



AdventureRun : The Big Red Barn

Trails for Trunks Run/Cycle @ the Big red barn on 17th August 2024



22km Cycle:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2982	Ivan	Barclay	22km Cycle	Male	54	Master (50-59)	00:58:23
2	3	1	TA0620	David	Van Deventer	22km Cycle	Male	38	Sub-Veteran (30-39)	01:03:55
3	4	1	TA2505	Nico	Noëth	22km Cycle	Male	60	Grand-Master (60+)	01:11:07
4	9	1	TA1767	Shaun	Smith	22km Cycle	Male	47	Veteran (40-49)	01:16:09
5	10	2	TA1355	Edward	White	22km Cycle	Male	54	Master (50-59)	01:16:12
6	11	2	TA3462	Shaun	Whitley	22km Cycle	Male	30	Sub-Veteran (30-39)	01:16:15
7	13	2	TA0732	Hendrik	Du Preez	22km Cycle	Male	68	Grand-Master (60+)	01:21:18
8	14	2	TA3022	Gavin	Quin	22km Cycle	Male	48	Veteran (40-49)	01:23:17
9	17	3	TA2914	Brett	Kotze	22km Cycle	Male	57	Master (50-59)	01:23:54
10	18	3	TA2123	Warren	Watt	22km Cycle	Male	41	Veteran (40-49)	01:24:02
11	21	1	TA2999	Christopher Jonathan	Van Rooyen	22km Cycle	Male	15	12 to 15	01:29:05
12	22	3	TA3192	Thomas	Van Rooyen	22km Cycle	Male	34	Sub-Veteran (30-39)	01:29:05
13	27	4	TA0809	Petrus	Pool	22km Cycle	Male	47	Veteran (40-49)	01:37:03
14	28	1	TA0848	Michael	Kourie	22km Cycle	Male	23	Senior (19-29)	01:39:38
15	29	2	TA2927	Dale	Blumrick	22km Cycle	Male	23	Senior (19-29)	01:39:42
16	34	1	TA2647	Ray	Pollard	22km Cycle	Male	7	Under 11	01:52:00
17	35	4	TA0977	Trevor	Pollard	22km Cycle	Male	50	Master (50-59)	01:52:06
18	36	3	TA3374	Evian	Stephanou	22km Cycle	Male	25	Senior (19-29)	02:09:32
19	37	4	TA1969	Walter	Walter	22km Cycle	Male	37	Sub-Veteran (30-39)	02:09:33
20	40	5	TA1986	Andre	Smith	22km Cycle	Male	56	Master (50-59)	02:19:10

22km Cycle:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2799	Claudia	Baltensperger	22km Cycle	Female	50	Master (50-59)	01:00:47
2	5	2	TA2965	Jacqueline	Zaki	22km Cycle	Female	55	Master (50-59)	01:13:22
3	6	1	TA0167	Elzette	Van Dyk	22km Cycle	Female	48	Veteran (40-49)	01:13:25
4	7	3	TA2348	Samantha	Horn	22km Cycle	Female	51	Master (50-59)	01:15:23
5	8	1	TA0606	Sylvia	Barrett	22km Cycle	Female	68	Grand-Master (60+)	01:16:05
6	12	4	TA1962	Maggie	Dejonckheere	22km Cycle	Female	57	Master (50-59)	01:20:47
7	15	1	TA2368	Izelle	Cowley	22km Cycle	Female	39	Sub-Veteran (30-39)	01:23:39
8	16	1	TA1025	Lauren	Quin	22km Cycle	Female	16	16 to 18	01:23:53
9	19	2	TA0761	Louise	Parker	22km Cycle	Female	49	Veteran (40-49)	01:24:29
10	20	3	TA2969	Zanita	Labuschagne	22km Cycle	Female	40	Veteran (40-49)	01:26:05
11	23	4	TA2032	Delanie	Bezuidenhout	22km Cycle	Female	49	Veteran (40-49)	01:33:13
12	24	5	TA3477	Gaylene	Campbell	22km Cycle	Female	57	Master (50-59)	01:34:30
13	25	6	TA2963	Tracey	Van Staden	22km Cycle	Female	51	Master (50-59)	01:34:33
14	26	5	TA2041	Chrisna	Pool	22km Cycle	Female	48	Veteran (40-49)	01:36:57
15	30	6	TA2029	Margaret	Randall	22km Cycle	Female	46	Veteran (40-49)	01:41:08
16	31	2	TA3445	Christelle	Van Deventer	22km Cycle	Female	35	Sub-Veteran (30-39)	01:47:19
17	32	7	TA0995	Gillean	Nel	22km Cycle	Female	46	Veteran (40-49)	01:47:22
18	33	3	TA2460	Martelna	Pollard	22km Cycle	Female	38	Sub-Veteran (30-39)	01:51:52
19	38	1	TA113	Sabrina	Dias	22km Cycle	Female	24	Senior (19-29)	02:09:56
20	39	8	TA1988	Desire	Smit	22km Cycle	Female	44	Veteran (40-49)	02:19:06

21km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2048	Yusuf	Motara	21km Trail Run/Walk	Male	45	Veteran (40-49)	01:27:37
2	4	1	TA2227	Eric	Ladbrooke	21km Trail Run/Walk	Male	54	Master (50-59)	02:00:28
3	6	1	TA3470	Patrick	Craw	21km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	02:10:56
4	8	1	TA3067	Albert	Mhazo	21km Trail Run/Walk	Male	24	Senior (19-29)	02:36:12
5	9	2	TA0713	Katleho	Ribisi	21km Trail Run/Walk	Male	22	Senior (19-29)	02:44:50

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1955	Zeleney	Louw	21km Trail Run/Walk	Female	27	Senior (19-29)	01:45:25
2	3	2	TA41	Sue-mari	Oosthuysen	21km Trail Run/Walk	Female	22	Senior (19-29)	01:58:47
3	5	1	TA2293	Irma Bernice	Terblanche	21km Trail Run/Walk	Female	51	Master (50-59)	02:10:40
4	7	1	TA0223	Monica	Terblanche	21km Trail Run/Walk	Female	44	Veteran (40-49)	02:16:37
5	10	2	TA0900	Sharon	Holton	21km Trail Run/Walk	Female	54	Master (50-59)	02:46:51
6	11	2	TA3284	Colette	Du Plooy	21km Trail Run/Walk	Female	45	Veteran (40-49)	02:46:56

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2528	Andrew	Mcmurray	15km Trail Run/Walk	Male	59	Master (50-59)	01:18:47
2	5	1	TA2938	Francois	Nell	15km Trail Run/Walk	Male	62	Grand-Master (60+)	01:39:52
3	6	1	TA0988	Hugo	Kruger	15km Trail Run/Walk	Male	25	Senior (19-29)	01:43:39
4	9	1	TA2897	Sean	Bemelman	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:46:24
5	11	2	TA2659	David	Schemel	15km Trail Run/Walk	Male	53	Master (50-59)	01:47:19
6	16	3	TA2434	Anton	Bouwer	15km Trail Run/Walk	Male	54	Master (50-59)	02:06:24

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2364	Carol	Zhang	15km Trail Run/Walk	Female	25	Senior (19-29)	01:27:49
2	3	2	TA3476	Daniella	Nel	15km Trail Run/Walk	Female	23	Senior (19-29)	01:28:53
3	4	1	TA2246	Carlien	Nell	15km Trail Run/Walk	Female	60	Grand-Master (60+)	01:34:08
4	7	3	TA2003	Cornelia	Naudé	15km Trail Run/Walk	Female	23	Senior (19-29)	01:46:05
5	8	4	TA1915	Penyao	Su	15km Trail Run/Walk	Female	25	Senior (19-29)	01:46:14
6	10	1	TA2221	Susan	Bowdler	15km Trail Run/Walk	Female	54	Master (50-59)	01:47:16
7	12	1	TA2496	Michelle	Shuda	15km Trail Run/Walk	Female	47	Veteran (40-49)	01:58:51
8	13	2	TA0775	Ursula	Maritz	15km Trail Run/Walk	Female	48	Veteran (40-49)	02:00:55
9	14	2	TA0640	Masaebata Paulina	Melene	15km Trail Run/Walk	Female	50	Master (50-59)	02:05:04
10	15	1	TA2372	Christine	Moeketsi	15km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	02:05:09
11	17	3	TA2000	Shakira	Bouwer	15km Trail Run/Walk	Female	47	Veteran (40-49)	02:08:39
12	18	3	TA0908	Heather Jane	De Vos	15km Trail Run/Walk	Female	56	Master (50-59)	02:36:01
13	19	4	TA0614	Candice	Mundell	15km Trail Run/Walk	Female	55	Master (50-59)	02:36:07
14	20	5	TA1116	Rita	Sprenzel	15km Trail Run/Walk	Female	59	Master (50-59)	02:36:09
15	21	2	TA17	Linda	Beech	15km Trail Run/Walk	Female	63	Grand-Master (60+)	02:37:16
16	22	6	TA2542	Isabelle	Wales	15km Trail Run/Walk	Female	59	Master (50-59)	02:58:02

12km Cycle:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2483	Stephanus	Cronje	12km Cycle	Male	58	Master (50-59)	00:37:35
2	8	1	TA2922	Jarryd	Yeoman	12km Cycle	Male	27	Senior (19-29)	01:28:10

12km Cycle:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA162	Lize	Cronje	12km Cycle	Female	56	Master (50-59)	00:46:40
2	3	1	TA1934	Jana-marie	Kock	12km Cycle	Female	47	Veteran (40-49)	00:59:31
3	4	1	TA2249	Liezl	Jacobs	12km Cycle	Female	37	Sub-Veteran (30-39)	01:11:52
4	5	2	TA2085	Anje	Dempers	12km Cycle	Female	34	Sub-Veteran (30-39)	01:11:57
5	6	2	TA2240	Sumarie	Slabber	12km Cycle	Female	58	Master (50-59)	01:15:56
6	7	1	TA3198	Anna	Larmuth	12km Cycle	Female	25	Senior (19-29)	01:28:09
7	9	3	TA2732	Christna	Du Plessis	12km Cycle	Female	56	Master (50-59)	01:34:08
8	10	4	TA2333	Samantha	Dry	12km Cycle	Female	53	Master (50-59)	01:47:54

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2199	Caleb	Hendriks	10km Trail Run/Walk	Male	15	12 to 15	00:46:34
2	3	1	TA0864	Tyron	Long	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:00:00
3	4	1	TA1900	Scott	Mathie	10km Trail Run/Walk	Male	24	Senior (19-29)	01:03:17
4	5	1	TA2794	Colomban	Vitoux	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:03:20
5	9	2	TA3559	Steve	Moolman	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:03:40
6	11	2	TA3030	David	Streicher	10km Trail Run/Walk	Male	29	Senior (19-29)	01:06:26
7	12	2	TA2166	Paul	Van Niekerk	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:06:29
8	13	3	TA3258	Jacques	Dreyer	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:06:32
9	14	4	TA3241	De Wet	Swart	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:06:35
10	16	3	TA3533	Jonathan	Bertram	10km Trail Run/Walk	Male	24	Senior (19-29)	01:07:24
11	17	4	TA3553	Kian	Channon	10km Trail Run/Walk	Male	23	Senior (19-29)	01:07:37
12	18	1	TA3149	Riaan	Oosthuysen Opropsa	10km Trail Run/Walk	Male	57	Master (50-59)	01:07:44
13	19	3	TA3282	Edrich	Linde	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:07:48
14	22	5	TA1076	Felix	Manke	10km Trail Run/Walk	Male	26	Senior (19-29)	01:08:20
15	23	6	TA3373	Michael	Sinclair	10km Trail Run/Walk	Male	26	Senior (19-29)	01:08:26
16	25	7	TA2917	Fanie	Fourie	10km Trail Run/Walk	Male	24	Senior (19-29)	01:08:42
17	30	8	TA2500	Michael	Van Vuuren	10km Trail Run/Walk	Male	25	Senior (19-29)	01:11:34
18	33	5	TA0817	Bright	Khosa	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:12:32
19	38	6	TA1992	Stephen	Pieterse	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:22:22
20	39	1	TA2918	Karel	Erlank	10km Trail Run/Walk	Male	67	Grand-Master (60+)	01:22:42
21	41	2	TA3506	Stuart	Wickless	10km Trail Run/Walk	Male	53	Master (50-59)	01:23:35
22	42	9	TA1951	Todd	Fisher	10km Trail Run/Walk	Male	26	Senior (19-29)	01:23:36
23	45	3	TA1868	Bennie	Vermeulen	10km Trail Run/Walk	Male	52	Master (50-59)	01:23:48
24	49	7	TA2004	Vincent	Morris	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:24:05
25	51	4	TA2755	Daniel	Nel	10km Trail Run/Walk	Male	54	Master (50-59)	01:24:28
26	59	10	TA2062	Liam	Gunning	10km Trail Run/Walk	Male	21	Senior (19-29)	01:30:11
27	61	8	TA2389	Ross	Chabant	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:39:58
28	69	4	TA3008	Rudy	Strydom	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:42:41
29	79	9	TA1160	Devon	Van Der Miller	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:58:37
30	81	11	TA0973	Bottle	Khalaki	10km Trail Run/Walk	Male	22	Senior (19-29)	02:05:27
31	89	2	TA3440	Walter	Cassell	10km Trail Run/Walk	Male	65	Grand-Master (60+)	03:10:37

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2121	Gene	Stols	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:59:55
2	6	1	TA2147	Jeanette	Jeanette	10km Trail Run/Walk	Female	23	Senior (19-29)	01:03:24
3	7	2	TA3560	Abigail	Mileham	10km Trail Run/Walk	Female	25	Senior (19-29)	01:03:30
4	8	3	TA1072	Shannon	Mileham	10km Trail Run/Walk	Female	27	Senior (19-29)	01:03:32
5	10	4	TA2353	Nicola	Theron	10km Trail Run/Walk	Female	23	Senior (19-29)	01:04:02
6	15	2	TA2330	Nicola	Klue	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:07:03
7	20	1	TA0781	Nickey	Erasmus	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:07:56
8	21	5	TA2242	Lize	Janse Van Rensburg	10km Trail Run/Walk	Female	27	Senior (19-29)	01:08:10
9	24	6	TA2394	Celene	Joseph	10km Trail Run/Walk	Female	23	Senior (19-29)	01:08:38
10	26	7	TA149	Sune	Treurnich	10km Trail Run/Walk	Female	29	Senior (19-29)	01:10:52
11	27	3	TA0759	Naairah	Naairah	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:11:10
12	28	4	TA2891	Inge	Erasmus	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:11:29
13	29	5	TA2213	Nadine	Human	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:11:31
14	31	8	TA2349	Kirstyn	Semple	10km Trail Run/Walk	Female	25	Senior (19-29)	01:11:36
15	32	6	TA2177	Leandi	Strydom	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:12:20
16	34	1	TA1807	Paula	Vermeulen	10km Trail Run/Walk	Female	52	Master (50-59)	01:14:29
17	35	1	TA0892	Estelle	Whitby	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:21:07
18	36	9	TA2444	Charlotte	Smit	10km Trail Run/Walk	Female	24	Senior (19-29)	01:22:14
19	37	2	TA3549	Carol	Anthony	10km Trail Run/Walk	Female	58	Master (50-59)	01:22:20
20	40	2	TA1843	Melanie	Bisschmoff	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:22:45
21	43	7	TA2183	Eleanor	Ladbrooke	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:23:39
22	44	10	TA1348	Bianca	De Bruyn	10km Trail Run/Walk	Female	28	Senior (19-29)	01:23:48
23	46	3	TA0842	Gerda	Smit	10km Trail Run/Walk	Female	53	Master (50-59)	01:23:55
24	47	4	TA1972	Kim	Host	10km Trail Run/Walk	Female	51	Master (50-59)	01:23:57
25	48	5	TA3021	Chriselle	Du Toit	10km Trail Run/Walk	Female	56	Master (50-59)	01:24:00
26	50	3	TA0946	Bronwyn	Bantich	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:24:24
27	52	4	TA3017	Michelle	Menday	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:24:34
28	53	6	TA1069	Sonja	Guerra	10km Trail Run/Walk	Female	55	Master (50-59)	01:24:41
29	54	8	TA3400	Andrea	Du Preez	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:24:43
31	55	9	TA2352	Alicia	Swanepoel	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:24:44
30	56	11	TA2362	Megan	Williams	10km Trail Run/Walk	Female	26	Senior (19-29)	01:24:44
32	57	12	TA1889	Nyiko	Nghonyama	10km Trail Run/Walk	Female	24	Senior (19-29)	01:28:47
33	58	13	TA2973	Andrea	Barclay	10km Trail Run/Walk	Female	23	Senior (19-29)	01:29:58
34	60	14	TA1474	Misha	Malherbe	10km Trail Run/Walk	Female	28	Senior (19-29)	01:39:47
35	62	7	TA2714	Lorraine	Ladbrooke	10km Trail Run/Walk	Female	54	Master (50-59)	01:40:02
36	63	15	TA2446	Jennifer	Goodyer	10km Trail Run/Walk	Female	21	Senior (19-29)	01:40:59
37	64	8	TA2184	Michelle	Daniels	10km Trail Run/Walk	Female	52	Master (50-59)	01:41:25
38	65	10	TA1877	Karien	Dekock	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:41:29
39	66	5	TA1921	Lauren	Clark	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:41:32
40	67	9	TA0742	Adele	Fourie	10km Trail Run/Walk	Female	55	Master (50-59)	01:41:52

41	68	16	TA1926	Joalette	Joubert	10km Trail Run/Walk	Female	28	Senior (19-29)	01:41:56
42	70	11	TA1812	Cindy	De Kock	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:42:43
43	71	10	TA2006	Louise	Goodyer	10km Trail Run/Walk	Female	58	Master (50-59)	01:43:16
44	72	1	TA1956	Rihanna	Slabbert	10km Trail Run/Walk	Female	11	Under 11	01:43:20
45	73	11	TA2203	Nicki	Fenthum	10km Trail Run/Walk	Female	53	Master (50-59)	01:43:36
46	74	12	TA2030	Shahn	Nesbitt	10km Trail Run/Walk	Female	59	Master (50-59)	01:43:39
47	75	13	TA2202	Caron	Hall	10km Trail Run/Walk	Female	53	Master (50-59)	01:45:18
48	76	14	TA1825	Leanne	Host	10km Trail Run/Walk	Female	55	Master (50-59)	01:45:22
49	77	6	TA0405	Maryke	Hugo	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:57:41
50	78	7	TA1787	Paula	Lang	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:57:47
51	80	17	TA0297	Tashmika	Bhana	10km Trail Run/Walk	Female	23	Senior (19-29)	02:05:25
52	82	18	TA2141	Darmikah	Pather	10km Trail Run/Walk	Female	23	Senior (19-29)	02:05:35
53	83	12	TA2058	Sherilee	Van Coppenhagen	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	02:11:02
54	84	15	TA0837	Heidi	Meintjes	10km Trail Run/Walk	Female	50	Master (50-59)	02:12:13
55	85	13	TA2197	Ntando	Mtirara	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	02:14:09
56	86	2	TA1995	Maureen	Hardwick	10km Trail Run/Walk	Female	63	Grand-Master (60+)	03:02:38
57	87	14	TA1240	Shannon	Hardwick	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	03:02:44
58	88	15	TA2082	Neesha	Fakir	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	03:10:31
59	90	8	TA1958	Carmen	Slabbert	10km Trail Run/Walk	Female	40	Veteran (40-49)	03:10:41

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1957	Neil	Vonderaalt	5km Trail Run/Walk	Male	22	Senior (19-29)	00:29:26
2	3	1	TA2485	West	Hendricks	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:30:34
3	9	2	TA2252	Ivan	Van Rensburg	5km Trail Run/Walk	Male	27	Senior (19-29)	00:44:27
4	17	3	TA3180	Victor	Du Toit	5km Trail Run/Walk	Male	24	Senior (19-29)	00:48:24
5	19	1	TA1026	Voghan	Smit	5km Trail Run/Walk	Male	13	12 to 15	00:49:27
6	20	1	TA2748	Robert	Daniels	5km Trail Run/Walk	Male	54	Master (50-59)	00:50:35
7	21	2	TA3058	Aldo	Smith	5km Trail Run/Walk	Male	55	Master (50-59)	00:50:59
8	22	4	TA2384	Mauresmo	Bruce	5km Trail Run/Walk	Male	23	Senior (19-29)	00:53:54
9	23	3	TA1907	Lawrence	Kritzinger	5km Trail Run/Walk	Male	57	Master (50-59)	00:54:28
10	25	5	TA2993	Andrew	Albano	5km Trail Run/Walk	Male	24	Senior (19-29)	00:54:58
11	26	1	TA1991	Dante	Griessel	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:56:13
12	29	1	TA2590	Flip	Breedt	5km Trail Run/Walk	Male	74	Grand-Master (60+)	00:57:43
13	33	2	TA2867	Christo	Prinsloo	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:58:36
14	34	2	TA2438	Wynand	Makkink	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:58:52
15	41	3	TA3263	Jan	Jank	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:01:15
16	42	4	TA2484	Jurgens	Clase	5km Trail Run/Walk	Male	58	Master (50-59)	01:04:25
17	49	1	TA1024	Xander	Smit	5km Trail Run/Walk	Male	16	16 to 18	01:08:02
18	54	6	TA1946	Louis	Naudé	5km Trail Run/Walk	Male	26	Senior (19-29)	01:08:41
19	62	4	TA2966	André	Van Der Westhuizen	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:12:17
20	70	2	TA2007	Martyn	Nickless	5km Trail Run/Walk	Male	78	Grand-Master (60+)	01:22:15
21	72	7	TA2687	Michael	Waters	5km Trail Run/Walk	Male	25	Senior (19-29)	01:22:31
22	77	5	TA3272	Martin	Slabber	5km Trail Run/Walk	Male	58	Master (50-59)	01:23:50
23	79	8	TA2018	Jean	Saunders	5km Trail Run/Walk	Male	24	Senior (19-29)	01:25:41
24	81	3	TA2350	Billy	Cowley	5km Trail Run/Walk	Male	46	Veteran (40-49)	01:37:20
25	82	1	TA2617	James	Cowley	5km Trail Run/Walk	Male	4	Under 11	01:37:25
26	84	6	TA3474	Adam-troy	Adam-troy	5km Trail Run/Walk	Male	50	Master (50-59)	01:44:59
27	85	5	TA0904	Sean	Stroud	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:44:59
28	86	6	TA1983	Hannes	Smuts	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:45:02

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2953	Aviyah	Hendriks	5km Trail Run/Walk	Female	13	12 to 15	00:29:50
2	4	1	TA0188	Ellie	Canning	5km Trail Run/Walk	Female	24	Senior (19-29)	00:37:03
3	5	2	TA3600	Suné	Els	5km Trail Run/Walk	Female	24	Senior (19-29)	00:37:14
4	6	1	TA2361	Marilize	De Kock	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:39:30
5	7	3	TA1987	Gabriela	Simoes	5km Trail Run/Walk	Female	25	Senior (19-29)	00:42:10
6	8	4	TA1506	Chiara	Hoskin	5km Trail Run/Walk	Female	24	Senior (19-29)	00:42:58
7	10	2	TA1037	Charleen	Palmer	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:46:01
8	11	1	TA2399	Robyn	Fourie	5km Trail Run/Walk	Female	56	Master (50-59)	00:46:25
9	12	1	TA0120	Charne	Odendaal	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:46:26
10	13	3	TA2079	Lerissa	Van Biljon	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:46:41
11	14	4	TA2228	Tanya	Barnard	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:47:11
12	15	2	TA0681	Joy	Jacobs	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:47:17
13	16	5	TA28	Esmari	Bezuidenhout	5km Trail Run/Walk	Female	23	Senior (19-29)	00:47:29
14	18	6	TA2044	Abigail	Van Staden	5km Trail Run/Walk	Female	23	Senior (19-29)	00:48:28
15	24	7	TA2418	Danika	Romans	5km Trail Run/Walk	Female	21	Senior (19-29)	00:54:47
16	27	1	TA2088	Hester	Breedt	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:56:24
17	28	3	TA2378	Estrina	Bezuidenhout	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:56:48
18	30	2	TA80	Bronwen	Voysey	5km Trail Run/Walk	Female	59	Master (50-59)	00:57:53
19	31	8	TA2014	Lauren	Voysey	5km Trail Run/Walk	Female	29	Senior (19-29)	00:58:10
20	32	5	TA2366	Hedda	Prinsloo	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:58:33
21	35	6	TA2619	Nicky	Harmse	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:58:55
22	36	2	TA1829	Marion	Willis	5km Trail Run/Walk	Female	69	Grand-Master (60+)	00:59:39
23	37	9	TA3055	Jolene	Van Staden	5km Trail Run/Walk	Female	22	Senior (19-29)	01:00:15
24	38	10	TA1371	Nicole	Van Staden	5km Trail Run/Walk	Female	19	Senior (19-29)	01:00:18
25	39	7	TA2116	Liezel	Bouwer	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:01:10
26	40	11	TA0941	Nicole	Horn	5km Trail Run/Walk	Female	27	Senior (19-29)	01:01:13
27	43	3	TA0673	Theresa	Clase	5km Trail Run/Walk	Female	51	Master (50-59)	01:05:27
28	44	4	TA177	Teresa	Munslow	5km Trail Run/Walk	Female	52	Master (50-59)	01:07:20
29	45	5	TA2152	Betriks	Vourer	5km Trail Run/Walk	Female	52	Master (50-59)	01:07:30
30	46	4	TA2028	Sonja	Carstens	5km Trail Run/Walk	Female	48	Veteran (40-49)	01:07:31
31	47	8	TA2929	Ceceile	Steyn	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:07:42
32	48	5	TA2643	Amina	Ally	5km Trail Run/Walk	Female	45	Veteran (40-49)	01:08:01
33	50	3	TA3086	Elize	Marshall	5km Trail Run/Walk	Female	60	Grand-Master (60+)	01:08:25
34	51	4	TA0179	Henny	Hayes	5km Trail Run/Walk	Female	66	Grand-Master (60+)	01:08:36
35	52	12	TA2125	Monja	Nortje	5km Trail Run/Walk	Female	26	Senior (19-29)	01:08:37
36	53	9	TA0993	Sunny	Woolls	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:08:39
37	55	6	TA1091	Adél	De Haast	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:08:41
38	56	7	TA3478	Linda	Nel	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:11:05
39	57	5	TA0658	Henrietta	Erlank	5km Trail Run/Walk	Female	67	Grand-Master (60+)	01:11:31
40	58	13	TA2235	Rebecca	Rosenbaum	5km Trail Run/Walk	Female	24	Senior (19-29)	01:11:39

41	59	10	TA1446	Andrea	Hayes	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:11:45
42	60	6	TA2498	Sanet	Fourie	5km Trail Run/Walk	Female	54	Master (50-59)	01:11:51
43	61	14	TA2949	Michelle	Kirsten	5km Trail Run/Walk	Female	29	Senior (19-29)	01:12:14
44	63	8	TA1998	Amanda	Botha	5km Trail Run/Walk	Female	47	Veteran (40-49)	01:13:55
45	64	7	TA2326	Gwen	Nelson	5km Trail Run/Walk	Female	53	Master (50-59)	01:14:46
46	65	15	TA2343	Chelsea	Maritz	5km Trail Run/Walk	Female	27	Senior (19-29)	01:14:50
47	66	11	TA2425	Sarah	Kempen	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:21:38
48	67	12	TA2174	Madri	Meintjes	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:21:40
49	68	8	TA2290	Anita	Gifford	5km Trail Run/Walk	Female	55	Master (50-59)	01:21:43
50	69	13	TA2429	Leandi	Hefer	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:21:46
51	71	6	TA2284	Penny	Strydom	5km Trail Run/Walk	Female	76	Grand-Master (60+)	01:22:20
52	73	16	TA3036	Nandi	Huyser	5km Trail Run/Walk	Female	22	Senior (19-29)	01:22:34
53	74	17	TA2024	Laura	Water	5km Trail Run/Walk	Female	28	Senior (19-29)	01:22:37
54	75	9	TA2215	Julie	Waters	5km Trail Run/Walk	Female	57	Master (50-59)	01:22:40
55	76	2	TA0613	Caylin	Smit	5km Trail Run/Walk	Female	15	12 to 15	01:22:51
56	78	18	TA2674	Monique	Kruger	5km Trail Run/Walk	Female	28	Senior (19-29)	01:23:51
57	80	19	TA1291	Stephanie	Goodyer	5km Trail Run/Walk	Female	23	Senior (19-29)	01:25:47
58	83	14	TA1436	Anna	Stroud	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:44:52
59	87	15	TA2016	Leigh	Raymond	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:45:08
60	88	10	TA2158	Charmaine	Bruce	5km Trail Run/Walk	Female	54	Master (50-59)	01:54:45

2.5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0804	John	Fourie	2.5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:58:31
2	4	2	TA198	Werner	Leenen	2.5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:45:43

2.5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2039	Teresa	Fourie	2.5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:54:52
2	3	1	TA2054	Amy	Van Niekerk	2.5km Trail Run/Walk	Female	27	Senior (19-29)	01:25:19