



AdventureRun : The Big Red Barn

Sunday Run/Walk@The Barn on 3rd December 2023



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20274	Werner	Jakoby	21km Trail Run/Walk	Male	68	Grand-Master (60+)	02:51:00
2	2	1	TRAIL20139	Sebastian	Jakoby	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	02:51:00
3	3	2	TA2343	Richard	Strickler	21km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	03:12:23

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20725	Gerald	Steyn	15km Trail Run/Walk	Male	72	Grand-Master (60+)	01:44:44
2	3	1	TA3038	Ronald	Mambwi	15km Trail Run/Walk	Male	55	Master (50-59)	01:46:23
3	4	2	TA2687	Marius	Schuster	15km Trail Run/Walk	Male	57	Master (50-59)	01:49:29
4	6	1	TA0861	Pieter	Van Der Merwe	15km Trail Run/Walk	Male	29	Senior (19-29)	01:57:44
5	7	3	TA0299	Dorian	Lack	15km Trail Run/Walk	Male	51	Master (50-59)	02:02:45

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1962	Lydia	Allison	15km Trail Run/Walk	Female	45	Veteran (40-49)	01:19:44
2	5	2	TA2034	Letitia	Swartz	15km Trail Run/Walk	Female	42	Veteran (40-49)	01:57:42
3	8	3	TA2088	Vered	Lack	15km Trail Run/Walk	Female	48	Veteran (40-49)	02:04:02

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL11132	Eric	Ndou	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:56:02
2	2	2	TA3036	Jacques	Allison	10km Trail Run/Walk	Male	48	Veteran (40-49)	01:02:57
3	5	1	TA2037	Andre	Steynberg	10km Trail Run/Walk	Male	50	Master (50-59)	01:15:58

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA3530	Tracey	Steynberg	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:11:42
2	4	1	TA0753	Emma	Vosloo	10km Trail Run/Walk	Female	12	12 to 15	01:12:05
3	6	1	TRAIL20848	Joanita	Dambisya	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:53:41

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0286	Pumulo	Mambwi	5km Trail Run/Walk	Male	20	Senior (19-29)	00:32:17
2	2	1	TA3055	Tyler	Poggenpoel	5km Trail Run/Walk	Male	12	12 to 15	00:41:38
3	8	1	TRAIL20846	Anthony	Bester	5km Trail Run/Walk	Male	18	16 to 18	01:07:13

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL20082	Stacy	Poggenpoel	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:41:49
2	4	1	TA2592	Ilona	Roodt	5km Trail Run/Walk	Female	55	Master (50-59)	00:53:23
3	5	2	TA2662	Tumelo	Mambwi	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:54:17
4	6	3	TA2314	Bridget	Wiid	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:54:29
5	7	4	TRAIL20682	Adele	Fouche	5km Trail Run/Walk	Female	48	Veteran (40-49)	01:07:11
6	9	1	TA3357	Thivhonali	Ndou	5km Trail Run/Walk	Female	13	12 to 15	01:15:53