

AdventureRun : Smuts Irene River

The Love Mom Run on 13th May 2018



21km:Male									
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2638	Richard	Mullen	21km	Male	41	Veteran (40-49)	01:51:35
2	2	1	TA2666	Daniel	Wium	21km	Male	20	Senior (19-29)	01:56:21
3	3	1	TA2616	Hugh	Herverson	21km	Male	53	Master (50-59)	02:01:09
4	4	1	TA3012	Etienne	Jordaan	21km	Male	33	Sub-Veteran (30-39)	02:03:29
5	5	2	TA3002	Gregory	Mufema	21km	Male	43	Veteran (40-49)	02:05:18
6	7	2	TRAIL11132	Eric	Ndou	21km	Male	39	Sub-Veteran (30-39)	02:09:57
7	8	2	TA2665	Melusi	Cindi	21km	Male	29	Senior (19-29)	02:10:03
8	9	3	TA3066	Robert	Reed	21km	Male	28	Senior (19-29)	02:10:14
9	10	4	TA2909	Wouter	Heijbroek	21km	Male	25	Senior (19-29)	02:16:14
10	12	3	TA2935	Tobie	Reyneke	21km	Male	46	Veteran (40-49)	02:23:16
11	13	4	TA2674	Samuel James	Aldum	21km	Male	47	Veteran (40-49)	02:23:46
12	14	5	TA3477	Dennis	Makuwa	21km	Male	26	Senior (19-29)	02:25:06
13	16	5	TA2637	Thifhindulwi	Malala	21km	Male	43	Veteran (40-49)	02:33:39
14	17	6	TRAIL12832	Bradley	Rustin	21km	Male	48	Veteran (40-49)	02:33:45
15	18	2	TA3537	Fanie	Naude	21km	Male	59	Master (50-59)	02:36:46
16	22	3	TA3494	Xiangjian	Jia	21km	Male	35	Sub-Veteran (30-39)	02:38:15
17	25	4	TA2691	Kainin	Yang	21km	Male	37	Sub-Veteran (30-39)	02:53:30
18	26	7	TA2933	Rongwei	Ma	21km	Male	42	Veteran (40-49)	03:09:01
19	27	1	TRAIL12613	Meyer Albert	Guinsberg	21km	Male	68	Grand-Master (60+)	03:27:26
20	28	2	TA2556	Dean	Mccleland	21km	Male	64	Grand-Master (60+)	03:27:28
21	29	3	TRAIL12270	Ric	Marini	21km	Male	63	Grand-Master (60+)	03:52:47
22	30	3	TRAIL10533	Frik	Du Preez	21km	Male	59	Master (50-59)	04:26:39

21km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA3029	Jennifer	Dickerson	21km	Female	30	Sub-Veteran (30-39)	02:09:28
2	11	1	TA2696	Anya	Mullin	21km	Female	45	Veteran (40-49)	02:17:19
3	15	1	TA2544	Feliciae	Ntsitsi	21km	Female	22	Senior (19-29)	02:30:30
4	19	1	TA2989	Magda	Vermaak	21km	Female	54	Master (50-59)	02:36:53
5	20	2	TA2630	Marli	Marshall	21km	Female	37	Sub-Veteran (30-39)	02:37:54
6	21	2	TA2464	Anina	Luus	21km	Female	40	Veteran (40-49)	02:37:57
7	23	3	TA2952	Phindile	Mtseshana	21km	Female	34	Sub-Veteran (30-39)	02:38:51
8	24	4	TRAIL12724	Charmaine	More	21km	Female	37	Sub-Veteran (30-39)	02:45:15
9	31	3	TA2675	Adele	Sutherland	21km	Female	40	Veteran (40-49)	04:26:49

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	15km	Male	39	Sub-Veteran (30-39)	01:04:01
2	2	1	TA2454	James	Pugin	15km	Male	29	Senior (19-29)	01:16:53
3	3	2	TA2617	Brendan	Blackbeard	15km	Male	22	Senior (19-29)	01:18:37
4	4	1	TA2436	Barry	Detert	15km	Male	49	Veteran (40-49)	01:19:26
5	8	2	TA2931	Arnold	Van Graan	15km	Male	37	Sub-Veteran (30-39)	01:30:32
6	9	2	TA2124	Andrew	Botha	15km	Male	41	Veteran (40-49)	01:32:40
7	10	3	TA0836	Frans	Van Heerden	15km	Male	32	Sub-Veteran (30-39)	01:32:43
8	12	4	TA1810	Jaco	Booysen	15km	Male	33	Sub-Veteran (30-39)	01:36:16
9	17	1	TA0754	Geoff	Lupton-smith	15km	Male	60	Grand-Master (60+)	01:41:19
10	19	3	TRAIL11023	Grant	Hall	15km	Male	48	Veteran (40-49)	01:41:52
11	20	3	TA3005	Chris	Fourie	15km	Male	27	Senior (19-29)	01:43:07
12	22	2	TA2501	Deon	Van Der Westhuizen	15km	Male	63	Grand-Master (60+)	01:44:44
13	23	5	TA2961	Thomas	Pattinson	15km	Male	35	Sub-Veteran (30-39)	01:45:15
14	24	1	TA2661	Walter	Smuts	15km	Male	56	Master (50-59)	01:45:16
15	26	6	TA3010	Mlungi	Majozi	15km	Male	37	Sub-Veteran (30-39)	01:46:46
16	35	2	TA3412	Mhleli	Sibanyoni	15km	Male	57	Master (50-59)	02:01:25
17	44	4	TA1893	Allan	Venter	15km	Male	26	Senior (19-29)	02:22:35
18	45	3	TA2346	Paul	Hammerton	15km	Male	55	Master (50-59)	02:34:43
19	49	3	TRAIL12109	Neville	Muir	15km	Male	79	Grand-Master (60+)	02:57:34

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA1845	Juliana	Ambrosi	15km	Female	40	Veteran (40-49)	01:23:22
2	6	1	TA2981	Alana	De Bree	15km	Female	33	Sub-Veteran (30-39)	01:27:58
3	7	1	TA2232	Ezit	Malan	15km	Female	29	Senior (19-29)	01:30:25
4	11	2	TA3540	Hanneli	Van Graan	15km	Female	44	Veteran (40-49)	01:34:52
5	13	3	TA3007	Lara	Weissenberger	15km	Female	43	Veteran (40-49)	01:37:37
6	14	2	TA3461	Tanya	Alberts	15km	Female	32	Sub-Veteran (30-39)	01:39:04
7	15	2	TA2650	Carla Lea	Farina	15km	Female	29	Senior (19-29)	01:41:02
8	16	3	TA2694	Nicoletta	Maraschin	15km	Female	27	Senior (19-29)	01:41:09
9	18	4	TA2903	Julie	Hutchison	15km	Female	48	Veteran (40-49)	01:41:44
10	21	4	TA2985	Lise	Smuts	15km	Female	23	Senior (19-29)	01:43:44
11	25	3	TRAIL12658	Zamile	Njoko	15km	Female	30	Sub-Veteran (30-39)	01:46:34
12	27	1	TA1833	Jane	Reed	15km	Female	55	Master (50-59)	01:48:14
13	28	2	TA0847	Annetjie	Strydom	15km	Female	56	Master (50-59)	01:49:58
14	29	4	TA0658	Lindsay	Booysen	15km	Female	32	Sub-Veteran (30-39)	01:51:58
15	30	5	TA2917	Sally	Diack	15km	Female	42	Veteran (40-49)	01:53:52
16	31	5	TRAIL10411	Line	Nel	15km	Female	39	Sub-Veteran (30-39)	01:57:05
17	32	6	TA3004	Kirsten	Bredahl	15km	Female	30	Sub-Veteran (30-39)	01:58:22
18	33	3	TA2929	Annette	Muller	15km	Female	58	Master (50-59)	01:59:50
19	34	7	TA2558	Lerica	Schoeman	15km	Female	38	Sub-Veteran (30-39)	02:01:00
20	36	8	TA2550	Sarah	Harrison	15km	Female	32	Sub-Veteran (30-39)	02:02:04
21	37	9	TRAIL12328	Natasha	Botha	15km	Female	33	Sub-Veteran (30-39)	02:03:48
22	38	10	TRAIL12330	Candice	Van Dyk	15km	Female	30	Sub-Veteran (30-39)	02:03:49
23	39	11	TA2975	Anika	Bokma	15km	Female	38	Sub-Veteran (30-39)	02:04:25
24	40	1	TA1126	Marilyn	Kamp	15km	Female	64	Grand-Master (60+)	02:08:50
25	41	4	TRAIL12290	Georgina	Bester	15km	Female	53	Master (50-59)	02:11:22
26	42	6	TRAIL11798	Antoinette	Hartslief	15km	Female	47	Veteran (40-49)	02:14:46
27	43	5	TA1808	Sue	Pretorius	15km	Female	52	Master (50-59)	02:17:53
28	46	6	TRAIL10836	Ina	Beamish	15km	Female	56	Master (50-59)	02:38:59
29	47	12	TA2528	Avashni	Dass	15km	Female	34	Sub-Veteran (30-39)	02:53:38
30	48	13	TA2565	Belinda	Cawood	15km	Female	37	Sub-Veteran (30-39)	02:53:39

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0655	Reatlegile	Mosweu	10km	Male	13	12 to 15	00:40:57
2	2	2	TA0787	Massimilano	Ambrosi	10km	Male	12	12 to 15	00:50:16
3	5	1	TA0849	Geldenhuys	Combrinck	10km	Male	44	Veteran (40-49)	00:53:16
4	6	2	TA2204	Arthur	Thorne	10km	Male	40	Veteran (40-49)	00:55:04
5	10	1	TA0843	Dean	De Bree	10km	Male	36	Sub-Veteran (30-39)	00:58:10
6	12	3	TA2213	Kees	Goedhart	10km	Male	49	Veteran (40-49)	00:59:58
7	14	1	TA0345	Douglas	Reed	10km	Male	59	Master (50-59)	01:01:57
8	16	1	TA2169	Duan	Blake	10km	Male	19	Senior (19-29)	01:05:40
9	22	2	TA2250	Hilton	Combrinck	10km	Male	35	Sub-Veteran (30-39)	01:08:25
10	25	2	TA1177	Dirk	Fourie	10km	Male	55	Master (50-59)	01:09:43
11	40	3	TRAIL12462	Gareth	Saville	10km	Male	15	12 to 15	01:17:51
12	41	4	TRAIL11247	Andrew	Saville	10km	Male	46	Veteran (40-49)	01:17:54
13	42	3	TA0823	Neil	Margetts	10km	Male	51	Master (50-59)	01:19:05
14	45	3	TA0732	Owen	Williams	10km	Male	32	Sub-Veteran (30-39)	01:19:39
15	46	4	TA0714	Alexis	Heymans	10km	Male	32	Sub-Veteran (30-39)	01:20:01
16	48	5	TA0783	Geoffrey	Townsend	10km	Male	33	Sub-Veteran (30-39)	01:22:05
17	50	5	TA2110	Daryl	Viljoen	10km	Male	45	Veteran (40-49)	01:24:21
18	53	6	TA0760	Simon	Kantor	10km	Male	46	Veteran (40-49)	01:26:58
19	57	1	TRAIL12320	Trevor	Smythe	10km	Male	61	Grand-Master (60+)	01:31:29
20	58	4	TA1165	Christo	Fourie	10km	Male	51	Master (50-59)	01:31:44
21	59	6	TA1047	Pieter	Bothma	10km	Male	32	Sub-Veteran (30-39)	01:33:47
22	61	2	TA1179	John	Tringham	10km	Male	76	Grand-Master (60+)	01:39:16
23	74	2	TA0686	Andreas	Zienkendorf	10km	Male	23	Senior (19-29)	02:09:14
24	75	3	TRAIL12223	David	Avierinos	10km	Male	22	Senior (19-29)	02:09:16
25	76	7	TRAIL10877	Alec	Avierinos	10km	Male	49	Veteran (40-49)	02:09:35

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL12480	Amohelang	Tladi	10km	Female	14	12 to 15	00:52:40
2	4	2	TA0694	Basetsana	Maphosa	10km	Female	12	12 to 15	00:52:51
3	7	1	TA2318	Dirk	Fourie	10km	Female	27	Senior (19-29)	00:55:31
4	8	1	TA0767	Louise	Briers	10km	Female	39	Sub-Veteran (30-39)	00:55:53
5	9	1	TA2244	Ronel	Fourie	10km	Female	55	Master (50-59)	00:57:21
6	11	2	TA2296	Aluxia	Beukes	10km	Female	34	Sub-Veteran (30-39)	00:59:31
7	13	3	TRAIL12299	Janeane	Watt	10km	Female	36	Sub-Veteran (30-39)	01:00:00
8	15	4	TRAIL12787	Mariette	Eksteen	10km	Female	37	Sub-Veteran (30-39)	01:04:53
9	17	1	TA2170	Fredie	Blake	10km	Female	43	Veteran (40-49)	01:06:17
10	18	5	TA2157	Karmelle	Van Rensburg	10km	Female	31	Sub-Veteran (30-39)	01:06:59
11	19	2	TA1021	Masaebata Paulina	Melene	10km	Female	44	Veteran (40-49)	01:07:39
12	20	2	TA2122	Sonia	Scheepers	10km	Female	54	Master (50-59)	01:07:46
13	21	3	TA2934	Sonya	Robbertse	10km	Female	49	Veteran (40-49)	01:08:21
14	23	6	TA2343	Adleen	Combrinck	10km	Female	37	Sub-Veteran (30-39)	01:08:30
15	24	7	TA2149	Janet	Coetzee	10km	Female	31	Sub-Veteran (30-39)	01:08:43
16	26	4	TA0643	Ruweda	Karrim	10km	Female	46	Veteran (40-49)	01:10:04
17	27	5	TA1184	Tania	Van Peer	10km	Female	45	Veteran (40-49)	01:10:05
18	28	3	TRAIL12588	Irma	Parker	10km	Female	54	Master (50-59)	01:10:44
19	29	4	TA1131	Monnette	Fourie	10km	Female	50	Master (50-59)	01:12:03
20	30	8	TA0789	Colette	Curle	10km	Female	34	Sub-Veteran (30-39)	01:12:55
21	31	2	TA1132	Callyn	Bowler	10km	Female	25	Senior (19-29)	01:13:34
22	32	1	TA2285	Jacquie	Du Toit	10km	Female	61	Grand-Master (60+)	01:13:42
23	33	9	TA1048	Karyn	Pitcher	10km	Female	34	Sub-Veteran (30-39)	01:14:01
24	34	10	TA2252	Marleen	Townsend	10km	Female	32	Sub-Veteran (30-39)	01:14:56
25	35	6	TA2140	Sanet	Roberts	10km	Female	49	Veteran (40-49)	01:15:53
26	36	3	TA2111	Arushka	Bothma	10km	Female	28	Senior (19-29)	01:16:00
27	37	5	TRAIL12116	Marion	Klennert	10km	Female	56	Master (50-59)	01:16:02
28	38	6	TRAIL12770	Stienie	Kompagnie	10km	Female	51	Master (50-59)	01:16:34
29	39	7	TRAIL10777	Doreen	Nell	10km	Female	51	Master (50-59)	01:17:11
30	43	7	TA0812	Nadine	Van Heerden	10km	Female	40	Veteran (40-49)	01:19:10
31	44	11	TA1112	Bonita	Steenkamp	10km	Female	35	Sub-Veteran (30-39)	01:19:18
32	47	12	TA1879	Ingridingrid	Schoeman	10km	Female	32	Sub-Veteran (30-39)	01:20:10
33	49	13	TA1877	Nicki	Bradfield	10km	Female	33	Sub-Veteran (30-39)	01:23:33
34	51	8	TRAIL10696	Isabel	Vd Walt	10km	Female	45	Veteran (40-49)	01:26:10
35	52	9	TA1107	Marlize	Kantor	10km	Female	46	Veteran (40-49)	01:26:56
36	54	10	TA3053	Tanya	Oellermann	10km	Female	43	Veteran (40-49)	01:27:06
37	55	11	TRAIL12331	Caroline	Uys	10km	Female	49	Veteran (40-49)	01:27:09
38	56	2	TA0773	Mariet	Louw	10km	Female	67	Grand-Master (60+)	01:27:37
39	60	14	TRAIL12868	Lizle	Loots	10km	Female	37	Sub-Veteran (30-39)	01:36:22
40	62	4	TRAIL10113	Ruth	Avierinos	10km	Female	20	Senior (19-29)	01:39:42

41	63	5	TA0711	Mukondeleli	Maphasha	10km	Female	20	Senior (19-29)	01:40:38
42	64	12	TA1176	Olga	Maphasha	10km	Female	44	Veteran (40-49)	01:40:41
43	65	15	TA2109	Nozizwe	Sgwane	10km	Female	39	Sub-Veteran (30-39)	01:43:18
44	66	6	TA0680	Raeesa	Ganchi	10km	Female	23	Senior (19-29)	01:43:26
45	67	3	TRAIL12651	Dorothy	Van Heerden	10km	Female	74	Grand-Master (60+)	01:45:30
46	68	16	TA2218	Lesley	Coetzer	10km	Female	32	Sub-Veteran (30-39)	01:48:43
47	69	17	TA0996	Zandile	Sikhosana	10km	Female	38	Sub-Veteran (30-39)	01:53:54
48	70	18	TRAIL10259	Joan	Erasmus	10km	Female	31	Sub-Veteran (30-39)	02:06:37
49	71	8	TRAIL10214	Elsa	Erasmus	10km	Female	55	Master (50-59)	02:06:37
50	72	1	TRAIL10154	Kirsten	Avierinos	10km	Female	18	16 to 18	02:09:07
51	73	13	TRAIL10200	Rhona	Avierinos	10km	Female	47	Veteran (40-49)	02:09:11

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12553	Shaun	Wolfaardt	5km	Male	13	12 to 15	00:20:32
2	2	1	TA0458	Kgatontle	Marole	5km	Male	17	16 to 18	00:24:58
3	3	1	TA0416	Daniele	Ambrosi	5km	Male	10	Under 11	00:25:50
4	4	1	TA0203	Brad	Ackermann	5km	Male	29	Senior (19-29)	00:25:59
5	5	2	TA0349	Jonathan	Bokma	5km	Male	20	Senior (19-29)	00:26:08
6	6	1	TA0370	Danie	Loots	5km	Male	47	Veteran (40-49)	00:27:32
7	7	1	TA0407	Shaun	Wolfaardt	5km	Male	35	Sub-Veteran (30-39)	00:27:52
8	8	2	TA0476	Keegan	Ackermann	5km	Male	33	Sub-Veteran (30-39)	00:28:12
9	13	2	TA0286	Lee	Herrmann	5km	Male	40	Veteran (40-49)	00:32:28
10	14	2	TA0096	Luke	Bokma	5km	Male	14	12 to 15	00:32:56
11	16	2	TA1610	Tiaan	Terblanche	5km	Male	10	Under 11	00:33:44
12	18	3	TA1529	Neil	Coetzer	5km	Male	32	Sub-Veteran (30-39)	00:34:29
13	20	1	TRAIL12439	Derek	Nell	5km	Male	53	Master (50-59)	00:36:11
14	23	3	TA0312	Liam	Detert	5km	Male	10	Under 11	00:36:56
15	25	4	TA0488	Ethan	Detert	5km	Male	8	Under 11	00:37:01
16	28	2	TA0211	Malcolm	Parker	5km	Male	56	Master (50-59)	00:37:34
17	35	3	TA1749	Carel	De Beer	5km	Male	41	Veteran (40-49)	00:41:20
18	36	5	TA0440	Cornelius Stephanus	Aldum	5km	Male	10	Under 11	00:41:45
19	37	3	TRAIL11238	Nathan	Saville	5km	Male	12	12 to 15	00:41:47
20	39	3	TA1785	Quenten	White	5km	Male	28	Senior (19-29)	00:42:43
21	47	3	TA2126	Piet	Bothma	5km	Male	59	Master (50-59)	00:45:14
22	49	4	TA0163	Wessel	Vosser	5km	Male	36	Sub-Veteran (30-39)	00:45:40
23	50	4	TA0446	Paul	Strydom	5km	Male	41	Veteran (40-49)	00:45:44
24	51	5	TA0360	Johan	Blake	5km	Male	43	Veteran (40-49)	00:46:10
25	52	4	TA0171	De Wet	Blake	5km	Male	13	12 to 15	00:46:12
26	55	4	TA0401	Stefan	Smuts	5km	Male	28	Senior (19-29)	00:46:52
27	58	5	TA2233	Jethro	Braun	5km	Male	28	Senior (19-29)	00:49:34
28	59	6	TA0404	Max	Hermann	5km	Male	7	Under 11	00:49:39
29	63	7	TA0318	Will	Roberts	5km	Male	8	Under 11	00:51:57
30	65	6	TA0151	Albert	Geyser	5km	Male	45	Veteran (40-49)	00:52:04
31	67	8	TA0161	Zion	More	5km	Male	10	Under 11	00:53:45
32	69	1	TA1550	Peter	Bredahl	5km	Male	62	Grand-Master (60+)	00:53:59
33	71	9	TA1575	Johan Jaco	Aldum	5km	Male	8	Under 11	00:55:41
34	75	4	TA0033	Willem	Roberts	5km	Male	50	Master (50-59)	00:55:56
35	81	5	TA0313	Ruan	Greeff	5km	Male	38	Sub-Veteran (30-39)	00:58:45
36	82	10	TA0264	Alex	Botha	5km	Male	6	Under 11	00:59:34
37	83	6	TRAIL12326	Rijako	Meintjes	5km	Male	37	Sub-Veteran (30-39)	00:59:36
38	87	5	TA0279	Hilmar	Eckardt	5km	Male	51	Master (50-59)	01:02:23
39	88	2	TA1661	Robert	Ekardt	5km	Male	18	16 to 18	01:02:25

40	92	6	TA1768	Bouke	Bokmp	5km	Male	51	Master (50-59)	01:04:17
41	95	7	TA0443	Mark	De Villiers	5km	Male	54	Master (50-59)	01:13:17
42	98	2	TA1674	Geoff	Ivan	5km	Male	66	Grand-Master (60+)	01:17:21
43	100	11	TA0147	Den	Viney	5km	Male	4	Under 11	01:17:59

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	9	1	TA0392	Laurene	Pretorius	5km	Female	31	Sub-Veteran (30-39)	00:29:05
2	10	2	TA0232	Zarhite	Heath	5km	Female	32	Sub-Veteran (30-39)	00:30:07
3	11	3	TA0252	Yolanda	Oberholzer	5km	Female	38	Sub-Veteran (30-39)	00:32:24
4	12	1	TA0537	Luzche	Greeff	5km	Female	10	Under 11	00:32:27
5	15	1	TRAIL13015	Nadia	Bosch	5km	Female	46	Veteran (40-49)	00:33:10
6	17	1	TA1787	Janice	Loots	5km	Female	55	Master (50-59)	00:34:06
7	19	2	TA0231	Sharon	Eckhardt	5km	Female	47	Veteran (40-49)	00:35:23
8	21	1	TA0414	Louise	Ackermann	5km	Female	29	Senior (19-29)	00:36:19
9	22	3	TA0394	Stephanie	Detert	5km	Female	43	Veteran (40-49)	00:36:54
10	24	4	TA0169	Michelle	Baroni	5km	Female	38	Sub-Veteran (30-39)	00:36:58
11	26	4	TA0192	Marlein	Greeff	5km	Female	41	Veteran (40-49)	00:37:22
12	27	2	TA0320	Nadine	Parker	5km	Female	25	Senior (19-29)	00:37:33
13	29	5	TA0383	Rijkie	Terblanche	5km	Female	45	Veteran (40-49)	00:37:54
14	30	3	TA0325	Elne	Gerber	5km	Female	29	Senior (19-29)	00:38:20
15	31	2	TA0376	Chuzel	Greeff	5km	Female	7	Under 11	00:38:27
16	32	2	TRAIL13061	Benita	Fisher	5km	Female	55	Master (50-59)	00:40:48
17	33	4	TA0124	Chantelle	Bokma	5km	Female	22	Senior (19-29)	00:41:12
18	34	6	TA1697	Rozanne	Kilian	5km	Female	42	Veteran (40-49)	00:41:20
19	38	5	TA0185	Leandri	Schmidt	5km	Female	29	Senior (19-29)	00:42:40
20	40	5	TA0554	Michelle	Miles	5km	Female	31	Sub-Veteran (30-39)	00:42:50
21	41	3	TA0574	Kaylin	Rohlandt	5km	Female	9	Under 11	00:43:21
22	42	6	TA0339	Chantal	Rohlandt	5km	Female	33	Sub-Veteran (30-39)	00:43:36
23	43	3	TA0417	Yolani	Wilson	5km	Female	53	Master (50-59)	00:43:48
24	44	1	TA0426	Karen	Velthuysen	5km	Female	60	Grand-Master (60+)	00:44:07
25	45	4	TA1801	Dawn	Fryer	5km	Female	53	Master (50-59)	00:44:21
26	46	7	TA2321	Yolanda	Smit	5km	Female	44	Veteran (40-49)	00:44:53
27	48	8	TA1063	Elsabe	De Jager	5km	Female	40	Veteran (40-49)	00:45:30
28	53	5	TA0357	Janetta	Malan	5km	Female	55	Master (50-59)	00:46:27
29	54	6	TA1734	Sababalwa	Maxela	5km	Female	28	Senior (19-29)	00:46:47
30	56	7	TA0468	Odette	Coetzer	5km	Female	30	Sub-Veteran (30-39)	00:48:20
31	57	9	TRAIL11232	Patricia	Minihold	5km	Female	44	Veteran (40-49)	00:49:25
32	60	8	TA0578	Dina	Herrmann	5km	Female	37	Sub-Veteran (30-39)	00:49:41
33	61	2	TA0421	Barbara	Baroni	5km	Female	73	Grand-Master (60+)	00:50:45
34	62	7	TA0002	Zandile	Ndimande	5km	Female	29	Senior (19-29)	00:50:49
35	64	1	TA1527	Mieke	Roberts	5km	Female	13	12 to 15	00:52:01
36	66	8	TA1796	Aviwe	Gijana	5km	Female	29	Senior (19-29)	00:52:38
37	68	2	TA1880	Tshwetso	More	5km	Female	15	12 to 15	00:53:54
38	70	3	TA0405	Lorna	Van Der Westhuizen	5km	Female	62	Grand-Master (60+)	00:54:35
39	72	3	TA0198	Lienka	Aldum	5km	Female	12	12 to 15	00:55:44

40	73	9	TA0375	Naomi	Roberts	5km	Female	22	Senior (19-29)	00:55:50
41	74	10	TA0359	Sune	Roberts	5km	Female	19	Senior (19-29)	00:55:54
42	76	11	TA0369	Shannon	Sawyer	5km	Female	21	Senior (19-29)	00:56:53
43	77	10	TA0425	Deirdre	Hardy	5km	Female	45	Veteran (40-49)	00:56:59
44	78	4	TA0121	Kyla	Aldum	5km	Female	15	12 to 15	00:58:04
45	79	5	TA0356	Morgan	Smit	5km	Female	13	12 to 15	00:58:06
46	80	1	TA0197	Carys	Smit	5km	Female	16	16 to 18	00:58:09
47	84	6	TA0413	Susan	Jacobs	5km	Female	54	Master (50-59)	00:59:38
48	85	9	TA0080	Dae	Du Toit	5km	Female	36	Sub-Veteran (30-39)	01:00:29
49	86	4	TA0529	Dae-leigh	Du Toit	5km	Female	9	Under 11	01:00:30
50	89	6	TA0428	Katherine	Eckardt	5km	Female	13	12 to 15	01:02:44
51	90	5	TA1780	Neika	Bokma	5km	Female	9	Under 11	01:04:06
52	91	6	TA0168	Elijanna	Bokma	5km	Female	4	Under 11	01:04:11
53	93	10	TA0315	Megan	Marais	5km	Female	39	Sub-Veteran (30-39)	01:13:09
54	94	4	TA0508	Gillian	Fowler	5km	Female	72	Grand-Master (60+)	01:13:13
55	96	7	TA0240	Lindsay	Bosman	5km	Female	4	Under 11	01:17:13
56	97	11	TA0189	Catherine Irons	Bosman	5km	Female	35	Sub-Veteran (30-39)	01:17:15
57	99	5	TA0380	Myele	Bosman	5km	Female	67	Grand-Master (60+)	01:17:30
58	101	12	TA0196	Samantha	Viney	5km	Female	33	Sub-Veteran (30-39)	01:18:04
59	102	11	TA2173	Machaka	Ravhengani	5km	Female	44	Veteran (40-49)	02:36:03