

# AdventureRun : Serengeti Golf Club

## Serengeti Night Run/Walk on 7th December 2018



| 15km:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA2485 | Reginald | Poopedi | 15km | Male | 33 | Sub-Veteran (30-39) | 00:52:14 |
| 2 | 2 | 2 | TA3466 | Voight | Uys | 15km | Male | 35 | Sub-Veteran (30-39) | 01:06:21 |
| 3 | 3 | 3 | TA2656 | Dylan | Clark | 15km | Male | 36 | Sub-Veteran (30-39) | 01:07:43 |
| 4 | 4 | 1 | TA2903 | Stephan | Groenewald | 15km | Male | 25 | Senior (19-29) | 01:13:38 |
| 5 | 5 | 4 | TA2939 | Neo | Mafora | 15km | Male | 39 | Sub-Veteran (30-39) | 01:15:45 |
| 6 | 6 | 5 | TA2680 | Pascal | Mukenge | 15km | Male | 35 | Sub-Veteran (30-39) | 01:21:20 |
| 7 | 7 | 6 | TA2901 | Christopher | Ferguson | 15km | Male | 30 | Sub-Veteran (30-39) | 01:22:27 |
| 8 | 8 | 7 | TA3065 | John | Hill | 15km | Male | 30 | Sub-Veteran (30-39) | 01:22:36 |
| 9 | 9 | 1 | TA2988 | Tobie | Reyneke | 15km | Male | 46 | Veteran (40-49) | 01:23:17 |
| 10 | 11 | 8 | TA2602 | James | Taylor | 15km | Male | 33 | Sub-Veteran (30-39) | 01:24:48 |
| 11 | 13 | 2 | TA2941 | Jesse | Armstrong | 15km | Male | 26 | Senior (19-29) | 01:31:31 |
| 12 | 14 | 9 | TRAIL10750 | Michael | Do Carmo | 15km | Male | 35 | Sub-Veteran (30-39) | 01:36:00 |
| 13 | 16 | 1 | TRAIL12613 | Meyer Albert | Guinsberg | 15km | Male | 68 | Grand-Master (60+) | 02:31:21 |
| 14 | 17 | 2 | TA2254 | Dean | Mccleland | 15km | Male | 65 | Grand-Master (60+) | 02:31:21 |
| 15 | 18 | 3 | TRAIL12270 | Ric | Marini | 15km | Male | 63 | Grand-Master (60+) | 02:41:18 |

| 15km:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 10 | 1 | TRAIL11652 | Chelsea | Muller | 15km | Female | 25 | Senior (19-29) | 01:24:45 |
| 2 | 12 | 1 | TRAIL11798 | Antoinette | Hartslief | 15km | Female | 47 | Veteran (40-49) | 01:27:24 |
| 3 | 15 | 2 | TRAIL10053 | Adele | Sutherland | 15km | Female | 40 | Veteran (40-49) | 02:28:07 |

| 10km:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA3462 | Dirk | Brink | 10km | Male | 60 | Grand-Master (60+) | 00:46:09 |
| 2 | 2 | 1 | TRAIL12341 | Charles | Norman | 10km | Male | 40 | Veteran (40-49) | 00:46:10 |
| 3 | 3 | 2 | TA1017 | Dieter | Zimmerman | 10km | Male | 47 | Veteran (40-49) | 00:47:13 |
| 4 | 4 | 1 | TRAIL11223 | Eddie | Dalbock | 10km | Male | 59 | Master (50-59) | 00:49:11 |
| 5 | 6 | 3 | TA1803 | Christiaan | Maree | 10km | Male | 43 | Veteran (40-49) | 00:49:48 |
| 6 | 7 | 4 | TA2273 | Jurg | Van Der Walt | 10km | Male | 41 | Veteran (40-49) | 00:49:52 |
| 7 | 8 | 1 | TA0854 | Francois | Labuschagne | 10km | Male | 33 | Sub-Veteran (30-39) | 00:50:13 |
| 8 | 9 | 2 | TA1129 | Martin Mothusi | Mafojane | 10km | Male | 53 | Master (50-59) | 00:53:11 |
| 9 | 10 | 2 | TA0857 | Werner | Jakoby | 10km | Male | 63 | Grand-Master (60+) | 00:53:27 |
| 10 | 11 | 5 | TA1055 | Allan | Juunza | 10km | Male | 45 | Veteran (40-49) | 00:53:35 |
| 11 | 13 | 1 | TA1822 | Reyners | Barnard | 10km | Male | 28 | Senior (19-29) | 00:53:52 |
| 12 | 15 | 3 | TA1852 | Stefan | Blunden | 10km | Male | 50 | Master (50-59) | 00:55:21 |
| 13 | 17 | 2 | TA2115 | Wynand | Boshoff | 10km | Male | 34 | Sub-Veteran (30-39) | 00:56:49 |
| 14 | 20 | 3 | TA2312 | Dolamo | Phasha | 10km | Male | 39 | Sub-Veteran (30-39) | 00:57:18 |
| 15 | 21 | 4 | TA0673 | Bongani | Mahlangu | 10km | Male | 35 | Sub-Veteran (30-39) | 00:57:36 |
| 16 | 23 | 6 | TA1185 | Braam | Norval | 10km | Male | 48 | Veteran (40-49) | 00:57:56 |
| 17 | 24 | 4 | TA1027 | Ross | Hughes | 10km | Male | 50 | Master (50-59) | 00:58:59 |
| 18 | 29 | 5 | TRAIL12255 | Johan | Scheepers | 10km | Male | 55 | Master (50-59) | 01:00:20 |
| 19 | 30 | 2 | TA2125 | Ricky | Vischer | 10km | Male | 26 | Senior (19-29) | 01:01:07 |
| 20 | 31 | 1 | TA0861 | Morne | Claassen | 10km | Male | 13 | 12 to 15 | 01:01:43 |
| 21 | 37 | 5 | TA1829 | Werner | Wolmarans | 10km | Male | 38 | Sub-Veteran (30-39) | 01:06:05 |
| 22 | 41 | 3 | TRAIL11619 | Dane | Stevenson | 10km | Male | 22 | Senior (19-29) | 01:07:55 |
| 23 | 44 | 7 | TA1165 | Wayne | Mitchell | 10km | Male | 47 | Veteran (40-49) | 01:08:57 |
| 24 | 52 | 6 | TA0627 | Robbie | Van Der Walt | 10km | Male | 33 | Sub-Veteran (30-39) | 01:16:03 |
| 25 | 54 | 6 | TRAIL10849 | Anton | Reyneke | 10km | Male | 53 | Master (50-59) | 01:17:37 |
| 26 | 55 | 3 | TRAIL10843 | Alan | Buckley | 10km | Male | 63 | Grand-Master (60+) | 01:17:37 |
| 27 | 57 | 4 | TA0709 | Sebastian | Jakoby | 10km | Male | 26 | Senior (19-29) | 01:19:38 |
| 28 | 61 | 7 | TRAIL10011 | Graham | Hutchins | 10km | Male | 55 | Master (50-59) | 02:24:33 |

| 10km:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 5 | 1 | TA1156 | Leana | Bredenhann | 10km | Female | 39 | Sub-Veteran (30-39) | 00:49:14 |
| 2 | 12 | 1 | TA1836 | Amanda | Juunza | 10km | Female | 42 | Veteran (40-49) | 00:53:49 |
| 3 | 14 | 1 | TA1154 | Anna Nomalanga | Mafojane | 10km | Female | 52 | Master (50-59) | 00:54:08 |
| 4 | 16 | 2 | TRAIL13015 | Nadia | Bosch | 10km | Female | 47 | Veteran (40-49) | 00:56:04 |
| 5 | 18 | 3 | TA1811 | Julie | Hughes | 10km | Female | 44 | Veteran (40-49) | 00:57:11 |
| 6 | 19 | 2 | TA3020 | Phindile | Molefe | 10km | Female | 31 | Sub-Veteran (30-39) | 00:57:13 |
| 7 | 22 | 2 | TA1025 | Gertrude | Sierra | 10km | Female | 58 | Master (50-59) | 00:57:49 |
| 8 | 25 | 1 | TRAIL10269 | Jolandi | Labuschange | 10km | Female | 27 | Senior (19-29) | 00:59:55 |
| 9 | 26 | 3 | TA2176 | Magdeli | Koekemoer | 10km | Female | 31 | Sub-Veteran (30-39) | 01:00:09 |
| 10 | 27 | 4 | TA0618 | Marcelle | Bakker | 10km | Female | 42 | Veteran (40-49) | 01:00:15 |
| 11 | 28 | 5 | TRAIL11275 | Thea | Van Helden | 10km | Female | 42 | Veteran (40-49) | 01:00:19 |
| 12 | 32 | 6 | TA2247 | Belinda | Carey | 10km | Female | 48 | Veteran (40-49) | 01:02:55 |
| 13 | 33 | 2 | TRAIL10738 | Donne | Stevenson | 10km | Female | 23 | Senior (19-29) | 01:04:03 |
| 14 | 34 | 3 | TRAIL10474 | Sharene | Koopman | 10km | Female | 51 | Master (50-59) | 01:04:25 |
| 15 | 35 | 4 | TA2311 | Louise | Du Preez | 10km | Female | 57 | Master (50-59) | 01:05:30 |
| 16 | 36 | 3 | TA2204 | Megan | Ducasse | 10km | Female | 28 | Senior (19-29) | 01:05:43 |
| 17 | 38 | 7 | TA2210 | Collette | Olfsen | 10km | Female | 42 | Veteran (40-49) | 01:07:39 |
| 18 | 39 | 8 | TA2345 | Amanda Jane | Plowes | 10km | Female | 44 | Veteran (40-49) | 01:07:41 |
| 19 | 40 | 4 | TRAIL10499 | Nelia | Boshoff | 10km | Female | 39 | Sub-Veteran (30-39) | 01:07:45 |
| 20 | 42 | 4 | TRAIL11697 | Lindsey | Higgins | 10km | Female | 22 | Senior (19-29) | 01:07:57 |
| 21 | 43 | 1 | TA2137 | Magda | Strever | 10km | Female | 64 | Grand-Master (60+) | 01:08:48 |
| 22 | 45 | 9 | TA0752 | Vicky | Hawkins | 10km | Female | 43 | Veteran (40-49) | 01:08:59 |
| 23 | 46 | 10 | TA1801 | Vera-lyn | Jansen Van Vuren | 10km | Female | 45 | Veteran (40-49) | 01:10:14 |
| 24 | 47 | 5 | TA2286 | Rentse | Tampo | 10km | Female | 37 | Sub-Veteran (30-39) | 01:10:35 |
| 25 | 48 | 5 | TA1071 | Susan | Nhlapo | 10km | Female | 54 | Master (50-59) | 01:10:55 |
| 26 | 49 | 6 | TA2285 | Mahlako | Lebelo | 10km | Female | 39 | Sub-Veteran (30-39) | 01:12:36 |
| 27 | 50 | 11 | TA1846 | Martie | Zimmerman | 10km | Female | 46 | Veteran (40-49) | 01:14:00 |
| 28 | 51 | 12 | TRAIL12118 | Patricia-anne | Muller | 10km | Female | 48 | Veteran (40-49) | 01:15:11 |
| 29 | 53 | 13 | TA2119 | Hannelie | Weitsz | 10km | Female | 42 | Veteran (40-49) | 01:16:55 |
| 30 | 56 | 5 | TA1123 | Sandra | Broich | 10km | Female | 23 | Senior (19-29) | 01:18:00 |
| 31 | 58 | 6 | TRAIL10664 | Christine | Malan | 10km | Female | 59 | Master (50-59) | 01:20:00 |
| 32 | 59 | 2 | TRAIL11799 | Dawn | Deetlefs | 10km | Female | 63 | Grand-Master (60+) | 01:20:00 |
| 33 | 60 | 7 | TRAIL10052 | Lesley | Hutchins | 10km | Female | 56 | Master (50-59) | 01:42:32 |

| 5km:Male | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA0575 | Willem | Venter | 5km | Male | 45 | Veteran (40-49) | 00:23:24 |
| 2 | 2 | 1 | TA0515 | Werno | Norval | 5km | Male | 12 | 12 to 15 | 00:24:40 |
| 3 | 3 | 1 | TA1691 | Johann | Du Toit | 5km | Male | 39 | Sub-Veteran (30-39) | 00:24:48 |
| 4 | 4 | 2 | TA0204 | Coenraad | Rossouw | 5km | Male | 34 | Sub-Veteran (30-39) | 00:24:52 |
| 5 | 6 | 1 | TA0298 | Dean | De Jager | 5km | Male | 50 | Master (50-59) | 00:25:12 |
| 6 | 7 | 2 | TA0220 | Nyaweleni | Tshifularo | 5km | Male | 50 | Master (50-59) | 00:26:22 |
| 7 | 8 | 1 | TRAIL10171 | Hennie | Prinsloo | 5km | Male | 63 | Grand-Master (60+) | 00:26:27 |
| 8 | 9 | 3 | TA0184 | Shane | Gouldie | 5km | Male | 59 | Master (50-59) | 00:26:45 |
| 9 | 11 | 3 | TA0009 | Jurgens | Van Der Westhuizen | 5km | Male | 32 | Sub-Veteran (30-39) | 00:27:19 |
| 10 | 12 | 4 | TA0388 | Gunther | Schwob | 5km | Male | 57 | Master (50-59) | 00:27:46 |
| 11 | 13 | 5 | TA0226 | Willem | Obbes | 5km | Male | 50 | Master (50-59) | 00:27:51 |
| 12 | 14 | 2 | TA0414 | Kian | Schoeman | 5km | Male | 12 | 12 to 15 | 00:28:06 |
| 13 | 15 | 4 | TA0457 | Chad | Theron | 5km | Male | 34 | Sub-Veteran (30-39) | 00:28:12 |
| 14 | 16 | 3 | TA0403 | Zander | Van Staden | 5km | Male | 12 | 12 to 15 | 00:28:43 |
| 15 | 17 | 4 | TA0173 | Ruan | Schoeman | 5km | Male | 15 | 12 to 15 | 00:28:46 |
| 16 | 18 | 2 | TRAIL11181 | Pieter | Van Staden | 5km | Male | 41 | Veteran (40-49) | 00:28:53 |
| 17 | 21 | 3 | TA0343 | Johannes | Schoeman | 5km | Male | 41 | Veteran (40-49) | 00:29:27 |
| 18 | 24 | 4 | TRAIL12287 | Phil | Zaayman | 5km | Male | 48 | Veteran (40-49) | 00:30:34 |
| 19 | 27 | 1 | TA1680 | Dean | Du Plessus | 5km | Male | 21 | Senior (19-29) | 00:31:23 |
| 20 | 29 | 5 | TA1132 | James | Wood | 5km | Male | 41 | Veteran (40-49) | 00:31:58 |
| 21 | 31 | 2 | TA2126 | Mike | Kenny | 5km | Male | 60 | Grand-Master (60+) | 00:32:09 |
| 22 | 32 | 6 | TA0163 | Morne | Du Plessis | 5km | Male | 44 | Veteran (40-49) | 00:32:32 |
| 23 | 34 | 5 | TA0401 | Desmond | Liebenberg | 5km | Male | 32 | Sub-Veteran (30-39) | 00:33:12 |
| 24 | 35 | 7 | TA0362 | Sam | Lebelo | 5km | Male | 41 | Veteran (40-49) | 00:33:23 |
| 25 | 38 | 2 | TA0483 | Renda | Tshifularo | 5km | Male | 21 | Senior (19-29) | 00:34:25 |
| 26 | 40 | 8 | TA1573 | Willem | Strauss | 5km | Male | 42 | Veteran (40-49) | 00:34:45 |
| 27 | 42 | 1 | TA0763 | Connor | Ofsten | 5km | Male | 10 | Under 11 | 00:35:21 |
| 28 | 43 | 3 | TA1705 | Malcolm | Mackenzie | 5km | Male | 65 | Grand-Master (60+) | 00:35:37 |
| 29 | 50 | 6 | TA0193 | Andre | Theron | 5km | Male | 54 | Master (50-59) | 00:37:48 |
| 30 | 51 | 4 | TA1684 | Hannes | Cilliers | 5km | Male | 60 | Grand-Master (60+) | 00:37:56 |
| 31 | 56 | 7 | TA0098 | Pieter | Crafford | 5km | Male | 57 | Master (50-59) | 00:39:35 |
| 32 | 68 | 8 | TA1566 | Jacques | Botha | 5km | Male | 57 | Master (50-59) | 00:47:32 |
| 33 | 75 | 5 | TA0351 | Andre | Classen | 5km | Male | 65 | Grand-Master (60+) | 00:52:42 |
| 34 | 76 | 2 | TA1752 | Itu | Lebelo | 5km | Male | 7 | Under 11 | 00:52:56 |
| 35 | 79 | 3 | TA1708 | Mothusi | Mafojane | 5km | Male | 20 | Senior (19-29) | 00:54:12 |
| 36 | 82 | 9 | TA0567 | Ernest | Hazelhurst | 5km | Male | 52 | Master (50-59) | 00:58:12 |
| 37 | 83 | 3 | TA0539 | Tyler | Horn | 5km | Male | 6 | Under 11 | 00:58:14 |
| 38 | 84 | 6 | TA0094 | Elbert | Loubser | 5km | Male | 61 | Grand-Master (60+) | 01:04:12 |
| 39 | 86 | 9 | TA0453 | Johan | Jansen Van Vuren | 5km | Male | 48 | Veteran (40-49) | 01:10:13 |

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| 40 | 87 | 6 | TA0517 | Philemon | Mahari | 5km | Male | 31 | Sub-Veteran (30-39) | 01:18:59 |

| 5km:Female | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 5 | 1 | TA0427 | Cherylene | Hogan | 5km | Female | 37 | Sub-Veteran (30-39) | 00:25:11 |
| 2 | 10 | 1 | TA1552 | Lisa | Venter | 5km | Female | 44 | Veteran (40-49) | 00:26:59 |
| 3 | 19 | 2 | TA0428 | Angela | Steenkamp | 5km | Female | 45 | Veteran (40-49) | 00:29:01 |
| 4 | 20 | 3 | TRAIL10430 | Celia | Van Niekerk | 5km | Female | 48 | Veteran (40-49) | 00:29:13 |
| 5 | 22 | 1 | TA0211 | Lauren | Cilliers | 5km | Female | 24 | Senior (19-29) | 00:29:35 |
| 6 | 23 | 2 | TRAIL11152 | Mandie | Van Staden | 5km | Female | 38 | Sub-Veteran (30-39) | 00:30:05 |
| 7 | 25 | 4 | TA0251 | Lindsay | Oosthuizen | 5km | Female | 49 | Veteran (40-49) | 00:31:12 |
| 8 | 26 | 2 | TRAIL12545 | Nicole | Austin | 5km | Female | 23 | Senior (19-29) | 00:31:16 |
| 9 | 28 | 5 | TA0495 | Sonja | Du Plessis | 5km | Female | 46 | Veteran (40-49) | 00:31:27 |
| 10 | 30 | 3 | TA1593 | Anina | Lindford | 5km | Female | 37 | Sub-Veteran (30-39) | 00:32:05 |
| 11 | 33 | 1 | TRAIL11348 | Elizabeth | De Lange | 5km | Female | 50 | Master (50-59) | 00:33:05 |
| 12 | 36 | 1 | TA1727 | Jade | De Villiers | 5km | Female | 14 | 12 to 15 | 00:33:56 |
| 13 | 37 | 2 | TRAIL12359 | Linda | Fourie | 5km | Female | 52 | Master (50-59) | 00:33:58 |
| 14 | 39 | 4 | TRAIL10308 | Megan | Greyvenstein | 5km | Female | 32 | Sub-Veteran (30-39) | 00:34:29 |
| 15 | 41 | 6 | TA1661 | Cyndy | Obbes | 5km | Female | 47 | Veteran (40-49) | 00:34:50 |
| 16 | 44 | 3 | TA0268 | Annabelle | Naude | 5km | Female | 26 | Senior (19-29) | 00:36:07 |
| 17 | 45 | 5 | TRAIL12620 | Khadija | Akhalwaya | 5km | Female | 31 | Sub-Veteran (30-39) | 00:36:33 |
| 18 | 46 | 4 | TRAIL12619 | Claire | Smith | 5km | Female | 26 | Senior (19-29) | 00:36:34 |
| 19 | 47 | 3 | TRAIL11337 | Sandra | Austin | 5km | Female | 50 | Master (50-59) | 00:36:44 |
| 20 | 48 | 4 | TA0245 | Desire | Armstrong | 5km | Female | 52 | Master (50-59) | 00:36:48 |
| 21 | 49 | 5 | TA1671 | Zelda | Theron | 5km | Female | 53 | Master (50-59) | 00:37:46 |
| 22 | 52 | 7 | TA1571 | Alida | Van Blerk | 5km | Female | 46 | Veteran (40-49) | 00:38:06 |
| 23 | 53 | 8 | TA1707 | Linda | Bruwer | 5km | Female | 46 | Veteran (40-49) | 00:38:08 |
| 24 | 54 | 6 | TRAIL13008 | Sonja | Petzer | 5km | Female | 53 | Master (50-59) | 00:38:20 |
| 25 | 55 | 7 | TRAIL12260 | Molene | Scheepers | 5km | Female | 52 | Master (50-59) | 00:39:22 |
| 26 | 57 | 8 | TA1774 | Mandy | Killiers | 5km | Female | 52 | Master (50-59) | 00:39:47 |
| 27 | 58 | 5 | TA1546 | Izelle | Vrey | 5km | Female | 25 | Senior (19-29) | 00:40:48 |
| 28 | 59 | 6 | TA1743 | Anchen | Erasmus | 5km | Female | 24 | Senior (19-29) | 00:40:50 |
| 29 | 60 | 1 | TA0576 | Janet | Kenny | 5km | Female | 66 | Grand-Master (60+) | 00:41:13 |
| 30 | 61 | 9 | TA0286 | Elma | Crafford | 5km | Female | 58 | Master (50-59) | 00:41:49 |
| 31 | 62 | 9 | TA0529 | Elena | Lazouras | 5km | Female | 46 | Veteran (40-49) | 00:42:00 |
| 32 | 63 | 10 | TA0379 | Jana | Van Aardt | 5km | Female | 40 | Veteran (40-49) | 00:46:05 |
| 33 | 64 | 1 | TA0353 | Danja | Norval | 5km | Female | 9 | Under 11 | 00:46:07 |
| 34 | 65 | 2 | TA0126 | Annika | Norval | 5km | Female | 15 | 12 to 15 | 00:46:10 |
| 35 | 66 | 11 | TA0080 | Silka | Norval | 5km | Female | 49 | Veteran (40-49) | 00:46:25 |
| 36 | 67 | 12 | TRAIL11232 | Patricia | Minihold | 5km | Female | 44 | Veteran (40-49) | 00:47:23 |
| 37 | 69 | 10 | TA0445 | Christina | Karlsson | 5km | Female | 54 | Master (50-59) | 00:47:34 |
| 38 | 70 | 7 | TA0415 | Muofhe | Tshifularo | 5km | Female | 20 | Senior (19-29) | 00:47:40 |
| 39 | 71 | 2 | TA0205 | Meisie | Strydom | 5km | Female | 73 | Grand-Master (60+) | 00:52:03 |
| 40 | 72 | 13 | TA0378 | Chandra | Booysen | 5km | Female | 47 | Veteran (40-49) | 00:52:31 |

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| 41 | 73 | 11 | TA0234 | Caron | Mackenzie | 5km | Female | 54 | Master (50-59) | 00:52:33 |
| 42 | 74 | 3 | TA0240 | Anna | Jardim | 5km | Female | 63 | Grand-Master (60+) | 00:52:37 |
| 43 | 77 | 3 | TA1575 | Naledi | Lebelo | 5km | Female | 15 | 12 to 15 | 00:53:00 |
| 44 | 78 | 6 | TRAIL10714 | Janet | Renou | 5km | Female | 37 | Sub-Veteran (30-39) | 00:53:32 |
| 45 | 80 | 12 | TA1724 | Gail | Horn | 5km | Female | 53 | Master (50-59) | 00:58:06 |
| 46 | 81 | 7 | TA1527 | Marleen | Schoeman | 5km | Female | 38 | Sub-Veteran (30-39) | 00:58:10 |
| 47 | 85 | 4 | TA1629 | Elise | Loubser | 5km | Female | 66 | Grand-Master (60+) | 01:04:12 |
| 48 | 88 | 8 | TA0413 | Dineo | Seshabela | 5km | Female | 26 | Senior (19-29) | 01:19:01 |