

AdventureRun : Irene Golf Course

Owl Night RunWalk on 30th January 2019



10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	10km	Male	40	Veteran (40-49)	00:39:11
2	2	1	TA1801	Maurice	Van Heerden	10km	Male	35	Sub-Veteran (30-39)	00:44:21
3	3	2	TA0815	Timothy	Coventry	10km	Male	44	Veteran (40-49)	00:44:23
4	4	1	TA1516	Jw	Gey Van Pittius	10km	Male	29	Senior (19-29)	00:45:01
5	5	2	TA0856	Tshepho	Nchabeleng	10km	Male	20	Senior (19-29)	00:45:12
6	6	3	TA1169	Nicholas	Mbatha	10km	Male	41	Veteran (40-49)	00:45:43
7	7	2	TA2124	Pieter	Van Der Zwan	10km	Male	30	Sub-Veteran (30-39)	00:46:39
8	8	3	TA1027	Raymond	Phalanndwa	10km	Male	28	Senior (19-29)	00:47:08
9	10	3	TRAIL12057	Gideon	Hugo	10km	Male	31	Sub-Veteran (30-39)	00:47:29
10	12	4	TA2125	Cecil	Harley	10km	Male	22	Senior (19-29)	00:49:52
11	13	4	TA0692	Mc	Du Toit	10km	Male	39	Sub-Veteran (30-39)	00:49:58
12	14	4	TRAIL12341	Charles	Norman	10km	Male	40	Veteran (40-49)	00:50:02
13	16	5	TA2147	Garron	Gray	10km	Male	38	Sub-Veteran (30-39)	00:51:42
14	18	5	TA2252	Derek	Esterhuysen	10km	Male	44	Veteran (40-49)	00:51:58
15	19	6	TA2132	Kendal	Hibbert	10km	Male	34	Sub-Veteran (30-39)	00:51:59
16	20	7	TA2130	Rhynhardt	De Ridder	10km	Male	31	Sub-Veteran (30-39)	00:52:17
17	21	8	TA1068	Werner	Barnes	10km	Male	38	Sub-Veteran (30-39)	00:52:23
18	22	6	TA1031	Ted	Wood	10km	Male	48	Veteran (40-49)	00:52:30
19	23	7	TRAIL11806	Grant	Williams	10km	Male	44	Veteran (40-49)	00:52:40
20	24	8	TRAIL11732	Terrence	Brink	10km	Male	45	Veteran (40-49)	00:52:47
21	25	9	TA1046	Phillip	Van Heerden	10km	Male	46	Veteran (40-49)	00:53:19
22	26	9	TA1168	Clyde	Bow	10km	Male	37	Sub-Veteran (30-39)	00:54:00
23	27	10	TA1808	William	Harris	10km	Male	46	Veteran (40-49)	00:54:05
24	28	10	TA2166	Dewan	Lombard	10km	Male	31	Sub-Veteran (30-39)	00:54:08
25	30	11	TA1156	Justin	Heaney	10km	Male	43	Veteran (40-49)	00:54:20
26	31	11	TA0665	Jaco	Kleynhans	10km	Male	37	Sub-Veteran (30-39)	00:54:36
27	32	12	TA1879	Perry	French	10km	Male	42	Veteran (40-49)	00:55:25
28	34	13	TA0795	Mauro	Belotti	10km	Male	42	Veteran (40-49)	00:56:07
29	35	12	TA0667	William	Collatz	10km	Male	30	Sub-Veteran (30-39)	00:56:13
30	36	14	TA2309	Ludwig	Venter	10km	Male	40	Veteran (40-49)	00:56:18
31	37	13	TA2345	Yannick	Kala Konga	10km	Male	32	Sub-Veteran (30-39)	00:56:20
32	38	1	TA2119	Phetole	Manyama	10km	Male	56	Master (50-59)	00:56:58
33	39	14	TA1130	Thabo Brian	Mametja	10km	Male	35	Sub-Veteran (30-39)	00:57:01

34	40	5	TA2312	Coenraad	Claassens	10km	Male	27	Senior (19-29)	00:57:04
35	41	6	TRAIL12928	Saki	Marais	10km	Male	28	Senior (19-29)	00:57:57
36	43	7	TA1048	Damian	Roos	10km	Male	23	Senior (19-29)	00:58:22
37	45	15	TA1886	Sven-peter	Ladewig	10km	Male	46	Veteran (40-49)	00:59:47
38	46	8	TA0753	Jason	Cockerill	10km	Male	27	Senior (19-29)	00:59:55
39	48	1	TA0618	Werner	Jakoby	10km	Male	63	Grand-Master (60+)	01:01:24
40	49	15	TA2319	Deon	Willemse	10km	Male	32	Sub-Veteran (30-39)	01:01:43
41	50	9	TA1900	Reder	Van Der Merwe	10km	Male	28	Senior (19-29)	01:01:58
42	52	16	TA1852	Jacques	De Villiers	10km	Male	31	Sub-Veteran (30-39)	01:02:19
43	53	2	TA0752	Andre	Swart	10km	Male	60	Grand-Master (60+)	01:02:20
44	54	10	TA1199	Tinus	Van Zyl	10km	Male	27	Senior (19-29)	01:02:38
45	55	11	TA1037	Willie	De Beer	10km	Male	26	Senior (19-29)	01:02:39
46	56	17	TA1830	Jacques	Bannister	10km	Male	34	Sub-Veteran (30-39)	01:03:20
47	57	12	TRAIL10254	Alex	Maree	10km	Male	28	Senior (19-29)	01:03:52
48	59	3	TRAIL10171	Hennie	Prinsloo	10km	Male	63	Grand-Master (60+)	01:04:45
49	60	2	TA2219	Martin Mothusi	Mafojane	10km	Male	53	Master (50-59)	01:05:00
50	62	16	TA1062	Lance	Swartz	10km	Male	40	Veteran (40-49)	01:05:22
51	63	17	TA0719	Corne	Vermaak	10km	Male	41	Veteran (40-49)	01:05:24
52	64	18	TA0844	Christo	Pienaar	10km	Male	45	Veteran (40-49)	01:05:32
53	66	18	TA0759	David	Coleman	10km	Male	39	Sub-Veteran (30-39)	01:06:10
54	69	19	TA2286	Khoali	Tsotetsi	10km	Male	41	Veteran (40-49)	01:08:59
55	70	19	TA1889	Pieter	Janse Van Rensburg	10km	Male	32	Sub-Veteran (30-39)	01:09:28
56	72	13	TA2293	Hannes	Smith	10km	Male	29	Senior (19-29)	01:10:32
57	74	4	TA1846	Jacobus	Loots	10km	Male	68	Grand-Master (60+)	01:10:49
58	75	20	TA1860	Alphy	Mamabolo	10km	Male	37	Sub-Veteran (30-39)	01:11:20
59	76	21	TA0645	Gavin	Cronje	10km	Male	39	Sub-Veteran (30-39)	01:11:48
60	80	20	TA0659	Muzi	Manzi	10km	Male	46	Veteran (40-49)	01:13:58
61	81	21	TA1853	Bernhard	Westra	10km	Male	46	Veteran (40-49)	01:14:25
62	85	5	TA1173	Andreas	Te Reh	10km	Male	69	Grand-Master (60+)	01:18:28
63	88	3	TRAIL11476	Charles	Marais	10km	Male	59	Master (50-59)	01:22:03
64	89	22	TA2217	Sekhobe	Letsie	10km	Male	46	Veteran (40-49)	01:22:06
65	95	6	TA2168	Manie	Bosch	10km	Male	64	Grand-Master (60+)	01:40:58
66	97	14	TA1829	Liam	Templeton	10km	Male	21	Senior (19-29)	01:44:46
67	98	4	TA1868	William	Templeton	10km	Male	55	Master (50-59)	01:44:53
68	102	7	TA1043	Luc	Van Goidsenhoven	10km	Male	62	Grand-Master (60+)	02:03:40
69	104	8	TA1016	Elbert	Loubser	10km	Male	62	Grand-Master (60+)	02:06:54
70	105	9	TRAIL12109	Neville	Muir	10km	Male	80	Grand-Master (60+)	02:29:00

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	9	1	TRAIL11751	Yolande	Speedy	10km	Female	42	Veteran (40-49)	00:47:12
2	11	1	TA1828	Christelle	Rademan	10km	Female	24	Senior (19-29)	00:48:22
3	15	2	TRAIL10062	Nicky	Booyens	10km	Female	40	Veteran (40-49)	00:50:59
4	17	3	TA1125	Yvette	Rademan	10km	Female	44	Veteran (40-49)	00:51:55
5	29	1	TA1833	Amy	Harrington	10km	Female	31	Sub-Veteran (30-39)	00:54:13
6	33	2	TA1064	Chanel	Booyzen	10km	Female	25	Senior (19-29)	00:55:46
7	42	4	TA1030	Laetitia	Van Wyk	10km	Female	42	Veteran (40-49)	00:58:08
8	44	5	TA2343	Lara	Bayliss	10km	Female	46	Veteran (40-49)	00:59:13
9	47	2	TA1055	Alicia	Willemse	10km	Female	31	Sub-Veteran (30-39)	01:01:00
10	51	3	TA1811	Wynanda	Hibbert	10km	Female	33	Sub-Veteran (30-39)	01:02:12
11	58	6	TRAIL13015	Nadia	Bosch	10km	Female	47	Veteran (40-49)	01:03:56
12	61	1	TA1035	Anna Nomalanga	Mafojane	10km	Female	52	Master (50-59)	01:05:04
13	65	4	TRAIL12299	Janeane	Watt	10km	Female	37	Sub-Veteran (30-39)	01:06:00
14	67	5	TA2156	Nicolien	Ripken	10km	Female	31	Sub-Veteran (30-39)	01:08:37
15	68	6	TA0682	Chantell	Sinden	10km	Female	32	Sub-Veteran (30-39)	01:08:38
16	71	7	TA0739	Paula	Venzke	10km	Female	38	Sub-Veteran (30-39)	01:09:46
17	73	1	TA0709	Leonie	Loots	10km	Female	66	Grand-Master (60+)	01:10:46
18	77	8	TA0768	Bronwen	Cronje	10km	Female	34	Sub-Veteran (30-39)	01:11:51
19	78	3	TA2333	Maria	Van Der Merwe	10km	Female	26	Senior (19-29)	01:12:04
20	79	9	TA2247	Jeannie	Van Der Linde	10km	Female	36	Sub-Veteran (30-39)	01:12:04
21	82	4	TA1894	Nicci	Fernandes	10km	Female	26	Senior (19-29)	01:18:02
22	83	10	TA2240	Toni	Fernandes	10km	Female	30	Sub-Veteran (30-39)	01:18:05
23	84	7	TA2296	Ethel	Zulu	10km	Female	49	Veteran (40-49)	01:18:27
24	86	11	TA1129	Petro Nicolene	Smit	10km	Female	33	Sub-Veteran (30-39)	01:20:30
25	87	12	TA1863	Yolanda	Steyn	10km	Female	34	Sub-Veteran (30-39)	01:20:32
26	90	8	TA1867	Lolo	Letsie	10km	Female	42	Veteran (40-49)	01:22:09
27	91	13	TRAIL10815	Masego Innocentia	Motswasele	10km	Female	39	Sub-Veteran (30-39)	01:23:04
28	92	2	TA0812	Manuela	Jakoby	10km	Female	52	Master (50-59)	01:28:36
29	93	2	TA0847	Dot	Johnson	10km	Female	71	Grand-Master (60+)	01:40:58
30	94	3	TA1128	Lana	Bosch	10km	Female	60	Grand-Master (60+)	01:40:58
31	96	9	TA0863	Martie	Scotten	10km	Female	43	Veteran (40-49)	01:43:18
32	99	10	TRAIL10053	Adele	Sutherland	10km	Female	40	Veteran (40-49)	01:45:50
33	100	4	TRAIL12324	Frances	Steel	10km	Female	74	Grand-Master (60+)	01:49:00
34	101	5	TRAIL12321	Dorothy	Van Heerden	10km	Female	75	Grand-Master (60+)	01:49:10
35	103	3	TA1021	May	Van Der Walt	10km	Female	56	Master (50-59)	02:03:40

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0472	Reatlegile	Mosweu	5km	Male	14	12 to 15	00:18:20
2	3	1	TA0290	Tshepo	Ntsotsho	5km	Male	16	16 to 18	00:21:59
3	4	1	TA1673	Johnavon	Klopper	5km	Male	26	Senior (19-29)	00:24:34
4	5	1	TA1707	Roy	Grunewald	5km	Male	45	Veteran (40-49)	00:24:41
5	7	2	TA1796	Simon	Mahlangu	5km	Male	27	Senior (19-29)	00:25:06
6	9	3	TA0576	Alan	Pietersen	5km	Male	20	Senior (19-29)	00:25:39
7	11	4	TA1726	Francois	Bouwer	5km	Male	29	Senior (19-29)	00:26:32
8	12	2	TA0348	Karl Robert	Krause	5km	Male	45	Veteran (40-49)	00:27:00
9	13	3	TA0370	Eugene	Nel	5km	Male	41	Veteran (40-49)	00:27:07
10	14	1	TA0247	Robert	Wright	5km	Male	31	Sub-Veteran (30-39)	00:27:15
11	15	1	TA0476	Jacques	Engelbrecht	5km	Male	50	Master (50-59)	00:27:22
12	19	4	TRAIL10831	Fanie	Robbertse	5km	Male	46	Veteran (40-49)	00:28:25
13	20	2	TA0511	Johann	Booysen	5km	Male	35	Sub-Veteran (30-39)	00:28:59
14	23	1	TRAIL10759	Allen	West	5km	Male	64	Grand-Master (60+)	00:29:22
15	24	2	TRAIL12982	Rufan	Palm	5km	Male	62	Grand-Master (60+)	00:29:23
16	25	5	TA0299	Reinhardt	Steyn	5km	Male	27	Senior (19-29)	00:29:48
17	27	3	TA0424	Sipho	Mtsweni	5km	Male	33	Sub-Veteran (30-39)	00:29:56
18	28	5	TA0453	Impikona	Moyo	5km	Male	48	Veteran (40-49)	00:30:02
19	29	6	TA0392	Gunther	Stroebel	5km	Male	26	Senior (19-29)	00:30:04
20	30	4	TA0483	Dewald	Badenhorst	5km	Male	31	Sub-Veteran (30-39)	00:30:06
21	31	5	TRAIL10910	Dewan	Hamman	5km	Male	36	Sub-Veteran (30-39)	00:30:09
22	33	3	TA0341	Sampie	Bannister	5km	Male	61	Grand-Master (60+)	00:30:14
23	34	6	TA0185	Michael	Ellis	5km	Male	36	Sub-Veteran (30-39)	00:30:15
24	35	7	TA0250	Regardt	Van Vuuren	5km	Male	30	Sub-Veteran (30-39)	00:30:18
25	36	8	TA1671	Hannes	Du Preez	5km	Male	30	Sub-Veteran (30-39)	00:30:21
26	37	7	TA0029	Jp	Du Plessis	5km	Male	29	Senior (19-29)	00:30:41
27	38	8	TA1683	Albert	Catr	5km	Male	23	Senior (19-29)	00:30:43
28	40	6	TA0413	Nick	Bestbier	5km	Male	41	Veteran (40-49)	00:31:10
29	41	9	TA1572	Chris	Brand	5km	Male	36	Sub-Veteran (30-39)	00:31:23
30	43	9	TA1593	Ian	Vd Spuy	5km	Male	27	Senior (19-29)	00:31:32
31	46	7	TA0229	Jaco	Oosthuizen	5km	Male	47	Veteran (40-49)	00:32:01
32	47	2	TA0353	Ken	Harris	5km	Male	53	Master (50-59)	00:32:04
33	48	10	TA2161	Hennie	Nel	5km	Male	38	Sub-Veteran (30-39)	00:32:30
34	49	8	TA0267	Harry	Yebuah	5km	Male	46	Veteran (40-49)	00:32:33
35	51	9	TA0276	Martin	Jooste	5km	Male	45	Veteran (40-49)	00:32:39
36	53	10	TA0285	Jason	Boone	5km	Male	27	Senior (19-29)	00:33:11
37	60	11	TA0310	Michael	Dempsey	5km	Male	31	Sub-Veteran (30-39)	00:33:42
38	61	4	TA0408	Johann	Van Zyl	5km	Male	65	Grand-Master (60+)	00:33:49
39	63	3	TA0333	Jaco	Marais	5km	Male	50	Master (50-59)	00:34:02

40	64	4	TA0197	William Francis	Collatz	5km	Male	52	Master (50-59)	00:34:06
41	68	5	TRAIL13017	Johan	Snyman	5km	Male	51	Master (50-59)	00:35:14
42	71	6	TA0343	Driekus	Le Roux	5km	Male	51	Master (50-59)	00:35:41
43	75	11	TA0176	Arne	Jacobs	5km	Male	29	Senior (19-29)	00:36:06
44	77	10	TA1575	Andre	Lubbe	5km	Male	42	Veteran (40-49)	00:36:10
45	78	12	TA0288	Orlando	Da Faria	5km	Male	26	Senior (19-29)	00:36:12
46	80	11	TRAIL11847	James	Wood	5km	Male	41	Veteran (40-49)	00:36:17
47	82	12	TA1700	Julian	Golding	5km	Male	48	Veteran (40-49)	00:36:29
48	85	7	TA0332	Gary	Noakes	5km	Male	58	Master (50-59)	00:36:40
49	86	13	TA0220	Leon	Vuyk	5km	Male	47	Veteran (40-49)	00:36:42
50	93	8	TA0488	Hw	De Lange	5km	Male	55	Master (50-59)	00:37:44
51	94	14	TA1610	Lovemore	Seveni	5km	Male	40	Veteran (40-49)	00:37:52
52	95	9	TRAIL11168	Glyn	Boddy	5km	Male	54	Master (50-59)	00:37:53
53	108	10	TA0402	Andre	Maartens	5km	Male	53	Master (50-59)	00:39:39
54	110	2	TA0417	Karl	Collatz	5km	Male	15	12 to 15	00:39:43
55	113	3	TA0205	Luan	Kotze	5km	Male	13	12 to 15	00:39:52
56	118	13	TA2342	Johan	Van Der Merwe	5km	Male	29	Senior (19-29)	00:40:38
57	121	11	TA0179	Hardus	Nel	5km	Male	53	Master (50-59)	00:40:53
58	125	14	TA1888	Timesh	Ramlugaan	5km	Male	26	Senior (19-29)	00:40:59
59	126	15	TA1752	Charel	Du Plessis	5km	Male	25	Senior (19-29)	00:41:01
60	127	12	TA0227	Jacques	Human	5km	Male	34	Sub-Veteran (30-39)	00:41:13
61	129	13	TA0032	Godfrey	Letsoalo	5km	Male	30	Sub-Veteran (30-39)	00:41:22
62	134	15	TA1725	Mike	Bouwer	5km	Male	45	Veteran (40-49)	00:41:52
63	136	16	TA0211	Johan	Coetzer	5km	Male	44	Veteran (40-49)	00:42:00
64	141	12	TA0404	Danie	Coetzee	5km	Male	51	Master (50-59)	00:42:16
65	146	13	TA1174	Lizo	Sitsha	5km	Male	51	Master (50-59)	00:43:51
66	147	14	TA2213	Mark	Scotten	5km	Male	53	Master (50-59)	00:44:00
67	150	15	TRAIL12448	Pieter	Botha	5km	Male	52	Master (50-59)	00:45:40
68	152	14	TA0331	Zaakir	Salajee	5km	Male	38	Sub-Veteran (30-39)	00:45:51
69	159	1	TA0600	Daniel	Bester	5km	Male	8	Under 11	00:47:07
70	164	16	TA1659	Theunis	Bester	5km	Male	57	Master (50-59)	00:47:41
71	169	17	TRAIL10525	Anton	Munro	5km	Male	56	Master (50-59)	00:49:00
72	170	18	TA0368	Louis	Jansen Van Rensburg	5km	Male	55	Master (50-59)	00:49:05
73	175	19	TA1715	Rene	Van Eck	5km	Male	59	Master (50-59)	00:50:57
74	180	20	TA0455	Geoff	Twomey	5km	Male	58	Master (50-59)	00:53:15
75	181	21	TA0449	Paul	Mullon	5km	Male	59	Master (50-59)	00:53:18
76	186	15	TA1749	Jaco	Meyer	5km	Male	33	Sub-Veteran (30-39)	00:53:40
77	189	16	TA0077	Werner	Rossouw	5km	Male	28	Senior (19-29)	00:53:49
78	190	17	TA1548	Michiel	Andries	5km	Male	27	Senior (19-29)	00:53:51
79	199	2	TA0036	Aaron	Davy	5km	Male	9	Under 11	00:56:11
80	200	16	TA1785	Stewart	Longhurst	5km	Male	33	Sub-Veteran (30-39)	00:56:38
81	204	17	TRAIL10816	Garreth	Browne	5km	Male	30	Sub-Veteran (30-39)	01:02:47

82	206	18	TA0554	Kelso	Todd	5km	Male	33	Sub-Veteran (30-39)	01:02:58
83	209	22	TA0153	Ej	Bernardo	5km	Male	51	Master (50-59)	01:06:32
84	210	23	TA0163	Gerrie	Pretorius	5km	Male	56	Master (50-59)	01:06:33
85	216	19	TA1767	Christo	Lourens	5km	Male	38	Sub-Veteran (30-39)	01:09:36
86	217	20	TA0303	Reyno	Dempers	5km	Male	39	Sub-Veteran (30-39)	01:19:57

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL13075	Basetsana	Maphosa	5km	Female	13	12 to 15	00:21:56
2	6	2	TRAIL13074	Sesi	Molapo	5km	Female	12	12 to 15	00:24:54
3	8	1	TA0344	Ane	Havenga	5km	Female	24	Senior (19-29)	00:25:31
4	10	1	TA0167	Emilia	Du Preez	5km	Female	37	Sub-Veteran (30-39)	00:25:50
5	16	2	TA1665	Monica	Booysen	5km	Female	33	Sub-Veteran (30-39)	00:27:45
6	17	3	TRAIL10930	Zancia	Swart	5km	Female	31	Sub-Veteran (30-39)	00:27:47
7	18	2	TA0122	Lourika	Fick	5km	Female	24	Senior (19-29)	00:28:22
8	21	1	TA1735	Lydia	Lewis	5km	Female	47	Veteran (40-49)	00:29:12
9	22	3	TA0258	Denise	Nelson	5km	Female	29	Senior (19-29)	00:29:15
10	26	4	TA0204	Rhonwen	Steyn	5km	Female	27	Senior (19-29)	00:29:49
11	32	4	TRAIL10891	Tina	Bredenkamp	5km	Female	35	Sub-Veteran (30-39)	00:30:10
12	39	5	TA0210	Amanda	Van Zyl	5km	Female	26	Senior (19-29)	00:30:59
13	42	5	TA0559	Natasha	Neethling	5km	Female	35	Sub-Veteran (30-39)	00:31:24
14	44	6	TA1622	Stephanie	Bouwer	5km	Female	27	Senior (19-29)	00:31:33
15	45	7	TA0376	Claudia	Tredoux	5km	Female	24	Senior (19-29)	00:31:59
16	50	1	TRAIL12290	Georgina	Bester	5km	Female	54	Master (50-59)	00:32:34
17	52	6	TRAIL11074	Larissa	West	5km	Female	35	Sub-Veteran (30-39)	00:32:56
18	54	2	TA1693	Rika	Van Vuuren	5km	Female	40	Veteran (40-49)	00:33:25
20	56	7	TA2129	Retha-mari	Green	5km	Female	31	Sub-Veteran (30-39)	00:33:31
21	57	8	TA0283	Stephany	Venter	5km	Female	36	Sub-Veteran (30-39)	00:33:32
22	58	9	TA0121	Nadia	Dempsey	5km	Female	31	Sub-Veteran (30-39)	00:33:37
23	59	10	TA0312	Marli	Lombard	5km	Female	31	Sub-Veteran (30-39)	00:33:41
24	62	11	TA0596	Renata	Botma	5km	Female	32	Sub-Veteran (30-39)	00:34:00
25	65	2	TA0378	Karin	Fraser	5km	Female	52	Master (50-59)	00:34:14
26	66	12	TRAIL12665	Adri	Slabbert	5km	Female	38	Sub-Veteran (30-39)	00:34:30
27	67	8	TA0031	Surita	Nel	5km	Female	27	Senior (19-29)	00:34:42
28	69	13	TA0184	Julia	Van Heerden	5km	Female	38	Sub-Veteran (30-39)	00:35:18
29	70	3	TA1625	Valerie	Pretorius	5km	Female	50	Master (50-59)	00:35:39
30	72	14	TA0002	Nanette	Peacock	5km	Female	35	Sub-Veteran (30-39)	00:35:55
31	73	9	TA0504	Tamylin	Farquhar	5km	Female	27	Senior (19-29)	00:35:56
32	74	10	TA0188	Maryke	De Faria	5km	Female	26	Senior (19-29)	00:35:58
33	76	3	TA0477	Wilma	De Kock	5km	Female	42	Veteran (40-49)	00:36:09
34	79	15	TRAIL11464	Tracy Lee	Goncalves	5km	Female	39	Sub-Veteran (30-39)	00:36:13
35	81	4	TA0416	Elizabeth	Hammond	5km	Female	41	Veteran (40-49)	00:36:21
36	83	16	TA0471	Liezel	Du Preez	5km	Female	31	Sub-Veteran (30-39)	00:36:32
37	84	11	TA0245	Lisa	Jansen Van Rensburg	5km	Female	27	Senior (19-29)	00:36:36
38	87	1	TA0041	Manda	Bannister	5km	Female	63	Grand-Master (60+)	00:36:44
39	88	12	TA1691	Chantelle	Breed	5km	Female	26	Senior (19-29)	00:37:26
40	89	5	TA0545	Natasha	Vairy	5km	Female	47	Veteran (40-49)	00:37:29

41	90	13	TA0444	Yolandi	Jacobs	5km	Female	26	Senior (19-29)	00:37:33
42	91	17	TA0251	Jacky	Matumba	5km	Female	34	Sub-Veteran (30-39)	00:37:34
43	92	18	TA0362	Salome	Beeslaar	5km	Female	35	Sub-Veteran (30-39)	00:37:36
44	96	19	TA1566	Marinda	Marais	5km	Female	31	Sub-Veteran (30-39)	00:38:20
46	98	15	TA0172	Esmarie	Engelbretch	5km	Female	26	Senior (19-29)	00:38:33
47	99	16	TA1546	Lizanne	Swanepoel	5km	Female	24	Senior (19-29)	00:38:35
48	100	17	TA0242	Tamsonne	Vairy	5km	Female	27	Senior (19-29)	00:38:39
49	101	6	TA0009	Hanlie	Miller	5km	Female	44	Veteran (40-49)	00:38:45
50	102	4	TRAIL11337	Sandra	Austin	5km	Female	50	Master (50-59)	00:39:07
51	103	18	TRAIL12545	Nicole	Austin	5km	Female	23	Senior (19-29)	00:39:09
52	104	7	TRAIL10850	Wika	Esterhuizen	5km	Female	46	Veteran (40-49)	00:39:15
53	105	8	TA0231	Liezil	Pienaar	5km	Female	48	Veteran (40-49)	00:39:22
54	106	19	TA0397	Anri	Greyling	5km	Female	29	Senior (19-29)	00:39:25
55	107	20	TA1620	Elishia	Van Buuren	5km	Female	29	Senior (19-29)	00:39:35
56	109	5	TA0168	Annette	Cater	5km	Female	55	Master (50-59)	00:39:41
57	111	20	TA0445	Madelize	Visagie	5km	Female	30	Sub-Veteran (30-39)	00:39:45
58	112	9	TA0508	Jana	Botha	5km	Female	44	Veteran (40-49)	00:39:47
59	114	21	TA0169	Hendrien	Hanekom	5km	Female	24	Senior (19-29)	00:40:00
60	115	22	TA0359	Cornel	Burger	5km	Female	28	Senior (19-29)	00:40:02
61	116	6	TA0377	Erika	Bester	5km	Female	54	Master (50-59)	00:40:08
62	117	23	TA0794	Carmen	Van Der Merwe	5km	Female	27	Senior (19-29)	00:40:37
63	119	7	TA0369	Hannelie	Collatz	5km	Female	51	Master (50-59)	00:40:42
64	120	10	TA0388	Vanda	Coetzee	5km	Female	49	Veteran (40-49)	00:40:46
65	122	11	TA0374	Zanele	Maseko	5km	Female	45	Veteran (40-49)	00:40:55
66	123	21	TA1552	Natasha	Schutte	5km	Female	36	Sub-Veteran (30-39)	00:40:56
67	124	12	TA0651	Alet	Opperman	5km	Female	49	Veteran (40-49)	00:40:58
68	128	22	TA0386	Amelia	Wright	5km	Female	30	Sub-Veteran (30-39)	00:41:15
69	130	23	TRAIL12990	Ingrid	Betton	5km	Female	32	Sub-Veteran (30-39)	00:41:25
70	131	8	TRAIL11880	Luitha	Dafel	5km	Female	58	Master (50-59)	00:41:43
71	132	13	TA0462	Hannelie	Van Heerden	5km	Female	43	Veteran (40-49)	00:41:44
72	133	24	TA1784	Kelly	Fraser	5km	Female	20	Senior (19-29)	00:41:46
73	135	2	TA0421	Arene	Coetzer	5km	Female	10	Under 11	00:41:55
74	137	9	TA1799	Cilette	Harris	5km	Female	52	Master (50-59)	00:42:04
75	138	14	TA0490	Corneli	Oosthuizen	5km	Female	47	Veteran (40-49)	00:42:06
76	139	10	TRAIL11833	Petra	Le Roux	5km	Female	57	Master (50-59)	00:42:07
77	140	11	TA0527	Lynette	Tredoux	5km	Female	53	Master (50-59)	00:42:14
78	142	15	TA0051	Inri	Moller	5km	Female	45	Veteran (40-49)	00:42:22
79	143	25	TA0302	Deidre	Jacobs	5km	Female	29	Senior (19-29)	00:42:41
80	144	26	TA0565	Ivanka Olivia	Edwards	5km	Female	22	Senior (19-29)	00:43:26
81	145	27	TA0086	Ingrid	Behrens	5km	Female	24	Senior (19-29)	00:43:31
82	148	28	TA0084	Felicia	Wessels	5km	Female	25	Senior (19-29)	00:45:00
83	149	16	TA0403	Ren	Bernardo	5km	Female	43	Veteran (40-49)	00:45:34

84	151	12	TRAIL12426	Lize	Botha	5km	Female	50	Master (50-59)	00:45:41
85	153	17	TA0001	Nazlie	Nelson	5km	Female	45	Veteran (40-49)	00:46:16
86	154	13	TA0409	Christa	Van Niekerk	5km	Female	50	Master (50-59)	00:46:19
87	155	29	TA0405	Lezaan	Robertson	5km	Female	24	Senior (19-29)	00:46:21
88	156	14	TA1583	Annika	Marais	5km	Female	55	Master (50-59)	00:46:41
89	157	24	TA0237	Carmen	Brummer	5km	Female	38	Sub-Veteran (30-39)	00:46:48
90	158	25	TA0433	Ina	Hugo	5km	Female	34	Sub-Veteran (30-39)	00:46:50
91	160	26	TA0357	Deonette	Hayes	5km	Female	32	Sub-Veteran (30-39)	00:47:25
92	161	27	TRAIL12727	Jenny	Prinsloo	5km	Female	35	Sub-Veteran (30-39)	00:47:27
93	162	28	TA0529	Inge	Danieel	5km	Female	30	Sub-Veteran (30-39)	00:47:32
94	163	30	TA0096	Anzel	Coetzee	5km	Female	19	Senior (19-29)	00:47:35
95	165	29	TA0085	Vuyo	Nombila	5km	Female	31	Sub-Veteran (30-39)	00:47:55
96	166	30	TA0843	Patiswa	Mabentsela	5km	Female	39	Sub-Veteran (30-39)	00:48:11
97	167	18	TA1636	Nicky	Wessels	5km	Female	47	Veteran (40-49)	00:48:35
98	168	19	TA1467	Olaotse	Matshane	5km	Female	43	Veteran (40-49)	00:48:44
99	171	15	TA0570	Anna-marie	Jansen Van Rensburg	5km	Female	54	Master (50-59)	00:49:07
100	172	20	TA0043	Cornelia	Aldum	5km	Female	47	Veteran (40-49)	00:49:09
101	173	31	TA0346	Doreen	Mphahlele	5km	Female	33	Sub-Veteran (30-39)	00:50:18
102	174	16	TA0306	Chrizel	Strauss	5km	Female	52	Master (50-59)	00:50:55
103	176	21	TA0807	Theresa	Bosch	5km	Female	47	Veteran (40-49)	00:51:04
104	177	31	TA0371	Lerato	Nkuna	5km	Female	29	Senior (19-29)	00:51:16
105	178	22	TA0384	Antonet	Coetzer	5km	Female	42	Veteran (40-49)	00:52:35
106	179	17	TA1612	Nikki	Twomey	5km	Female	55	Master (50-59)	00:53:13
107	182	23	TA1873	Wendy	Eales	5km	Female	45	Veteran (40-49)	00:53:23
108	183	24	TA0284	Chantel	Davy	5km	Female	42	Veteran (40-49)	00:53:29
109	184	32	TA0673	Happiness	Molefe	5km	Female	38	Sub-Veteran (30-39)	00:53:34
110	185	25	TA2128	Michelle	Layte	5km	Female	42	Veteran (40-49)	00:53:36
111	187	32	TA0272	Lorraine	Buys	5km	Female	27	Senior (19-29)	00:53:42
112	188	33	TA1734	Meghan	Rossouw	5km	Female	29	Senior (19-29)	00:53:45
113	191	18	TA0330	Marlene	Jordaan	5km	Female	52	Master (50-59)	00:53:55
114	192	26	TA1768	Janine	Botha	5km	Female	48	Veteran (40-49)	00:53:56
115	193	34	TA1065	Anje	Bosch	5km	Female	20	Senior (19-29)	00:53:58
116	194	19	TRAIL10339	Busi	Ngwenya	5km	Female	50	Master (50-59)	00:54:14
117	195	27	TA1663	Liziwe	Nkonyana	5km	Female	44	Veteran (40-49)	00:54:16
118	196	28	TA0238	Francine	Lamprecht	5km	Female	44	Veteran (40-49)	00:55:33
119	197	33	TA0349	Ursula	Pretorius	5km	Female	39	Sub-Veteran (30-39)	00:55:36
120	198	35	TA1596	Chereé	Du Rand	5km	Female	26	Senior (19-29)	00:55:41
121	201	20	TA0320	Hannelie	Burger	5km	Female	53	Master (50-59)	00:56:43
122	202	29	TA0196	Natasha	Roos	5km	Female	43	Veteran (40-49)	00:57:19
123	203	30	TRAIL11923	Mathilda	Williams	5km	Female	49	Veteran (40-49)	00:59:01
124	205	36	TRAIL10803	Tasmyn	Browne	5km	Female	29	Senior (19-29)	01:02:49
125	207	34	TA0298	Cisca	Todd	5km	Female	31	Sub-Veteran (30-39)	01:02:59

126	208	2	TA1708	Elise	Loubser	5km	Female	66	Grand-Master (60+)	01:04:21
127	211	31	TA0575	Megan	Marais	5km	Female	40	Veteran (40-49)	01:08:30
128	212	3	TA1519	Gillian	Fowler	5km	Female	73	Grand-Master (60+)	01:08:33
129	213	37	TA1655	Yolanda	Bouwer	5km	Female	28	Senior (19-29)	01:09:31
130	214	3	TA0151	Ava	Lourens	5km	Female	1	Under 11	01:09:34
131	215	35	TA1681	Juanita	Lourens	5km	Female	33	Sub-Veteran (30-39)	01:09:35
132	218	36	TA1728	Maritza	Pretorius	5km	Female	33	Sub-Veteran (30-39)	01:20:02