



AdventureRun : Rock Falls Ranch

RockFalls Trail Run/Walk on 17th March 2019



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	21km Trail Run/Walk	Male	40	Veteran (40-49)	01:29:42
2	2	1	TA2662	Marthinus	Steyn	21km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:39:27
3	3	1	TA2565	Raymond	Phalanndwa	21km Trail Run/Walk	Male	28	Senior (19-29)	01:43:22
4	4	2	TA2967	Stuart	Friaser	21km Trail Run/Walk	Male	28	Senior (19-29)	01:47:56
5	5	3	TA2999	Hennie	Booyens	21km Trail Run/Walk	Male	28	Senior (19-29)	01:50:15
6	6	2	TRAIL12341	Charles	Norman	21km Trail Run/Walk	Male	40	Veteran (40-49)	01:53:09
7	7	3	TA2599	Guy	Pratsch	21km Trail Run/Walk	Male	42	Veteran (40-49)	01:54:28
8	8	1	TRAIL12643	Bryan	Mccourt	21km Trail Run/Walk	Male	52	Master (50-59)	01:57:50
9	10	2	TA3409	Martin	Groenewald	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	02:08:41
10	12	3	TA3503	Travis	Nell	21km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	02:09:14
11	13	2	TA3534	Bruce	Morley	21km Trail Run/Walk	Male	50	Master (50-59)	02:10:04
12	14	1	TA3495	Peter	Kisbey-green	21km Trail Run/Walk	Male	61	Grand-Master (60+)	02:12:44
13	15	4	TA2433	Heinrich	Birkner	21km Trail Run/Walk	Male	25	Senior (19-29)	02:14:59
14	17	4	TA2949	Aragorn	Eloff	21km Trail Run/Walk	Male	42	Veteran (40-49)	02:17:37
15	18	5	TA2987	Andrew	Newell	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:26:37
16	19	6	TA2538	Courtney	Cunningham	21km Trail Run/Walk	Male	42	Veteran (40-49)	02:26:40
17	20	7	TA2937	Weatherton	Nyambeu	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:32:03
18	21	8	TA2523	Daryl	Viljoen	21km Trail Run/Walk	Male	45	Veteran (40-49)	02:51:02
19	23	4	TA2503	Dj	Pieterse	21km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	02:54:51
20	26	3	TRAIL10011	Graham	Hutchins	21km Trail Run/Walk	Male	55	Master (50-59)	03:58:24

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	9	1	TA2568	Suyen	Thornhill	21km Trail Run/Walk	Female	44	Veteran (40-49)	01:58:18
2	11	1	TA2994	Carla Lea	Farina	21km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	02:09:11
3	16	2	TA2551	Chantelle	Gray	21km Trail Run/Walk	Female	41	Veteran (40-49)	02:17:35
4	22	2	TRAIL12868	Lizle	Loots	21km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	02:51:05
5	24	3	TA2489	Chantelle	Pieterse	21km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	02:54:52
6	25	3	TRAIL10053	Adele	Sutherland	21km Trail Run/Walk	Female	41	Veteran (40-49)	03:58:24

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL13076	Reatlegile	Mosweu	15km Trail Run/Walk	Male	14	12 to 15	01:11:07
2	2	1	TRAIL20995	Tshepho	Nchabeleng	15km Trail Run/Walk	Male	20	Senior (19-29)	01:13:12
3	3	2	TA2972	Richard	Friaser	15km Trail Run/Walk	Male	28	Senior (19-29)	01:18:30
4	4	1	TRAIL20272	Jurgens	Potgieter	15km Trail Run/Walk	Male	41	Veteran (40-49)	01:26:01
5	5	2	TA2693	William	Harris	15km Trail Run/Walk	Male	46	Veteran (40-49)	01:32:49
6	6	1	TRAIL11482	Wian	Koch	15km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:33:09
7	7	1	TA3005	Dirk	Brink	15km Trail Run/Walk	Male	60	Grand-Master (60+)	01:34:00
8	9	3	TA2574	Peter	Reynolds	15km Trail Run/Walk	Male	29	Senior (19-29)	01:38:26
9	10	1	TRAIL12500	Hein	De Wet	15km Trail Run/Walk	Male	51	Master (50-59)	01:39:45
10	12	4	TA3464	Jp	Labuschagne	15km Trail Run/Walk	Male	23	Senior (19-29)	01:44:10
11	13	2	TRAIL10171	Hennie	Prinsloo	15km Trail Run/Walk	Male	64	Grand-Master (60+)	01:47:50
12	16	2	TA3462	Rohanne	Hamman	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:51:19

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA2931	Vasti	Potgieter	15km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:36:16
2	11	2	TA3436	Andriel	De Lange	15km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:40:44
3	14	1	TA2626	Angela	Meneses	15km Trail Run/Walk	Female	40	Veteran (40-49)	01:48:49
4	15	1	TA3440	Megan	Parmenter	15km Trail Run/Walk	Female	26	Senior (19-29)	01:48:52
5	17	3	TA2944	Monique	Hamman	15km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:51:21
6	18	4	TA2544	Diparu	Marishane	15km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	02:03:28
7	19	1	TA3443	Marelize	Nolan	15km Trail Run/Walk	Female	55	Master (50-59)	02:17:18
8	20	2	TRAIL20644	Susan	De Bruin	15km Trail Run/Walk	Female	46	Veteran (40-49)	02:32:51
9	21	3	TA2459	Priashna	Baboolal	15km Trail Run/Walk	Female	42	Veteran (40-49)	02:47:06
10	22	4	TA2927	Jolene	Thwaites	15km Trail Run/Walk	Female	40	Veteran (40-49)	02:47:09
11	23	5	TA2691	Busi	Mathe	15km Trail Run/Walk	Female	47	Veteran (40-49)	03:16:34
12	24	6	TA2916	Kgomotso	Modise	15km Trail Run/Walk	Female	44	Veteran (40-49)	03:17:06

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1824	Shaun	Mthethwa	10km Trail Run/Walk	Male	19	Senior (19-29)	00:40:55
2	2	1	TA2143	Jaco	Lourens	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:45:44
3	3	2	TRAIL10962	Marko	Staebe	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:57:20
4	5	1	TA0601	Pieter Abraham	Botha	10km Trail Run/Walk	Male	50	Master (50-59)	00:58:08
5	6	1	TA0641	Vikesh	Rambaran	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:58:59
6	8	2	TRAIL20500	Donovan	Shirley	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:01:33
7	9	2	TA0701	Johan	Mouton	10km Trail Run/Walk	Male	28	Senior (19-29)	01:01:34
8	10	3	TRAIL10623	Johnathan	Ham	10km Trail Run/Walk	Male	21	Senior (19-29)	01:01:46
9	13	3	TA2130	Conraad	Els	10km Trail Run/Walk	Male	46	Veteran (40-49)	01:05:48
10	15	3	TA1818	Reinhardt	Paulson	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:07:21
11	16	2	TA0774	Jeremy	Forster-jones	10km Trail Run/Walk	Male	52	Master (50-59)	01:08:00
12	17	1	TA1168	Gerald	Steyn	10km Trail Run/Walk	Male	67	Grand-Master (60+)	01:08:03
13	18	4	TA2126	Christo	Breytenbach	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:08:27
14	19	5	TA8888	Tungamiraiishe	Changamire	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:08:50
15	21	6	TA1029	Brent	Venter	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:09:50
16	24	4	TA1881	Mervin	Paliam	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:14:17
17	26	7	TA2146	Thabo	Mokwele	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:14:37
18	30	4	TA1185	Tom	Mascher	10km Trail Run/Walk	Male	21	Senior (19-29)	01:16:48
19	38	5	TA0850	Roberto	Jousten	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:22:57
20	54	6	TA2121	Stanley	Capazorio	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:40:01
21	55	1	TA2111	Verno	Van Der Westhuizen	10km Trail Run/Walk	Male	12	12 to 15	01:42:29
22	60	8	TA1822	Owetu	Matshaya	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:49:09
23	65	2	TRAIL12109	Neville	Muir	10km Trail Run/Walk	Male	80	Grand-Master (60+)	02:19:34

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1801	Leandri	Botha	10km Trail Run/Walk	Female	11	Under 11	00:58:00
2	7	1	TA0809	Monica	Shanley	10km Trail Run/Walk	Female	42	Veteran (40-49)	00:59:39
3	11	1	TA2137	Tamryn	Paulsen	10km Trail Run/Walk	Female	27	Senior (19-29)	01:02:47
4	12	2	TA2249	Chante	Kruger	10km Trail Run/Walk	Female	23	Senior (19-29)	01:05:41
5	14	2	TA0755	Mariette	Dry	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:07:15
6	20	1	TA1028	Kristen	Lachenicht	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:09:47
7	22	2	TRAIL20271	Inge	Potgieter	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:10:34
8	23	3	TA2219	Tania	Van Der Nest	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:13:43
9	25	1	TA2164	Daleen	Grobler	10km Trail Run/Walk	Female	62	Grand-Master (60+)	01:14:22
10	27	4	TA1063	Mada	Grobbellaar	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:15:10
11	28	3	TRAIL13015	Nadia	Bosch	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:15:20
12	29	5	TRAIL10091	Bianka	Koch	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:15:59
13	31	4	TA0823	Debbie	Chidrawi	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:17:39
14	32	3	TA0695	Jemma	Rogers	10km Trail Run/Walk	Female	27	Senior (19-29)	01:17:44
15	33	1	TA2293	Sonia	Scheepers	10km Trail Run/Walk	Female	55	Master (50-59)	01:19:34
16	34	2	TRAIL12290	Georgina	Bester	10km Trail Run/Walk	Female	54	Master (50-59)	01:19:37
17	35	6	TA1900	Yolanda	Van Zyl	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:21:50
18	36	4	TA1810	Bianca	Edwards	10km Trail Run/Walk	Female	23	Senior (19-29)	01:21:52
19	37	5	TA1832	Storm	Whitmore	10km Trail Run/Walk	Female	25	Senior (19-29)	01:22:39
20	39	5	TA1894	Ethel	Zulu	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:23:31
21	40	7	TRAIL20941	Johanni	Smit	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:23:54
22	41	8	TA1039	Stephanie	Aken	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:24:18
23	42	9	TRAIL12665	Adri	Slabbert	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:25:13
24	43	6	TA0662	Ziki	Searle	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:26:35
25	44	3	TA2124	Marilyn	Jousten	10km Trail Run/Walk	Female	56	Master (50-59)	01:27:59
26	45	7	TA0632	Rosalind	Roy	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:29:00
27	46	4	TA1830	Nicola	Wicks	10km Trail Run/Walk	Female	54	Master (50-59)	01:29:05
28	47	10	TA1161	Susan	Newell	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:29:15
29	48	11	TA2290	Alicia	Stannard	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:29:33
30	49	12	TA7777	Rufaro	Changamire	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:33:49
31	50	8	TA1103	Inri	Moller	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:35:10
32	51	9	TA1174	Ella	Dlamini	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:39:01
33	52	13	TA0815	Irma	Dreyer	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:39:50
34	53	14	TA0667	Hiedi	Priest	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:39:53
35	56	5	TA0753	Queen	Mbalati	10km Trail Run/Walk	Female	55	Master (50-59)	01:42:37
36	57	10	TA2318	Amanda	Fairley	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:42:45
37	58	6	TA2312	Linda	Bosch	10km Trail Run/Walk	Female	52	Master (50-59)	01:43:07
38	59	11	TA2243	Sally	Tiya	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:44:52
39	61	6	TA1043	Whitney	Mbalati	10km Trail Run/Walk	Female	26	Senior (19-29)	01:51:10
40	62	15	TA2210	Yolandi	Meulke	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:51:41

41	63	2	TA2108	Christine	Kisbey-green	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:51:48
42	64	7	TRAIL10052	Lesley	Hutchins	10km Trail Run/Walk	Female	56	Master (50-59)	02:12:11

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0444	Tshepang	Chauke	5km Trail Run/Walk	Male	15	12 to 15	00:16:51
2	2	2	TA0153	Gordon	Schoombee	5km Trail Run/Walk	Male	12	12 to 15	00:17:02
3	3	1	TA0388	Tshepo	Ntsotsho	5km Trail Run/Walk	Male	16	16 to 18	00:17:37
4	4	1	TA0352	Gerhard	Botha	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:21:43
5	5	1	TA0227	Jc	Botha	5km Trail Run/Walk	Male	11	Under 11	00:21:50
6	6	1	TA0311	Altes	Van Zyl	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:22:29
7	12	2	TA1519	Micah	Dry	5km Trail Run/Walk	Male	9	Under 11	00:27:56
8	14	3	TA1784	Conner	Shanley	5km Trail Run/Walk	Male	14	12 to 15	00:28:36
9	21	1	TA0042	Dion	Rheeder	5km Trail Run/Walk	Male	50	Master (50-59)	00:32:31
10	22	2	TRAIL20553	Johan	Grove	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:33:04
11	23	2	TA0195	Hendrik	Le Roux	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:33:07
12	26	3	TA0500	Prince	Motswenyane	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:33:53
13	27	3	TA0077	Ethan	Pogenpool	5km Trail Run/Walk	Male	10	Under 11	00:35:17
14	33	1	TA0483	Wesley	Hattingh	5km Trail Run/Walk	Male	29	Senior (19-29)	00:40:44
15	38	3	TA0295	Tidimalo	Mooki	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:43:57
16	40	2	TA0272	Nicky	Pryor	5km Trail Run/Walk	Male	50	Master (50-59)	00:44:29
17	41	4	TA0273	Thavi	Ellary	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:45:04
18	44	1	TA0401	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:46:40
19	50	5	TA0179	Darron	Herselman	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:51:22
20	51	4	TA0529	Zolani	Poni	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:54:38

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TRAIL13074	Sesi	Molapo	5km Trail Run/Walk	Female	12	12 to 15	00:23:24
2	8	1	TA0397	Abigail	Van Heerden	5km Trail Run/Walk	Female	11	Under 11	00:24:49
3	9	1	TA0297	Neene	Blignault	5km Trail Run/Walk	Female	26	Senior (19-29)	00:24:54
4	10	1	TA1650	Nicky	Antunes	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:26:48
5	11	2	TRAIL20488	Lucricia	De Wit	5km Trail Run/Walk	Female	24	Senior (19-29)	00:27:38
6	13	1	TA1566	Amanda	Van Heerden	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:28:20
7	15	2	TA0251	Corne	Pryor	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:29:56
8	16	2	TRAIL20489	Jo-anne	Hobday	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:30:31
9	17	3	TA0508	Lourika	Botha	5km Trail Run/Walk	Female	29	Senior (19-29)	00:31:36
10	18	4	TA0408	Roelene	Mare	5km Trail Run/Walk	Female	22	Senior (19-29)	00:31:56
11	19	5	TA0098	Kayla	Oosthuizen	5km Trail Run/Walk	Female	23	Senior (19-29)	00:31:57
12	20	3	TA0504	Elmarie	Coetzee	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:32:28
13	24	2	TA0325	Khanya	Zulu	5km Trail Run/Walk	Female	11	Under 11	00:33:27
14	25	3	TA0403	Kamano	Motsweyane	5km Trail Run/Walk	Female	6	Under 11	00:33:50
15	28	3	TA0293	Stacy	Poggenpoel	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:35:27
16	29	4	TA1595	Louise	Rose	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:35:40
17	30	4	TA0331	Yvette	Ellis	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:35:41
18	31	5	TA1741	Zanele	Maseko	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:37:37
19	32	6	TRAIL20533	Gugu	Zulu	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:38:05
20	34	1	TA0434	Jane	Steyn	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:42:39
21	35	2	TA1759	Jesme	Fourie	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:42:43
22	36	3	TA1613	Adri	Meyer	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:42:45
23	37	6	TA1571	Ofhani	Tshioamulele	5km Trail Run/Walk	Female	26	Senior (19-29)	00:42:47
24	39	1	TRAIL12813	Carol-ann	Martins	5km Trail Run/Walk	Female	53	Master (50-59)	00:44:13
25	42	5	TA0247	Cecile	Masuret	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:45:06
26	43	2	TRAIL20919	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:46:39
27	45	7	TA0488	Verna	Van Der Westhuizen	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:46:56
28	46	3	TA0705	Annalien	Oosthuizen	5km Trail Run/Walk	Female	52	Master (50-59)	00:47:38
29	47	6	TA0416	Boitumelo	Mabele	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:50:29
30	48	7	TA0084	Khanya	Matshaya	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:50:35
31	49	8	TA0242	Ayesha	Fortune	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:51:19
32	52	9	TRAIL20554	Jacqui	Grove	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:57:06
33	53	4	TRAIL20666	Gillian	Fowler	5km Trail Run/Walk	Female	73	Grand-Master (60+)	01:04:31
34	54	8	TRAIL20667	Megan	Marais	5km Trail Run/Walk	Female	40	Veteran (40-49)	01:04:34