

AdventureRun : The Big Red Barn

Barn Trail Run/Walk on 27th January 2019



21km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	21km Trail Run/Walk	Male	40	Veteran (40-49)	01:24:02
2	2	1	TA2616	Marthinus	Steyn	21km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:38:10
3	3	2	TA2656	Ashley	Benatar	21km Trail Run/Walk	Male	45	Veteran (40-49)	01:42:58
4	4	3	TA2674	Konstant	Greyling	21km Trail Run/Walk	Male	41	Veteran (40-49)	01:48:46
5	5	4	TA2420	Johann	Jordaan	21km Trail Run/Walk	Male	43	Veteran (40-49)	01:49:52
6	6	5	TA2447	Richard	Akeroyd	21km Trail Run/Walk	Male	43	Veteran (40-49)	01:52:33
7	8	6	TA3053	Daniel	Goedhals	21km Trail Run/Walk	Male	46	Veteran (40-49)	02:01:55
8	9	1	TA2650	Jaco	Smith	21km Trail Run/Walk	Male	29	Senior (19-29)	02:04:34
9	11	7	TRAIL12341	Charles	Norman	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:05:19
10	12	2	TA3473	Martin	Groenewald	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	02:06:08
11	14	8	TA2912	Armand	Van Der Merwe	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:08:40
12	16	9	TA2555	Richard	Goodchild	21km Trail Run/Walk	Male	40	Veteran (40-49)	02:09:42
13	18	2	TA2938	Calvin	Erlank	21km Trail Run/Walk	Male	27	Senior (19-29)	02:16:15
14	19	10	TA2669	Dick	Brand	21km Trail Run/Walk	Male	48	Veteran (40-49)	02:28:23
15	21	11	TA3058	Koos	Janse Van Rensburg	21km Trail Run/Walk	Male	46	Veteran (40-49)	02:50:39

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TA3499	Tracey	Akeroyd	21km Trail Run/Walk	Female	42	Veteran (40-49)	01:58:43
2	10	1	TA3478	Carla Lea	Farina	21km Trail Run/Walk	Female	29	Senior (19-29)	02:05:18
3	13	1	TA2696	Nikki	Caromba	21km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	02:06:27
4	15	2	TA2929	Sam	Ryder	21km Trail Run/Walk	Female	45	Veteran (40-49)	02:09:19
5	17	2	TA2931	Kirsty	Rault	21km Trail Run/Walk	Female	27	Senior (19-29)	02:11:00
6	20	3	TA2526	Maitele	Tshifularo	21km Trail Run/Walk	Female	49	Veteran (40-49)	02:47:13
7	22	3	TA3059	Tumelo	Munzhelele	21km Trail Run/Walk	Female	26	Senior (19-29)	03:16:07

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3505	Tim	Price	15km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:15:06
2	2	2	TRAIL12963	Tim	Walwyn	15km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:15:25
3	4	1	TA3049	Prince	Motswenyane	15km Trail Run/Walk	Male	43	Veteran (40-49)	01:21:48
4	5	3	TA3019	Wayne	Coetzee	15km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:22:49
5	6	4	TA2623	Roger	Pitt	15km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:24:21
6	7	1	TRAIL12799	Andrew	Noakes	15km Trail Run/Walk	Male	25	Senior (19-29)	01:24:28
7	8	5	TA2536	Trevor	Walsh	15km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:26:49
8	9	1	TA3466	Eric	Wasserman	15km Trail Run/Walk	Male	56	Master (50-59)	01:28:47
9	11	6	TA3070	Klaus	Herrmann	15km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:31:56
10	12	2	TA2914	Luan	Van Rhyn	15km Trail Run/Walk	Male	40	Veteran (40-49)	01:32:00
11	13	2	TA3479	Theo	Pieterse	15km Trail Run/Walk	Male	52	Master (50-59)	01:32:42
12	15	3	TA3048	Micheal	Herst	15km Trail Run/Walk	Male	57	Master (50-59)	01:33:52
13	17	7	TA2956	Derek	Mccarthy	15km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:34:48
14	18	2	TA3035	Mller	Goedhals	15km Trail Run/Walk	Male	21	Senior (19-29)	01:36:02
15	19	3	TA3026	Dorian	Pretorius	15km Trail Run/Walk	Male	44	Veteran (40-49)	01:37:47
16	20	8	TA2950	Andrew	Wilkins	15km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:37:56
17	21	9	TA2981	Matthew	Abdo	15km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:37:59
18	22	4	TA2629	Philippus Carel	Breytenbach	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:38:03
19	23	10	TA2522	Ian	Taljaard	15km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:40:17
20	24	4	TRAIL12643	Bryan	Mccourt	15km Trail Run/Walk	Male	52	Master (50-59)	01:44:47
21	27	5	TA2945	Gavin	Pitt	15km Trail Run/Walk	Male	40	Veteran (40-49)	01:48:06
22	28	3	TA2432	Takura	Wekwete	15km Trail Run/Walk	Male	27	Senior (19-29)	01:48:16
23	29	11	TA3007	Reinhardt	Paulson	15km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:51:57
24	32	4	TA3054	Hendri	Van Niekerk	15km Trail Run/Walk	Male	29	Senior (19-29)	02:16:53
25	37	5	TA2538	Sean	Du Toit	15km Trail Run/Walk	Male	53	Master (50-59)	02:56:32

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA3443	Nadine	Breytenbach	15km Trail Run/Walk	Female	41	Veteran (40-49)	01:19:14
2	10	1	TA2632	Rinel	Mclaren	15km Trail Run/Walk	Female	26	Senior (19-29)	01:31:52
3	14	2	TA3489	Tamryn	Paulsen	15km Trail Run/Walk	Female	27	Senior (19-29)	01:33:45
4	16	3	TA2617	Sabrina	Daolio	15km Trail Run/Walk	Female	26	Senior (19-29)	01:34:05
5	25	1	TA2992	Debre	Herst	15km Trail Run/Walk	Female	52	Master (50-59)	01:44:52
6	26	2	TA2553	Gerda	Pieterse	15km Trail Run/Walk	Female	51	Master (50-59)	01:46:44
7	30	2	TA2670	Marina	Conley	15km Trail Run/Walk	Female	41	Veteran (40-49)	02:04:51
8	31	3	TA2993	Thabisa	Mange	15km Trail Run/Walk	Female	44	Veteran (40-49)	02:07:45
9	33	4	TA2924	Susan	De Bruin	15km Trail Run/Walk	Female	46	Veteran (40-49)	02:24:17
10	34	1	TA2692	Margaret	Mackintosh	15km Trail Run/Walk	Female	63	Grand-Master (60+)	02:56:23
11	35	3	TA2908	Glynis	Ryan	15km Trail Run/Walk	Female	55	Master (50-59)	02:56:29
12	36	4	TA2508	Sabra	Fisher	15km Trail Run/Walk	Female	57	Master (50-59)	02:56:30
13	38	5	TA2621	Maria	Kyriacou	15km Trail Run/Walk	Female	59	Master (50-59)	02:56:33

10km Trail Run /walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL13076	Reatlegile	Mosweu	10km Trail Run /walk	Male	14	12 to 15	00:46:02
2	3	1	TA1016	Heine	Weitz	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	00:53:30
3	4	2	TA0815	Dshorne	Human	10km Trail Run /walk	Male	39	Sub-Veteran (30-39)	00:54:55
4	5	3	TA1808	Martiens	De Jager	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	00:54:58
5	6	4	TA0739	Tarquin	Bishop	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	00:56:00
6	7	5	TA2108	Lloyd	Kouwenhoven	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	00:56:21
7	8	1	TA2204	Jason	Wright	10km Trail Run /walk	Male	22	Senior (19-29)	00:56:54
8	10	6	TA0693	Francois	Labuschagne	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	00:57:12
9	11	7	TA1043	Matthew	Hume	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	00:58:58
10	12	1	TA0817	Samuel James	Aldum	10km Trail Run /walk	Male	48	Veteran (40-49)	00:59:23
11	13	8	TA2219	Doug	Momberg	10km Trail Run /walk	Male	35	Sub-Veteran (30-39)	00:59:45
12	15	2	TA1829	Conrad	Langerman	10km Trail Run /walk	Male	44	Veteran (40-49)	01:00:16
13	16	3	TA1166	Jabez	Steenkamp	10km Trail Run /walk	Male	46	Veteran (40-49)	01:00:22
14	17	2	TA1055	Jaco	Van Staden	10km Trail Run /walk	Male	28	Senior (19-29)	01:00:44
15	19	4	TA1035	Ulrich	Bormann	10km Trail Run /walk	Male	40	Veteran (40-49)	01:01:21
16	20	9	TA0751	Shaun	Bennie	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	01:01:44
17	22	5	TA0843	Brett	Claasen	10km Trail Run /walk	Male	44	Veteran (40-49)	01:02:50
18	23	3	TRAIL12928	Saki	Marais	10km Trail Run /walk	Male	28	Senior (19-29)	01:02:56
19	24	1	TA1879	Gerald	Steyn	10km Trail Run /walk	Male	67	Grand-Master (60+)	01:03:00
20	25	10	TA2111	Byron	Kouwenhoven	10km Trail Run /walk	Male	30	Sub-Veteran (30-39)	01:03:45
21	27	2	TRAIL10759	Allen	West	10km Trail Run /walk	Male	64	Grand-Master (60+)	01:04:32
22	32	1	TA2147	Michael	Summerfield	10km Trail Run /walk	Male	59	Master (50-59)	01:06:39
23	35	2	TA2138	Joseph	Jeurissen	10km Trail Run /walk	Male	12	12 to 15	01:06:50
24	40	2	TA2318	Robbie	Morton	10km Trail Run /walk	Male	58	Master (50-59)	01:07:28
25	42	3	TA2217	John	Kollen	10km Trail Run /walk	Male	59	Master (50-59)	01:07:41
26	46	11	TA2243	Adam	Smith	10km Trail Run /walk	Male	39	Sub-Veteran (30-39)	01:10:00
27	47	12	TA1860	Chris	Barrett	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	01:10:34
28	52	6	TA0673	Riaan	Davel	10km Trail Run /walk	Male	43	Veteran (40-49)	01:11:31
29	55	13	TA1039	Brent	Venter	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	01:11:53
30	57	7	TA0651	Johan	Schoeman	10km Trail Run /walk	Male	44	Veteran (40-49)	01:12:40
31	65	4	TA1813	Gary	Noakes	10km Trail Run /walk	Male	58	Master (50-59)	01:15:43
32	66	14	TA2252	Denzil	Wortmann	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	01:16:20
33	68	15	TA2222	Neil	Wortmann	10km Trail Run /walk	Male	34	Sub-Veteran (30-39)	01:16:28
34	71	16	TA1199	Robert	Herbst	10km Trail Run /walk	Male	37	Sub-Veteran (30-39)	01:16:57
35	78	8	TA1028	Donald	Young	10km Trail Run /walk	Male	49	Veteran (40-49)	01:21:42
36	85	5	TA2307	Ockie	Schoeman	10km Trail Run /walk	Male	51	Master (50-59)	01:25:10
37	88	17	TA0856	Sinovuyo	Balfour	10km Trail Run /walk	Male	36	Sub-Veteran (30-39)	01:26:37
38	95	18	TA0732	Colin	Dix	10km Trail Run /walk	Male	38	Sub-Veteran (30-39)	01:30:38
39	96	6	TA0795	Warren	Flood	10km Trail Run /walk	Male	51	Master (50-59)	01:30:40
40	100	19	TA2170	Albert	Glaus	10km Trail Run /walk	Male	33	Sub-Veteran (30-39)	01:36:09

41	112	3	TA2296	Desmond	Bailey	10km Trail Run /walk	Male	65	Grand-Master (60+)	01:54:35
42	114	9	TRAIL12520	Charles	Muller	10km Trail Run /walk	Male	48	Veteran (40-49)	01:56:29
43	115	10	TA0807	Clive	Schoeman	10km Trail Run /walk	Male	41	Veteran (40-49)	01:56:31
44	124	7	TA1018	Valeri	Petrov	10km Trail Run /walk	Male	58	Master (50-59)	02:57:22

10km Trail Run /walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL13075	Basetsana	Maphosa	10km Trail Run /walk	Female	13	12 to 15	00:51:53
2	9	1	TA2143	Miche	Pretorius	10km Trail Run /walk	Female	21	Senior (19-29)	00:56:58
3	14	1	TA0754	Marelene	Weitz	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:00:11
4	18	2	TRAIL12658	Zamile	Njoko	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:01:19
5	21	3	TA0824	Catherine	Mc Carthy	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:02:22
6	26	1	TA1125	Giesela	Wasserman	10km Trail Run /walk	Female	55	Master (50-59)	01:03:50
7	28	4	TA0728	Luce'	Van Der Linde	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	01:04:59
8	29	1	TRAIL13015	Nadia	Bosch	10km Trail Run /walk	Female	47	Veteran (40-49)	01:06:02
9	30	2	TRAIL12290	Georgina	Bester	10km Trail Run /walk	Female	54	Master (50-59)	01:06:13
10	31	5	TA2342	Kelly	Summerfield	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:06:27
11	33	2	TA2210	Rosalind	Roy	10km Trail Run /walk	Female	46	Veteran (40-49)	01:06:40
12	34	2	TA0992	Annemarie	Olivier	10km Trail Run /walk	Female	27	Senior (19-29)	01:06:49
13	36	6	TA2116	Georgina	Jerissen	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:06:52
14	37	1	TA2124	Riana	Botha	10km Trail Run /walk	Female	64	Grand-Master (60+)	01:07:03
15	38	2	TA2286	Evelyn	Dix	10km Trail Run /walk	Female	63	Grand-Master (60+)	01:07:04
16	39	3	TA2343	Annamarie	French	10km Trail Run /walk	Female	63	Grand-Master (60+)	01:07:07
17	41	3	TA1161	Tracy	Bawden	10km Trail Run /walk	Female	41	Veteran (40-49)	01:07:33
18	43	4	TA2232	Daleen	Grobler	10km Trail Run /walk	Female	62	Grand-Master (60+)	01:08:43
19	44	3	TA0823	Lerato	Makhura	10km Trail Run /walk	Female	27	Senior (19-29)	01:09:18
20	45	7	TA1175	Somande	Brown	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:09:55
21	48	3	TA0812	Suzanne	Ayres	10km Trail Run /walk	Female	52	Master (50-59)	01:10:45
22	49	4	TA2209	Mercy	Moloto	10km Trail Run /walk	Female	26	Senior (19-29)	01:10:49
23	50	5	TA0781	Jacquie	Du Toit	10km Trail Run /walk	Female	62	Grand-Master (60+)	01:10:56
24	51	4	TA2240	Caroline	Henry	10km Trail Run /walk	Female	52	Master (50-59)	01:11:11
25	53	8	TA1868	Riana	Lourens	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:11:47
26	54	9	TA2293	Kristen	Lachenicht	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:11:49
27	56	4	TA2161	Elizma	Schoeman	10km Trail Run /walk	Female	45	Veteran (40-49)	01:12:38
28	58	5	TA0794	Paula	Taylor	10km Trail Run /walk	Female	50	Master (50-59)	01:13:32
29	59	10	TA2311	Corrie	Wright	10km Trail Run /walk	Female	35	Sub-Veteran (30-39)	01:14:00
30	60	11	TA2299	Leslie	Grandet	10km Trail Run /walk	Female	31	Sub-Veteran (30-39)	01:14:10
31	61	12	TA2273	Natalie	Coetzee	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:14:12
32	62	5	TA1835	Samantha	Holle	10km Trail Run /walk	Female	40	Veteran (40-49)	01:14:34
33	63	13	TA2129	Carin	Jones	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:14:41
34	64	6	TA1063	Leigh	Sheppard	10km Trail Run /walk	Female	44	Veteran (40-49)	01:14:43
35	67	7	TA0659	Anneli	Van Den Berg	10km Trail Run /walk	Female	41	Veteran (40-49)	01:16:24
36	69	8	TA2278	Sharon	Van Nikkelen-kuyper	10km Trail Run /walk	Female	45	Veteran (40-49)	01:16:33
37	70	14	TA1852	Chantelle	Roddan	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:16:53
38	72	9	TA0861	Alison	Nisbet	10km Trail Run /walk	Female	48	Veteran (40-49)	01:18:52
39	73	15	TA2255	Morgana	Robbertze	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:19:42
40	74	5	TA1185	Primrose	Mkhwanazi	10km Trail Run /walk	Female	24	Senior (19-29)	01:20:05

41	75	6	TA1118	Chevonne	Stevens	10km Trail Run /walk	Female	29	Senior (19-29)	01:20:21
42	76	10	TA0643	Silvana	Carraggi	10km Trail Run /walk	Female	48	Veteran (40-49)	01:20:42
43	77	6	TA1068	Marie	Janse Van Rensburg	10km Trail Run /walk	Female	64	Grand-Master (60+)	01:21:09
44	79	16	TA1030	Tanya	Donkin	10km Trail Run /walk	Female	38	Sub-Veteran (30-39)	01:21:43
45	80	17	TA1888	Lorraine	Nzimande	10km Trail Run /walk	Female	30	Sub-Veteran (30-39)	01:21:58
46	81	6	TA2125	Annette	Muller	10km Trail Run /walk	Female	58	Master (50-59)	01:22:47
47	82	18	TA0803	Bonita	Steenkamp	10km Trail Run /walk	Female	36	Sub-Veteran (30-39)	01:24:04
48	83	19	TA1038	Nolwazi	Dlamini	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:24:15
49	84	20	TA0768	Helen	Crous	10km Trail Run /walk	Female	36	Sub-Veteran (30-39)	01:25:06
50	86	21	TA1156	Rufaro	Changamire	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	01:25:39
51	87	22	TA0866	Ayanda	Balfour	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	01:26:29
52	89	23	TA1033	Samantha	Viney	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	01:26:55
53	90	24	TA2331	Kerry	Bok	10km Trail Run /walk	Female	34	Sub-Veteran (30-39)	01:26:56
54	91	25	TA0719	Justene	Smith	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:28:41
55	92	11	TA2319	Surieta	Greyling	10km Trail Run /walk	Female	44	Veteran (40-49)	01:28:46
56	93	26	TA2213	Thobile	Ntuli	10km Trail Run /walk	Female	33	Sub-Veteran (30-39)	01:30:33
57	94	12	TA0608	Melissa	Reilander	10km Trail Run /walk	Female	40	Veteran (40-49)	01:30:36
58	97	13	TA0854	Janette	Cavannagh	10km Trail Run /walk	Female	41	Veteran (40-49)	01:34:11
59	98	27	TA2119	Lisa	Rabe	10km Trail Run /walk	Female	32	Sub-Veteran (30-39)	01:34:30
60	99	7	TA1044	Heleni	Genis	10km Trail Run /walk	Female	27	Senior (19-29)	01:34:32
61	101	7	TA0752	Judith	Glaus	10km Trail Run /walk	Female	55	Master (50-59)	01:36:20
62	102	14	TA1825	Elrike	Opperman	10km Trail Run /walk	Female	40	Veteran (40-49)	01:36:35
63	103	28	TA1048	Bonique	Herbst	10km Trail Run /walk	Female	30	Sub-Veteran (30-39)	01:36:39
64	104	29	TA0645	Letrisha	Naicker	10km Trail Run /walk	Female	30	Sub-Veteran (30-39)	01:37:25
65	105	30	TA1064	Vertharani	Naicker	10km Trail Run /walk	Female	37	Sub-Veteran (30-39)	01:37:40
66	106	8	TA2169	Clarissa	Botha	10km Trail Run /walk	Female	20	Senior (19-29)	01:42:47
67	107	15	TA1129	Malethola	Matube	10km Trail Run /walk	Female	40	Veteran (40-49)	01:48:24
68	108	16	TA0709	Chandra	Booysen	10km Trail Run /walk	Female	47	Veteran (40-49)	01:50:51
69	109	17	TA2176	Raelean	Melaia	10km Trail Run /walk	Female	44	Veteran (40-49)	01:50:54
70	110	18	TA2166	Paula	Sukop	10km Trail Run /walk	Female	49	Veteran (40-49)	01:51:01
71	111	7	TA2666	Charmaine	Hannon	10km Trail Run /walk	Female	60	Grand-Master (60+)	01:54:30
72	113	31	TA1887	Lerica	Schoeman	10km Trail Run /walk	Female	39	Sub-Veteran (30-39)	01:56:28
73	116	8	TA2155	Therese	Viljoen	10km Trail Run /walk	Female	51	Master (50-59)	01:59:10
74	117	9	TA0863	Zita	Babacheva	10km Trail Run /walk	Female	55	Master (50-59)	02:20:54
75	118	10	TA0753	Vesselina	Petrova	10km Trail Run /walk	Female	50	Master (50-59)	02:21:02
76	119	19	TA1853	Canka	Miteva	10km Trail Run /walk	Female	46	Veteran (40-49)	02:25:50
77	120	9	TA1867	Nikol	Paraskova	10km Trail Run /walk	Female	25	Senior (19-29)	02:25:56
78	121	11	TA0654	Slavena	Webb	10km Trail Run /walk	Female	58	Master (50-59)	02:57:13
79	122	8	TA1065	Todorka	Paraskov	10km Trail Run /walk	Female	62	Grand-Master (60+)	02:57:15
80	123	12	TA0864	Penka	Mateva	10km Trail Run /walk	Female	56	Master (50-59)	02:57:20

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1673	Thato	Thejane	5km Trail Run/Walk	Male	11	Under 11	00:24:26
2	2	1	TA1681	Altes	Van Zyl	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:29:05
3	3	1	TA0029	Wayne	Van Zyl	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:30:22
4	5	1	TA0388	Jakobus	Marais	5km Trail Run/Walk	Male	56	Master (50-59)	00:31:21
5	8	2	TA0453	Michael	Kyriakakis	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:32:59
6	9	3	TRAIL12467	Andre	Portelli	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:33:02
7	10	2	TA3006	Graeme	Fuller	5km Trail Run/Walk	Male	52	Master (50-59)	00:34:05
8	12	2	TA1737	Kiohoe	Alderson	5km Trail Run/Walk	Male	10	Under 11	00:34:28
9	13	1	TA1796	Barend	Marais	5km Trail Run/Walk	Male	25	Senior (19-29)	00:34:31
10	15	2	TA0096	Jason	Thompson	5km Trail Run/Walk	Male	20	Senior (19-29)	00:35:16
11	16	4	TA0002	Stephen	Barnard	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:35:44
12	17	5	TA0404	Chris	Botha	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:35:48
13	19	3	TA0085	Johannes	Van Niekerk	5km Trail Run/Walk	Male	50	Master (50-59)	00:36:29
14	21	2	TA0276	Regardt	Van Vuuren	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:36:40
15	24	3	TA1612	Dean	Goosen	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:37:03
16	25	3	TA1680	Menno	Fokkens	5km Trail Run/Walk	Male	11	Under 11	00:37:20
17	26	3	TA0359	Tom	Mascher	5km Trail Run/Walk	Male	21	Senior (19-29)	00:37:52
18	28	1	TA0168	Johann	Van Zyl	5km Trail Run/Walk	Male	65	Grand-Master (60+)	00:38:12
19	33	4	TA0227	Jan	Fokkens	5km Trail Run/Walk	Male	51	Master (50-59)	00:41:13
20	39	4	TA0043	Martin	Van Deventer	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:42:11
21	46	4	TA0211	Andrew	Conley	5km Trail Run/Walk	Male	11	Under 11	00:46:02
22	47	5	TA0001	Schalk	Van Der Merwe	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:46:05
23	52	5	TA1467	Cornelius Stephanus	Aldum	5km Trail Run/Walk	Male	11	Under 11	00:47:35
24	53	6	TA0169	Connor	Akeroyd	5km Trail Run/Walk	Male	10	Under 11	00:47:39
25	54	2	TA0392	Charles	Akeroyd	5km Trail Run/Walk	Male	79	Grand-Master (60+)	00:47:47
26	55	6	TA0185	Martin	Pretorius	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:49:53
27	56	7	TRAIL12157	Francois	Coetzee	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:49:55
28	61	6	TA0433	Rudi	Pretorius	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:51:33
29	65	7	TA0344	Marcel	Douglas	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:53:38
30	68	8	TA0455	Richard	Werner	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:54:50
31	73	9	TA0172	Krishna Steven	Gounden	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:55:13
32	84	1	TA0250	Ruaan	Goedhals	5km Trail Run/Walk	Male	14	12 to 15	00:58:49
33	87	8	TA0358	Johan	Swanepoel	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:00:26
34	89	10	TA0293	Elwin	Bosch	5km Trail Run/Walk	Male	42	Veteran (40-49)	01:00:37
35	99	5	TA0312	Gunther	Schwob	5km Trail Run/Walk	Male	57	Master (50-59)	01:05:11
36	101	7	TA1774	Keagan	Lessing	5km Trail Run/Walk	Male	8	Under 11	01:06:15
37	102	11	TA0349	Abie	Lessing	5km Trail Run/Walk	Male	44	Veteran (40-49)	01:06:20
38	104	8	TA1566	Johan Jaco	Aldum	5km Trail Run/Walk	Male	9	Under 11	01:06:34
39	109	9	TA0458	Joseph	Viney	5km Trail Run/Walk	Male	5	Under 11	01:12:03

40	110	10	TA0352	Dennis	Viney	5km Trail Run/Walk	Male	4	Under 11	01:12:18
41	116	6	TA1575	Shane	Gouldie	5km Trail Run/Walk	Male	59	Master (50-59)	03:15:20

5km Trail Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TRAIL13074	Sesi	Molapo	5km Trail Run/Walk	Female	12	12 to 15	00:31:00
2	6	1	TRAIL12749	Charmaine	Warriker	5km Trail Run/Walk	Female	57	Master (50-59)	00:32:31
3	7	1	TA0462	Anja	Lessing	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:32:43
4	11	2	TA0330	Nicky	Antunes	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:34:14
5	14	1	TA0229	Cornietha	Kyriakakis	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:34:57
6	18	3	TA0428	Glizelle	Langerman	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:36:20
7	20	1	TA1663	Denise	Nelson	5km Trail Run/Walk	Female	29	Senior (19-29)	00:36:39
8	22	2	TA1593	Chane	Werner	5km Trail Run/Walk	Female	21	Senior (19-29)	00:36:44
9	23	3	TA0036	Courtney	Goosen	5km Trail Run/Walk	Female	27	Senior (19-29)	00:37:01
10	27	2	TRAIL11074	Larissa	West	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:38:08
11	29	3	TA1046	Elana	Weitz	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:38:47
12	30	4	TA0409	Sharon	Botha	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:40:21
13	31	4	TA1683	Nina	Slawson	5km Trail Run/Walk	Female	24	Senior (19-29)	00:40:24
14	32	2	TA0254	Nicola	Wicks	5km Trail Run/Walk	Female	54	Master (50-59)	00:40:39
15	34	3	TA2645	Brenda	Thompson	5km Trail Run/Walk	Female	56	Master (50-59)	00:41:42
16	35	4	TRAIL12468	Lisa	Portelli	5km Trail Run/Walk	Female	53	Master (50-59)	00:41:43
17	36	4	TA1659	Elizna	Werth	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:41:45
18	37	5	TA0047	Cecilia	Richards	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:41:46
19	38	5	TA0554	Susan	Meyerson	5km Trail Run/Walk	Female	52	Master (50-59)	00:41:58
20	40	6	TA0369	Stacy	Poggenpoel	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:43:25
21	41	1	TA0298	Kamano	Motswenyane	5km Trail Run/Walk	Female	6	Under 11	00:44:17
22	42	7	TA0238	Nastassia	Van Deventer	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:44:35
23	43	5	TA0508	Elize	Nel	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:45:39
24	44	5	TA0163	Bianca	Edwards	5km Trail Run/Walk	Female	23	Senior (19-29)	00:45:54
25	45	6	TA0304	Robyn	Williams	5km Trail Run/Walk	Female	26	Senior (19-29)	00:45:57
26	48	1	TA1636	Michaela	Goedhals	5km Trail Run/Walk	Female	16	16 to 18	00:46:28
27	49	8	TA0302	Nicole	Alderson	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:47:06
28	50	9	TA0488	Bridget	Green	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:47:08
29	51	6	TA0348	Sougnet	Van Niekerk	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:47:27
30	57	10	TA0444	Portia	Masomboka	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:50:21
31	58	11	TRAIL12727	Jenny	Prinsloo	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:50:31
32	59	7	TRAIL12156	Nicolette	Coetzee	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:51:26
33	60	7	TA0041	Jacky	Pretorius	5km Trail Run/Walk	Female	25	Senior (19-29)	00:51:32
34	62	6	TA0341	Cecilia	Summerfield	5km Trail Run/Walk	Female	54	Master (50-59)	00:51:42
35	63	7	TA0397	Annika	Marais	5km Trail Run/Walk	Female	55	Master (50-59)	00:52:42
36	64	12	TA0320	Christine	Bauermeister	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:53:20
37	66	8	TRAIL11232	Patricia	Minihold	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:54:05
38	67	1	TA0084	Linda	Evans	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:54:45
39	69	13	TA0184	Makubalo	Nomzabalazo	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:54:59
40	70	9	TA0210	Helena	Werner	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:55:09

41	71	10	TA1784	Lei	Guo	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:55:11
42	72	8	TA0483	Marlene	Hanekom	5km Trail Run/Walk	Female	54	Master (50-59)	00:55:12
43	74	9	TA1665	Linda	Beukes	5km Trail Run/Walk	Female	53	Master (50-59)	00:56:10
44	75	2	TA0197	Manda	Bannister	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:56:24
45	76	14	TA0258	Lanie	Bannister	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:56:33
46	77	3	TA0445	Shona	Williams	5km Trail Run/Walk	Female	62	Grand-Master (60+)	00:57:05
47	78	11	TA0539	Diane Dhanasagree	Naidoo	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:57:10
48	79	15	TA0284	Leighton	Goosen	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:57:35
49	80	12	TA0415	Anita	Lamprecht	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:58:14
50	81	13	TA0283	Ninette	Eckard	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:58:15
51	82	14	TA1546	Yvette	Ellis	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:58:19
52	83	15	TA0429	Hester	Goedhals	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:58:42
53	85	10	TA1699	Annalen	Oostehuizen	5km Trail Run/Walk	Female	52	Master (50-59)	00:59:00
54	86	2	TA0494	Kyla	Aldum	5km Trail Run/Walk	Female	15	12 to 15	00:59:26
55	88	16	TA0472	Melissa	Odendaal	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:00:28
56	90	17	TA1787	Elizna	Van Schalkwyk	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:00:40
57	91	16	TA1877	Leigh	Claasen	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:01:01
58	92	4	TA0374	Caroline	Maslo	5km Trail Run/Walk	Female	61	Grand-Master (60+)	01:01:07
59	93	5	TA0381	Graeme	Coetzee	5km Trail Run/Walk	Female	65	Grand-Master (60+)	01:01:10
60	94	17	TA1724	Kerry	Nel	5km Trail Run/Walk	Female	48	Veteran (40-49)	01:01:13
61	95	18	TA1572	Thabang	Moerane	5km Trail Run/Walk	Female	46	Veteran (40-49)	01:01:25
62	96	11	TA1741	Caroline	Malauzat	5km Trail Run/Walk	Female	54	Master (50-59)	01:01:27
63	97	12	TA0413	Frances	Stander	5km Trail Run/Walk	Female	53	Master (50-59)	01:01:34
64	98	2	TA1516	Carys	Smit	5km Trail Run/Walk	Female	17	16 to 18	01:01:39
65	100	19	TA1726	Lisa	Fuller	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:06:00
66	103	2	TA0378	Nika	Lessing	5km Trail Run/Walk	Female	6	Under 11	01:06:21
67	105	3	TA1583	Lienka	Aldum	5km Trail Run/Walk	Female	13	12 to 15	01:07:17
68	106	20	TA1749	Janet	Van Wyk	5km Trail Run/Walk	Female	40	Veteran (40-49)	01:09:33
69	107	8	TA0285	Tanisha	Olivier	5km Trail Run/Walk	Female	28	Senior (19-29)	01:09:35
70	108	13	TA0362	Teresa	Piek	5km Trail Run/Walk	Female	55	Master (50-59)	01:09:43
71	111	6	TA0087	Desiray	Viney	5km Trail Run/Walk	Female	66	Grand-Master (60+)	01:12:45
72	112	9	TA0267	Rhandzu	Khoza	5km Trail Run/Walk	Female	29	Senior (19-29)	01:22:53
73	113	3	TA1519	Marli	Schoeman	5km Trail Run/Walk	Female	7	Under 11	01:25:42
74	114	18	TA0031	Tanya	Schoeman	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:26:07
75	115	4	TA0567	Sune	Schoeman	5km Trail Run/Walk	Female	12	12 to 15	01:27:05