



AdventureRun : Irene Golf Course

Night Of The Legend on 13th March 2019



10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20993	Reginald	Poopedi	10km	Male	34	Sub-Veteran (30-39)	00:36:01
2	2	1	TRAIL20995	Tshepho	Nchabeleng	10km	Male	20	Senior (19-29)	00:41:21
3	3	2	TRAIL10623	Johnathan	Ham	10km	Male	21	Senior (19-29)	00:43:35
4	4	3	TA0714	Robert	Menendez	10km	Male	26	Senior (19-29)	00:45:20
5	6	2	TRAIL12057	Gideon	Hugo	10km	Male	32	Sub-Veteran (30-39)	00:47:23
6	7	3	TA1177	Stephano	Radaelli	10km	Male	36	Sub-Veteran (30-39)	00:49:22
7	8	4	TA0795	Sean	Webber	10km	Male	25	Senior (19-29)	00:49:57
8	9	5	TA2333	Coleman	Brits	10km	Male	22	Senior (19-29)	00:50:37
9	10	6	TA1877	Adolf	Pienaar	10km	Male	25	Senior (19-29)	00:50:47
10	12	1	TRAIL12341	Charles	Norman	10km	Male	40	Veteran (40-49)	00:51:23
11	13	4	TA0861	Werner	Barnes	10km	Male	38	Sub-Veteran (30-39)	00:52:11
12	14	7	TA2247	Tiaan	Van Der Westhuizen	10km	Male	24	Senior (19-29)	00:52:24
13	15	2	TA0995	William	Harris	10km	Male	46	Veteran (40-49)	00:52:26
14	16	8	TA0659	David	Goodwin	10km	Male	29	Senior (19-29)	00:52:41
15	17	1	TA1882	Dirk	Brink	10km	Male	60	Grand-Master (60+)	00:52:52
16	18	5	TA2124	Oaitse	Ganelang	10km	Male	30	Sub-Veteran (30-39)	00:53:40
17	19	1	TA1853	Wayne	Mckenzie	10km	Male	56	Master (50-59)	00:53:58
18	20	9	TA2240	Wj	Vermeulen	10km	Male	23	Senior (19-29)	00:54:13
19	21	6	TA0692	Michael	Strydom	10km	Male	39	Sub-Veteran (30-39)	00:54:28
20	22	7	TA1807	Dewan	Lombard	10km	Male	31	Sub-Veteran (30-39)	00:54:57
21	23	8	TA0643	Rhynhardt	De Ridder	10km	Male	31	Sub-Veteran (30-39)	00:55:22
22	25	3	TRAIL20969	Prince	Motswenyane	10km	Male	44	Veteran (40-49)	00:56:06
23	26	4	TA1072	Braam	Norval	10km	Male	48	Veteran (40-49)	00:57:02
24	29	9	TA1114	Fanie	Van Vuuren	10km	Male	34	Sub-Veteran (30-39)	00:57:19
25	30	5	TA2163	Magoro	Terrance	10km	Male	40	Veteran (40-49)	00:57:48
26	31	6	TA1062	Raymond	Beardsley	10km	Male	41	Veteran (40-49)	00:57:50
27	32	10	TA1852	Siphe	Mhlana	10km	Male	35	Sub-Veteran (30-39)	00:57:53
28	33	11	TA0627	Bart	Van Den Heever	10km	Male	35	Sub-Veteran (30-39)	00:57:55
29	34	12	TA0608	Derek	Mccarthy	10km	Male	37	Sub-Veteran (30-39)	00:57:58
30	36	7	TA2145	Andrew	Nourse	10km	Male	47	Veteran (40-49)	00:58:51
31	37	13	TA0753	Stephan	Gildenhuys	10km	Male	32	Sub-Veteran (30-39)	00:59:10
32	38	10	TA1873	Jean	Van Loggenberg	10km	Male	29	Senior (19-29)	00:59:14
33	39	2	TA2121	Werner	Jakoby	10km	Male	63	Grand-Master (60+)	00:59:21

34	40	11	TA1817	Francois	Bouwer	10km	Male	29	Senior (19-29)	00:59:31
35	44	14	TA2164	Frikkie	Fourie	10km	Male	32	Sub-Veteran (30-39)	01:00:36
36	45	12	TA1829	Edwin	Watson	10km	Male	29	Senior (19-29)	01:00:38
37	46	15	TA0824	Jacques	Kallis	10km	Male	31	Sub-Veteran (30-39)	01:00:58
38	49	13	TA1179	Heinrich	Greve	10km	Male	23	Senior (19-29)	01:02:16
39	53	8	TA2132	Lance	Swartz	10km	Male	40	Veteran (40-49)	01:03:39
40	57	2	TA0751	Francois	Naude	10km	Male	53	Master (50-59)	01:04:07
41	58	16	TA2116	Jaco	Boshoff	10km	Male	36	Sub-Veteran (30-39)	01:04:09
42	60	17	TA0693	Lesego	Moeketsi	10km	Male	32	Sub-Veteran (30-39)	01:04:18
43	61	3	TRAIL20939	John	Kollen	10km	Male	59	Master (50-59)	01:04:22
44	62	9	TA0754	Jacques	Smith	10km	Male	41	Veteran (40-49)	01:04:43
45	63	4	TA2318	Martin Mothusi	Mafojane	10km	Male	53	Master (50-59)	01:04:46
46	66	18	TA2210	Wally	Haughton	10km	Male	39	Sub-Veteran (30-39)	01:05:30
47	68	14	TA1035	Warrick	Dawson	10km	Male	29	Senior (19-29)	01:05:37
48	69	19	TA2221	Gavin	Cronje	10km	Male	39	Sub-Veteran (30-39)	01:07:04
49	70	3	TA2312	Gc	Schoeman	10km	Male	61	Grand-Master (60+)	01:07:08
50	74	15	TA0857	Rikus	Schutte	10km	Male	29	Senior (19-29)	01:11:39
51	84	10	TA0752	Mpumelelo	Sigalelana	10km	Male	48	Veteran (40-49)	01:18:04
52	87	4	TA2243	Andreas	Te Reh	10km	Male	69	Grand-Master (60+)	01:22:39
53	91	11	TA1185	Matoma	Sibola	10km	Male	44	Veteran (40-49)	01:31:48
54	93	20	TA1125	Tebogo	Thema	10km	Male	37	Sub-Veteran (30-39)	01:35:40
55	95	5	TA0781	Steven	James	10km	Male	54	Master (50-59)	01:39:32
56	97	12	TA2299	Tobie	Reyneke	10km	Male	47	Veteran (40-49)	01:45:44
57	98	6	TA1828	Graham	Hutchins	10km	Male	55	Master (50-59)	01:50:59
58	105	5	TRAIL20914	Manie	Bosch	10km	Male	64	Grand-Master (60+)	01:57:10
59	107	7	TA1827	Allen	Du Preez	10km	Male	50	Master (50-59)	01:57:18
60	111	7	TRAIL20585	Dean	Mccleland	10km	Male	65	Grand-Master (60+)	02:10:09
61	112	6	TRAIL20584	Luc	Van Goidsenhoven	10km	Male	62	Grand-Master (60+)	02:10:09

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA0850	Rizta	Fouche	10km	Female	37	Sub-Veteran (30-39)	00:45:34
2	11	1	TRAIL10062	Nicky	Booyens	10km	Female	40	Veteran (40-49)	00:51:17
4	24	2	TA0709	Seohee	Song	10km	Female	26	Senior (19-29)	00:56:01
5	27	2	TA0658	Alicia	Willemse	10km	Female	31	Sub-Veteran (30-39)	00:57:06
6	28	3	TA2111	Louise	Van Vuuren	10km	Female	31	Sub-Veteran (30-39)	00:57:16
7	35	2	TA2205	Zandri	Van Der Westhuizen	10km	Female	40	Veteran (40-49)	00:58:24
8	41	3	TA2296	Kimberley	Beyl	10km	Female	25	Senior (19-29)	00:59:44
9	42	4	TA0755	Maryke	Gildenhuys	10km	Female	27	Senior (19-29)	00:59:56
10	43	4	TA1105	Chanette	Fourie	10km	Female	32	Sub-Veteran (30-39)	01:00:33
11	47	5	TA0695	Erika	Nel	10km	Female	25	Senior (19-29)	01:02:06
12	48	6	TA0739	Esbi	Van Der Merwe	10km	Female	24	Senior (19-29)	01:02:14
13	50	3	TA2293	Lara	Bayliss	10km	Female	46	Veteran (40-49)	01:02:25
14	51	5	TA0735	Catherine	Mc Carthy	10km	Female	35	Sub-Veteran (30-39)	01:02:27
15	52	6	TRAIL12299	Janeane	Watt	10km	Female	37	Sub-Veteran (30-39)	01:03:00
16	54	7	TA2285	Robyn	Mackey	10km	Female	26	Senior (19-29)	01:03:43
17	55	8	TA2209	Frances	O' Brien	10km	Female	28	Senior (19-29)	01:03:45
18	56	1	TA1168	Susan	Naude	10km	Female	53	Master (50-59)	01:04:05
19	59	7	TA2126	Este	Boshoff	10km	Female	31	Sub-Veteran (30-39)	01:04:11
20	64	2	TA1804	Anna Nomalanga	Mafojane	10km	Female	52	Master (50-59)	01:04:48
21	65	9	TA1173	Stephanie	Bouwer	10km	Female	27	Senior (19-29)	01:04:58
22	67	10	TA1071	Rebecca	Coghlan	10km	Female	25	Senior (19-29)	01:05:36
23	71	11	TA1047	Liesel	Paul	10km	Female	29	Senior (19-29)	01:07:24
24	72	12	TA2278	Almi	Van Wyk	10km	Female	29	Senior (19-29)	01:10:31
25	73	13	TA1031	Jeanine	Schutte	10km	Female	29	Senior (19-29)	01:11:34
26	75	14	TA2108	Sone	Reyneke	10km	Female	28	Senior (19-29)	01:11:49
27	76	8	TA1046	Gretha	Van Den Heever	10km	Female	31	Sub-Veteran (30-39)	01:13:06
28	77	4	TRAIL11798	Antoinette	Hartslief	10km	Female	47	Veteran (40-49)	01:13:20
29	78	9	TA2246	Khomotso	Tshidi	10km	Female	36	Sub-Veteran (30-39)	01:13:40
30	79	15	TA1838	Evat	Mahlangu	10km	Female	26	Senior (19-29)	01:13:55
31	80	16	TA0682	Sonja	Venter	10km	Female	28	Senior (19-29)	01:14:17
32	81	17	TA1837	Marthie	Nickols	10km	Female	29	Senior (19-29)	01:14:19
33	82	5	TA0866	Cindy	Pelser	10km	Female	40	Veteran (40-49)	01:16:18
34	83	10	TA1166	Moipane	Kgatla	10km	Female	38	Sub-Veteran (30-39)	01:18:00
35	85	3	TA0992	Wilma	Du Plooy	10km	Female	51	Master (50-59)	01:21:25
36	86	11	TA1132	Mpho	Mokhoro	10km	Female	35	Sub-Veteran (30-39)	01:22:28
37	88	4	TA0864	Sanet	Herbst	10km	Female	55	Master (50-59)	01:30:51
38	89	5	TA1120	Letitia	Van Der Westhuizen	10km	Female	52	Master (50-59)	01:30:54
39	90	12	TA1039	Lungile	Nkosi	10km	Female	30	Sub-Veteran (30-39)	01:31:40
40	92	13	TA0641	Nkosi	Thema	10km	Female	35	Sub-Veteran (30-39)	01:35:38
41	94	18	TA1033	Tiffani	Tinline	10km	Female	21	Senior (19-29)	01:39:16

42	96	6	TA1825	Lauren	James	10km	Female	55	Master (50-59)	01:39:35
43	99	6	TRAIL10053	Adele	Sutherland	10km	Female	41	Veteran (40-49)	01:50:59
45	100	2	TRAIL12324	Frances	Steel	10km	Female	74	Grand-Master (60+)	01:53:00
44	101	1	TRAIL12414	Gerna	Horak	10km	Female	60	Grand-Master (60+)	01:53:00
46	102	7	TA2157	Nanieve	Groenewald	10km	Female	49	Veteran (40-49)	01:53:26
47	103	8	TA2115	Soraja	Van Greunen	10km	Female	42	Veteran (40-49)	01:53:30
48	104	3	TRAIL20913	Lana	Bosch	10km	Female	60	Grand-Master (60+)	01:57:10
49	106	4	TRAIL20915	Dot	Johnson	10km	Female	71	Grand-Master (60+)	01:57:10
50	108	9	TA2182	Lizette	Du Preez	10km	Female	49	Veteran (40-49)	01:57:20
52	109	8	TRAIL10836	Ina	Beamish	10km	Female	56	Master (50-59)	02:10:09
51	110	7	TRAIL20583	May	Van Der Walt	10km	Female	56	Master (50-59)	02:10:09

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1784	Mc	Du Toit	5km	Male	39	Sub-Veteran (30-39)	00:23:48
2	2	1	TA0096	Jc	Botha	5km	Male	11	Under 11	00:24:24
3	3	1	TA1617	Gerhard	Botha	5km	Male	44	Veteran (40-49)	00:24:31
4	4	2	TA0098	Michael	Dempsey	5km	Male	31	Sub-Veteran (30-39)	00:25:15
5	5	3	TA0823	Tshepo	Cindi	5km	Male	38	Sub-Veteran (30-39)	00:26:00
6	6	1	TRAIL10254	Alex	Maree	5km	Male	28	Senior (19-29)	00:26:04
7	7	2	TA0668	Roy	Grunewald	5km	Male	45	Veteran (40-49)	00:26:48
8	8	1	TA0346	Diwan	Botha	5km	Male	16	16 to 18	00:27:01
9	9	3	TA0359	Werner	Van Brakel	5km	Male	47	Veteran (40-49)	00:27:08
10	10	4	TA0196	Phillip	Van Heerden	5km	Male	47	Veteran (40-49)	00:27:23
11	11	5	TA1516	Marius	Van Wyk	5km	Male	47	Veteran (40-49)	00:27:40
12	13	6	TA1836	George	Hunter	5km	Male	46	Veteran (40-49)	00:27:44
13	15	7	TA1595	Shaun	Joynt	5km	Male	48	Veteran (40-49)	00:28:02
14	16	1	TRAIL10240	Ernest	Mallett	5km	Male	50	Master (50-59)	00:28:05
15	17	4	TA0291	Werner	Wilmot	5km	Male	34	Sub-Veteran (30-39)	00:28:12
16	18	2	TRAIL20999	Shane	Gouldie	5km	Male	59	Master (50-59)	00:28:24
17	19	2	TA0455	Anton	Nel	5km	Male	27	Senior (19-29)	00:28:50
18	20	3	TA0390	Marius	Pienaar	5km	Male	51	Master (50-59)	00:29:02
19	22	5	TRAIL10910	Dewan	Hamman	5km	Male	36	Sub-Veteran (30-39)	00:30:01
20	24	4	TA0242	Louis	Withfield	5km	Male	51	Master (50-59)	00:30:11
21	26	6	TA0863	Rudolph	Van Niekerk	5km	Male	39	Sub-Veteran (30-39)	00:31:12
22	27	8	TA1810	Anton	Van Der Bijl	5km	Male	42	Veteran (40-49)	00:31:24
23	28	9	TA1660	Sw	Engelbrecht	5km	Male	40	Veteran (40-49)	00:31:53
24	29	3	TA0444	Jacques	Pieterse	5km	Male	23	Senior (19-29)	00:31:59
25	33	10	TA0280	Jansen	Harper	5km	Male	41	Veteran (40-49)	00:32:21
26	35	4	TA0408	Pieter	Botha	5km	Male	27	Senior (19-29)	00:32:25
27	36	5	TA0240	Fabian	Booyesen	5km	Male	26	Senior (19-29)	00:32:35
28	38	7	TA0247	Sieg	Janse Van Rensburg	5km	Male	31	Sub-Veteran (30-39)	00:32:40
29	40	1	TA0254	Johann	Van Zyl	5km	Male	66	Grand-Master (60+)	00:33:24
30	46	2	TRAIL20918	Joshua-alon	Bouwer	5km	Male	7	Under 11	00:35:18
31	50	8	TA0273	Paul	Stevens	5km	Male	36	Sub-Veteran (30-39)	00:35:42
32	53	5	TA0251	Kobus	Jansen	5km	Male	53	Master (50-59)	00:35:56
33	55	6	TA1747	Lemond	Day	5km	Male	28	Senior (19-29)	00:36:03
34	56	11	TA0374	Sheldon	Smith	5km	Male	43	Veteran (40-49)	00:36:06
35	59	6	TA1754	Gary	Noakes	5km	Male	58	Master (50-59)	00:36:27
36	62	2	TA2307	Anders	Nordstrom	5km	Male	62	Grand-Master (60+)	00:36:48
37	66	12	TA0184	Andre	Lubbe	5km	Male	43	Veteran (40-49)	00:37:23
38	68	7	TA0161	Colin	Williams	5km	Male	59	Master (50-59)	00:37:30
39	71	13	TA1583	Brent	De Beer	5km	Male	49	Veteran (40-49)	00:38:18

40	72	3	TA0575	Hein	Markotter	5km	Male	73	Grand-Master (60+)	00:38:21
41	73	4	TA1573	Malcolm	Mackenzie	5km	Male	66	Grand-Master (60+)	00:38:23
42	75	9	TRAIL20553	Johan	Grove	5km	Male	36	Sub-Veteran (30-39)	00:38:38
43	77	14	TA0010	Jacques	Mouton	5km	Male	44	Veteran (40-49)	00:38:47
44	78	8	TA0226	Andre	Maartens	5km	Male	54	Master (50-59)	00:38:50
45	82	3	TA0043	Luan	Botha	5km	Male	6	Under 11	00:39:09
46	85	15	TA0490	Jeremy	Coutts	5km	Male	44	Veteran (40-49)	00:39:28
47	91	16	TA0220	Rodney	Podmore	5km	Male	40	Veteran (40-49)	00:39:48
48	94	9	TA1775	Paul	Mullon	5km	Male	59	Master (50-59)	00:40:49
49	97	10	TA1830	Howard	Pooe	5km	Male	39	Sub-Veteran (30-39)	00:41:30
50	103	10	TA0331	Danie	Coetzee	5km	Male	51	Master (50-59)	00:41:59
51	108	11	TA0303	Karabo	Komati	5km	Male	36	Sub-Veteran (30-39)	00:42:31
52	116	7	TA0694	Christopher Daniel	Sotiralis	5km	Male	23	Senior (19-29)	00:44:18
53	117	11	TA1691	Louis	Boizard	5km	Male	53	Master (50-59)	00:44:31
54	119	17	TA0416	Karien	Smith	5km	Male	41	Veteran (40-49)	00:44:36
55	120	5	TA1700	Evert	Le Roux	5km	Male	60	Grand-Master (60+)	00:44:39
56	124	12	TRAIL12448	Pieter	Botha	5km	Male	52	Master (50-59)	00:44:54
57	126	18	TA1596	Marius	Pretorius	5km	Male	46	Veteran (40-49)	00:45:23
58	128	19	TA0231	William	Reyneke	5km	Male	47	Veteran (40-49)	00:45:31
59	130	4	TA0427	Ewan	Hayman	5km	Male	7	Under 11	00:45:47
60	132	8	TA1693	Andrich	Botha	5km	Male	20	Senior (19-29)	00:46:04
61	138	12	TRAIL10816	Garreth	Browne	5km	Male	30	Sub-Veteran (30-39)	00:47:43
62	141	20	TA0086	Mike	Bouwer	5km	Male	45	Veteran (40-49)	00:48:13
63	147	21	TRAIL12287	Phil	Zaayman	5km	Male	48	Veteran (40-49)	00:51:41
64	149	13	TA1103	Sicelo	Vilakati	5km	Male	38	Sub-Veteran (30-39)	00:51:59
65	150	14	TA1593	Jacques	Pretorius	5km	Male	34	Sub-Veteran (30-39)	00:52:04
66	153	9	TA1797	Jason	Boone	5km	Male	27	Senior (19-29)	00:52:28
67	156	22	TA1715	Philip	Botha	5km	Male	41	Veteran (40-49)	00:52:48
68	163	6	TRAIL12109	Neville	Muir	5km	Male	80	Grand-Master (60+)	00:55:11
69	173	5	TA1612	Tlhalalo	Mazwi	5km	Male	7	Under 11	00:58:11
70	181	7	TA0325	Peter	Cheney	5km	Male	68	Grand-Master (60+)	01:00:24
71	183	13	TA1671	Drikkie	Van Der Westhuizen	5km	Male	58	Master (50-59)	01:02:22
72	186	15	TA1799	Hersheal	Tait	5km	Male	35	Sub-Veteran (30-39)	01:05:19
73	189	23	TA0229	Riaan	Prinsloo	5km	Male	40	Veteran (40-49)	01:07:28
74	191	6	TA0576	Tsosheletjo	Mazwi	5km	Male	4	Under 11	01:08:18
75	192	16	TA1759	Matlagolo	Mazwi	5km	Male	37	Sub-Veteran (30-39)	01:08:23
76	193	24	TA1550	Zolani	Poni	5km	Male	42	Veteran (40-49)	01:09:33

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	12	1	TA1536	Chantelle	Enslin	5km	Female	32	Sub-Veteran (30-39)	00:27:41
2	14	1	TA0284	Anneke	Schutte	5km	Female	46	Veteran (40-49)	00:27:46
3	21	2	TA1749	Natalie	Perrigil	5km	Female	34	Sub-Veteran (30-39)	00:29:17
4	23	3	TRAIL10891	Tina	Bredenkamp	5km	Female	35	Sub-Veteran (30-39)	00:30:03
5	25	2	TRAIL13015	Nadia	Bosch	5km	Female	47	Veteran (40-49)	00:30:22
6	30	1	TA0287	Clarise	Marais	5km	Female	28	Senior (19-29)	00:32:10
7	31	2	TA0005	Claudia	Tredoux	5km	Female	24	Senior (19-29)	00:32:16
8	32	3	TA1728	Ramona	Hefer	5km	Female	41	Veteran (40-49)	00:32:18
9	34	4	TA0380	Mariet	Harper	5km	Female	38	Sub-Veteran (30-39)	00:32:23
10	37	5	TA0312	Michelle	Rennie	5km	Female	39	Sub-Veteran (30-39)	00:32:37
11	39	3	TA0168	Sarah	Honiball	5km	Female	28	Senior (19-29)	00:32:42
12	41	4	TRAIL20968	Mercy	Moloto	5km	Female	26	Senior (19-29)	00:34:33
13	42	6	TA0258	Lutendo	Magoro	5km	Female	32	Sub-Veteran (30-39)	00:34:38
14	43	1	TRAIL12813	Carol-ann	Martins	5km	Female	53	Master (50-59)	00:34:55
15	44	5	TA0504	Victoria	Abe	5km	Female	28	Senior (19-29)	00:35:02
16	45	4	TRAIL20916	Helena	Strijdom	5km	Female	49	Veteran (40-49)	00:35:16
17	47	7	TA0332	Nadia	Maritz	5km	Female	38	Sub-Veteran (30-39)	00:35:23
18	48	6	TA1546	Marike	Green	5km	Female	29	Senior (19-29)	00:35:31
19	49	5	TA0306	Ela	De Freitas	5km	Female	46	Veteran (40-49)	00:35:34
20	51	8	TA1610	Courtney	Stevens	5km	Female	32	Sub-Veteran (30-39)	00:35:44
21	52	7	TA0094	Christelle	Meyer	5km	Female	25	Senior (19-29)	00:35:49
22	54	8	TA0272	Cecile	Niebuhr	5km	Female	25	Senior (19-29)	00:36:00
23	57	6	TA0122	Ethel	Zulu	5km	Female	49	Veteran (40-49)	00:36:14
24	58	7	TA1787	Elizabeth	Hammond	5km	Female	41	Veteran (40-49)	00:36:24
25	60	2	TRAIL11315	Angela	Conway	5km	Female	55	Master (50-59)	00:36:39
26	61	9	TA0169	Marli	Lombard	5km	Female	31	Sub-Veteran (30-39)	00:36:41
27	63	9	TA1748	Carmen	Marais	5km	Female	23	Senior (19-29)	00:36:54
28	64	8	TA0570	Meliza	Brits	5km	Female	46	Veteran (40-49)	00:37:10
29	65	9	TA0446	Madeline	Lubbe	5km	Female	43	Veteran (40-49)	00:37:19
30	67	10	TA1726	Hanlie	Miller	5km	Female	45	Veteran (40-49)	00:37:26
31	69	10	TA0002	Minke	Brits	5km	Female	19	Senior (19-29)	00:37:50
32	70	11	TA0494	Rozanne	Kilian	5km	Female	43	Veteran (40-49)	00:38:16
33	74	12	TA1767	Liezil	Pienaar	5km	Female	48	Veteran (40-49)	00:38:29
34	76	11	TA0500	Elishia	Van Buuren	5km	Female	29	Senior (19-29)	00:38:44
35	79	13	TA0188	Christelle	Van Der Meulen	5km	Female	45	Veteran (40-49)	00:39:01
36	80	14	TA0364	Venita	Brown	5km	Female	49	Veteran (40-49)	00:39:03
37	81	15	TA0368	Mandy	Macaskill	5km	Female	44	Veteran (40-49)	00:39:06
38	83	10	TA0415	Jumarie	Botha	5km	Female	37	Sub-Veteran (30-39)	00:39:25
39	84	11	TRAIL12727	Jenny	Prinsloo	5km	Female	35	Sub-Veteran (30-39)	00:39:26
40	86	12	TA0458	Nedine	Du Plessis	5km	Female	27	Senior (19-29)	00:39:31

41	87	12	TA0266	Bronwen	Smith	5km	Female	38	Sub-Veteran (30-39)	00:39:32
42	88	13	TA0600	Izelle	Whitehead	5km	Female	37	Sub-Veteran (30-39)	00:39:41
43	89	16	TA0440	Elise	Vorster	5km	Female	47	Veteran (40-49)	00:39:44
44	90	17	TA0376	Heilet	Smith	5km	Female	41	Veteran (40-49)	00:39:46
45	92	18	TA0151	Yvette	Ellis	5km	Female	46	Veteran (40-49)	00:39:50
46	93	19	TA0375	Gerda	Van Brakel	5km	Female	47	Veteran (40-49)	00:40:34
47	95	14	TA1665	Marlene	Van Staden	5km	Female	35	Sub-Veteran (30-39)	00:41:21
48	96	15	TA1725	Engela	Palmer	5km	Female	37	Sub-Veteran (30-39)	00:41:24
49	98	20	TA1557	Zanele	Maseko	5km	Female	45	Veteran (40-49)	00:41:36
50	99	3	TRAIL11833	Petra	Le Roux	5km	Female	57	Master (50-59)	00:41:38
51	100	21	TA0472	Hannelie	Van Heerden	5km	Female	43	Veteran (40-49)	00:41:42
52	101	13	TA0377	Inge	Crafford-lazarus	5km	Female	26	Senior (19-29)	00:41:47
53	102	4	TA0041	Vanda	Coetzee	5km	Female	50	Master (50-59)	00:41:58
54	104	5	TA1154	Manuela	Jakoby	5km	Female	52	Master (50-59)	00:42:07
55	105	16	TA0362	Motheo	Komati	5km	Female	36	Sub-Veteran (30-39)	00:42:20
56	106	22	TA1650	Marna	Thompson	5km	Female	43	Veteran (40-49)	00:42:23
57	107	1	TA0205	Danja	Norval	5km	Female	9	Under 11	00:42:27
58	109	6	TA0310	Denise	Sheppard	5km	Female	56	Master (50-59)	00:42:39
59	110	17	TA0774	Bronwen	Cronje	5km	Female	34	Sub-Veteran (30-39)	00:43:03
60	111	18	TA0403	Carly	Fourie	5km	Female	32	Sub-Veteran (30-39)	00:43:09
61	112	19	TA0476	Lerato	Phale	5km	Female	31	Sub-Veteran (30-39)	00:43:47
62	113	7	TA0084	Lynette	Tredoux	5km	Female	53	Master (50-59)	00:43:59
63	114	20	TA1768	Pfarelo	Magoro	5km	Female	35	Sub-Veteran (30-39)	00:44:01
64	115	14	TA1661	Chanel	Oberholzer	5km	Female	22	Senior (19-29)	00:44:15
65	118	21	TA0378	Lizette	Vorster	5km	Female	38	Sub-Veteran (30-39)	00:44:34
66	121	22	TA0573	Johani	Liebenberg	5km	Female	37	Sub-Veteran (30-39)	00:44:41
67	122	23	TA0322	Chantelle	De Witt	5km	Female	34	Sub-Veteran (30-39)	00:44:43
68	123	23	TA0167	Inri	Moller	5km	Female	45	Veteran (40-49)	00:44:49
69	125	8	TRAIL12426	Lize	Botha	5km	Female	50	Master (50-59)	00:44:55
70	127	15	TA1620	Somari	Van Brakel	5km	Female	23	Senior (19-29)	00:45:26
71	129	24	TA1737	Monnye	Sebola	5km	Female	43	Veteran (40-49)	00:45:36
72	131	25	TA0517	Martie	Schoeman	5km	Female	43	Veteran (40-49)	00:45:51
73	133	16	TRAIL10326	Courtney	Mallett	5km	Female	20	Senior (19-29)	00:46:20
74	134	1	TA0449	Thea	Corbett	5km	Female	61	Grand-Master (60+)	00:47:08
75	135	24	TA0404	Anthea	Corbett	5km	Female	36	Sub-Veteran (30-39)	00:47:10
76	136	26	TA0216	Silka	Norval	5km	Female	49	Veteran (40-49)	00:47:31
77	137	9	TA1673	Christa	Van Niekerk	5km	Female	50	Master (50-59)	00:47:37
78	139	27	TA0537	Olaotse	Matshane	5km	Female	43	Veteran (40-49)	00:48:04
79	140	28	TA0545	Thandazile	Thela	5km	Female	42	Veteran (40-49)	00:48:07
80	142	17	TA0402	Nandipha	Gqibithole	5km	Female	26	Senior (19-29)	00:48:36
81	143	18	TA0487	Renate	Le Roux	5km	Female	24	Senior (19-29)	00:48:42
82	144	25	TA0001	Thandi	Thabethe	5km	Female	38	Sub-Veteran (30-39)	00:49:50

83	145	10	TA0276	Michelle	Marx	5km	Female	53	Master (50-59)	00:51:09
84	146	29	TA0477	Kelly	Robinson	5km	Female	48	Veteran (40-49)	00:51:10
85	148	30	TRAIL11139	Judith	Zaayman	5km	Female	44	Veteran (40-49)	00:51:43
86	151	31	TA0176	Florence	Wessels	5km	Female	46	Veteran (40-49)	00:52:06
87	152	26	TA0296	Marilize	Smit	5km	Female	31	Sub-Veteran (30-39)	00:52:07
88	154	11	TRAIL20919	Caron	Mackenzie	5km	Female	54	Master (50-59)	00:52:35
89	155	32	TA0462	Jana	Botha	5km	Female	44	Veteran (40-49)	00:52:46
90	157	2	TA0433	Linda	Horne	5km	Female	65	Grand-Master (60+)	00:53:09
91	158	3	TA2141	Louise	Williams	5km	Female	65	Grand-Master (60+)	00:53:16
92	159	12	TA0029	Shelley	Le Roux	5km	Female	52	Master (50-59)	00:53:18
93	160	33	TA0288	Antoinette	Iglauer	5km	Female	47	Veteran (40-49)	00:53:54
94	161	34	TA0424	Janine	Botha	5km	Female	49	Veteran (40-49)	00:54:08
95	162	27	TA0559	Eloise	Wolvaardt	5km	Female	38	Sub-Veteran (30-39)	00:54:10
96	164	4	TA0282	Sannie	Nel	5km	Female	60	Grand-Master (60+)	00:55:16
97	165	5	TA0036	Celia	Pienaar	5km	Female	69	Grand-Master (60+)	00:55:19
98	166	13	TRAIL10339	Busi	Ngwenya	5km	Female	51	Master (50-59)	00:55:42
99	167	35	TA0578	Liziwe	Nkonyana	5km	Female	44	Veteran (40-49)	00:55:44
100	168	28	TA0189	Sulize	Van Rooy	5km	Female	39	Sub-Veteran (30-39)	00:56:11
101	169	36	TA0087	Adele	Viljoen	5km	Female	43	Veteran (40-49)	00:56:16
102	170	37	TA1708	Lize	Joubert	5km	Female	49	Veteran (40-49)	00:56:50
103	171	14	TA0045	Laetitia	Cassidy	5km	Female	50	Master (50-59)	00:56:51
104	172	1	TA1625	Annika	Norval	5km	Female	15	12 to 15	00:56:59
105	174	15	TA0085	Michelle	Tinline	5km	Female	52	Master (50-59)	00:58:26
106	175	19	TA0388	Shannon	James	5km	Female	25	Senior (19-29)	00:58:37
107	176	29	TA0145	Sonia	Pita	5km	Female	36	Sub-Veteran (30-39)	00:58:59
108	177	2	TA1774	Gabriella	Pita	5km	Female	9	Under 11	00:59:02
109	178	6	TA0436	Adelaite	Michial	5km	Female	63	Grand-Master (60+)	00:59:05
110	179	30	TA0232	Refilwe	Boshomane	5km	Female	30	Sub-Veteran (30-39)	00:59:24
111	180	31	TA0445	Tlou	Boshomane	5km	Female	37	Sub-Veteran (30-39)	00:59:28
112	182	38	TRAIL20667	Megan	Marais	5km	Female	40	Veteran (40-49)	01:00:29
113	184	39	TA2219	Marelise	Oberholzer	5km	Female	48	Veteran (40-49)	01:04:25
114	185	7	TA0120	Louise	Botha	5km	Female	74	Grand-Master (60+)	01:04:35
115	187	32	TA0464	Alicia	Schoeman	5km	Female	35	Sub-Veteran (30-39)	01:05:23
116	188	33	TRAIL20554	Jacqui	Grove	5km	Female	37	Sub-Veteran (30-39)	01:05:45
117	190	34	TA0268	Joanne	Prinsloo	5km	Female	31	Sub-Veteran (30-39)	01:07:32
118	194	20	TA0295	Almory	Van Rooyen	5km	Female	28	Senior (19-29)	01:15:55
119	195	21	TA0527	Zorelda	Aylward	5km	Female	24	Senior (19-29)	01:15:57
120	196	40	TA1734	Marinda	Aylward	5km	Female	49	Veteran (40-49)	01:16:00