



AdventureRun : The Big Red Barn

Sunday Run/Walk@The Barn on 30th July 2023



10km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3272	Quiton	Simpson	10km	Male	31	Sub-Veteran (30-39)	00:48:36
2	2	2	TA0828	Dandre	Smit	10km	Male	31	Sub-Veteran (30-39)	00:58:32
3	3	1	TRAIL20045	Gary	Noakes	10km	Male	62	Grand-Master (60+)	01:06:10

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2435	Amanda	Fairley	10km	Female	48	Veteran (40-49)	01:40:56
2	5	1	TA2349	Whitney	Mbalati	10km	Female	31	Sub-Veteran (30-39)	02:06:22

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3056	Aston	Dockree	5km	Male	16	16 to 18	00:39:39
2	2	1	TA1926	Turyn	Lim Banda	5km	Male	30	Sub-Veteran (30-39)	00:39:57
3	7	1	TA2995	Enrique	Lucas	5km	Male	21	Senior (19-29)	00:44:15
4	11	1	TA2177	Brian	Mac Dougall	5km	Male	62	Grand-Master (60+)	01:03:53
5	12	2	TA2576	Jordan	Mac Dougall	5km	Male	17	16 to 18	01:04:00

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0713	Savannah-lee	Correia Da Silva	5km	Female	22	Senior (19-29)	00:40:12
2	4	1	TA2732	Sone	Freeke	5km	Female	33	Sub-Veteran (30-39)	00:40:27
3	5	2	TA2969	Nicolene	Cronje	5km	Female	38	Sub-Veteran (30-39)	00:40:30
4	6	2	TA3087	Denieke	Swanepoel	5km	Female	19	Senior (19-29)	00:41:23
5	8	3	TA0179	Christine	Heydenrych	5km	Female	33	Sub-Veteran (30-39)	00:58:05
6	9	1	TRAIL20470	Laura	Noakes	5km	Female	62	Grand-Master (60+)	00:58:26
7	10	1	TA2275	Carla	Viljoen	5km	Female	52	Master (50-59)	01:03:48