



AdventureRun : Copperleaf Golf Course

Jackal Night Run/Walk Cansa Day on 5th December 2018



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1055	Reginald	Poopedi	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:40:47
2	2	1	TA2311	Prince	Motswenyane	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:48:09
3	3	1	TRAIL10632	Marius	Nel	10km Trail Run/Walk	Male	27	Senior (19-29)	00:48:51
4	4	2	TA2149	Mc	Du Toit	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:49:19
5	5	2	TA1045	Andrew	Crowley	10km Trail Run/Walk	Male	44	Veteran (40-49)	00:50:00
6	6	3	TA1047	Francois	Labuschagne	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:50:27
7	7	4	TA1121	Werner	Barnes	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:51:01
8	8	3	TA1829	William	Harris	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:51:04
9	9	4	TA0714	Phillip	Van Heerden	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:51:33
10	10	5	TA0601	Rhynhardt	De Ridder	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:52:30
11	12	1	TA0119	Dean	De Jager	10km Trail Run/Walk	Male	50	Master (50-59)	00:53:04
12	13	1	TA2108	Werno	Norval	10km Trail Run/Walk	Male	12	12 to 15	00:53:19
13	14	6	TRAIL13039	Shaun	Vermaak	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:53:56
14	15	5	TA2217	Ludwig	Venter	10km Trail Run/Walk	Male	40	Veteran (40-49)	00:54:45
15	16	6	TA0727	Andrew	Nourse	10km Trail Run/Walk	Male	47	Veteran (40-49)	00:54:50
16	18	1	TRAIL10642	Johan	Fourie	10km Trail Run/Walk	Male	63	Grand-Master (60+)	00:55:23
17	19	2	TA1846	Werner	Jakoby	10km Trail Run/Walk	Male	63	Grand-Master (60+)	00:55:39
18	20	2	TA1861	Jeremy	Wood	10km Trail Run/Walk	Male	57	Master (50-59)	00:55:41
19	21	7	TA2315	Brett	Cummings	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:56:55
20	23	8	TRAIL13043	Jason	Brown	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:57:04
21	26	9	TA0732	Chris	Holt	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:58:25
22	27	10	TA1031	Nthekgo	Moroaswi	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:58:38
23	28	11	TA2180	Max	Boessenkool	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:58:43
24	30	7	TA2152	Braam	Norval	10km Trail Run/Walk	Male	48	Veteran (40-49)	00:59:26
25	31	3	TRAIL10171	Hennie	Prinsloo	10km Trail Run/Walk	Male	63	Grand-Master (60+)	00:59:48
26	32	4	TRAIL12421	Herman	Vermaak	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:00:03
27	34	12	TA1027	Hennie	Grove	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:02:13
28	36	2	TA2182	Yaseen	Bismilla	10km Trail Run/Walk	Male	27	Senior (19-29)	01:04:13
29	37	13	TA0673	Lemogang	Teme	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:04:30
30	39	8	TA1179	Rohan	Deamer	10km Trail Run/Walk	Male	48	Veteran (40-49)	01:05:04
31	40	9	TA1187	Sikhumbuzo	Maphumulo	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:06:20
32	41	14	TA1028	Mthokozisi	Lushozi	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:06:28
33	42	5	TA1038	Andre	Swart	10km Trail Run/Walk	Male	60	Grand-Master (60+)	01:06:36

34	47	6	TA1021	Jacobus	Loots	10km Trail Run/Walk	Male	68	Grand-Master (60+)	01:10:20
35	49	3	TA0659	Gerhard	Fourie	10km Trail Run/Walk	Male	55	Master (50-59)	01:13:24
36	50	3	TA1120	Sebastian	Jakoby	10km Trail Run/Walk	Male	26	Senior (19-29)	01:14:32
37	52	10	TA1804	Muzi	Manzi	10km Trail Run/Walk	Male	46	Veteran (40-49)	01:16:26
38	53	2	TA0836	Tyrone	Bayliss	10km Trail Run/Walk	Male	14	12 to 15	01:16:29
39	54	4	TA0759	Fulufhelo	Kutama	10km Trail Run/Walk	Male	29	Senior (19-29)	01:22:52
40	55	15	TA1867	Dirk	Steyn	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:25:07
41	56	16	TA2333	Martin	Jaravaza	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:26:25
42	58	4	TRAIL10849	Anton	Reyneke	10km Trail Run/Walk	Male	53	Master (50-59)	01:30:03
43	59	7	TRAIL10843	Alan	Buckley	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:30:03
44	61	5	TA1827	Renier	Knoetze	10km Trail Run/Walk	Male	26	Senior (19-29)	01:32:11
45	62	8	TA2141	Manie	Bosch	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:42:00
46	65	9	TA1876	Dean	Mcclelland	10km Trail Run/Walk	Male	65	Grand-Master (60+)	01:45:00
47	67	5	TRAIL10011	Graham	Hutchins	10km Trail Run/Walk	Male	55	Master (50-59)	01:46:10
48	69	10	TRAIL12270	Ric	Marini	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:52:00

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	11	1	TA1048	Lizelle	Schreuder	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:52:57
2	17	2	TA2319	Charlene	Alberts	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:54:54
3	22	1	TA2331	Mariette	Dry	10km Trail Run/Walk	Female	40	Veteran (40-49)	00:57:01
4	24	1	TRAIL10045	Petro	Vermaak	10km Trail Run/Walk	Female	62	Grand-Master (60+)	00:57:22
5	25	2	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	47	Veteran (40-49)	00:57:39
6	29	3	TA1853	Lara	Bayliss	10km Trail Run/Walk	Female	46	Veteran (40-49)	00:59:21
7	33	1	TRAIL10269	Jolandi	Labuschange	10km Trail Run/Walk	Female	27	Senior (19-29)	01:01:51
8	35	2	TA2116	Mercy	Moloto	10km Trail Run/Walk	Female	26	Senior (19-29)	01:02:54
9	38	4	TA1863	Susan	De Bruin	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:04:50
10	43	5	TA0695	Elma	Van Zyl	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:06:42
11	44	3	TA1039	Misiwe	Xolo	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:07:33
12	45	1	TRAIL10836	Ina	Beamish	10km Trail Run/Walk	Female	56	Master (50-59)	01:10:03
13	46	2	TA0680	Leonie	Loots	10km Trail Run/Walk	Female	66	Grand-Master (60+)	01:10:14
14	48	3	TA0864	Tamsyn	Dekenah	10km Trail Run/Walk	Female	21	Senior (19-29)	01:10:33
15	51	4	TA1888	Maggie	Moroaswi	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:15:14
16	57	5	TA1824	Fulufhelo	Nemutandani	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:26:41
17	60	4	TA1105	Anika	Du Plessis	10km Trail Run/Walk	Female	27	Senior (19-29)	01:32:09
18	63	3	TA0665	Dot	Johnson	10km Trail Run/Walk	Female	71	Grand-Master (60+)	01:42:00
19	64	6	TA1893	Malanie	Bosch	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:42:00
20	66	2	TRAIL10052	Lesley	Hutchins	10km Trail Run/Walk	Female	56	Master (50-59)	01:46:10
21	68	6	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:46:10

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12341	Charles	Norman	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:22:49
2	2	1	TA0210	Wj	Vermeulen	5km Trail Run/Walk	Male	23	Senior (19-29)	00:24:49
3	3	2	TRAIL10254	Alex	Maree	5km Trail Run/Walk	Male	28	Senior (19-29)	00:25:48
4	4	1	TA1674	Micah	Dry	5km Trail Run/Walk	Male	9	Under 11	00:26:08
5	5	1	TA1724	Shane	Gouldie	5km Trail Run/Walk	Male	59	Master (50-59)	00:26:10
6	6	2	TA0364	Nyaweleni	Tshifularo	5km Trail Run/Walk	Male	50	Master (50-59)	00:27:56
7	9	3	TA0001	Jason	Boone	5km Trail Run/Walk	Male	26	Senior (19-29)	00:30:16
8	10	4	TA0388	Ridwaan	Fakir	5km Trail Run/Walk	Male	26	Senior (19-29)	00:30:28
9	16	2	TA0515	Herman	Vermaak	5km Trail Run/Walk	Male	10	Under 11	00:31:52
10	22	5	TA0002	Renda	Tshifularo	5km Trail Run/Walk	Male	21	Senior (19-29)	00:33:29
11	25	1	TA0401	Ian	Eveleigh	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:33:49
12	28	2	TA0043	Michael	Westlake	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:34:13
13	29	2	TA2219	Wayne	Mitchell	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:34:26
14	30	3	TA0453	Pieter	Crafford	5km Trail Run/Walk	Male	57	Master (50-59)	00:34:34
15	32	4	TA0575	Colin	Williams	5km Trail Run/Walk	Male	59	Master (50-59)	00:35:00
16	35	5	TRAIL12095	Michael	Brand	5km Trail Run/Walk	Male	59	Master (50-59)	00:36:34
17	37	6	TRAIL12985	Gary	Noakes	5km Trail Run/Walk	Male	58	Master (50-59)	00:37:02
18	41	3	TA0251	Desmond	Liebenberg	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:38:11
19	43	3	TA0457	Deon	Botha	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:38:37
20	45	4	TA0495	Derek	Esterhuysen	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:39:41
21	49	6	TA1707	Timothy	Clough	5km Trail Run/Walk	Male	25	Senior (19-29)	00:40:43
22	52	7	TA0421	Wentzel Isak	Du Toit	5km Trail Run/Walk	Male	24	Senior (19-29)	00:41:05
23	53	5	TA0173	Shawn	Cawood	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:41:09
24	56	4	TA0122	Johannes	Prinsloo	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:41:41
25	57	6	TA0266	Fred	Olivier	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:41:44
26	59	3	TA0009	Jan-deon	Cilliers	5km Trail Run/Walk	Male	9	Under 11	00:42:42
27	62	1	TA1617	Malcolm	Mackenzie	5km Trail Run/Walk	Male	65	Grand-Master (60+)	00:43:51
28	64	7	TA0217	Eddie	Dikgale	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:44:15
29	65	5	TA0464	Stephan	Erasmus	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:44:18
30	69	6	TA0171	Riaan	Rossouw	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:44:53
31	73	8	TA0303	Christopher	Larsson	5km Trail Run/Walk	Male	24	Senior (19-29)	00:45:28
32	75	7	TRAIL12448	Pieter	Botha	5km Trail Run/Walk	Male	51	Master (50-59)	00:45:52
33	77	2	TA0155	Matt	Brozio	5km Trail Run/Walk	Male	71	Grand-Master (60+)	00:46:22
34	78	8	TA1727	James Isak	Du Toit	5km Trail Run/Walk	Male	51	Master (50-59)	00:46:31
35	80	7	TA1680	Mpho	Sethole	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:46:39
36	91	9	TA1691	Ben	Crafford	5km Trail Run/Walk	Male	59	Master (50-59)	00:48:30
37	94	3	TA0318	Pieter	Van Schalkwyk	5km Trail Run/Walk	Male	67	Grand-Master (60+)	00:49:12
38	109	10	TA0232	Michael	Britz	5km Trail Run/Walk	Male	57	Master (50-59)	00:55:54
39	111	8	TA0273	Bryan	Noakes	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:56:04
40	115	4	TA0029	Elbert	Loubser	5km Trail Run/Walk	Male	61	Grand-Master (60+)	00:59:05

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TA0362	Tracy	Wightman	5km Trail Run/Walk	Female	53	Master (50-59)	00:29:54
2	8	2	TA0244	Ingrid	Langton	5km Trail Run/Walk	Female	50	Master (50-59)	00:29:55
3	11	1	TA0413	Erika	Lotheringen	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:30:34
4	12	1	TA0370	Gail	Cummings	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:30:49
5	13	1	TA0476	Lineke	Vermaak	5km Trail Run/Walk	Female	10	Under 11	00:30:59
6	14	1	TA0490	Caron	Louw	5km Trail Run/Walk	Female	23	Senior (19-29)	00:31:30
7	15	2	TA0227	Michell	Marx	5km Trail Run/Walk	Female	23	Senior (19-29)	00:31:48
8	17	2	TA1034	Nicole	Mcdonald	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:32:01
9	18	2	TA0005	Lindsay	Oosthuizen	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:32:10
10	19	3	TA0258	Alex	Holt	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:32:11
11	20	3	TA0537	Clarise	Marais	5km Trail Run/Walk	Female	27	Senior (19-29)	00:33:04
12	21	1	TA0343	Nonhlanhla	Mndaweni	5km Trail Run/Walk	Female	14	12 to 15	00:33:18
13	23	4	TA0240	Nadia	Maritz	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:33:34
14	24	4	TA0047	Christelle	Meyer	5km Trail Run/Walk	Female	25	Senior (19-29)	00:33:40
15	26	5	TA1583	Laurelle	Eveleigh	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:33:52
16	27	6	TA0409	Adele	Westlake	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:34:11
17	31	3	TA0576	Karin	Smit	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:34:39
18	33	4	TA1185	Vicky	Hawkins	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:35:55
19	34	5	TA0192	Alida	Van Blerk	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:36:18
20	36	6	TA1552	Linda	Bruwer	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:36:47
21	38	5	TA0483	Carmen	Marais	5km Trail Run/Walk	Female	23	Senior (19-29)	00:37:17
22	39	7	TA0379	Marina	Janse Van Vuren	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:37:19
23	40	3	TA1527	Christa	Geyer	5km Trail Run/Walk	Female	52	Master (50-59)	00:37:22
24	42	6	TA1573	Jeaninne	Fourie	5km Trail Run/Walk	Female	29	Senior (19-29)	00:38:33
25	44	7	TA0098	Hannelie	Van Heerden	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:38:50
26	46	8	TA1571	Yvette	Rademan	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:39:44
27	47	2	TA1671	Alexis	Rademan	5km Trail Run/Walk	Female	9	Under 11	00:39:47
28	48	4	TA0320	Maria	Clough	5km Trail Run/Walk	Female	53	Master (50-59)	00:40:41
29	50	7	TA0539	Monique	Boshoff	5km Trail Run/Walk	Female	26	Senior (19-29)	00:40:50
30	51	8	TA0375	Kelly Raquel	Patterson	5km Trail Run/Walk	Female	27	Senior (19-29)	00:41:03
31	54	8	TA0403	Belinda	Cawood	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:41:11
32	55	1	TA0193	Beryl	Huntingford	5km Trail Run/Walk	Female	64	Grand-Master (60+)	00:41:15
33	58	9	TA1748	Anette	Joubert	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:42:04
34	60	3	TA0031	Zane	Rossouw	5km Trail Run/Walk	Female	8	Under 11	00:42:44
35	61	10	TA0248	Lerina	Prinsloo	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:43:03
36	63	5	TA1683	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:43:54
37	66	9	TA1557	Brenda	Ratzeburg	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:44:35
38	67	10	TA0176	Grace	Mahase	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:44:36
39	68	4	TA0414	Zelinke	Rossouw	5km Trail Run/Walk	Female	6	Under 11	00:44:51
40	70	9	TA0527	Kaira	Bertrand	5km Trail Run/Walk	Female	28	Senior (19-29)	00:44:56

41	71	6	TA0384	Hannetjie	Van Loggerenberg	5km Trail Run/Walk	Female	54	Master (50-59)	00:44:59
42	72	5	TA1595	Gcina	Ngwenze	5km Trail Run/Walk	Female	11	Under 11	00:45:25
43	74	7	TRAIL12426	Lize	Botha	5km Trail Run/Walk	Female	50	Master (50-59)	00:45:50
44	76	10	TA1734	Charissa	Larsson	5km Trail Run/Walk	Female	24	Senior (19-29)	00:45:59
45	79	8	TA0276	Gesina Fredrika	Du Toit	5km Trail Run/Walk	Female	54	Master (50-59)	00:46:35
46	81	11	TA1681	Kgomotso	Sethole	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:46:41
47	82	12	TA0231	Tsegofasto	Kutama	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:46:46
48	83	6	TA0198	Danja	Norval	5km Trail Run/Walk	Female	9	Under 11	00:46:52
49	84	11	TA0147	Silka	Norval	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:47:07
50	85	13	TA0328	Beulah	Steyn	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:47:11
51	86	7	TA0299	Laila	Steyn	5km Trail Run/Walk	Female	2	Under 11	00:47:13
52	87	2	TA0237	Joanne	Brozio	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:48:13
53	88	3	TA0298	Linda	Horne	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:48:17
54	89	4	TA0404	Louise	Williams	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:48:20
55	90	11	TA0197	Muofhe	Tshifularo	5km Trail Run/Walk	Female	20	Senior (19-29)	00:48:23
56	92	12	TA0567	Yvette	Ellis	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:49:01
57	93	13	TA1728	Erica	Humphries	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:49:06
58	95	9	TA0295	Penny	Dekenah	5km Trail Run/Walk	Female	57	Master (50-59)	00:49:43
59	96	10	TA0254	Gail	Lochner	5km Trail Run/Walk	Female	58	Master (50-59)	00:49:48
60	97	14	TA0554	Vicki	Coetzee	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:50:44
61	98	11	TA0163	Elma	Crafford	5km Trail Run/Walk	Female	58	Master (50-59)	00:50:47
62	99	12	TA1737	Reinette	Fourie	5km Trail Run/Walk	Female	53	Master (50-59)	00:50:55
63	100	14	TA1653	Hannetjie	Rossouw	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:51:22
64	101	15	TA0010	Mariette	Cilliers	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:51:29
65	102	8	TA0183	Martine	Cilliers	5km Trail Run/Walk	Female	6	Under 11	00:51:36
66	103	12	TA0337	Leandri	Tylor	5km Trail Run/Walk	Female	20	Senior (19-29)	00:51:43
67	104	13	TA0051	Joanie	Britz	5km Trail Run/Walk	Female	54	Master (50-59)	00:55:13
68	105	15	TA0085	Estelle	Sonnekus	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:55:16
69	106	9	TA1547	Danielle	De Silva	5km Trail Run/Walk	Female	1	Under 11	00:55:18
70	107	10	TA1655	Abigail	De Silva	5km Trail Run/Walk	Female	7	Under 11	00:55:47
71	108	16	TA0861	Lizelle	De Silva	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:55:50
72	110	14	TA0206	Laura	Noakes	5km Trail Run/Walk	Female	58	Master (50-59)	00:56:00
73	112	15	TA0374	Almari	Visser	5km Trail Run/Walk	Female	50	Master (50-59)	00:56:25
74	113	16	TA1519	Megan	Marais	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:56:31
75	114	5	TA0380	Gillian	Fowler	5km Trail Run/Walk	Female	73	Grand-Master (60+)	00:56:34
76	116	6	TA0306	Elise	Loubser	5km Trail Run/Walk	Female	66	Grand-Master (60+)	00:59:05