



AdventureRun : The Big Red Barn

Barn Trail RunWalk on 31st March 2019



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20993	Reginald	Poopedi	21km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:23:08
2	2	2	TRAIL11137	Ruan	Van Der Merwe	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:23:19
3	3	3	TA3436	Siboniso	Kubeka	21km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:33:42
4	4	1	TA2537	Oliver	Ruhl	21km Trail Run/Walk	Male	48	Veteran (40-49)	01:36:03
5	5	4	TA9999	Scott	Bennett	21km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:38:16
6	8	2	TA3505	Fannie	Raseruthe	21km Trail Run/Walk	Male	42	Veteran (40-49)	01:48:01
7	9	3	TA2459	Konstant	Greyling	21km Trail Run/Walk	Male	41	Veteran (40-49)	01:51:59
8	11	5	TA3533	Cornelius	Seale	21km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:57:27
9	12	1	TRAIL20555	Chas	Norman	21km Trail Run/Walk	Male	9	Under 11	01:58:12
10	14	4	TA3021	Prince	Motswenyane	21km Trail Run/Walk	Male	44	Veteran (40-49)	02:00:42
11	18	1	TA2967	Frederik Hermanus	Jacobs	21km Trail Run/Walk	Male	52	Master (50-59)	02:08:00
12	25	1	TA3465	Alastair	During	21km Trail Run/Walk	Male	25	Senior (19-29)	02:23:24
13	26	5	TA3069	Abraham	Motana	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:23:50
14	27	6	TA2452	Rowan	Crowie	21km Trail Run/Walk	Male	48	Veteran (40-49)	02:31:10
15	33	6	TRAIL12184	Robert	Armstrong	21km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	03:23:31

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA2433	Talitha	Scholtz	21km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:42:43
2	7	2	TA2483	Nancy	Barber	21km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:43:36
3	10	1	TA2929	Carna	Koch	21km Trail Run/Walk	Female	26	Senior (19-29)	01:54:13
4	13	1	TA2672	Adrië	Strydom	21km Trail Run/Walk	Female	41	Veteran (40-49)	01:58:19
5	15	1	TA2999	Natalie	Sanders	21km Trail Run/Walk	Female	60	Grand-Master (60+)	02:02:34
6	16	3	TA3493	Chantelle	Van Rooyen	21km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	02:05:24
7	17	2	TA3499	Cheryl	Vogt	21km Trail Run/Walk	Female	46	Veteran (40-49)	02:07:54
8	19	3	TA2978	Belinda	Jacobs	21km Trail Run/Walk	Female	43	Veteran (40-49)	02:13:31
9	20	2	TA2969	Delmari	Van Zyl	21km Trail Run/Walk	Female	27	Senior (19-29)	02:16:51
10	21	2	TA2484	Ilze	Crous	21km Trail Run/Walk	Female	61	Grand-Master (60+)	02:19:23
11	22	4	TA2926	Neerana	Singh	21km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	02:20:09
12	23	3	TA2907	Kerri-lee	Howell	21km Trail Run/Walk	Female	27	Senior (19-29)	02:23:19
13	24	4	TA2906	Emily	Tullis	21km Trail Run/Walk	Female	26	Senior (19-29)	02:23:20
14	28	5	TRAIL20208	Tanya	Alberts	21km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	02:32:03
15	29	4	TA3059	Surieta	Greyling	21km Trail Run/Walk	Female	44	Veteran (40-49)	02:32:06
16	30	6	TA2510	Pumotso	Rannenyeni	21km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	02:45:20
17	31	5	TA2599	Nicola	Klue	21km Trail Run/Walk	Female	29	Senior (19-29)	03:02:18
18	32	3	TA2603	Brigitte	Madlener	21km Trail Run/Walk	Female	60	Grand-Master (60+)	03:18:21
19	34	5	TRAIL10053	Adele	Sutherland	21km Trail Run/Walk	Female	41	Veteran (40-49)	03:34:56

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2660	Shaun	Mthethwa	15km Trail Run/Walk	Male	18	16 to 18	00:56:46
2	2	1	TRAIL12471	Adam	Moroko	15km Trail Run/Walk	Male	40	Veteran (40-49)	01:02:41
3	3	2	TA2566	Philippus Carel	Breytenbach	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:03:37
4	4	1	TRAIL20995	Tshepho	Nchabeleng	15km Trail Run/Walk	Male	21	Senior (19-29)	01:06:38
5	7	1	TA2242	Daniel	Strachan	15km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:18:32
6	8	3	TA2959	Gideon	Meiring	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:21:04
7	9	4	TA3085	Casper	Erasmus	15km Trail Run/Walk	Male	48	Veteran (40-49)	01:23:38
8	10	2	TA2658	Ryan	Schubach	15km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:30:03
9	11	1	TA3473	Piet	Lotter	15km Trail Run/Walk	Male	58	Master (50-59)	01:30:07
10	13	3	TA2695	Ludwig	Gedehuys	15km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:32:12
11	14	5	TA3536	Hugh	Du Plessis	15km Trail Run/Walk	Male	41	Veteran (40-49)	01:32:21
12	16	4	TA2146	Maurice	Van Heerden	15km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:34:27
13	17	6	TA0753	Alistair	Herriott	15km Trail Run/Walk	Male	47	Veteran (40-49)	01:38:32
14	20	5	TA2919	Jacques	Van Der Nest	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:41:57
15	21	1	TRAIL10171	Hennie	Prinsloo	15km Trail Run/Walk	Male	64	Grand-Master (60+)	01:42:25
16	26	7	TA2667	Roy	Clegg	15km Trail Run/Walk	Male	44	Veteran (40-49)	01:48:08
17	27	2	TA1169	Michael	Baker	15km Trail Run/Walk	Male	65	Grand-Master (60+)	01:48:30
18	29	6	TA2605	Bheki	Nkosi	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:51:49
19	36	7	TA2663	Jonty	Meiring	15km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	02:10:11
20	41	3	TRAIL12109	Neville	Muir	15km Trail Run/Walk	Male	80	Grand-Master (60+)	03:24:37

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TRAIL12635	Marina	Conley	15km Trail Run/Walk	Female	41	Veteran (40-49)	01:08:38
2	6	2	TA2941	Nadine	Breytenbach	15km Trail Run/Walk	Female	41	Veteran (40-49)	01:12:55
3	12	1	TA2449	Selmeng	Ngcobo	15km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:31:31
4	15	2	TA2902	Louise	Montgomery	15km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:33:29
5	18	3	TA2693	Tania	Van Der Nest	15km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:40:24
6	19	4	TA1045	Nicola	Helwick	15km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:41:54
7	22	5	TA2925	Linzi	Slabbert	15km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:43:31
8	23	1	TA2568	Marizanne	Pienaar	15km Trail Run/Walk	Female	25	Senior (19-29)	01:44:55
9	24	6	TA2917	Bongiwe	Ngcobo	15km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:47:34
10	25	3	TA2489	Tanya	Walker	15km Trail Run/Walk	Female	45	Veteran (40-49)	01:48:06
11	28	7	TA2311	Jordana	Baker	15km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:48:32
12	30	4	TA3445	Christine	Walsh	15km Trail Run/Walk	Female	49	Veteran (40-49)	01:51:53
13	31	5	TA2576	Tanya	Renders	15km Trail Run/Walk	Female	41	Veteran (40-49)	01:57:18
14	32	8	TA2444	Robyn	Jacobs	15km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:59:28
15	33	1	TA3504	Marelize	Nolan	15km Trail Run/Walk	Female	55	Master (50-59)	02:02:24
16	34	6	TA0693	Nicolette	Koch	15km Trail Run/Walk	Female	44	Veteran (40-49)	02:09:56
17	35	9	TA2650	Yonica	Pienaar	15km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	02:10:08
18	37	7	TRAIL20644	Susan	De Bruin	15km Trail Run/Walk	Female	46	Veteran (40-49)	02:18:33
19	38	8	TA2563	Tracey	Rudman	15km Trail Run/Walk	Female	42	Veteran (40-49)	02:51:03
20	39	2	TRAIL11101	Sabra	Fisher	15km Trail Run/Walk	Female	57	Master (50-59)	03:00:09
21	40	3	TRAIL11108	Glynis	Ryan	15km Trail Run/Walk	Female	55	Master (50-59)	03:00:13

10km Trail Run /walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL13076	Reatlegile	Mosweu	10km Trail Run /walk	Male	14	12 to 15	00:38:13
2	2	2	TA0637	Tshepang	Chauke	10km Trail Run /walk	Male	15	12 to 15	00:41:17
3	3	3	TA1027	Johan	Jansen Van Vuuren	10km Trail Run /walk	Male	14	12 to 15	00:42:04
4	4	4	TA0601	Thabiso	Sefatsa	10km Trail Run /walk	Male	14	12 to 15	00:43:02
5	5	5	TA1846	Juan	Breytenbach	10km Trail Run /walk	Male	12	12 to 15	00:46:20
6	8	1	TA1034	Coleman	Brits	10km Trail Run /walk	Male	22	Senior (19-29)	00:50:13
7	10	1	TA1064	Henk	Greyvenstein	10km Trail Run /walk	Male	47	Veteran (40-49)	00:50:26
8	11	2	TA1048	Sean	Webber	10km Trail Run /walk	Male	25	Senior (19-29)	00:53:22
9	12	1	TA0627	Martiens	De Jager	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	00:53:27
10	13	2	TA0658	Dshorne	Human	10km Trail Run /walk	Male	39	Sub-Veteran (30-39)	00:53:29
11	14	3	TA3491	David	Stockenstrom	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	00:53:35
12	15	2	TA0864	Raymond	Beardsley	10km Trail Run /walk	Male	41	Veteran (40-49)	00:54:47
13	17	4	TA0817	Hannes	Pienaar	10km Trail Run /walk	Male	32	Sub-Veteran (30-39)	00:55:27
14	18	5	TA0847	Doug	Momberg	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	00:56:01
15	20	3	TA1037	Justin	Heaney	10km Trail Run /walk	Male	43	Veteran (40-49)	00:56:45
16	21	4	TRAIL20637	Jabez	Steenkamp	10km Trail Run /walk	Male	46	Veteran (40-49)	00:57:19
17	22	5	TA2227	Piet	Van Wyk	10km Trail Run /walk	Male	47	Veteran (40-49)	00:57:30
18	23	6	TRAIL10746	Hilton	Neuwerth	10km Trail Run /walk	Male	42	Veteran (40-49)	00:57:33
19	25	7	TA2290	Ulrich	Bormann	10km Trail Run /walk	Male	41	Veteran (40-49)	00:59:07
20	26	1	TA0701	Johan	Strydom	10km Trail Run /walk	Male	64	Grand-Master (60+)	00:59:30
21	28	3	TA1813	Takura	Wekwete	10km Trail Run /walk	Male	28	Senior (19-29)	01:00:52
22	29	2	TA1165	Gerald	Steyn	10km Trail Run /walk	Male	67	Grand-Master (60+)	01:01:59
23	30	6	TA1185	Kapish	Singh	10km Trail Run /walk	Male	34	Sub-Veteran (30-39)	01:03:32
24	32	4	TA1166	Michael	Terblanche	10km Trail Run /walk	Male	26	Senior (19-29)	01:04:29
25	35	5	TA1889	Rikus	Kellerman	10km Trail Run /walk	Male	29	Senior (19-29)	01:04:52
26	39	7	TA0773	Pieter	Coetzer	10km Trail Run /walk	Male	31	Sub-Veteran (30-39)	01:05:27
27	42	8	TA2309	Gerrie	Holtzhousen	10km Trail Run /walk	Male	42	Veteran (40-49)	01:05:40
28	43	8	TA2141	Ruzaan	Jubber	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	01:05:59
29	44	1	TA2109	Guy	Hopkins	10km Trail Run /walk	Male	52	Master (50-59)	01:06:01
30	45	6	TA0863	John	Griffiths	10km Trail Run /walk	Male	26	Senior (19-29)	01:06:09
31	46	9	TA0767	Francois	Steyn	10km Trail Run /walk	Male	42	Veteran (40-49)	01:07:16
32	48	10	TA2273	Frederich	Lamprecht	10km Trail Run /walk	Male	45	Veteran (40-49)	01:07:40
33	50	9	TA1174	David	He	10km Trail Run /walk	Male	31	Sub-Veteran (30-39)	01:08:23
34	51	11	TA1072	Phil	Zaayman	10km Trail Run /walk	Male	48	Veteran (40-49)	01:08:42
35	52	12	TA0826	Mervin	Paliam	10km Trail Run /walk	Male	40	Veteran (40-49)	01:08:44
36	54	7	TA0732	Armaan	Maharaj	10km Trail Run /walk	Male	19	Senior (19-29)	01:09:20
37	56	2	TA2602	Theo	Burgers	10km Trail Run /walk	Male	54	Master (50-59)	01:09:33
38	59	10	TA1812	Gaurav	Gupta	10km Trail Run /walk	Male	32	Sub-Veteran (30-39)	01:10:44
39	60	8	TA1880	Ayushmaan	Maharaj	10km Trail Run /walk	Male	25	Senior (19-29)	01:11:32
40	62	3	TA1156	Johann	Van Zyl	10km Trail Run /walk	Male	66	Grand-Master (60+)	01:12:42

41	63	11	TA2314	Robert	Herbst	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	01:12:59
42	64	13	TA2174	Mpumelelo	Sigalelana	10km Trail Run /walk	Male	48	Veteran (40-49)	01:13:12
43	68	12	TA0850	Jerry	Makgamatha	10km Trail Run /walk	Male	31	Sub-Veteran (30-39)	01:13:29
44	69	14	TRAIL11357	Ian	Van Der Merwe	10km Trail Run /walk	Male	48	Veteran (40-49)	01:13:45
45	70	15	TA1035	Foeta Swj	Nel	10km Trail Run /walk	Male	43	Veteran (40-49)	01:13:50
46	72	13	TA0774	Lyle	Smith	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	01:14:42
47	73	16	TA1063	Rowen	Fernadez	10km Trail Run /walk	Male	41	Veteran (40-49)	01:14:46
48	75	9	TRAIL12036	Dhiren	Mocktar	10km Trail Run /walk	Male	29	Senior (19-29)	01:15:09
49	76	3	TA1154	Gary	Noakes	10km Trail Run /walk	Male	58	Master (50-59)	01:15:47
50	77	4	TA1112	Tony	Taljaard	10km Trail Run /walk	Male	63	Grand-Master (60+)	01:16:23
51	78	5	TA2942	Chris	Little	10km Trail Run /walk	Male	69	Grand-Master (60+)	01:16:34
52	83	14	TRAIL20553	Johan	Grove	10km Trail Run /walk	Male	37	Sub-Veteran (30-39)	01:18:03
53	88	17	TA0996	Craig	Schafer	10km Trail Run /walk	Male	44	Veteran (40-49)	01:24:57
54	98	4	TA2303	Francois	Coetzee	10km Trail Run /walk	Male	54	Master (50-59)	01:32:04
55	100	10	TA0682	Stephon	Le Roux	10km Trail Run /walk	Male	23	Senior (19-29)	01:32:09
56	101	18	TA2295	Frans Gerhardus Johannes	Wiid	10km Trail Run /walk	Male	45	Veteran (40-49)	01:33:12
57	103	15	TA2132	Andrew	Buitendag	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	01:33:26
58	110	19	TA2240	Jacques	Smith	10km Trail Run /walk	Male	41	Veteran (40-49)	01:40:34
59	113	20	TA1173	Elwin	Bosch	10km Trail Run /walk	Male	43	Veteran (40-49)	01:50:36
60	118	6	TA1833	Elbert	Loubser	10km Trail Run /walk	Male	62	Grand-Master (60+)	02:16:29

10km Trail Run /walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TRAIL12476	Koketso	Thejane	10km Trail Run /walk	Female	13	12 to 15	00:49:36
2	7	1	TA0754	MI	Chauke	10km Trail Run /walk	Female	18	16 to 18	00:49:44
3	9	1	TA0680	Janelle	Verster	10km Trail Run /walk	Female	36	Sub-Veteran (30-39)	00:50:25
4	16	2	TA2137	Julia	Munn	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	00:54:49
5	19	1	TA0668	Sonja	Klingberg	10km Trail Run /walk	Female	29	Senior (19-29)	00:56:34
6	24	1	TA1835	Connie	Blom	10km Trail Run /walk	Female	57	Master (50-59)	00:57:43
7	27	3	TA2169	Monica	Booyesen	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	01:00:11
8	31	1	TA1811	Henrieete	Steyn	10km Trail Run /walk	Female	40	Veteran (40-49)	01:04:13
9	33	2	TA1132	Zaza	Grobler	10km Trail Run /walk	Female	22	Senior (19-29)	01:04:32
10	34	2	TRAIL13015	Nadia	Bosch	10km Trail Run /walk	Female	47	Veteran (40-49)	01:04:49
11	36	4	TA2246	Diana	Ferreira Le Grand	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:05:08
12	37	3	TA1162	Elmarie	Van Niekerk	10km Trail Run /walk	Female	44	Veteran (40-49)	01:05:15
13	38	5	TA0812	Annalize	Meyer	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:05:24
14	40	1	TRAIL20927	Liz	Sweidam	10km Trail Run /walk	Female	66	Grand-Master (60+)	01:05:32
15	41	4	TA0717	Rosalind	Roy	10km Trail Run /walk	Female	47	Veteran (40-49)	01:05:35
16	47	3	TA1887	Stephanie	Bouwer	10km Trail Run /walk	Female	27	Senior (19-29)	01:07:32
17	49	5	TA2286	Ninette	Eckard	10km Trail Run /walk	Female	45	Veteran (40-49)	01:08:19
18	53	4	TA1062	Tayla	Jonker	10km Trail Run /walk	Female	21	Senior (19-29)	01:08:56
19	55	6	TA1177	Valeska	Muller	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	01:09:25
20	57	6	TA2150	Tania	Van Peer	10km Trail Run /walk	Female	46	Veteran (40-49)	01:10:08
21	58	7	TA1818	Mari Louise	Van As	10km Trail Run /walk	Female	36	Sub-Veteran (30-39)	01:10:26
22	61	5	TA1046	Stacey	Veenstra	10km Trail Run /walk	Female	21	Senior (19-29)	01:12:34
23	65	6	TA1071	Guo	Yiral	10km Trail Run /walk	Female	28	Senior (19-29)	01:13:14
24	66	2	TA2128	Valerie	Geldenhuijs	10km Trail Run /walk	Female	60	Grand-Master (60+)	01:13:17
25	67	7	TA1832	Jemma	Rogers	10km Trail Run /walk	Female	27	Senior (19-29)	01:13:20
26	71	7	TA1021	Sannah	Nesane	10km Trail Run /walk	Female	43	Veteran (40-49)	01:14:38
27	74	8	TA2126	Anneli	Van Den Berg	10km Trail Run /walk	Female	41	Veteran (40-49)	01:15:08
28	79	8	TA2145	Jumarie	Botha	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:16:37
29	80	9	TA2304	Yolanda	Van Zyl	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:16:40
30	81	9	TRAIL11060	Sheridan	Neuwerth	10km Trail Run /walk	Female	42	Veteran (40-49)	01:17:09
31	82	2	TA2115	Nicola	Wicks	10km Trail Run /walk	Female	54	Master (50-59)	01:17:50
32	84	10	TA2222	Jani	Grey	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	01:19:22
33	85	10	TA2157	Angela	Steenkamp	10km Trail Run /walk	Female	46	Veteran (40-49)	01:21:12
34	86	11	TRAIL12727	Jenny	Prinsloo	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:24:51
35	87	12	TA0673	Carla	Botha	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:24:54
36	89	8	TA2339	Primrose	Mkhwanazi	10km Trail Run /walk	Female	24	Senior (19-29)	01:25:52
37	90	13	TA0995	Justene	Smith	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:26:39
38	91	9	TA2119	Li	Lilne	10km Trail Run /walk	Female	28	Senior (19-29)	01:27:00
39	92	2	TA2121	Zoe	Botha	10km Trail Run /walk	Female	12	12 to 15	01:27:03
40	93	11	TA1804	Amanda	Fairley	10km Trail Run /walk	Female	43	Veteran (40-49)	01:27:41

41	94	14	TA0745	Ilse	De Vries	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:27:48
42	95	3	TA1114	Ilje	Wiid	10km Trail Run /walk	Female	14	12 to 15	01:30:28
43	96	4	TA0809	Dawne	Wiid	10km Trail Run /walk	Female	15	12 to 15	01:30:45
44	97	3	TA0739	Estelle	Coetzee	10km Trail Run /walk	Female	53	Master (50-59)	01:32:02
45	99	10	TA1810	Ciska	Van Huyssteen	10km Trail Run /walk	Female	23	Senior (19-29)	01:32:07
46	102	11	TA1860	Louise	De Kock	10km Trail Run /walk	Female	26	Senior (19-29)	01:33:24
47	104	15	TA2125	Bonique	Herbst	10km Trail Run /walk	Female	30	Sub-Veteran (30-39)	01:34:42
48	105	3	TA1838	Petro	Pieterse	10km Trail Run /walk	Female	63	Grand-Master (60+)	01:36:21
49	106	4	TA2219	Bets	Greyling	10km Trail Run /walk	Female	68	Grand-Master (60+)	01:36:31
50	107	12	TA1808	Phobe	Morodi	10km Trail Run /walk	Female	45	Veteran (40-49)	01:38:38
51	108	5	TRAIL12414	Gerna	Horak	10km Trail Run /walk	Female	60	Grand-Master (60+)	01:40:08
52	109	6	TA1817	June	Bates	10km Trail Run /walk	Female	61	Grand-Master (60+)	01:40:13
53	111	13	TA2318	Karien	Smith	10km Trail Run /walk	Female	41	Veteran (40-49)	01:40:36
54	112	16	TA1900	Yolandi	Meulke	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:50:05
55	114	17	TA2293	Elizna	Van Schalkwyk	10km Trail Run /walk	Female	32	Sub-Veteran (30-39)	01:50:39
56	115	4	TA1028	Cheryl	Puttick	10km Trail Run /walk	Female	56	Master (50-59)	01:51:34
57	116	5	TA1837	Elsa	Slabbert	10km Trail Run /walk	Female	55	Master (50-59)	01:51:36
58	117	14	TA0857	Jacqui	Jackson	10km Trail Run /walk	Female	47	Veteran (40-49)	01:51:40

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0098	Tshepo	Ntsotsho	5km Trail Run/Walk	Male	16	16 to 18	00:22:43
2	2	2	TA0421	Danica	Du Toit	5km Trail Run/Walk	Male	16	16 to 18	00:26:22
3	3	1	TA1718	Waldo	Breytenbach	5km Trail Run/Walk	Male	10	Under 11	00:27:06
4	5	2	TA1759	Ethan	Stockentstrom	5km Trail Run/Walk	Male	8	Under 11	00:29:13
5	6	1	TA0331	Paul	Holt	5km Trail Run/Walk	Male	53	Master (50-59)	00:29:16
6	7	1	TA1663	Ted	Wood	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:29:53
7	8	1	TA0457	Francois	Bouwer	5km Trail Run/Walk	Male	29	Senior (19-29)	00:31:41
8	9	2	TA0401	Jacques	Pieterse	5km Trail Run/Walk	Male	23	Senior (19-29)	00:31:45
9	12	1	TA0515	Weitsman	Roets	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:33:29
10	13	3	TA0303	Blaine	Laas	5km Trail Run/Walk	Male	25	Senior (19-29)	00:33:30
11	14	3	TA0311	Deronne	Meiring	5km Trail Run/Walk	Male	9	Under 11	00:33:54
12	15	2	TRAIL20902	Willem	Van Aswegen	5km Trail Run/Walk	Male	53	Master (50-59)	00:33:56
13	16	4	TA0297	Tiaan	Terblanche	5km Trail Run/Walk	Male	10	Under 11	00:33:59
14	17	2	TA0403	Conrad	Langerman	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:34:01
15	18	2	TA1550	Ulrich	Matthiae	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:34:17
16	21	1	TA0196	Johannes	Meiring	5km Trail Run/Walk	Male	13	12 to 15	00:34:56
17	28	3	TA0444	Stephen	Barnard	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:37:40
18	30	3	TA0462	Chris	Williams	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:39:04
19	31	5	TA0417	Micah	Williams	5km Trail Run/Walk	Male	8	Under 11	00:39:08
20	33	4	TA0167	Jaco	Minnaar	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:39:24
21	35	4	TA0332	Schalk	Van Der Merwe	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:39:28
22	38	2	TA0453	Meschack	Williams	5km Trail Run/Walk	Male	12	12 to 15	00:40:47
23	49	1	TA0320	Steve	Thomas	5km Trail Run/Walk	Male	63	Grand-Master (60+)	00:43:36
24	52	6	TA0384	Ethan	Poggenpoel	5km Trail Run/Walk	Male	10	Under 11	00:44:23
25	53	2	TRAIL20896	Selwyn	Sweidan	5km Trail Run/Walk	Male	73	Grand-Master (60+)	00:44:55
26	55	7	TA0238	Andrew	Conley	5km Trail Run/Walk	Male	11	Under 11	00:45:43
27	58	5	TA0267	Werner	Jonck	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:48:10
28	59	8	TA1693	Reuben	Jonck	5km Trail Run/Walk	Male	4	Under 11	00:48:14
29	61	3	TA0390	Tom	Cawood	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:48:20
30	69	4	TRAIL20636	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:49:51
31	80	3	TA0570	Ashton Blade	Smit	5km Trail Run/Walk	Male	16	16 to 18	00:55:43
32	85	4	TA0369	Hayden	Bailey	5km Trail Run/Walk	Male	17	16 to 18	00:58:29
33	86	3	TA0487	Chris	Blicq	5km Trail Run/Walk	Male	50	Master (50-59)	00:58:31
34	88	6	TA0086	Yash	Maharaj	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:59:00
35	94	7	TA0476	Francois	Van Niekerk	5km Trail Run/Walk	Male	43	Veteran (40-49)	01:01:23
36	98	4	TA1527	Julius	Kohlen	5km Trail Run/Walk	Male	51	Master (50-59)	01:01:41
37	103	5	TA1636	Gunther	Schwob	5km Trail Run/Walk	Male	57	Master (50-59)	01:07:09
38	106	6	TA1796	Antony	Modari	5km Trail Run/Walk	Male	52	Master (50-59)	01:12:21
39	109	5	TA0455	Alan	Beastall	5km Trail Run/Walk	Male	73	Grand-Master (60+)	01:12:40

40	113	8	TA0163	Fred	De Wiitt	5km Trail Run/Walk	Male	48	Veteran (40-49)	01:17:16
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5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TRAIL13074	Sesi	Molapo	5km Trail Run/Walk	Female	12	12 to 15	00:29:00
2	10	2	TA0352	Carmien	Smal	5km Trail Run/Walk	Female	14	12 to 15	00:32:00
3	11	1	TRAIL20488	Lucricia	De Wit	5km Trail Run/Walk	Female	24	Senior (19-29)	00:32:18
4	19	1	TA0172	Nicky	Antunes	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:34:22
5	20	1	TA0085	Tanya	Smal	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:34:51
6	22	2	TA0375	Ruweda	Karrim	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:35:36
7	23	2	TA0156	Sajida	Sahab	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:35:38
8	24	3	TA0458	Lerica	Schoeman	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:35:42
9	25	2	TA0184	Claire	Hopkins	5km Trail Run/Walk	Female	24	Senior (19-29)	00:36:13
10	26	4	TRAIL20489	Jo-anne	Hobday	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:36:15
11	27	3	TA1613	Meliza	Brits	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:37:07
12	29	5	TA1571	Elsje	Jonck	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:38:51
13	32	1	TA0527	Nicole	Van Niekerk	5km Trail Run/Walk	Female	16	16 to 18	00:39:11
14	34	3	TA0471	Minke	Brits	5km Trail Run/Walk	Female	19	Senior (19-29)	00:39:25
15	36	4	TA0122	Karen	Minnaar	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:39:31
16	37	1	TA0386	Edda	Dematta	5km Trail Run/Walk	Female	57	Master (50-59)	00:39:34
17	39	2	TA1558	Elzaan	Terblance	5km Trail Run/Walk	Female	18	16 to 18	00:41:34
18	40	2	TRAIL20901	Christa	Van Aswegen	5km Trail Run/Walk	Female	52	Master (50-59)	00:41:36
19	41	5	TA1737	Rijkie	Terblanche	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:42:01
20	42	4	TA0042	Moelefe	Lomile	5km Trail Run/Walk	Female	29	Senior (19-29)	00:42:06
21	43	3	TA0295	Rosemary	Hopkins	5km Trail Run/Walk	Female	53	Master (50-59)	00:42:22
22	44	6	TA1557	Isabeau	Steyn	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:42:53
23	45	7	TA0446	Sunette	Minnaar	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:42:54
24	46	1	TA0084	Kamano	Motswenyane	5km Trail Run/Walk	Female	6	Under 11	00:43:05
25	47	5	TRAIL20968	Mercy	Moloto	5km Trail Run/Walk	Female	26	Senior (19-29)	00:43:09
26	48	6	TA0404	Yvette	Ellis	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:43:13
27	50	8	TA0051	Samantha	Williams	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:43:38
28	51	9	TA1728	Charlie	Gouveia	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:43:51
29	54	10	TA0440	Stacy	Poggenpoel	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:45:08
30	56	6	TRAIL11864	Tayla	Korb	5km Trail Run/Walk	Female	25	Senior (19-29)	00:47:14
31	57	7	TA0486	Cornelia	Rheeder	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:47:34
32	60	8	TRAIL11091	Helena	Silver	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:48:17
33	62	4	TA0508	Daleen	Hiten	5km Trail Run/Walk	Female	56	Master (50-59)	00:48:21
34	63	2	TA0176	Mckenna	Stockenstrom	5km Trail Run/Walk	Female	5	Under 11	00:48:37
35	64	3	TA0210	Paige	Stockenstrom	5km Trail Run/Walk	Female	8	Under 11	00:48:43
36	65	11	TA0041	Natalie	Stockenstrom	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:48:44
37	66	4	TA1774	Leane	Rheeder	5km Trail Run/Walk	Female	9	Under 11	00:49:29
38	67	12	TA0126	Sonja	Basson	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:49:31
39	68	5	TRAIL20919	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:49:50
40	70	1	TA0398	Jane	Steyn	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:52:03

41	71	6	TA0445	Birgit	Holt	5km Trail Run/Walk	Female	55	Master (50-59)	00:52:19
42	72	13	TA0047	Nosipho	Zilindile	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:52:52
43	73	2	TA0414	Adri	Meyer	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:53:19
44	74	3	TA0023	Jesme	Fourie	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:54:04
45	75	14	TA0242	Belinda	Cawood	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:54:22
46	76	15	TA2166	Nandi	Mxokozeli	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:54:37
47	77	7	TA0356	Ritika	Gupta	5km Trail Run/Walk	Female	29	Senior (19-29)	00:54:47
48	78	4	TA0322	Shona	Williams	5km Trail Run/Walk	Female	62	Grand-Master (60+)	00:54:51
49	79	9	TA1612	Diane Dhanasagree	Naidoo	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:54:53
50	81	10	TA0394	Britta	Rotmann	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:56:21
51	82	11	TA0477	Monika	Glinzler	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:56:23
52	83	12	TRAIL11232	Patricia	Minihold	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:56:56
53	84	8	TA0353	Kgahliso	Mahlako	5km Trail Run/Walk	Female	27	Senior (19-29)	00:57:59
54	87	16	TA0428	Amelia	Visser	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:58:34
55	89	17	TA1650	Enola	Meyer	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:59:35
56	90	18	TA0030	Carmen	Mollmann	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:59:43
57	91	19	TA0292	Zenobia	Jordaan	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:00:06
58	92	20	TA0158	Cindy	Du Toit	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:00:08
59	93	9	TA0302	Nonkululeko	Maisela	5km Trail Run/Walk	Female	28	Senior (19-29)	01:01:09
60	95	13	TA0408	Anneke	Van Der Walt	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:01:25
61	96	14	TA0349	Erica	Humphries	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:01:34
62	97	10	TA0291	Jacobie	Claasen	5km Trail Run/Walk	Female	29	Senior (19-29)	01:01:40
63	99	21	TA0364	Carrie	Mamott	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:01:51
64	100	22	TA0573	Heather	Van Der Merwe	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:01:53
65	101	11	TA0258	Lillan	Jansen Van Vuuren	5km Trail Run/Walk	Female	28	Senior (19-29)	01:06:17
66	102	7	TA1700	Magde	Roets	5km Trail Run/Walk	Female	59	Master (50-59)	01:06:19
67	104	12	TA0043	Mardene	Van Der Linde	5km Trail Run/Walk	Female	28	Senior (19-29)	01:08:12
68	105	8	TA0328	Elfrieda	Van Der Linde	5km Trail Run/Walk	Female	57	Master (50-59)	01:08:21
69	107	9	TA0554	Adele	Modari	5km Trail Run/Walk	Female	57	Master (50-59)	01:12:22
70	108	10	TA1548	Louise	Beastall	5km Trail Run/Walk	Female	57	Master (50-59)	01:12:38
71	110	5	TA0413	Hester	Bronkhorst	5km Trail Run/Walk	Female	68	Grand-Master (60+)	01:12:54
72	111	23	TRAIL20554	Jacqui	Grove	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:13:08
73	112	24	TA2252	Renata	Botma	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:16:20
74	114	5	TA0262	Alexis	De Wiitt	5km Trail Run/Walk	Female	6	Under 11	01:17:20
75	115	15	TA0306	Kim	Partington	5km Trail Run/Walk	Female	42	Veteran (40-49)	01:22:05
76	116	25	TA1747	Mirielle	Bailey	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:22:06
77	117	11	TRAIL10214	Elsa	Erasmus	5km Trail Run/Walk	Female	56	Master (50-59)	01:56:22