	72	10	TA0537	Cecile	Masuret	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:44:49
39	73	9	TA0197	Diana	De Lange	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:45:02
40	76	11	TA1653	Belinda	Cawood	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:47:10

41	77	8	TA0280	Linda	Beukes	5km Trail Run/Walk	Female	54	Master (50-59)	00:48:01
42	82	10	TA2333	Adrienne	Schattil	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:49:32
43	83	6	TA1874	Emily	Schattil	5km Trail Run/Walk	Female	6	Under 11	00:49:34
44	85	11	TA0245	Helena	Werner	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:50:42
45	86	12	TA0339	Mamohau	Tsiela	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:51:22
46	87	7	TA0185	Danica	Van Rooyen	5km Trail Run/Walk	Female	9	Under 11	00:52:41
47	89	12	TA1672	Melissa	Van Rooyen	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:52:44
48	91	9	TA1663	Hanli	Verster	5km Trail Run/Walk	Female	55	Master (50-59)	00:53:08
49	92	13	TA1610	Nosipho	Zilindile	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:53:40
50	93	14	TA0210	Sibongile	Zikalala	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:55:48
51	94	15	TA0240	Amelia	Bosman	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:59:08
52	97	16	TA0421	Elmarie	Van Der Merwe	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:01:30
53	101	3	TA0504	Mia	Geldenhuis	5km Trail Run/Walk	Female	14	12 to 15	01:02:24
54	103	8	TA0252	Bohlokoa	Tsubella	5km Trail Run/Walk	Female	6	Under 11	01:02:51
55	104	4	TA0204	Divine	Tsubella	5km Trail Run/Walk	Female	12	12 to 15	01:02:54
56	106	17	TA0312	Pamela	Kinsella	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:11:57
57	107	9	TA0042	Ava	Geldenhuis	5km Trail Run/Walk	Female	5	Under 11	01:15:51