



AdventureRun : The Big Red Barn

Sunday Run/Walk@The Barn on 3rd September 2023



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2147	Duncan	James	21km Trail Run/Walk	Male	49	Veteran (40-49)	02:17:25
2	3	1	TA3372	Victor	Mogale	21km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	02:19:57
3	4	2	TA2342	Zhang	Yi	21km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	02:20:28
4	5	3	TA2368	Defeng	Xiong	21km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	02:21:27

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2258	Jaco	Van Heerden	15km Trail Run/Walk	Male	54	Master (50-59)	01:45:16
2	3	1	TA2116	Olivier	Frendo	15km Trail Run/Walk	Male	46	Veteran (40-49)	01:53:16

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL11798	Antoinette	Hartslief	15km Trail Run/Walk	Female	52	Master (50-59)	01:36:40

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2967	Mark	Kotton	10km Trail Run/Walk	Male	51	Master (50-59)	01:11:56
2	3	2	TA3198	Derek	Salbbert	10km Trail Run/Walk	Male	56	Master (50-59)	01:12:50
3	5	1	TRAIL20548	Seboloka	Tsotetsi	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:21:09
4	6	1	TA0386	Abram	Phahlamohlaka	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:56:08
5	9	1	TA1927	Jean	Van Der Walt	10km Trail Run/Walk	Male	29	Senior (19-29)	02:09:42
6	11	2	TRAIL20045	Gary	Noakes	10km Trail Run/Walk	Male	62	Grand-Master (60+)	02:23:22

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2069	Felicia	Goss	10km Trail Run/Walk	Female	29	Senior (19-29)	01:07:19
2	4	1	TA3056	Michelle	Slabbert	10km Trail Run/Walk	Female	50	Master (50-59)	01:13:31
3	7	1	TA2748	Priscilla	Phahlamohlaka	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:56:10
4	8	2	TA3440	Louise	Van Rooyen	10km Trail Run/Walk	Female	51	Master (50-59)	01:58:12
5	10	2	TA2327	Ilze	Van Der Walt	10km Trail Run/Walk	Female	27	Senior (19-29)	02:09:44

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL20682	Anthony	Bester	5km Trail Run/Walk	Male	17	16 to 18	01:08:25

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20470	Laura	Noakes	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:45:17
2	2	1	TA3485	Jackie	Pretorius	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:46:02
3	4	2	TRAIL20846	Adele	Fouche	5km Trail Run/Walk	Female	48	Veteran (40-49)	01:08:33
4	5	3	TRAIL20103	Bridget	Wiid	5km Trail Run/Walk	Female	49	Veteran (40-49)	02:04:00

2.5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1913	Gregory	Oudhof	2.5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:31:13