



AdventureRun : Lesotho 3222 Challenge

The 3222 Challenge & AdventureWalk Overall results on 10th March 2019



Mini Walk 5km and 5km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0472	Juan	Smit	Mini Walk 5km and 5km	Male	35	Sub-Veteran (30-39)	03:37:24

Mini Walk 5km and 5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0296	Nthabiseng	Dlamini	Mini Walk 5km and 5km	Female	47	Veteran (40-49)	03:53:33
2	3	2	TA1775	Bukeka	Mahlutshana	Mini Walk 5km and 5km	Female	42	Veteran (40-49)	03:54:33
3	4	1	TA1550	Palesa	Mokotjomela	Mini Walk 5km and 5km	Female	13	12 to 15	03:54:54

Mini 10km and 5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1734	Hugh	Du Plessis	Mini 10km and 5km	Male	41	Veteran (40-49)	01:56:05
2	4	1	TA0375	Johan	Grove	Mini 10km and 5km	Male	36	Sub-Veteran (30-39)	02:59:33
3	6	2	TA0517	Andrew	Crowley	Mini 10km and 5km	Male	44	Veteran (40-49)	03:23:10

Mini 10km and 5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0176	Kirsten	Avierinos	Mini 10km and 5km	Female	19	Senior (19-29)	02:17:00
2	3	2	TA1726	Arista	Kamffer	Mini 10km and 5km	Female	29	Senior (19-29)	02:29:05
3	5	1	TA1620	Brenda	Ratzeburg	Mini 10km and 5km	Female	38	Sub-Veteran (30-39)	03:23:06
4	7	1	TA0220	Tracey	Rudman	Mini 10km and 5km	Female	42	Veteran (40-49)	03:41:24

Midway 10km and 15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1112	Christiaan	Greyling	Midway 10km and 15km	Male	34	Sub-Veteran (30-39)	02:58:06
2	3	1	TA2219	Sandor	Hanni	Midway 10km and 15km	Male	19	Senior (19-29)	04:30:04
3	5	2	TA1043	Cobus	Bergh	Midway 10km and 15km	Male	36	Sub-Veteran (30-39)	04:32:28
4	6	2	TA1068	Bernard	Vermeulen	Midway 10km and 15km	Male	27	Senior (19-29)	04:32:50
5	7	1	TA2273	John	Flynn	Midway 10km and 15km	Male	40	Veteran (40-49)	04:37:25
6	8	3	TA1128	Awie	Mulder	Midway 10km and 15km	Male	35	Sub-Veteran (30-39)	04:41:57
7	9	4	TA0774	Jan-gawie	Mulder	Midway 10km and 15km	Male	30	Sub-Veteran (30-39)	05:09:27
8	10	5	TA1034	Jimmy	Mofokeng	Midway 10km and 15km	Male	32	Sub-Veteran (30-39)	05:16:38
9	16	3	TA1103	Dean	Robinson	Midway 10km and 15km	Male	24	Senior (19-29)	05:54:29

Midway 10km and 15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0815	Ruth	Avierinos	Midway 10km and 15km	Female	20	Senior (19-29)	04:05:16
2	4	2	TA0627	Georene	Vermeulen	Midway 10km and 15km	Female	25	Senior (19-29)	04:32:26
3	11	1	TA2141	Zamile	Njoko	Midway 10km and 15km	Female	31	Sub-Veteran (30-39)	05:16:39
4	12	1	TA1846	Moirra	Walker	Midway 10km and 15km	Female	44	Veteran (40-49)	05:42:30
5	13	2	TA2307	Mel	Kruuse	Midway 10km and 15km	Female	48	Veteran (40-49)	05:42:45
6	14	3	TA0863	Kim	Du Plessis	Midway 10km and 15km	Female	27	Senior (19-29)	05:43:44
7	15	4	TA0694	Walda	Pohl	Midway 10km and 15km	Female	26	Senior (19-29)	05:43:51
8	17	2	TA2214	Antje	Bruchner	Midway 10km and 15km	Female	38	Sub-Veteran (30-39)	05:55:29
9	18	3	TA1125	Rhona	Avierinos	Midway 10km and 15km	Female	48	Veteran (40-49)	06:02:16

Main 25km and 15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3045	Tebello	Moleko	Main 25km and 15km	Male	25	Senior (19-29)	04:00:05
2	3	2	TA2927	Jeandre	Theunissen	Main 25km and 15km	Male	29	Senior (19-29)	04:51:30
3	4	1	TA2984	Jacques	Mouton	Main 25km and 15km	Male	40	Veteran (40-49)	04:56:32
4	7	1	TA3007	Lourens	Sanders	Main 25km and 15km	Male	32	Sub-Veteran (30-39)	06:40:44
5	8	1	TA2621	Alec	Avierinos	Main 25km and 15km	Male	50	Master (50-59)	06:58:50
6	9	2	TA3407	Sven	Vosse	Main 25km and 15km	Male	45	Veteran (40-49)	07:08:34
7	11	3	TA2922	Ian	Craig	Main 25km and 15km	Male	46	Veteran (40-49)	07:42:03
8	12	3	TA2972	Marais	Vorster	Main 25km and 15km	Male	26	Senior (19-29)	07:59:06
9	14	4	TA3478	Fabio	Minenza	Main 25km and 15km	Male	29	Senior (19-29)	08:34:06
10	15	4	TA2590	William	Bester	Main 25km and 15km	Male	45	Veteran (40-49)	09:05:28
11	19	1	TA2974	Tommy	Gibson	Main 25km and 15km	Male	68	Grand-Master (60+)	09:48:23
12	20	2	TA2680	Ross	Griffiths	Main 25km and 15km	Male	37	Sub-Veteran (30-39)	09:53:53
13	22	5	TA2581	Zandrieg	Henning	Main 25km and 15km	Male	29	Senior (19-29)	10:16:21

Main 25km and 15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2928	Landie	Greyling	Main 25km and 15km	Female	35	Sub-Veteran (30-39)	04:49:42
2	5	1	TA3403	Nicky	Booyens	Main 25km and 15km	Female	40	Veteran (40-49)	05:49:28
3	6	1	TA3018	Emily	Clarke	Main 25km and 15km	Female	26	Senior (19-29)	06:02:22
4	10	2	TA2950	Mia	Van Rooyen	Main 25km and 15km	Female	41	Veteran (40-49)	07:26:13
5	13	2	TA2929	Lorencia	Sanders	Main 25km and 15km	Female	29	Senior (19-29)	08:10:44
6	16	2	TA2538	Irmela	Smit	Main 25km and 15km	Female	39	Sub-Veteran (30-39)	09:31:26
7	17	3	TA2907	Mandisa	Khumalo	Main 25km and 15km	Female	39	Sub-Veteran (30-39)	09:34:51
8	18	4	TA2961	Shona	Van Der Merwe	Main 25km and 15km	Female	31	Sub-Veteran (30-39)	09:45:48
9	21	5	TA2674	Nadine	Van Bosch	Main 25km and 15km	Female	32	Sub-Veteran (30-39)	10:15:12
10	23	3	TA2630	Maryna	Marx	Main 25km and 15km	Female	25	Senior (19-29)	10:18:06