

AdventureRun : The Big Red Barn Sunday Run/Walk@The Barn on 17th September 2023



| | 21km Trail Run/Walk:Male | | | | | | | | | | | |
|--------|--------------------------|----------|-------------|------|---------|---------------------|--------|-----|--------------------|----------|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | |
| 1 | 1 | 1 | TA2485 | Leon | Grobler | 21km Trail Run/Walk | Male | 43 | Veteran (40-49) | 02:03:17 | | |
| 2 | 2 | 1 | TRAIL20689 | Ric | Marini | 21km Trail Run/Walk | Male | 68 | Grand-Master (60+) | 03:19:19 | | |

| | 15km Trail Run/Walk:Male | | | | | | | | | | | | |
|--------|--------------------------|----------|-------------|--------|---------|---------------------|--------|-----|-----------------|----------|--|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | | |
| 1 | 2 | 1 | TA2489 | Dwooan | Tweedy | 15km Trail Run/Walk | Male | 22 | Senior (19-29) | 01:42:51 | | | |
| 2 | 3 | 1 | TA2969 | George | Tweedy | 15km Trail Run/Walk | Male | 49 | Veteran (40-49) | 01:43:59 | | | |

| 15km Trail Run/Walk:Female | | | | | | | | | | | | |
|----------------------------|---------|----------|-------------|-----------|---------------|---------------------|--------|-----|--------------------|----------|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | |
| 1 | 1 | 1 | TA2149 | Bridget | De Sousa | 15km Trail Run/Walk | Female | 19 | Senior (19-29) | 01:42:18 | | |
| 2 | 4 | 1 | TA2203 | Annemarie | Nieuwenhuizen | 15km Trail Run/Walk | Female | 62 | Grand-Master (60+) | 01:53:15 | | |
| 3 | 5 | 1 | TA2252 | Annie | Prinsloo | 15km Trail Run/Walk | Female | 54 | Master (50-59) | 01:53:26 | | |

| | 10km Trail Run/Walk:Male | | | | | | | | | | | | |
|--------|--------------------------|----------|-------------|---------|-----------|---------------------|--------|-----|-----------------|----------|--|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | | |
| 1 | 2 | 1 | TA2902 | Joseph | Lephogole | 10km Trail Run/Walk | Male | 43 | Veteran (40-49) | 01:09:18 | | | |
| 2 | 4 | 2 | TRAIL20926 | Dioka M | Mahwiliri | 10km Trail Run/Walk | Male | 45 | Veteran (40-49) | 01:56:50 | | | |

| | 10km Trail Run/Walk:Female | | | | | | | | | | | | | |
|--------|----------------------------|----------|-------------|----------|------------|---------------------|--------|-----|---------------------|----------|--|--|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | | | |
| 1 | 1 | 1 | TRAIL20451 | Nicky | Booyens | 10km Trail Run/Walk | Female | 44 | Veteran (40-49) | 01:01:20 | | | | |
| 2 | 3 | 1 | TA0820 | Carline | Bester | 10km Trail Run/Walk | Female | 39 | Sub-Veteran (30-39) | 01:17:37 | | | | |
| 3 | 5 | 1 | TA2366 | Blondie | Mokgata | 10km Trail Run/Walk | Female | 64 | Grand-Master (60+) | 02:10:21 | | | | |
| 4 | 6 | 2 | TA1922 | Madelein | Barkhuizen | 10km Trail Run/Walk | Female | 47 | Veteran (40-49) | 02:38:57 | | | | |

| | 5km Trail Run/Walk:Male | | | | | | | | | | | | | |
|--------|-------------------------|----------|-------------|---------|---------|--------------------|--------|-----|--------------------|----------|--|--|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | | | |
| 1 | 2 | 1 | TA3138 | Brendan | Manthe | 5km Trail Run/Walk | Male | 46 | Veteran (40-49) | 00:58:08 | | | | |
| 2 | 3 | 2 | TA3272 | Graham | Luppnow | 5km Trail Run/Walk | Male | 46 | Veteran (40-49) | 00:58:12 | | | | |
| 3 | 8 | 1 | TA1940 | Abie | Smit | 5km Trail Run/Walk | Male | 65 | Grand-Master (60+) | 01:08:26 | | | | |

| | 5km Trail Run/Walk:Female | | | | | | | | | | | | | |
|--------|---------------------------|----------|-------------|---------|------------|--------------------|--------|-----|--------------------|----------|--|--|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | | | |
| 1 | 1 | 1 | TA1843 | Tessa | Mackay | 5km Trail Run/Walk | Female | 43 | Veteran (40-49) | 00:42:03 | | | | |
| 2 | 4 | 1 | TA0908 | Louise | Van Rooyen | 5km Trail Run/Walk | Female | 51 | Master (50-59) | 01:01:06 | | | | |
| 3 | 5 | 1 | TA0826 | Haylee | Lines | 5km Trail Run/Walk | Female | 24 | Senior (19-29) | 01:01:09 | | | | |
| 4 | 6 | 2 | TA0940 | Chane | Van Rooyen | 5km Trail Run/Walk | Female | 24 | Senior (19-29) | 01:01:11 | | | | |
| 5 | 7 | 1 | TA1987 | Lesley | Vermeulen | 5km Trail Run/Walk | Female | 66 | Grand-Master (60+) | 01:08:22 | | | | |
| 6 | 9 | 2 | TA2133 | Lizelle | Manthe | 5km Trail Run/Walk | Female | 43 | Veteran (40-49) | 01:43:56 | | | | |

| | 2.5km Trail Run/Walk:Female | | | | | | | | | | | |
|--------|-----------------------------|----------|-------------|------|---------|----------------------|--------|-----|----------------|----------|--|--|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration | | |
| 1 | 1 | 1 | TA2385 | Elmi | Smith | 2.5km Trail Run/Walk | Female | 58 | Master (50-59) | 01:00:03 | | |